

Full Length Research Paper

## Assessment of allelopathic potential of selected medicinal plants of Pakistan

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Accepted 2 January, 2009

*Inula falconeri*, *Inula koelzii*, *Lactuca dissecta* and *Anthemis nobilis* were collected from Himalaya and Hindukush ranges of Pakistan and their allelopathic effect was studied through Sandwich and Homogenated Sandwich methods. The study also aimed at analyzing whether method and concentration can affect the overall results. The results showed that method has no significant value; however, concentration of leaf leachates has highly significant value for exploring the inhibition or stimulation pattern of the plant species.

**Key words:** Allelopathy, Sandwich and Homogenated Sandwich methods, medicinal plants of Pakistan.

### INTRODUCTION

After Prof. Hans Molisch coined the word 'allelopathy' in 1937, efforts have been made to explore the allelopathic potential of various plant species. To do so, high altitudinal medicinal plants, *Inula falconeri*, *Inula koelzii*, *Lactuca dissecta* and *Anthemis nobilis* were selected to know their allelopathic effect. *I. falconeri* is present in Pakistan and western Tibet (Dawar, 1998), while *I. koelzii* is only known from Laddakh but has also been found in Skardu region (Ali and Qaiser, 1992). The plants species of genus *Inula* were selected due to their diverse chemical composition, which are famous for cytotoxic, antioxidant, hepaprotective and bactericidal effects (Zhao et al., 2006; Khan et al., 2008). However, any exploratory study on the allelopathic effect of the plant species of the genus has not been found. *A. nobilis* has been used as herbal tea against indigestion, vomiting, and intestinal problems (Ahmad, 2007). *L. dissecta* is herb with milky latex. Leaves of *L. dissecta* are used as sedatives by the local people. Lactucol and lactupircin are the reported compounds (Shinwari et al., 2006).

Besides allelopathic potential of plants species, attempts have been made to illustrate it at laboratory level, however, little has been done at field level (Einhelling, 1987; Inderjit and Weiner, 2001; Macías et al., 2007). At field levels, allelochemicals play an important role in the agricultural and functional ecology (Vyvyan, 2002; Fujii et al., 2004). The importance of allelopathy in biological control of weeds and crop productivity has been highly recognized and various methods have been suggested to know the allelopathic effect (Rice, 1992; Wu et al., 1999; Fujii et al., 1991, 1992, 2003, 2004; Terzi, 2008; Taiwo and Makinde, 2005).

In one of the survey almost 96 different methods have been adopted so far to study the allelopathy phenomenon (Blair, 2007), which has led to many unsolved questions. It is normally difficult to demonstrate the actual environmental conditions at *in vitro* analysis, however, route-specific bioassay methodologies have to be still developed and worked on (Fuji et al., 2004). Leaf litter leachates play an important role in natural conditions and in practical farming systems such as mulching. Mulching with straw is a common traditional farming system in many of the developing countries of Asia and Africa (Fuji et al., 2004; Rice, 1992). Sandwich method is thus replica-

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**Table 1.** Geographical locations and collection areas of the plants species for allelopathic studies from Hindukush and Himalayan regions.

S/N	Plant names	Collection areas	Geographical locations
1	<i>I. falconeri</i>	Skardu	35°03' 23.26" N- 75°27'39.69" E
2	<i>I. koelzii</i>	Skardu	35°03' 23.26" N- 75°27'39.69" E
3	<i>L. dissecta</i>	Swat	35°02' N and 72°, 33' E *
4	<i>A. nobilis</i>	Chitral	35-40 N and 71-40 E**

\*Adnan, 2002; \*\*Ahmad, 2007.

tion of natural condition at the laboratory levels (Fuji et al., 2003, 2004) to assess the allelopathic potential. Besides that various chemical compounds are solubilised in water while oozing out from fallen leaves or other parts of the plant. Looking into this natural phenomenon, a newly established Homogenated Sandwich method was used.

The objective of the study was to distinguish the allelopathic impact of the selected plant species and to compare that whether method and concentration can affect the inhibition rate of the growth of lettuce seed (*Lactuca sativa*). The present study is an addition to the list of plants species whose allelopathic effects have been reported earlier from Pakistan (Gilani et al., 2008; Khalid et al., 2002; Hussain, 1980; Shoukat et al., 2002).

## MATERIALS AND METHODS

### Plant materials

*I. falconeri*, *I. koelzii*, *A. nobilis* and *L. dissecta* were collected from different localities of Hindukush and Himalayan regions of almost same altitudes in August 2007 (Table 1). The aerial parts of the plant species were packed in polyethylene bags with silica gel; shade dried at room temperature for 10 days and was stored at 10°C.

### Preparation of medium

Agar powder (Nacalai Tesque Kyoto, Japan) with gelling temperature of 30-31 °C was used as medium for both methods. For sandwich method, 0.75% (w/v) agar solution was prepared while for Homogenated Sandwich method, 0.5 and 1% (w/v) of agar solutions were prepared. The solutions were autoclaved at 115°C for 15 min and cooled to ca. 45°C.

### Method description

1. **Sandwich method:** 10 and 50 mg of dried leaves were placed in each well of the multidish plastic plate (6 – wells micro-plate; 10 cm<sup>2</sup> area per each dish; Nalge Nunc Intl., Roskilde, Denmark) (Fuji et al., 2003, 2004). 5 ml of 0.75% of agar solution was added into each well of the plastic microplates on the leaves tissues. After solidification of agar, another 5 ml agar solution was added to each well of the microplate.

2. **Homogenated Sandwich method:** To have uniformity with sandwich method in concentration of leaf leachate, 60 and 300 mg

of the dried leaves were ground using liquid nitrogen. The powdered forms of the dried leaves were mixed in 20 ml of distilled water (DW) in Falcon Tubes. The macerated solution was centrifuged (Kobota 5220, Japan) at 3000 rpm for 20 min to prepare supernatant solution. The supernatant was filtered. The 1 and 0.75% agar solution were added in the 6-well dish.

### Lettuce seed and its measurement

Five Lettuce seeds (*Lactuca sativa* L. Great Lakes 366, Takii Seed Co. Ltd, Japan) were added to each well of the plate. The multidish plastic plates were sealed with plastic tape, labelled and kept in an incubator (BIOTEC 300-L, Shimadzu Rika Institute Co. Ltd, Kyoto, Japan) to grow the seedlings for 72 h at 25°C under dark. Agar solution was used as control for the growth of lettuce seeds and experiment was conducted three times.

### Statistical analysis

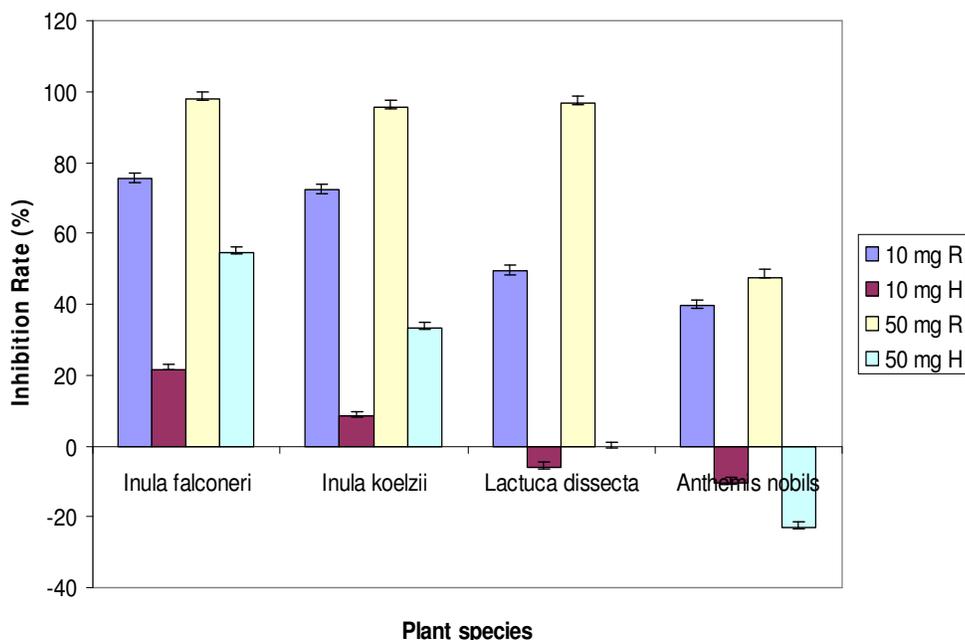
For each plant species, mean, SD variance (Fuji et al., 2003) and standard error were calculated to determine the inhibition pattern of (i) 10 and 50 mg and (ii) 60 and 300 mg of root and hypocotyl of the plants species. To explore that method and concentration (two factors) might have effects on the growth of root and hypocotyl of lettuce seeds, two ways ANOVA test in MSTATC Software with Randomized Complete Block Design (RCBD) was applied. The level of significance was 0.05.

## RESULTS

### Allelopathic effects of plant species

Bioassay results of the tested plant species belonging to Asteraceae family revealed that *I. falconeri* and *I. koelzii* have significant inhibitory effect towards the growth of lettuce seeds. *L. dissecta* has moderate effect while *A. nobilis* has stimulating effect. The allelopathic effects vary among species showing the potential allelopathic plant. A similar trend was also reported previously (Fuji et al., 2003; Gilani et al., 2008).

The results of sandwich method revealed that among four plant species, 50 mg dried leaf leachates showed higher inhibitory effect to the growth of root and hypocotyl compared to 10 mg. Using 50 mg of dried leaves, *I. falconeri*, *I. koelzii*, and *L. dissecta* have shown signifi-



**Figure 1.** The effect of concentration on the growth inhibition/stimulation of root and hypocotyl of lettuce seedlings by Sandwich method (H: hypocotyl; R: root).

cant allelopathic distress with an inhibition rate of 98.0, 95.7, and 96.7% respectively (Table 2). In case of 10 mg concentration, *I. falconeri* and *I. koelzii* exhibited significant inhibitory rate of 75.3 and 72.3% respectively while *L. dissecta* has shown moderate effect of 49.3%. *A. nobilis* has shown stimulating effect both in 10 and 50 mg hypocotyl growth (Figure 1).

Following the Homogenated Sandwich methods, *I. falconeri*, and *I. koelzii* have shown considerable inhibitory effects (78.3, and 75.7% respectively) to the growth of roots on 300 mg concentration compared to other species (*A. nobilis* and *L. dissecta*). In case of hypocotyl, the inhibitory levels were not significant (Figure 2). The inhibitory effects for other species (*A. nobilis* and *L. dissecta*) were almost similar to the results of sandwich method with lower inhibition rate.

Comparison of the two methods In comparing the growth reticence of roots and hypocotyl, *I. falconeri* and *I. koelzii* showed the highest inhibition (Figure 3). *I. falconeri* has the highest inhibition rate of 75.3 and 61.1% when exposed to 10 and 60 mg of leaf leachates, respectively, while hypocotyl has 21.7 and 34.9%, respectively. For 50 and 300 mg, root inhibition was 98.0 and 78.3% while hypocotyl had 54.7 and 47.7% inhibition rate, respectively. *I. koelzii* inhibited the root of lettuce seed by 72.3 and 63.1% while hypocotyl by 8.3 and 41.9%, respectively, when exposed to 10 and 60 mg leaf leachates. For 50 and 300 mg, root growth was inhibited 95.7 and 75.7% while hypocotyl had 33.3 and 58.1%

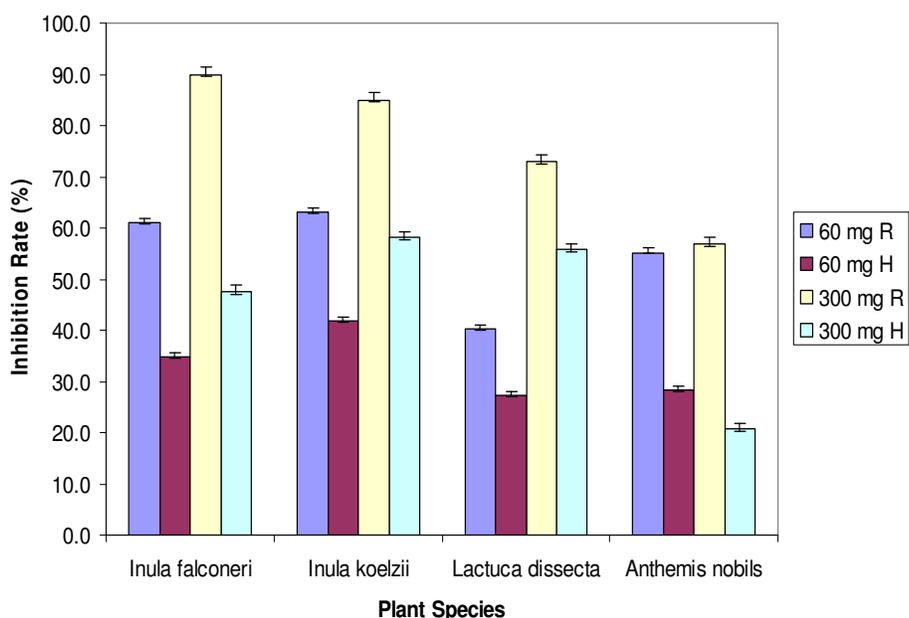
inhibition rate, respectively. The other two species showed moderate inhibitory effects towards the growth of lettuce seeds (Figure 3).

## ANOVA

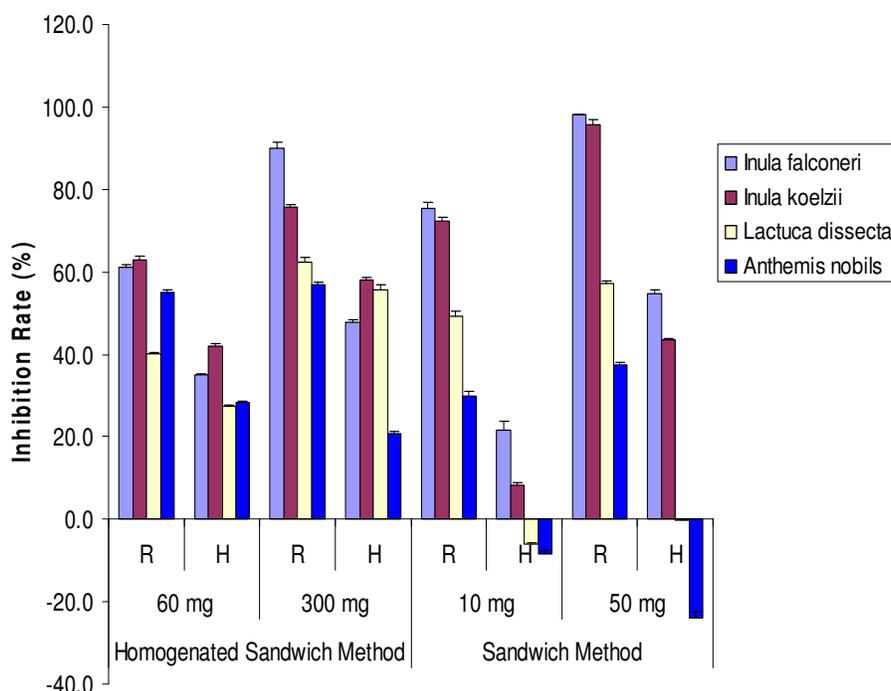
The ANOVA analysis shows that methods and concentration have no or less interdependency on the results (Table 2). For most of the plant species, method has no significant value in the evaluation of the allelopathic potential of plant (Table 2). However, it has been proved that the concentration of leaf leachates of plant species plays an important role in natural allelopathic phenomenon. Therefore, the present results are in compliance with the earlier reports and the same has also been proved here through statistical analysis (Table 2) (Gilani et al., 2008; Fujii et al., 2004).

## DISCUSSION

*I. falconeri* and *I. koelzii* have shown significant inhibition rate to the growth of root and hypocotyl of lettuce seeds compared to other species (*A. nobilis* and *L. dissecta*). Genus *Inula* is famous for sesquiterpenes and monoterpenes (Zhao et al., 2006; Khan et al., 2008). These have been identified and reported to be allelochemicals in nature (Macías et al., 1999, 2002; Abdelgaleil and



**Figure 2.** The effect of concentration on the growth inhibition of root and hypocotyl of lettuce seedlings using homogenated Sandwich method (H: hypocotyl; R: root).



**Figure 3.** Comparison of the results of Sandwich and homogenated Sandwich methods (H: hypocotyl; R: root).

Hashinaga, 2007). Besides the presence of sesquiterpenes, various phenolic acids (caffieic acid and chlorogenic acid) and flavonoids (rutin, quercetin and

kaempferol) have been reported from *I. falconeri* and *I. koelzii* (Abid and Qaiser, 2003). Some of the phenolic compounds and flavonoids are experimentally proved to

**Table 2.** Comparative extension rates (%) of root and hypocotyls of lettuce seeds against different concentration of the selected four plants species used in both methods. The analysis of variance (two ways) showing the significance level of correlation of method and concentration.

Plant	HS method (%)				Sandwich method (%)				Sum of squares				Significance level				Relation
	60 mg		300 mg		10 mg		50 mg		M		C		M		C		
	R	H	R	H	R	H	R	H	R	H	R	H	R	H	R	H	M x C
<i>L. dissecta</i>	55.1	70.2	38.2	49.4	50.7	106.0	3.3	100.3	115.75	100.17	299.5	41.181	0.059b	0.07b	0.001a	0.022ab	0.026ab
<i>I. falconeri</i>	38.9	65.1	21.7	52.3	24.7	78.3	2.0	45.3	83.74	1.08	114.33	65.05	0.057b	-	0.0014a	0.034ab	0.367b
<i>I. koelzii</i>	36.9	58.1	24.3	41.9	27.7	91.7	4.3	66.7	63.48	42.67	94.64	62.42	0.011ab	0.057b	0.0082a	0.000a	0.057b
<i>A. nobilis</i>	44.8	71.7	43.2	79.3	60.3	110.3	52.3	123.0	33.1	73.26	9.63	0.175	0.14b	0.061b	0.025ab	-	0.068b

R = Root, H = hypocotyl, a = highly significant, ab = significant, b = non-significant, M = method, C = concentration, HS = Homogenated Sandwich.

carry allelopathic behaviour (Tsunami and Yamamoto 1987; Wu et al., 1998; Bias et al., 2003; Pervaiz et al., 2004; Golisz et al., 2007; Mako and Ndadidemi, 2007). The presence of such class of compounds in the leaf leachates has inhibited the growth of lettuce seed.

As far as the methodology is concerned, through Sandwich method the lettuce seeds are directly exposed to the leaf leachates from the dried leaf. The more the volatile organic content in the leaf, the more significant will be inhibition rate. However, Sandwich method is an exercise of natural allelopathic phenomenon at laboratory level (Fujii et al., 2003). The allelochemicals thus released in natural system affect/regulate the growth of the other plant species (Rice, 1984). Because of the nature and effect of sesquiterpenes, we can conclude that the direct release of sesquiterpene (volatile component) from the leaves inhibited the growth of lettuce seeds in the Sandwich method.

The Homogenated Sandwich method is more about assessing the water soluble compounds to ooze out in the medium while rupturing the cell wall of the plant material and stopping the overall enzymatic reactions within the leaf. Thus the

lettuce seeds are exposed to water soluble, mix solution of chemical constituents, mostly phenolic acids and flavonoids. The leaf leachates in Homogenated Sandwich method had lower total activity compared to that of Sandwich method (Golisz et al., 2007; Hiradate et al., 2004).

The results also been proved that higher concentrations of allelochemicals can impose inhibitory or stimulatory effect to the growth of lettuce seeds. At higher concentration, *A. nobilis* showed stimulatory effect. Considering the ANOVA results, it is clear that method and concentration are not dependent on each other and the higher concentration of the leaf leachates furnish significant values in identification of allelopathic potential of plant species (Gilani et al., 2008; Fujii et al., 2003). Thus the present study has not only produced how nature oriented methodologies at laboratory level are important for assessing the allelopathy potential of a plant species and but also the difference in concentration of certain leaf leachates from allelopathic plant species can effect the neighboring plants as well. The identification of two potential allelopathic plant species, i.e., *I. falconeri* and *I. koelzii* can be further subject to isolation and characterization of allelochemicals,

which can be helpful in development of environmental friendly herbicide.

## ACKNOWLEDGEMENTS

The authors are thankful to Mr. Ismail Zafar, Divisional Forest Officer, Skardu for facilitation of the research work. The research study was supported by "On-Site Cooperative Agriculture Research Project (20070301080024)", RDA, Republic of Korea.

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