

Full Length Research Paper

Oxidative stress induces idiopathic infertility in Egyptian males

Ashraf A. KHALIL^{1*}, Hend M. HUSSEIN² and Eman M. SARHAN²

¹Department of Protein Technology, Genetic Engineering and Biotechnology Research Institute, Mubarak City for Scientific Research, Borg Elarab, Alexandria, Egypt.

²Department of Biochemistry, Faculty of Science, Alexandria University, Alexandria, Egypt.

Accepted 19 September, 2011

The most common cause of male infertility is idiopathic. Oxidative stress (OS) would play a vital role in etiology of idiopathic male infertility because of its targeting to spermatozoa plasma membrane rich in polyunsaturated fatty acids. To examine OS effect on Egyptian men fertility, sperm samples were obtained from infertile idiopathic patients (25 to 35 years old). The samples were categorized into 4 groups: fertile group (n = 20); azospermia's patients (n = 20); normospermic patients (n = 20) and oligospermic patients (n = 40). Induced OS was tracked by measuring the alteration in prooxidant level (TBARS) as well as activities of antioxidant enzymes superoxide dismutase (SOD), glutathione-S-transferase (GST), glutathione peroxidase (GPX) and reduced glutathione (GSH). The TBARS levels were significantly high in infertile patients (within a range of 33.89 to 81.77%) compared to the healthy individuals. GST, SOD and GSH were significantly low in oligospermic patients by 33.33, 39.655 and 53.16%, respectively while GPX was higher by 87.5%. In azospermic patients, GSH and SOD activities were lower by 50% while GPX reached its maximum activity (93.75%). For normospermic patients with high immotile sperm, SOD activity was higher by 62.06% while both GSH and GPX were lower by 36.54 and 70.31%, respectively compared to the healthy individuals. Our results obviously emphasize the association of OS level in seminal plasma with the incidence and progression of the idiopathic infertility in infertile patients. Thus, seminal reactive oxygen species (ROS) would be used as a specific and sensitive biomarker for idiopathic male infertility.

Key words: Idiopathic male infertility, azospermia, oligospermia, normospermia, oxidative stress, antioxidant enzymes, thiobarbituric acid reactive species.

INTRODUCTION

Infertility affects more than 80 millions people around the globe, with one in 10 couples experiencing primary or secondary infertility. Infertility is more prevalent in those countries defined as the infertility belt, namely the central and the southern African countries, whereas many as

one-third of the couples in some populations are unable to conceive (Adonaylo and Oteiza, 1999). Globally, the overall prevalence ranges between 8 to 12%, with a core prevalence of primary infertility of about 5% (Inhorn, 2002; Vayena et al., 2001). The causes of infertility have been attributed to a variety of anatomical, genetic, endocrinological and immunological factors (WHO, 1999). It is clear that it is a common problem affecting young couples, and equally clear that it results in considerable distress for those couples affected. The feelings experienced by infertile couples encompass anger, depression, anguish, denial, guilt, shame, inadequacy, shock, isolation and embarrassment (Irvine, 1998).

Factors causing high rates of infertility in parts of the

*Corresponding author. E-mail: ashraf_khalil@msn.com.

Abbreviations: GPx, Glutathione peroxidase; ROS, reactive oxygen species; GSH, reduced glutathione; TBA, thiobarbituric acid; TABRS, thiobarbituric acid reactive substances; TCA, trichloroacetic acid; OS, oxidative stress; SOD, superoxide dismutase; GST, glutathione-S-transferase.

developing world are varied, but tubal infertility due to sexually transmitted, postpartum, post-abortive, and iatrogenic infections is widely regarded as the primary form of preventable infertility in the world today (Sciarrà, 1997; Reproductive Health Outlook, 2002). A large proportion of male infertility cases are associated either with systemic defects such as diabetes, obesity, varicocele, cystic fibrosis or with infections for mumps, herpes or else with imbalance in levels of gonadal steroids and trophic hormones [example, testosterone, dihydrotestosterone, follicle stimulating hormone, leutinizing hormone, and androgen receptor]. However, in nearly 25% cases of male infertility no organic cause is identified (idiopathic infertility) (Ambasudhan et al., 2003).

Traditionally, the diagnosis of male infertility is based upon the conventional semen profile, constructed according to recognized guidelines (WHO, 1992; Van den Eede, 1995). Though semen analysis is the first diagnostic step routinely employed in the evaluation of the male infertility, it fails to predict the exact cause behind impaired fertility (Anonymous, 1996). This profile incorporates information on the volume of the ejaculate, the concentration of spermatozoa, their motility and their morphological appearance. However, sperm count and sperm motility are the first and most important predictors of fertility potential rather than sperm morphology. In half of the male infertile patients, the cause is not clear and hence such cases are diagnosed with idiopathic infertility. Moreover, idiopathic infertile cases are blindly treated and selected for assisted reproductive techniques without understanding the basic mechanism behind the fertility impairment (Venkatesh et al., 2009a).

Oxidative stress (OS), a condition where the production of reactive oxygen species (ROS) overwhelms antioxidant levels, has been considered as one of the major factors believed to be involved in idiopathic male infertility. Low levels of ROS are necessary for normal functions of spermatozoa like capacitation, hyperactivation, motility, acrosome reaction, oocyte fusion and fertilization (Agarwal et al., 2004; Venkatesh et al., 2009a). For the past two decades, the pathological role of ROS in the semen has been studied but not well established because of various possible sources associated with excess production of ROS including abnormal spermatozoa (Venkatesh et al., 2009b). It has been postulated that oxidants interfere with normal sperm plasma function via peroxidation of unsaturated fatty acids in the sperm plasma membrane which results in sperm dysfunction (Barroso et al., 2000). In addition, ROS are known to attack DNA inducing strand breaks and other oxidative-based damage in spermatozoa. High levels of ROS endanger sperm motility, viability and increased midpiece sperm defects that impair sperm capacitation and acrosome reaction. The fertilizing ability of human spermatozoa is inversely related to the sperm ROS production (Gil-Guzman et al., 2001).

Since the pathophysiology of male infertility is still

poorly understood and various diagnostic tests are unable to determine the underlying cause of sperm dysfunction, the aim of the present study was to investigate the correlation between OS and incidence of idiopathic infertility and subfertility in Egyptian men. Lipid peroxidation, antioxidants enzymes and DNA fragmentation in seminal samples were tested.

MATERIALS AND METHODS

5,5'-Dithiobis-2-nitrobenzoic acid (DTNB), thiobarbituric acid (TBA), tris-HCl, p-nitrobenzyl chloride, trichloroacetic acid (TCA), cumen H₂O₂, reduced glutathione (GSH), Foline-Ciocalteu reagent, SOD enzyme, pyrogallol, phenol, chloroform and sodium acetate, were purchased from Sigma Chemical Company (St. Louis, Mo, USA). 1 Kbp ladder was purchased from Bioron (Ludwigshafen, Germany). Kit for total protein determination was bought from Biodiagnostic (Cairo, Egypt). All other chemicals and reagents were of highest quality.

Experimental design

The study was approved by the ethics committee of Alexandria University, Egypt and has therefore been performed in accordance with the code of ethics of the World Medical Association (Declaration of Helsinki, 1964 and Declaration of Tokyo, 1975). An experienced urologist performed the genital examinations. Male patients with varicocele, hypogonadism, obstructive azoospermia, cytogenetic abnormalities, alcohol, recent drug intake, prolonged illness and exposure to reproductive toxicants were excluded from the study. Patients with normal female partners, that is, normal reproductive history, normal ovulation (by follicular ultrasound scan, luteal phase progesterone levels, and endometrial biopsy), and tubal patency (hysterosalpingogram) were eligible for the study. All participants were given a written informed consent. A detailed medical history including reproductive history and fertility evaluation of the female partner was documented.

Semen samples were obtained from 80 idiopathic infertile men and 20 fertile donors aged 25 to 35 years old who attended the male infertility clinic, Dr Sherif S. Said, Center for Infertility Research, Alexandria, Egypt. All infertile couples included in this study had a minimum of 1 year of regular unprotected intercourse. The group of healthy male volunteers of proven fertility (initiated a successful pregnancy within the last 12 months before participation in the study) served as the control group.

Standard semen analysis

After a period of 72 h of sexual abstinence, volunteers collected their semen specimens in sterile plastic containers and delivered them to the clinical andrology laboratory in less than 30 min. After liquefaction, semen specimens were evaluated immediately according to the WHO guidelines (volume, sperm concentration, motility and morphology). Morphology smears were scored using the WHO classification and Kruger's strict criteria (Kruger et al., 1986). Sperm concentration was expressed as 10⁶ per 1 ml semen, whereas motility and morphology were expressed as and 14% by Kruger's strict criteria. Seminal leukocytes were percentage. Sperm parameters were considered normal when sperm concentration was $\geq 20 \times 10^6$ per 1 ml semen, motility was $\geq 50\%$, and normal sperm forms were 30% by WHO criteria quantified by a myeloperoxidase staining test, and values were considered to be normal at concentrations of 1×10^6 peroxidase-positive

leukocytes per 1 ml semen.

According to seminal quality profile, the infertile patients were categorized into three groups as follow; normospermic patients (normal sperm count but motility grade <50%) (n = 20), oligospermic patients (sperm concentration $\leq 20 \times 10^6$ sperm per ml) (n = 40) and azospermic patients (sperm count equal zero) (n = 20). Semen samples were centrifuged at 1800 *xg* for 10 min, then the supernatants and sperm pellets were separately collected and stored at -20°C for further analysis.

Estimation of seminal plasma lipid peroxidation

Seminal plasma malondialdehyde content, indicator for lipid peroxidation, was assayed in the form of TBA-reactive species (TBARS) according to Tappel and Zalkin (1959). Briefly, 500 μ l of seminal plasma was added to 1 ml TCA (15%), mixed well, and then centrifuged at 1800 *xg* for 10 min. After cooling, 1 ml supernatant was added to 0.5 ml TBA (0.7 g/dl) and boiled for 30 min in boiling water bath then cooled. The absorbance (At) of semen samples was read by a spectrophotometer (Optima, Japan) at 532 nm against reagent blank. The level of seminal TBARS was calculated according to Equation 1:

$$\text{Seminal TBARS level (nmol/ml)} = \text{At} / 0.156 \quad (1)$$

Determination of seminal plasma glutathione-S- transferase (GST)

100 μ l GSH (5 mM), 10 μ l p-nitrobenzyl chloride (1 mM in ethanol) and 25 μ l seminal plasma were added to 1.365 ml phosphate buffer (0.1 M, pH 6.5), vortexed then incubated for 20 min at room temperature. The absorbance was measured against air at 310 nm. The GST activity was calculated according to Habig et al. (1974) using the following Equation 2:

$$\text{GST activity } (\mu\text{M/min/mg protein}) = \text{At} / (1.9 \times \text{time} \times \text{mg protein}) \quad (2)$$

Determination of superoxide dismutase (SOD) in seminal plasma

20 μ l of seminal plasma (test) or Tris buffer (0.1 M, pH 8.5) (reference) and 10 μ l pyrogallol (20 mM in HCl, 10 mM) were added to 1 ml Tris-buffer solution and left at room temperature. The absorbance of test (At) or reference (Ar) was measured at 420 nm against air after 30 and 90 s. The percentage inhibition of pyrogallol auto-oxidation by seminal plasma was calculated according to the following Equation 3:

$$\text{Inhibition (\%)} = 100 - [\text{At/min/ml sample} / (\text{Ar/min/ml reference})] \times 100 \quad (3)$$

The specific activity of serum SOD was calculated as ng/min/mg protein with dividing the value ng/min/ml by sample protein concentration. One unit of SOD activity is defined as the amount of enzyme which inhibits the rate of auto-oxidation of pyrogallol by 50%. SOD concentration was computed as ng/ml according to a standard curve and was found that one unit equals 153 ng. The enzyme activity was expressed in U/mg protein by dividing value (ng/min/mg protein) by 153 (Marklund and Marklund, 1974).

Determination of GPx activity in seminal plasma

50 μ l seminal plasma were added to 100 μ l GSH (5 mg in 10 ml Tris-HCL buffer, 50 mM, pH 7.6), 100 μ l cummen H₂O₂ (50 μ l in 10

mL Tris-HCl buffer, 50 mM, pH 7.6) and 750 μ l Tris-HCl (50 mM, pH 7.6) and incubated at 37°C for 10 min. One milliliter of TCA (15%) was added to this mixture, centrifuged at 1800 *xg* for 20 min and then the supernatants were separated off. One milliliter supernatant was added to 2 ml Tris-HCl (0.4 mM, pH 8.9) and 100 μ l DTNB (0.0198 g in 5 ml methanol) and incubated for 5 min. The absorbance was measured at 412 nm against distilled H₂O. The activity of GPx was calculated according to Paglia and Valentine (1967) with the following Equation 4:

$$\text{GPx activity (U/g wet tissue)} = \text{At} \times 6.2 \times 100 / 13.1 \times 0.05 \times 10 \quad (4)$$

Estimation of reduced glutathione (GSH) in seminal plasma

Briefly, 1 ml seminal plasma (test, t), GSH (1 mg/ml) (standard, st) or H₂O (blank, b) was mixed with 1.0 ml 4% sulphosalicylic acid, incubated at 4°C for 1 h and then centrifuged at 1200 *xg* for 10 min at 4°C. Afterwards, 0.1 ml supernatant was added to 2.7 ml phosphate buffer (0.1 M, pH 7.4) and 0.2 ml DTNB (0.1 mM, pH 8.0) and the developed yellow color was measured immediately at 412 nm. GSH was assayed according to the following equation of Jollow et al. (1974):

$$\text{GSH activity (mg/mg protein)} = (\text{At} - \text{Ab} / \text{Ast} - \text{Ab}) \times \text{standard concentration} \quad (5)$$

Determination of total protein concentration in seminal plasma

Ten milliliters seminal plasma (test), standard or H₂O (blank) was added to 1 ml Biuret reagent, vortexed for 1 min and allowed to incubate at room temperature for 10 min. The absorbance (A) of samples (t) and standard (st) were read against blank (b) at 546 nm. The total protein concentration in the samples was computed according to Plummer (1978) using the following Equation 6:

$$\text{Total protein content (g/dl)} = (\text{At} - \text{Ab} / \text{Ast} - \text{Ab}) \times \text{st concentration} \quad (6)$$

Detection of seminal DNA fragmentation

DNA fragmentation was detected according to the method of Maniatis and coworkers (1982) with some modification. Seminal pellet (50 μ g) was suspended in SET buffer (1 ml sucrose-EDTA-Tris, pH 7.6) by shaking in ice bath. 50 μ l of seminal suspension were diluted with 450 μ l SET buffer and 15 μ l alkaline protease, mixed well and incubated for 30 min at about 50°C. 50 μ l 10% SDS were added to the mixture and incubated for 40 to 60 min at 50°C.

After that, 565 μ l phenol/chloroform mixture (1:1) were added, mixed gently, centrifuged at 8200 *xg* for 5 min, and then the upper aqueous layer was separated. The re-extraction of the aqueous layer including DNA fibers with phenol/chloroform mixture was repeated for further purification. To the recovered aqueous phase, sodium acetate (3 M) was added to a final concentration of 0.25 M, then 2 volumes of cold absolute ethanol were mixed well and incubated on ice for about 20 min. Afterwards, the mixture was centrifuged at 8200 *xg* for 2 min. The supernatant was decanted and the pellet was washed with 70% ethanol then centrifuged for 5 min at 8200 *xg*. Ethanolic supernatant was decanted and the pellet (DNA fiber) was dried in an oven at 65°C and then re-suspended in 250 μ l TE buffer (Tris-EDTA buffer, pH 8.0). DNA was quantified spectrophotometrically at 260 nm. DNA was then loaded onto agarose gel (5 μ g/ lane). DNA was resolved by constant voltage mode electrophoresis (mini submarine, 80v, 45 min) on a 1.2% agarose gel containing 0.5 μ g/ml ethidium bromide. A ladder (1K bp) served as a DNA base pair marker. Gels were illuminated with 300 nm UV light and a photographic record was taken.

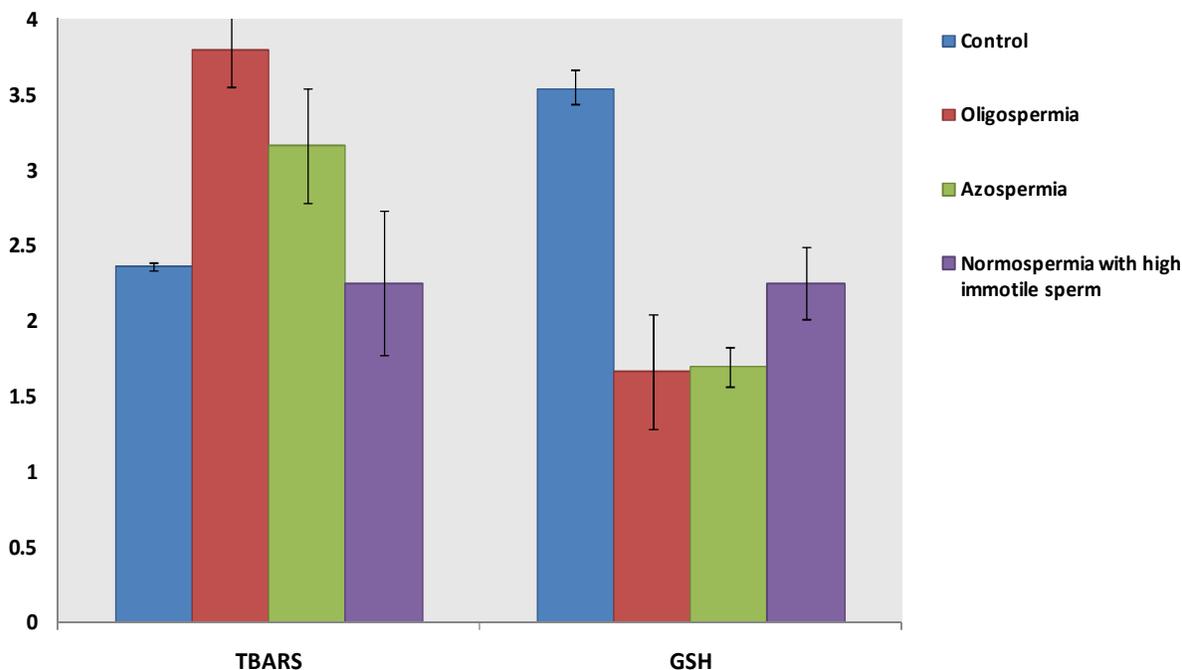


Figure 1: Prooxidants (TBARS) and nonenzymatic antioxidants (GSH) seminal plasma concentration of idiopathic infertile men and fertile donors.

Statistical analysis

All data are expressed as the mean \pm standard error of means (S.E.M). The difference between infertile groups and the fertile one was statistically compared at $P < 0.05$. Seminal characteristics, enzymes activities, and lipid peroxidation were compared among the groups tested using the unpaired Student's t-test. The obtained data were analyzed by one-way analysis of variance (ANOVA) using Primer of Biostatistics (V5) software program.

RESULTS

Seminal volume, sperm concentration, motility, morphology and leukocytes count are detailed in Table 1. There was no significant difference between the fertile donors and idiopathic men in terms of semen volume (ml) and leukocytes count (1×10^6 peroxidase-positive leukocytes per ml semen) at $P < 0.05$. However, leukocytes count in azoospermia patients was significantly increased to 27.5×10^6 /ml. Sperm motility (%) was significantly dropped from 60.6% in fertile group to 30.0 and 22.76% in normospermia and oligospermia patients, respectively. Furthermore, percentages of normal sperm were significantly decreased in normo-spermia and oligospermia groups compared to fertile one. As earlier proved in previous studies, we found that semen samples of azoospermia patients were completely free of motile sperm and have zero normal ones.

As shown in Figure 1, seminal TBARS levels were significantly increased in oligospermic, azoospermic and

normospermic patients by 61.0, 33.9 and 81.8%, respectively compared to the fertile group at $P < 0.05$. On the other hand, GSH (seminal nonenzymatic antioxidant) was significantly decreased in all idiopathic groups compared to fertile one at $P < 0.05$. Activities of antioxidant enzymes are shown in Table 2. No significant differences were observed in GST activities in azoospermic and normospermic patients compared to fertile males while GST activity was significantly decreased in oligospermic patients at $P < 0.05$.

The GPx activity increased up to two folds in both oligospermic and azoospermic patients while decreased dramatically (three folds) in normospermic patients compared to GPx activity in fertile subjects, at $P < 0.05$. Semen samples of oligospermic and azoospermic patients showed a significant decrease in their SOD activities by 39.66 and 50%, respectively than those of fertile subjects, at $P < 0.05$. On the other hand, normospermic patients showed a significant increase in SOD activity by 61.1% than that of fertile group. The seminal protein contents significantly increased in oligospermic patients but decreased in normospermic patients compared to the fertile group, at $P < 0.05$ (Table 2). No significant difference in protein content was noticed between azoospermia samples and fertile ones.

Figure 2 shows the qualitative changes in the integrity of the genomic DNA extracted from sperm palette of the different infertile groups. The electrogram generated from the gel electrophoresis showed that all infertile semen DNA had a dramatic oligonucleosome-length degradation

Table 1. Semen characteristics of fertile group and idiopathic infertile patients.

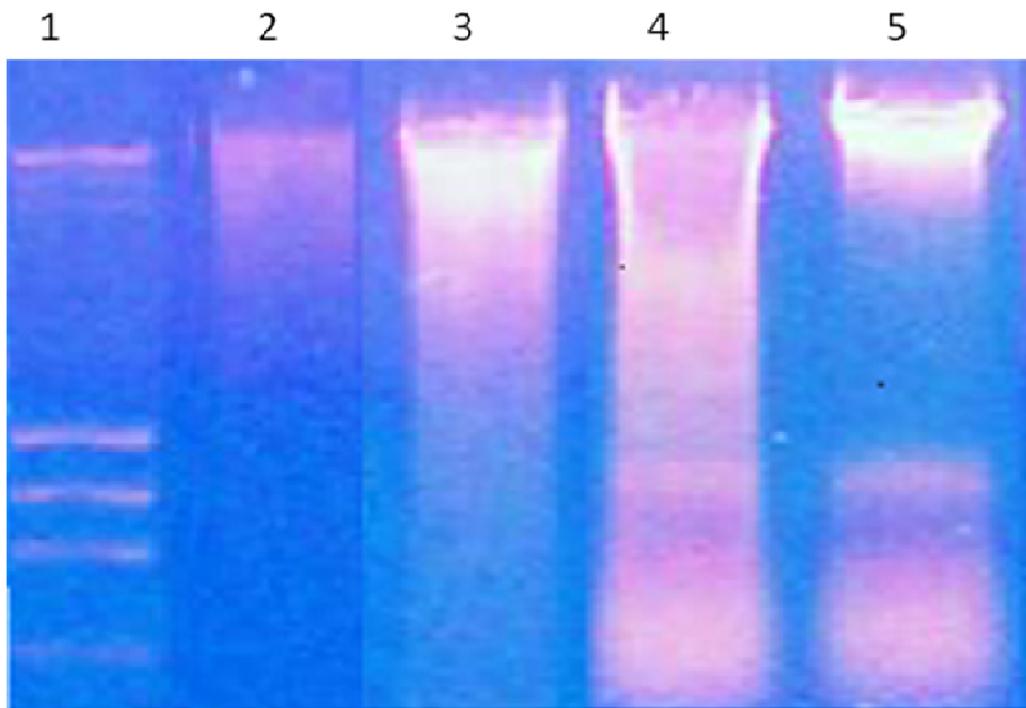
Semen characteristic	Fertile group (n = 20)	Idiopathic infertile patients		
		Normosepermia (n = 20)	Oligospermia (n = 20)	Azoospermia (n = 40)
Volume (ml)	3.45 ± 0.26	3.2 ± 0.302	3.55 ± 0.26	3.88 ± 0.97
Concentration ¹	92.5 ± 13.7	47.83 ± 16.62*	5.14 ± 0.56*	-
Motility ²	60.5 ± 1.5	30 ± 3.5*	22.76 ± 5.5*	-
Morphology ³	66.5 ± 1.8	42.2 ± 3.42*	31.5 ± 2.66*	-
Leukocytes ⁴	1.5 ± 0.76	2.8 ± 1.1	2.7 ± 1.57	27.5 ± 2.9*

Results are the mean ± SEM. *significant difference between fertile and infertile groups was detected at $P < 0.05$, by using one way. The obtained data were analyzed by one-way analysis of variance (ANOVA) using Primer of Biostatistics (Version 5) software program.¹ Sperm count ($10^6/ml$); ² motility (% motile sperm); ³ sperm morphology (% normal).

Table 2. Activities of antioxidants enzymes and protein content of seminal plasma of fertile group and idiopathic infertile patients

Antioxidants enzymes and protein content	Fertile group (n = 20)	Idiopathic infertile patients		
		Normosepermia (n = 20)	Oligospermia (n = 20)	Azoospermia (n = 40)
GPx (IU)	6.4 ± 0.92	1.9 ± 0.3*	12 ± 0.93*	12.4 ± 2.9*
GST ($\mu M/min \times 10^{-3}$)	4.2 ± 0.2	4.3 ± 0.3	2.8 ± 0.2*	3.5 ± 0.9
SOD (U/mg)	0.58 ± 0.01	0.94 ± 0.04*	0.35 ± 0.02*	0.29 ± 0.01*
Seminal protein content (g/dl)	7.23 ± 0.38	4.21 ± 0.4*	9.6 ± 0.27*	5.9 ± 0.9

Results are the mean ± SEM. *significant difference between fertile and infertile groups was detected at $P < 0.05$ by using one way. The obtained data were analyzed by one-way analysis of variance (ANOVA) using Primer of Biostatistics (Version 5) software program.

**Figure 2:** DNA agarose gel electrophoresis of semen samples: Lane 1, base pair marker; lane 2, fertile DNA; lane 3, oligospermic DNA; lane 4, azoospermic DNA and lane 5, Normospermic DNA

of DNA, characterized by mixed smearing and laddering or only smearing of DNA fragments (lanes 3, 4 and 5) (Figure 2). Whereas, DNA isolated from control samples (lane 2) showed total ladder and smear negativity.

DISCUSSION

Male infertility is one of the most prevalence disorder worldwide and accounts as serious social problem. Above 25% of infertile men are diagnosed as idiopathic (Sigman et al., 1998) which worsen the situation. Infertility cases diagnosed as idiopathic maybe due to instrumental limitations used in andrology laboratories and/or physicians assessment which varied according to physician accumulative experience. On the other hand, there is a near complete overlap in the semen characteristics between fertile and infertile men, barring those with absolute azoospermia. Men with sperm concentrations below 12.5 million/ml have up to a 25% pregnancy rate whereas those with counts between 12.5 and 25 million have up to a 44% spontaneous pregnancy rate. These would otherwise be considered as abnormal semen parameters (Smith et al., 1977; Gupta and Kumar, 2002).

Though the sperm count, percent sperm motility and morphology are the most accessed sperm parameters during the infertility evaluation, the link between less motility and sperm abnormalities and ROS production is rarely considered. There are many contaminants in semen like leukocytes, bacteria and immature germ cells produce high ROS levels (Ollero et al., 2001). This conforming the presence of high lipid peroxidation level in azoospermic patients because their semen had high level of leukocytes (Table 1).

According to WHO guidelines (1992), our results showed that semen of oligospermic and normospermic patients were likely normal in terms of normal morphological sperm. However, both infertile groups were lower in normo-morphological sperms than that of fertile group (Table 1). Furthermore, these two infertile groups showed a vigorous decrease in sperm motility. This increase in sperm deformities and decrease in motility were associated with high level of lipid peroxidation and low content of GSH (non-enzymatic antioxidant) (Figure 2). The previous observations would be due to occurrence of OS (Adonaylo and Oteiza, 1999) and/or the production of ROS (Said et al., 2005) in idiopathic infertile men. On the other hand, TBARS elevation which is due to ROS production decreases the membrane fluidity and thus impairs linear progression motility (Kumer et. al., 2009). Furthermore, in oligospermic men, the spermatozoa produce higher levels of ROS compared to fertile men (Sharma and Agarwal, 1996). Lewis et al. (1994) stated that the total antioxidant capacity of the seminal plasma in infertile men is lower than that in fertile men.

It well known that superoxide anion is believed to be

the primary free radical produced by the immature spermatozoa (Venkatesh et al., 2009b). Superoxide anion is eliminated by the action of superoxide dismutase (SOD), a metallic antioxidant enzyme use iron as cofactor plays an active role during appearance of stress as a result of free radical generation (Sridevi et al., 1998), so it is logically that SOD activity increased in the patients of normospermic as body adaptation phenomenon in order to prevent the incidence of OS. A decrease in SOD means there is an imbalance between prooxidant and oxidants scavenger system and this occurs when lipid peroxidation overload take places (Wu and Cederbaum, 2003).

In our study, an unexpected increase in GPx activity took place in both oligospermic and azoospermic patients. This might be due to GPx overexpression as a result of OS. Wu and Cederbaum (2003) stated that GPx helps to remove hydrogen peroxide by using GSH as cofactors to remove hydrogen peroxide, the increase in GPx activities could be combat free radical generation during OS.

Sperm DNA is organized in a specific manner that keeps the nuclear chromatin compact and stable (Agarwal and Allamaneni, 2005). Sperm with stable DNA has the ability to decompensate and transmit the DNA correctly during fertilization process at appropriate time (Verit et al., 2006). However, several alterations in DNA structure have been reported in infertile men such as chromatin micro-deletions, aneuploidy and DNA strand breaks (Aitken 1999; Verti et al., 2006). There are several factors lead to DNA damage such as poor sperm morphology (Venkatesh et al., 2009c), ROS formation (Rajesh et al., 2002) and high level seminal leukocytes (Agarwal and Said, 2005). We noticed a complete DNA fragmentation in semen specimens of infertile patients while DNA bands of fertile males were native and compact. This correlation between seminal ROS and such DNA damage is in agreement with that reported by Agarwal and Said (2005). The association between sperm DNA damage and idiopathic infertility was studied before but the results were conflicting. Saleh et al. (2003) demonstrated that sperm DNA damage was increased in idiopathic infertile patients compared with controls ($P < 0.05$). Another study did not find any difference in DNA damage in idiopathic infertile men (Hughes et al., 1996). However, Verit et al. (2006) did not find any change or relation between sperm DNA damage and total oxidative status in normozoospermic infertile men.

Agarwal and Said (2005) postulated that the presence of leukocytes in semen, indicator for inflammation, produces cytokines and ROS which can potentially alter spermatogenesis and cause DNA aberrations

In conclusion, our results are emphasizing the association of OS occurrence in seminal plasma with the incidence and progression of idiopathic male infertility in Egyptian patients. In addition, DNA damage is significantly increased in those infertile patients. Thus, seminal ROS levels would used primary biomarkers for

idiopathic infertility diagnosis. However, the impact of the clinical significance and management options has always been a subject of controversy among the scientific community specialized in this field.

ACKNOWLEDGEMENT

Mrs Al-Shaimaa El-Gawad, Faculty of Science, Alexandria University, is gratefully acknowledged for helping in running some laboratory experiments.

REFERENCES

- Adonaylo A, Oteiza P (1999). Lead intoxication: Antioxidant and oxidative damage in rat brain. *Toxicology*, 135: 77-85.
- Agarwal A, Allamaneni S (2005). Sperm DNA damage assessment: A test whose time has come. *Fertil. Steril.* 84: 850-853.
- Agarwal A, Nallela KP, Allamaneni SSR, Said TM (2004). Role of antioxidants in treatment of male infertility: an overview of the literature. *Reprod. Biomed. Online*, 8: 616-627.
- Agarwal A, Said T (2005). Oxidative stress, DNA damage and apoptosis in male infertility: A clinical approach. *BJU Int.* 95: 503-507.
- Aitken J (1999). The human spermatozoa—a cell in crisis? *J. Reprod. Fertil.* 115: 1-7.
- Ambasudhan R, Singh K, Agarwal J, Singh S, Khanna A, Sah RK, Singh I, Raman R (2003). Idiopathic cases of male infertility from a region in India show low incidence of Y-chromosome microdeletion. *J. Biosci.* 28: 605-612.
- Anonymous (1996). Infertility revisited: The state of the art today and tomorrow. *Hum. Reprod.* 11: 1779-1807.
- Barroso G, Morshedi M, Oehninger S (2000). Analysis of DNA fragmentation, plasma membrane translocation of phosphatidylserine and oxidative stress in human spermatozoa. *Hum. Reprod.* 15: 1338-1344.
- Gil-Guzman E, Ollero M, Lopez M, Sharma R, Alvarez J, Thomas AJ, Agarwal A (2001). Differential production of reactive oxygen species by subsets of human spermatozoa at different stages of maturation. *Hum. Reprod.* 16: 1922-1930.
- Gupta N, Kumar R (2002). Lycopene therapy in idiopathic male infertility – a preliminary report. *Int. Urolog. Nephrol.* 34: 369-372.
- Habig H, Pabst G, Jakoby B (1974). Glutathione-S-transferase. The first enzymatic step in mercapturic acid formation. *J. Biol. Chem.* 249: 7130-7139.
- Hughes CM, Lewis SE, McKelvey-Martin VJ, Thompson W (1996). A comparison of baseline and induced DNA damage in human spermatozoa from fertile and infertile men, using a modified comet assay. *Mol. Hum. Reprod.* 2: 613-619.
- Inhorn M (2002). Global infertility and the globalization of new reproductive technologies. *Egypt Soc. Sci. Med.* 56: 1837-1851.
- Irvine D (1998). Epidemiology and aetiology of male infertility. *Hum. Reprod.* 13: 33-44.
- Jollow DJ, Mitchell JR, Zampaglione N, Gillete JR (1974). Bromobenzene induced liver necrosis. Protective role of glutathione and evidence for 3,4-bromobenzene oxide as the hepatotoxic metabolite. *Pharmacology*, 11: 151-169.
- Kruger TF, Menkveld R, Stander FSH, Lombard CJ, Van der Merwe JP, Van Zyl JA, Smith K (1986). Sperm morphologic features as a prognostic factor in *in vitro* fertilization. *Fertil. Steril.* 46: 1118-1123.
- Lewis SE, Boyle PM, McKinney KA, Young IS, Thompson W (1994). Total antioxidant capacity of seminal plasma is different in fertile and infertile men. *Fertil. Steril.* 64: 411-419.
- Maniatis T, Fritsch EF, Sambrook J (1982). *Molecular Cloning: A Laboratory Manual*. New York: Cold Spring Harbor Laboratory. Cold Spring Harbor, NY, USA.
- Marklund S, Marklund G (1974). Involvement of the superoxide anion radical in the autooxidation of pyrogallol and a convenient assay for superoxide dismutase. *Eur. J. Biochem.* 74: 469-474.
- Ollero M, Gil-Guzman E, Lopez MC, Sharma RK, Agarwal A, Larson K, Evenson D, Thomas AJ, Alvarez Jr. JG (2001). Characterization of subsets of human spermatozoa at different stages of maturation: implications in the diagnosis and treatment of male infertility. *Hum. Reprod.* 16: 1912-1921.
- Paglia E, Valentine N (1967). Studies on the quantitative and qualitative characterization of erythrocyte glutathione peroxidase. *J. Lab. Med.* 70: 158-169.
- Plummer D (1978). Amino acids and proteins. In: Plummer D, editor. *An introduction to practical biochemistry*. UK: McGraw-Hill Book Co. pp. 145-146.
- Rajesh T, Doreswamy K, Shrilatha B, Muralidhara M (2002). Oxidative stress associated DNA damage in testis of mice: Induction of abnormal sperms and effects on fertility. *Mutat. Res.* 513: 103-111.
- Reproductive Health Outlook (2002). Infertility: Overview and lessons learned. www.rho.org.
- Said TM, Aziz N, Sharma RK, Lewis-Jones I, Thomas Jr. AJ, Agarwal A (2005). Novel association between sperm deformity index and oxidative stress-induced DNA damage in infertile male patients. *Asian J. Androl.* 7: 121-126.
- Saleh RA, Agarwal A, Nada EA, El-Tonsy MH, Sharma RK, Meyer A, Nelson DR, Thomas AJ (2003). Negative effects of increased sperm DNA damage in relation to seminal oxidative stress in men with idiopathic and male factor infertility. *Fertil. Steril.* 79: 1597-1605.
- Sciarrà J (1997). Sexually transmitted diseases: Global importance. *Int. J. Gynecol. Obstetrics*, 58: 107-119.
- Sharma RK, Agarwal A (1996). Role of reactive oxygen species in male infertility. *Urology*, 48: 835-850.
- Sharma RK, Pasqualotto FF, Nelson DR, Thomas Jr. AJ, Agarwal A (1999). The reactive oxygen species–total antioxidant capacity score is a new measure of oxidative stress to predict male infertility. *Hum. Reprod.* 14: 2801-287.
- Sigman M, Howards SS (1998). Male infertility. In: Walsh PC, Retik AB, Vaughan Jr ED, Wein AJ, editors. *Campbell's Urology* (7th ed.). Philadelphia: WB Saunders Company. pp. 1287-1320.
- Smith KD, Rodriguez-Rigau LJ, Steinberger E (1977). Relation between indices of semen analysis and pregnancy rate in infertile couples. *Fertil. Steril.* 28: 1314-1319.
- Sridevi B, Reddy K, Reddy S (1998). Effect of trivalent and hexavalent chromium on antioxidant enzyme activities and lipid peroxidation in a freshwater field crab *Barytelphusa guerini*. *Bull. Environ. Contamin. Toxicol.* 61: 364-390.
- Tappel L, Zalkin H (1959). Inhibition of lipid peroxidation in mitochondria by vitamin E. *Arch. Biochem. Biophys.* 80: 333-336.
- Van den Eede B (1995). Investigation and treatment of infertile couples: ESHRE guidelines for good clinical and laboratory practice. *European Society of Human Reproduction and Embryology. Hum. Reprod.* 10: 1246-1271.
- Vayena E, Patrick J, Rowe PJ, Griffin D (2001). eds. *Current Practices and Controversies in Assisted Reproduction*. Geneva: World Health Organization.
- Venkatesh S, Deecaraman M, Kumar R, Shamsi MB, Dada R (2009a). Reactive oxygen species and its role in the pathogenesis of mitochondrial DNA (mt DNA) mutations in male infertility. *Ind. J. Med. Res.* 46: 172-177.
- Venkatesh S, Riaz AM, Kumar M, Shamsi MB, Tanwar M (2009c). Oxidative stress—A marker of male infertility. *Obstet. Gynecol. Today*, 14: 34-36.
- Venkatesh S, Singh G, Gupta N, Kumar K, Deecaraman M, Dada M (2009b). Correlation of sperm morphology and oxidative stress in infertile men. *Iran. J. Reprod. Med.* 7: 29-34.
- Verit F, Verit A, Kocyigit A, Ciftci H, Celik H, Koksai M (2006). No increase in sperm DNA damage and seminal oxidative stress in patients with idiopathic infertility. *Arch. Gynecol. Obstet.* 274: 339-344.
- WHO (1999). *Laboratory manual for the examination of human semen and sperm-cervical mucus interaction*. 4th ed. Cambridge University Press, Cambridge. pp. 12-34.
- World Health Organization (1992). *WHO laboratory manual for the examination of human semen and sperm-cervical mucus interaction*. Cambridge University Press, Cambridge.
- Wu D, Cederbaum A (2003). Alcohol, oxidative stress and free radical damage. *Alcohol. Res. Health*, 27: 277-284.