

Distribution of genes encoding adhesins and biofilm formation capacity among Uropathogenic *Escherichia coli* isolates in relation to the antimicrobial resistance

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Abstract:

Background: *Escherichia coli* is the most predominant pathogen involved in UTIs. Mainly, fimbrial surface appendages are implicated in adherence to urothelium besides non-fimbrial proteins.

Objectives: to determine prevalence of genes encoding fimbrial and non-fimbrial proteins among Uropathogenic *Escherichia coli* (UPEC). Furthermore, distribution of these genes and biofilm formation capacity were investigated in relation to antimicrobial resistance.

Methods: Antimicrobial susceptibility of 112 UPEC isolates was performed using disc diffusion method. ESBL production was confirmed by double disc synergy test. Genes encoding fimbrial and non-fimbrial proteins were detected using PCR and biofilm formation was investigated using microtitre plate assay.

Results: UPEC isolates exhibited high resistance against doxycyclines (88.39 %), β -lactams (7.14-86.6%), sulphamethoxazole-trimethoprim (53.75%) and fluoro-quinolones (50%). Fifty percent of tested isolates were ESBL producers. PapGII gene was statistically more prevalent among pyelonephritis isolates. SfaS, focG and picU genes were statistically associated with fluoro-quinolone (FQs) sensitive isolates and Dr/afaBC gene was statistically associated with ESBL production. Moreover, non-MDR isolates produced sturdier biofilm.

Conclusion: PapGII adhesin variant seems to have a critical role in colonization of upper urinary tract. There is a possible link between antimicrobial resistance and virulence being capable of affecting the distribution of some genes besides its negative impact on biofilm formation.

Keywords: Urinary tract infection, *Escherichia coli*, UPEC, adhesin genes, ESBL, biofilm.

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Introduction

Urinary tract infections (UTIs) are one of the most common bacterial infections caused by a wide spectrum of microorganisms, uropathogenic *Escherichia coli* (UPEC) is the main causative agent of UTIs including community acquired and nosocomial infection¹. UTIs can be limited to the bladder (cystitis) with mild localized symptoms or extend to the kidney (pyelonephritis) with more serious symptoms which can be developed into life threatening septicemia².

To establish UTI, the invading UPEC must overcome the repulsive forces present between its surface and the urothelium cells, which is mediated mainly by the mean of chaperon-usher pathway (CUP) fimbrial surface appendages³. Fimbrial appendages are a hetero-polymer protein which ends with adhesin protein subunit recognizing and binding to specific receptor allowing the attachment of invading UPEC to urothelium⁴. Type -1 fimbriae is the prototype of this family playing a critical role in the colonization of the bladder through recognition of mannose-sylated uroplakins receptors within superficial umbrella cell layer of bladder urothelium⁵. UPEC possesses other fimbrial appendages including P-fimbriae, S-fimbriae and F1C fimbriae which recognize different receptors along urinary tract^{4,6}. Dr-adhesin family is another member of CUP appendages which is essential for establishment of chronic and recurrent infections⁷.

Moreover, several non fimbrial surface proteins are involved in the colonization of urinary tract such as iron-

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regulated gene A homologue adhesin (Iha) and ompT protein which are integrated outer membrane proteins^{8,9}. Autotransport (AT) proteins are another class of non-fimbrial proteins which can be either surface localized or secreted into the surrounding environment. Ag43 is a surface localized AT protein involved in long term colonization and formation of biofilm on abiotic surface as well as intracellular bacterial communities^{10,11}. PicU is a secreted AT protein facilitating the adherence of the invading UPEC by breaking down mucin layer lining the apical surface of the urothelium¹².

Antimicrobial resistance is mainly due target genes mutation¹³, or acquisition of resistance genes via mobile genetic elements such as plasmid and integrons which could provide co-resistance to different antimicrobial agents¹⁴. Moreover, biofilm formation provides an additional protective approach by which the encased bacterial cells can avoid the destructive effect of antimicrobial agents as well as drastic environmental conditions¹⁵. The fact that virulence genes as well as antimicrobial resistance genes could be transferred together by the mean of plasmid or other transferable genetic element besides the capability of the acquired antimicrobial resistance such as fluoro-quinolones (FQs) resistance to affect gene expression among resistant isolates¹⁶ indicates a possible relationship between the acquired antimicrobial resistance and the virulence. In this study, we determined first the distribution of genes encoding fimbrial and non-fimbrial proteins among cystitis and pyelonephritis UPEC isolates. Then we evaluated if the distribution of these genes as well as the biofilm formation capacity could be affected by the antimicrobial resistance of UPEC isolates.

Materials and methods

Bacterial isolates

A total of 382 clean-catch midstream urine specimens were collected from adult patients (20 - 49 years old) admitted to the outpatient urology clinics of Zagazig university hospitals suffering from symptoms of urinary tract infection in the period from June 2016 to August 2017. Quantitative urine culture was performed using a colony count of 10⁵ CFU / mL as a cut off value for positive urine culture¹⁷.

Out of 180 urine specimens showed significant bacteruria, 112 UPEC isolates were recovered including 65 isolates obtained from patients clinically diagnosed with cystitis and the remaining 47 isolates were obtained from

patients with pyelonephritis. All isolates were identified by standard microbiological tests¹⁸ and stored in Muller Hinton media as 20% glycerol stocks at -80°C.

Antimicrobial susceptibility testing

The antimicrobial susceptibility was performed using standard disc diffusion method¹⁹. Tested antimicrobials were belongs to β -lactams, FQs, aminoglycosides, tetracycline, folate pathway inhibitors and nitrofurans classes. Amoxicillin-clavulanate (AMC, 20/10 μ g), piperacillin-tazobactam (TZP, 100/10 μ g), ceftriaxone (CRO, 30 μ g), cefpodoxime (CPD, 10 μ g), cefuroxime (CXM, 30 μ g), aztreonam (ATM, 30 μ g), imipenem (IMP, 10 μ g), meropenem (MEM, 10 μ g), gentamicin (CN, 10 μ g), doxycycline (DO, 30 μ g) and ciprofloxacin (CIP, 5 μ g) were purchased from Oxoid (Hampshire, UK). The other antimicrobial discs including levofloxacin (LEV, 5 μ g), ofloxacin (OFX, 5 μ g), trimethoprim-sulfamethoxazole (SXT, 1.25/23.75 μ g) and nitrofurantoin (F, 300 μ g) were obtained from Bioanalysis (Ankra, Turkey). Isolates which were resistant to at least three antimicrobial classes were considered as MDR isolates.

Phenotypic detection of extended spectrum β -lactamases (ESBL) production

Isolates with reduce susceptibility against extended spectrum β lactams were considered as potential ESBL according to CLSI guidelines¹⁹. ESBL production in these isolates was confirmed by double disc synergy test (DDST20). This test depends on the detection of synergy between amoxicillin-clavulanate (AMC, 20/10 μ g) disc which placed at a distance 20 mm from ceftazidime (CTZ, 30 μ g), ceftriaxone (CRO, 30 μ g) and cefotaxime (CTX, 30 μ g) discs representing third generation cephalosporins along with cefepime (FEB, 30 μ g) disc as a fourth generation cephalosporin. Any distortion or enhancement of the inhibition zone of the tested antibiotics toward amoxicillin-clavulanate disc was considered as a positive result for ESBL production²⁰.

Adhesin gene detection using PCR

Bacterial DNA extraction was performed using optimized heat shock method. Briefly, colonies from overnight culture were suspended in 200 μ L of sterile water and incubated at 100°C for 10 min and followed by centrifugation where supernatant used as template DNA²¹.

Primers used in gene amplification were obtained from LGC Biosearch Technologies (Petaluma, CA, USA) and

were listed in Table 1. Amplification reaction was performed using Biometra T thermocycler (Analytik Jena, Germany). Each reaction contained 10 µL of MyTaq™ master mix (2x), 1.5 µL forward primer, 1.5 µL reverse primer, 2 µL DNA template and nuclease free water were added to 20 µL, a negative control reaction without DNA was included for each gene amplification. Amplification products along with Quick-Load 100 bp DNA ladder (New England Biolabs, UK) were electrophoresed on 1% agarose gel containing ethidium bromide (0.5 µg/mL) and visualized using Cole-Parmer UV-transilluminator (Vernon Hills, USA).

In vitro biofilm formation assay

Biofilm forming capacity was performed according to the method of StepanoviC and coworkers²⁵. Briefly, bacterial suspension, from overnight cultures, with a turbidity equivalent to 0.5 McFarland standard was diluted to 1:100 with Tryptone Soya Broth then 100 µL aliquots were dispensed into the wells of 96 wells –microtiter plate where the assay was performed as triplicate including blank wells as a negative control. Microtiter plate incubated for 24 hr at 37°C, non-adherent cells were removed by washing then adherent cells were fixed by adding 150 µL of methanol for 20 min. Formed biofilm was stained with 150 µL 2% crystal violet solution for 15 minutes, excess dye removed by washing and adherent dye was solubilized by adding 150 µL of 33% glacial acetic acid for 30 min. Optical density (OD) values were measured at 570 nm using BioTek synergy HT microtiter plates reader (Ver-

mont, USA) and averaged. The cut –off optical density (OD_c) value for each plate was calculated according to following equation:

$$OD_c = \text{average OD of negative control} + (3 * \text{SD of negative control}).$$

Biofilm forming capacity was interpreted as: non producer when $OD \leq OD_c$, weak biofilm producer when $OD_c < OD \leq 2 OD_c$, moderate biofilm producer when $2 OD_c < OD \leq 4 OD_c$ and strong biofilm producer when $4 OD_c < OD$.

Statistical analysis

Comparison of proportions was performed using chi-square test using MedCalc program (version 17.11.5). Results with $p \leq 0.05$ or $p \leq 0.001$ were marked with single or double asterisks, respectively and considered statistically significant.

Results

Antimicrobial susceptibility testing

UPEC isolates exhibited varied susceptibility rates towards different antimicrobials (Figure 1). The highest resistance was observed against doxycycline, amoxicillin-clavulanic acid, cefuroxime and cefpodoxime (88.39%, 86.8%, 71.4% and 66%, respectively). Intermediate resistance was observed against sulphamethoxazole-trimethoprim (SXT), ceftriaxone, FQs and aztreonam (53.75%, 51%, 50% and 40.17%, respectively).

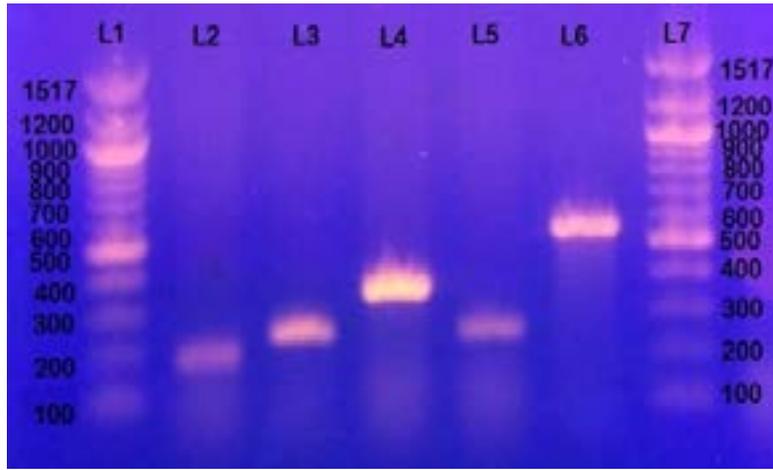


Figure 1. Gel electrophoresis of genes encoding fimbrial adhesins : **L1** and **L7** represent 100bp DNA ladder, **L2** represents *papG_{II}* allele band approximately at 190 bp, **L3** represents *papG_{III}* allele band approximately at 258 bp, **L4** represents *focG* gene approximately at 360 bp, **L5** represents *sfaS* gene approximately at 240 bp and **L6** represents *Dr/afaBC* gene band approximately at 559 bp.

While lower resistance was observed against nitrofurantoin, gentamicin and piperacillin-tazobactam (18.75%, 17.85% and 15.18%, respectively). The lowest resistance was against imipenem and meropenem where 7.41% of tested isolates were resistant for each. Multidrug resistance was observed in 65.2% of the tested isolates.

Extended spectrum β lactamase production

The initial antimicrobial susceptibility testing revealed

that 70 UPEC isolates exhibited a reduced susceptibility towards β - lactams. Fifty six isolates were confirmed to be ESBL producers by double disc synergy test representing 50% of the total UPEC isolates.

Prevalence of adhesin genes among UPEC isolates

Detection of genes encoding fimbrial and non-fimbrial proteins was done by PCR and all genes gave a single band at the expected size (Table 1) but with different prevalence.

Table. 1: Primers used for amplification of adhesin genes with the corresponding annealing temperature and amplicon size.

Gene	Primer sequence (5' to 3')	Annealing temperature	Amplicon size (bp)	Reference
<i>PapG_{II}</i>	GGGATGAGCGGGCCTTTGAT, CGGGCCCCAAGTAACTCG	62°C	190	Tseng <i>et al.</i> ²¹
<i>PapG_{III}</i>	GGCCTGCAATGGATTTACCTGG, CCACCAAATGACCATGCCAGAC	65°C	258	Tseng <i>et al.</i> ²¹
<i>sfaS</i>	GTGGATACGACGATTACTGTG, CCGCCAGCTTCCCTGTATT	63°C	240	Johnson and Stell. ²²
<i>focG</i>	CAGCACAGGCAGTGGATACGA, GAATGTCGCCTGCCCATTTGCT	63°C	360	Johnson and Stell. ²²
<i>Dr/afaBC</i>	GGCAGAGGGCCGGCAACAGGC, CCCGTAACGCGCCAGCATCTC	69°C	559	Johnson and Stell. ²²
<i>Ag43</i>	CTGGAAACCGGTCTGCCCTT CCTGAACGCCAGGGTGATA	63°C	433	Restieri <i>et al.</i> ²³
<i>picU</i>	ACTGGATCTTAAGGCTCAGGAT GACTTAATGTCACTGTTACGCG	60°C	572	Restieri <i>et al.</i> ²³
<i>Iha</i>	CTGGCGGAGGCTCTGAGATCA TCCTAAGCTCCCCGCGGCTGA	65°C	827	Johnson <i>et al.</i> ²⁴
<i>ompT</i>	ATCTAGCCGAAGAAGGAGGC CCCGGTCATAGTGTTTCATC	60°C	559	Johnson <i>et al.</i> ²⁴

Among the fimbrial adhesin genes (Figure 1 & Table 2), *papG* gene alleles (*papGII* and *papGIII*) were the most prevalent (49.1 %) followed by *focG* gene (14.3 %), *dr/afaBC* gene (9.8%) and *sfaS* gene (8.9 %). For the genes encoding non fimbrial proteins (Figure 2 & Table 2), *ag43* gene was the most prevalent (89.3 %) followed by *ompT*

gene (51.8 %) and *iha* gene (31.25%), while *picU* gene was detected only in 9.8% of strains.

Among *papG* gene alleles, *papGII* allele was more prevalent than *papGIII* allele (43.8 % vs. 5.3%). *papGII* allele was statistically more prevalent in pyelonephritis isolates than cystitis isolates while the remaining genes showed no significant difference between the two clinical groups (Table 2).

Table 2: prevalence of adhesin genes among cystitis and pyelonephritis isolates

Gene	Total UPEC isolates n=112 (%)	Cystitis isolates n =65 (%)	Pyelonephritis isolates n =47 (%)
<i>PapG</i>	55 (49.1)	27 (41.5)	28 (59.5)
<i>PapGII</i>	49 (43.8)	23 (35.4)	26 (55.3)*
<i>PapGIII</i>	6 (5.3)	4 (6.2)	2 (4.25)
<i>FocG</i>	16 (14.3)	10 (15.4)	6 (12.7)
<i>SfaS</i>	10 (8.9)	6 (9.2)	4 (8.5)
<i>Dr/afa</i>	11 (9.8)	6 (9.2)	5 (10.6)
<i>Ag43</i>	100 (89.3)	58 (89.2)	42 (89.36)
<i>Iha</i>	35 (31.25)	18 (27.6)	17 (36.17)
<i>PicU</i>	11 (9.8)	8 (12.3)	3 (6.38)
<i>OmpT</i>	58 (51.8)	33 (50.7)	25 (53.19)

(*) p-value ≤ 0.05, (**) p-value ≤ 0.001

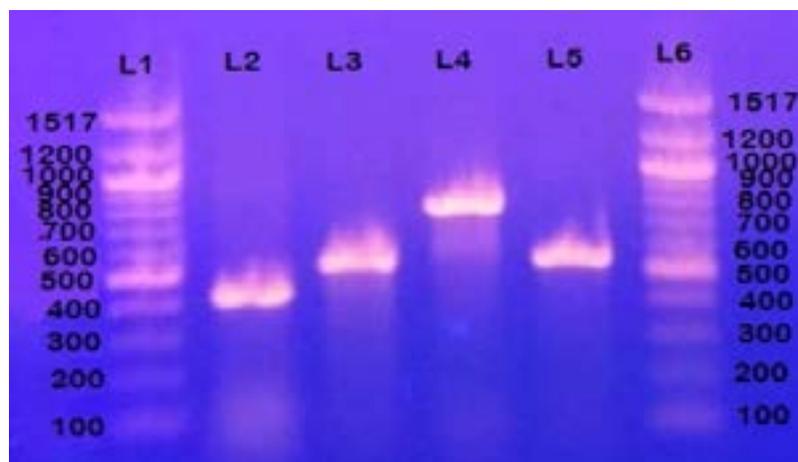


Figure 2. Gel electrophoresis of genes encoding afimbrial proteins: L1 and L6 represent 100bp DNA ladder, L2 represents gene encoding *Ag43* autotransport protein band approximately at 433 bp. L3 represents gene encoding secreted autotransprt protein *picU* band approximately at 572 bp, L4 gene encoding outer membrane protein *iha* band approximately at 827 bp and L5 represents gene encoding outer membrane protein *ompT* band approximately at 559 bp.

Distribution of the adhesin genes in relation to anti-microbial resistance

Prevalence of genes encoding fimbrial and non fimbrial

proteins was assessed in relation to increased resistance rate towards SXT and FQs as well as ESBL production (Table 3).

Table 3: distribution of genes encoding fimbrial and non fimbrial proteins in relation to FQs, SXT resistance and ESBL production.

Gene	FQ-sensitive n= 56 (%)	FQ- Resistant n=56 (%)	SXT- Sensitive n=52 (%)	SXT- Resistant n=60 (%)	ESBL ^(a) Producer n=56 (%)	Non-ESBL Producer n=56 (%)
<i>PapG_{II}</i>	21 (37.53)	28 (50)	20 (38.46)	29 (48.3)	24 (42.8)	25 (44.6)
<i>PapG_{III}</i>	4 (7.14)	2 (3.5)	4 (7.8)	2 (3.3)	2 (3.7)	4 (7.1)
<i>FocG</i>	14 (25)**	2 (3.5)	9 (17.3)	7 (11.6)	6 (10.7)	10 (17.8)
<i>SfaS</i>	9 (16.1)**	1 (1.8)	8 (15.4)*	2 (3.3)	4 (7.2)	6 (10.7)
<i>Dr/afaBC</i>	4 (7.14)	7 (12.5)	3 (5.7)	8 (13.3)	9 (16.1)*	2 (3.5)
<i>Ag43</i>	48 (85.7)	52 (92.9)	44 (84.6)	56 (93.3)	50 (89.2)	50 (89.2)
<i>Iha</i>	16 (28.6)	19 (33.9)	15 (28.8)	20 (33.3)	18 (32.1)	17 (30.35)
<i>PicU</i>	10 (17.9)**	1 (1.8)	8 (15.4)	3 (5)	5 (8.9)	6 (10.7)
<i>OmpT</i>	34 (60.7)	24 (42.8)	28 (53.8)	30 (50)	33 (59)	25 (44.6)

(a): Only isolates which were confirmed to be ESBL producer by DDST.

(*) p -value ≤ 0.05 , (**) p -value ≤ 0.001

In relation to FQs resistance; *sfaS*, *focG* and *picU* genes were statistically associated with sensitive strains. *ompT* gene was more prevalent in sensitive isolates than resistant isolates but it was non-significant ($p= 0.059$).

sfaS gene was statistically associated with isolates sensitive to SXT than resistant ones. *picU* gene was more prevalent in sensitive isolates but it was non-significant ($p= 0.066$).

In relation to ESBL production, *dr/afaBC* gene was statistically associated with ESBL producing strains while

the remaining traits showed a similar prevalence among ESBL producing and non-producing strains.

Biofilm formation capacity in relation to antimicrobial resistance:

The biofilm formation capacity of 73 MDR isolates and 39 non MDR isolates was evaluated to determine the impact of multiple drug resistance on biofilm formation capacity (Table 4).

Table 4: Biofilm formation capacity among MDR and non-MDR isolates.

Biofilm forming capacity	Total UPEC isolates n=112 (%)	MDR isolates n=73 (%)	Non- MDR isolates n=39 (%)
Negative	23 (20.53)	17 (23.28)	6 (15.38)
Weak	39 (34.8)	31 (42.46)*	8 (20.51)
Moderate	27 (24.1)	14 (19.18)	13 (33.33)
Strong	23 (20.53)	11 (15)	12 (30.78)*

(*) p -value ≤ 0.05 , (**) p -value ≤ 0.001

Non-MDR isolates were statistically more capable of producing strong biofilm than MDR isolates and the percentage of non-MDR isolates that could form moderate biofilm was higher than MDR isolates. While MDR isolates statistically tended to form weak biofilm than non-MDR isolates and the percentage of MDR isolates that couldn't form biofilms was higher than non MDR isolates.

Discussion

UPEC is the main causative agent involved in UTIs. Adherence to the uroepithelium is a critical step to establish an infection. This step is achieved mainly by fimbrial surface appendages beside other non-fimbrial adhesins. Fimbrial appendages recognize and adhere to certain receptors favoring the tropism of invading pathogen towards a given region within urinary tract⁶.

UTIs are usually treated empirically especially uncomplicated infections. The selective overuse in addition to the misuse of certain antimicrobial classes, especially those with high propensity for collateral damage, is the main cause of high resistance rates and increased percentages of MDR isolates²⁶. MDR isolates represents a serious health problem in Egypt²⁷.

In this study, the increased resistance rate among UPEC isolates especially against β -lactams, SXT and FQs limits their role in the treatment of such infections. Fifty percent of tested isolates were ESBL producers coming in agreement with other studies in Egypt^{28,29}. Moreover, the increased resistance against SXT and FQs was in consistent with previous studies^{30,31}.

The genotypic detection of genes encoding fimbrial and non-fimbrial adhesins revealed that papGII allele was observed to be statistically more prevalent in pyelonephritis isolates than cystitis isolates. This statistical predominance of pyelonephritis UPEC isolates was in agreement with other studies^{32,33}. This predominance along with the abundance of papGII isoreceptor in kidney tissue indicates the role of papGII adhesin variant in ascending infection⁴.

The impact of the antimicrobial resistance on the distribution of tested genetic traits was evaluated in the term of resistance towards FQs and SXT, representing the highest resistance rates among non- β lactams, in addition to ESBL enzyme production being the main resistance mechanism for β lactams.

The observed negative impact of FQs resistance acquisition on the prevalence of tested adhesin genes was obvious where three virulence traits including *sfaS*, *focG* and *picU* were statistically more prevalent in sensitive isolates. This statistical prevalence was compatible with other studies³⁴⁻³⁶. This negative impact could be as a result of acquisition of FQs resistance by strains naturally lacking these virulence factors followed by clonal spreading. This hypothesis was denied by Vila and coworkers³⁷ stated that there was no genetic relationship between these tested isolates using pulsed-field gel electrophoresis. Another possible explanation for this negative impact is related to the mutational effect of fluoroquinolone. Exposure to even sub-inhibitory concentrations of FQs not only leads to the acquisition of resistance but also induces SOS response which could lead to partial or total loss of pathogenicity islands within which these virulence genes could be located^{38,39}.

The impact of SXT resistance acquisition on gene prevalence was quite similar to FQs where *sfaS* trait was statistically more prevalent in sensitive isolates.

However, *dr/afaBC* gene was statistically more prevalent among ESBL-producing isolates being consistent with Johnson and co-workers demonstrating that *dr/afaBC* gene was statistically associated with resistance to extended spectrum cephalosporins and cephamycins among UPEC isolates⁴⁰. This could be related to the co-existence of certain virulence genes along with resistance genes on mobile genetic element like plasmid providing a dual survival advantages to recipient pathogen⁴¹.

The negative impact of the acquired antibiotic resistance on the biofilm forming capacity among UPEC was previously reported among *Acinetobacter baumannii* isolates⁴². Similarly, Poursina and coworkers⁴³ reported that 69.2% of strong biofilm-producing UPEC isolates were non-MDR isolates while negative and weak biofilm producing isolates were MDR isolates.

Several surface appendages including fimbriae and curli in addition to other non-fimbrial proteins are involved in the biofilm architecture as a supporting scaffold. The acquisition of antimicrobial resistance could affect the expression of these organelles which negatively affect the biofilm formation capacity⁴⁴. Vila and coworkers³⁷ reported that the expression of type-1 fimbriae among FQ resistant UPEC isolates was statistically lower than sensitive isolates. Similarly, the acquisition of gene encoding ESBL enzymes was previously reported to possess a negative

impact on the biofilm formation capacity in *E. coli* and *Pseudomonas aeruginosa*⁴⁵. All of these results confirm that acquisition of antimicrobial resistance could have a negative impact on the biofilm formation capacity among UPEC isolates.

Conclusion

papGII adhesin variant is an important urovirulence factor seeming to have a critical role in ascending UTIs. The acquired antimicrobial resistance could affect the distribution of certain virulence genes. Moreover, there is an inverse relationship between the biofilm forming capacity and the multiple drug resistance among UPEC isolates indicating the role of biofilm formation as an alternative protective approach especially for susceptible isolates as well as a possible link between antimicrobial resistance and virulence.

Conflict of interest

The authors declare that they have no conflict of interest

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