

Histological and ultrastructural study of the gastric wall of the freshwater bream, *Oreochromis mossambicus* (Peters) with reference to 'parietal-like' cells

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The stomach wall of the freshwater bream *O. mossambicus* is described and compared with that of other bony fishes and vertebrates. The histology of the stomach layers and fine structure of the various cell types of *O. mossambicus* are basically similar to the corresponding cells of other vertebrates although some differences do occur. The mucosa consists of the following. (a) Surface epithelium distinguished by its luminal location and secretory granules. (b) Gastric pit mucous cells identified by their different location, appearance and secretory granules. (c) Gastric gland cells comprising two cell types designated Type I and II. Type I cells, the chief component of the glands, are large cells characterized by tubulovesicles in the apical cytoplasm. Type II cells are identified by the character of their small dense granules in the cytoplasm. (d) Basally granulated cells were identified. (e) A lamina propria and a muscularis mucosae are also present in the mucosa. A submucosal, muscular and serous coat were distinguished and described. Additionally in the submucosa a prominent stratum compactum and stratum granulosum are present.

Die maagwand van die bloukurper, *O. mossambicus* word beskryf en vergelyk met dié van ander beenvisse en werweldiere. Die histologie van die lae van die maag en die ultrastruktuur van die verskillende selteipes van *O. mossambicus* is basies dieselfde as die ooreenstemmende selle van ander vertebrate alhoewel verskeie wel voorkom. Die mukosa bestaan uit die volgende. (a) Oppervlakepiteel wat deur middel van die lumenale ligging en sekretoriese granules uitgeken kan word. (b) Slymselle van die gastriese putte wat op grond van ligging, voorkoms en sekretoriese granules onderskeibaar is. (c) Die gastriese klierselle bestaande uit twee selteipes wat as tipe I en II benoem is. Tipe I is die hoofkomponent van die kliere en is groot selle met karakteristieke tubulovesikels wat in die apikale sitoplasma voorkom. Tipe II-selle word deur die kenmerkende klein digte granules in die sitoplasma identifiseer. (d) Basaal gegranuleerde selle is identifiseer. (e) 'n Lamina propria en muscularis mucosae is ook teenwoordig in die mukosa. 'n Submukosale, muskulêre en sereusé laag word onderskei en beskryf. In die submukosa kom 'n prominente stratum kompaktum en stratum granulosum ook voor.

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One of the earliest studies on the morphology and histology of the digestive system of bony fish was undertaken by Edinger (1877) who observed that the gastric glands of fish differ histologically from those of mammals. Subsequent work has confirmed his observations (Dawes 1929; Burnstock 1959; Hale 1965; Weisel 1973; Huebner & Chee 1978; Sis, Ives, Jones, Lewis & Haensly 1979).

Very few ultrastructural investigations have been carried out on the stomach wall of teleosts. Ling & Tan (1975) studied the fine structure of the gastric epithelium of the coral fish *Chelmon rostratus* and Noaillac-Depeyre & Gas (1978) described the ultrastructure of the gastric epithelium of the perch *Perca fluviatilis*. The ultrastructural specialization of the intestinal tract of the intestinal air breather *Hoplosternum thoracatum* was investigated by Huebner & Chee (1978).

The present study was undertaken to determine the histology and ultrastructural characteristics of the various cell types and components constituting the stomach wall of *O. mossambicus* and also to provide a morphological basis for future histochemical work on specific cells present in the stomach wall of fishes.

Materials and Methods

Freshwater bream *O. mossambicus* were netted during

late summer/early autumn and late winter/early spring in the Roodeplaat dam, Transvaal. Stomachs were dissected from freshly killed *O. mossambicus*. Tissue was cut from the stomach wall immediately after dissection and prepared for light and electron microscopy.

Cross sections of the stomach were fixed for light microscopy in Bouin's fixative for 12 h, processed, embedded in paraffin wax and sectioned at 8 μm . Sections were routinely stained with haematoxylin (Romeis 1948) and eosin (Humason 1979) and by the combined Alcian blue-PAS technique (Bancroft & Stevens 1982) for collagen.

Tissue sections of the stomach wall (2 mm by 2 mm) for electron microscopy were fixed in cold 0,1 mol dm^{-3} phosphate buffered 4,5% glutaraldehyde for 24 h and subsequently rinsed in 0,1 mol dm^{-3} phosphate buffered 0,2 mol dm^{-3} sucrose (Sabatini, Bensch & Barnett 1963). Tissues were then transferred to 1% phosphate buffered osmium tetroxide (Millonig 1961) for 4 h.

After fixation the tissues were rinsed in 0,1 mol dm^{-3} phosphate buffered 0,2 mol dm^{-3} sucrose and dehydrated in ascending concentrations of ethanol (Pease 1964). Thereafter the tissues were rinsed three times in propylene oxide for 10 min each and left for 12 h in a 1 : 1 mixture of propylene oxide and Araldite. This was followed by immersion into a mixture of 1 : 3 propylene oxide and Araldite for 2 h. Finally the tissues were

embedded in Araldite (Luft 1961) and polymerized at 65°C for 48 h.

Thin sections were obtained using a Reichert Ultracut ultramicrotome. For orientation of the tissue 1 µm thick sections were stained with toluidine blue and observed under the light microscope. For electron microscopy gold interference coloured sections were collected and stained with uranyl acetate (Gibbons & Grimstone 1960)

for 40 min and lead citrate (Venable & Coggeshall 1965) for 4 min. The sections were studied under a Philips 301S electron microscope.

Results

Mucosa

The mucosa consists of the surface epithelial layer, gastric glands, lamina propria and muscularis mucosae

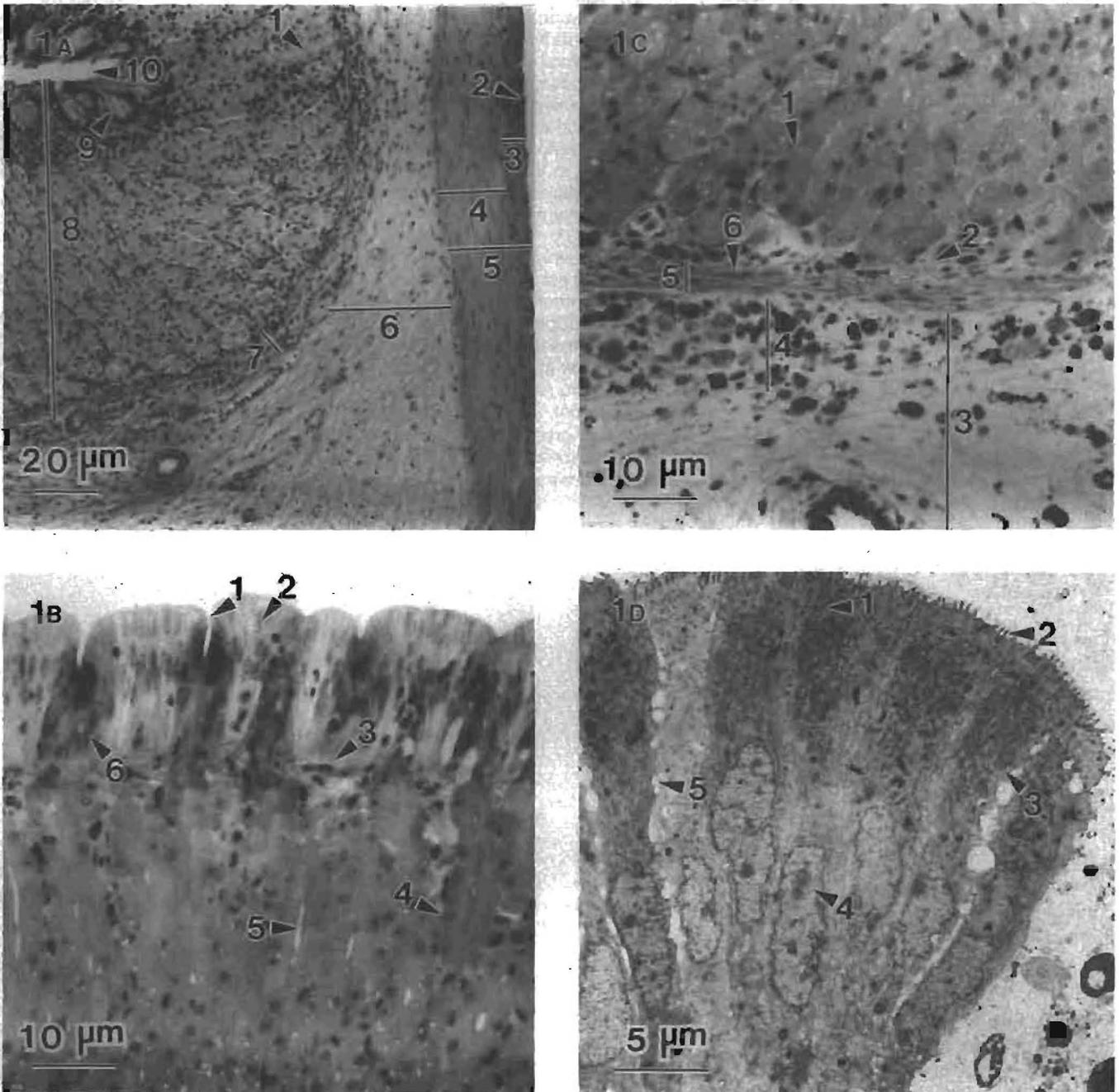


Figure 1 A: Histological transverse section through the stomach wall. H & E, 8 µm. 1 = gastric gland; 2 = serosa; 3 = longitudinal muscle layer; 4 = circular muscle layer; 5 = tunica muscularis; 6 = submucosa; 7 = muscularis mucosae; 8 = mucosa; 9 = gastric pit; 10 = lumen ×536. B: Light microscopic transverse section through the surface epithelium and gastric glands. H & E, 8 µm. 1 = gastric pit; 2 = surface epithelium; 3 = lamina propria; 4 = gastric gland cell nucleus; 5 = gastric gland lumen; 6 = gastric pit mucous cell nucleus ×1340. C: Micrograph of a transverse section of the basal portion of the mucosa and the submucosa. Toluidine blue, 0,5 µm. 1 = gastric gland base; 2 = lamina propria; 3 = submucosa; 4 = stratum granulosum; 5 = muscularis mucosae; 6 = smooth muscle fibre nucleus ×1340. D: Micrograph of the surface epithelial cells. 1 = mucous granule; 2 = microvillus; 3 = mitochondrion; 4 = nucleus; 5 = intercellular space ×2980.

(Figure 1A). The gastric pits indenting the mucosa are shallow (Figure 1B). Two or more gastric glands open into the basis of the gastric pits. The gastric glands are simple straight tubular structures extending to the depth of the mucosa and resting on the muscularis mucosae (Figures 1B & 1C).

Surface epithelium

The surface epithelium consists of a single layer of cylindrical cells. The nucleus is oval and situated in the

middle of the cell (Figure 1B). Electron microscopical studies show these cells have an average height of 32 μm , a luminal diameter averaging 5 μm with a mean diameter of 2 μm at the base of these cells. The nuclei have lengths varying between 8,9 μm and 9,9 μm and widths varying between 2,4 μm and 3,5 μm (Figure 1D). The luminal surfaces contain 8 to 12 short, blunt microvilli with average lengths of 0,038 μm and average widths of 0,014 μm (Figures 1D & 2A).

Adjacent cells are joined together by means of differ-

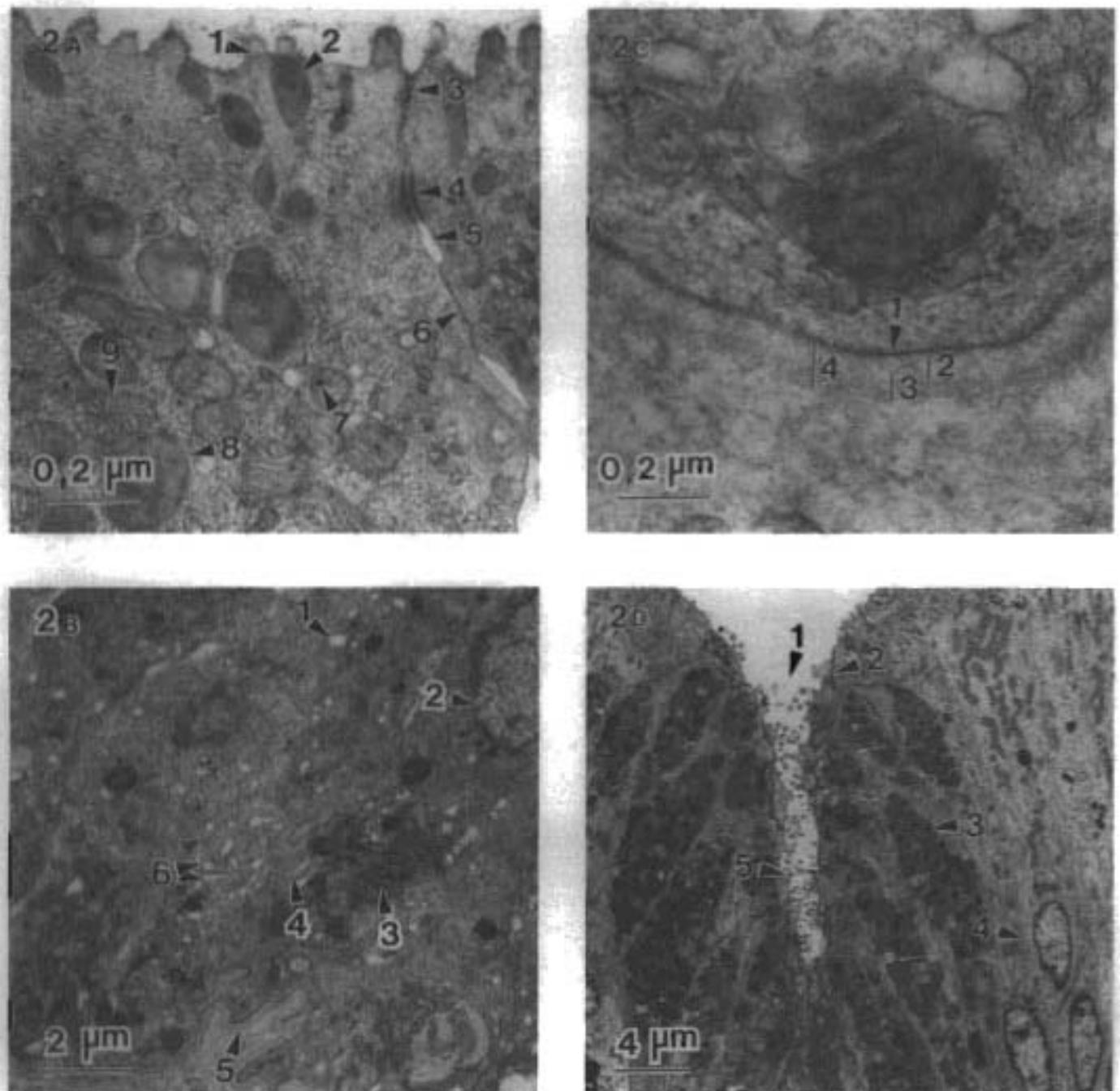


Figure 2 A: Apical cytoplasm of the surface epithelium. 1 = microvillus; 2 = mucous granule; 3 = occludens junction; 4 = desmosome; 5 = intercellular space; 6 = nexus; 7 = mitochondrial granule; 8 = mucous granule membrane; 9 = mitochondrion $\times 30\ 420$. B: Basal cytoplasm of the surface epithelium. 1 = intercellular space; 2 = nucleus; 3 = mitochondrion; 4 = interdigitating lateral cell membranes; 5 = basal lamina; 6 = intercellular spaces $\times 72\ 280$. C: Basal lamina of the surface epithelium. 1 = basal cell membrane; 2 = lamina rara; 3 = lamina densa; 4 = basal lamina $\times 72\ 280$. D: Micrograph of a gastric pit and mucous cells. 1 = gastric pit; 2 = junctional complex; 3 = mucous granule; 4 = surface epithelial cell; 5 = microvillus $\times 3050$.

ent junctional complexes i.e. zonula occludens, zonula adherens, desmosomes and nexuses (Figure 2A). The lateral cell membranes form intricate interdigitations with each other. Between the lateral cell membranes dilated intercellular spaces may be visible (Figure 2B). The basal cell membranes rest on a basal lamina (Figure 2B), the lamina rara of the basal lamina measuring 60 nm and the lamina densa 50 nm (Figure 2C).

The apical cytoplasm contains a terminal web, numerous oval mucous granules averaging measurements of

0,43 μm by 0,52 μm . These mucous granules are homogeneously electron dense. Mitochondria varying in lengths from 0,1 μm to 0,2 μm and with average widths of 0,045 μm are scattered amongst the mucous granules (Figure 2A).

Rough endoplasmic reticulum, numerous free ribosomes, a few mitochondria, lysosomes and Golgi complexes are found perinuclearly as well as in the basal cytoplasm. The Golgi complexes consist of three to five stacked cisternae.

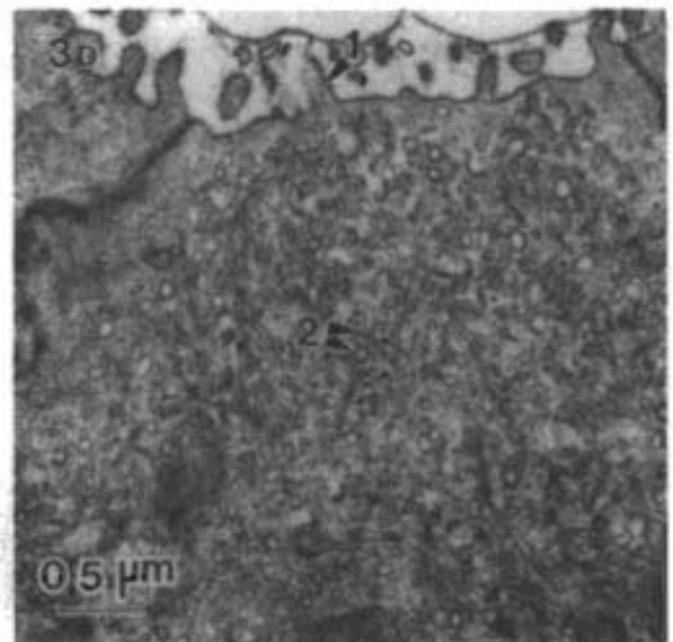
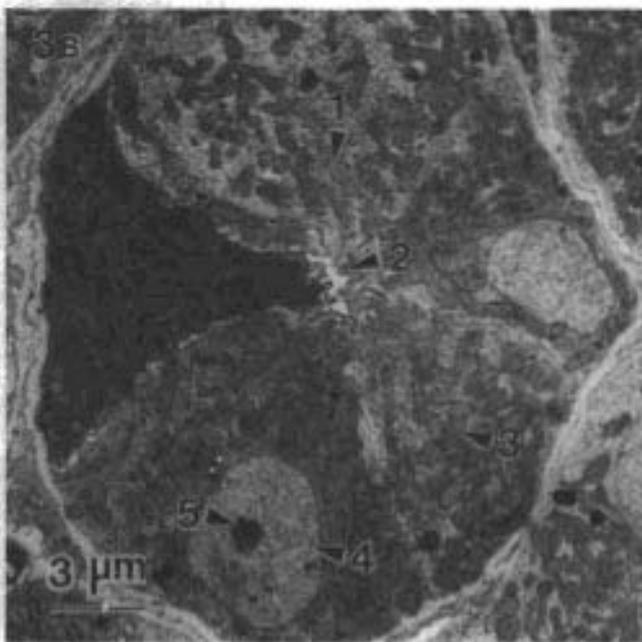
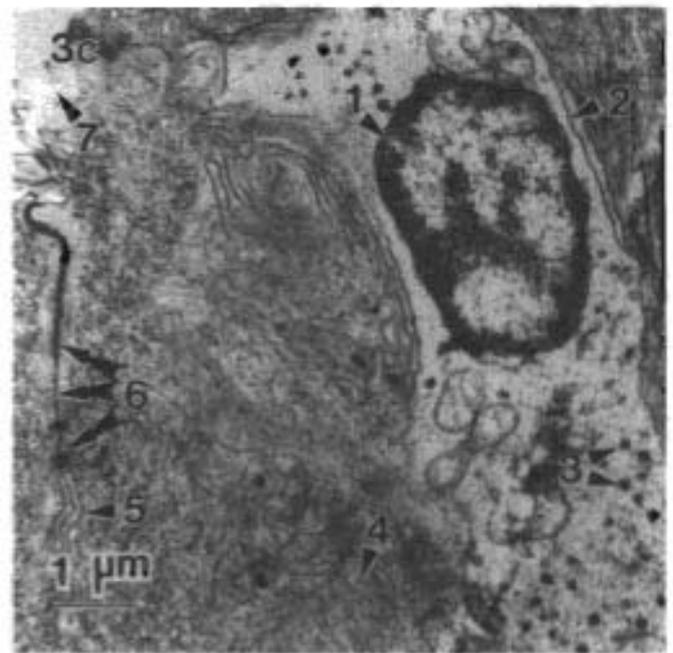
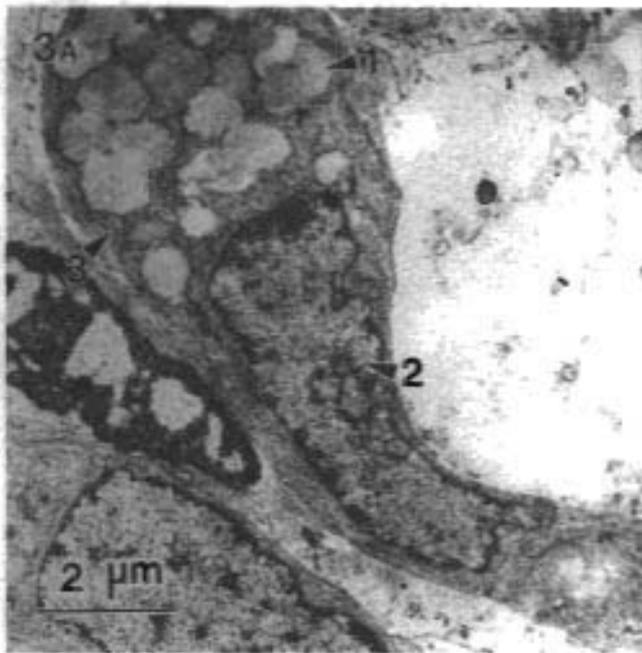


Figure 3 A: Gastric pit mucous cell. 1 = mucous granule; 2 = nucleus; 3 = rough endoplasmic reticulum $\times 9010$. B: Section through a gastric gland. 1 = tubulovesicles; 2 = microvillus; 3 = mitochondrion; 4 = nucleus; 5 = nucleolus $\times 4020$. C: Cell Types I and II of a gastric gland. 1 = nucleus; 2 = cell Type II; 3 = granules; 4 = tubulovesicles of cell Type I; 5 = interdigitating lateral cell membranes; 6 = junctional complexes; 7 = gastric gland lumen $\times 10\ 630$. D: Apical cytoplasm of cell Type I. 1 = microvillus; 2 = tubulovesicles $\times 23\ 940$.

Gastric pit mucous cells

These cells line the gastric pits (Figures 1B & 2D). Light microscopically the apical cytoplasm contains mucous granules. The nucleus is oval to oblong and situated in the basal region of the cell (Figure 1B). Electron microscopically these mucous cells have a goblet shape (Figure 3A). The average lengths of these cells are 15,9 μm . The basally situated oblong nucleus has an average length of 6,2 μm and an average width of 1,8 μm . The luminal surface has microvilli ranging between 0,25 μm

to 0,36 μm in length and 0,13 μm to 0,17 μm in width.

Adjacent cell membranes are joined together by means of junctional complexes such as zonula occludens, desmosomes and nexuses (Figure 2D). The lateral cell membranes of adjacent cells interdigitate freely with one another. The apical cytoplasm contains many round mucous granules with an average diameter of 0,53 μm (Figure 2D). Interspersed among the mucous granules are mitochondria and free ribosomes. Perinuclearly rough endoplasmic reticulum and Golgi complexes are also present.

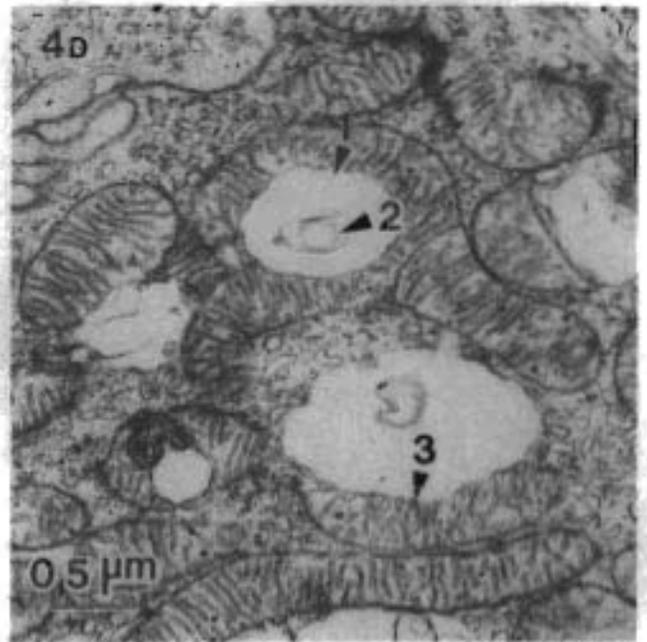
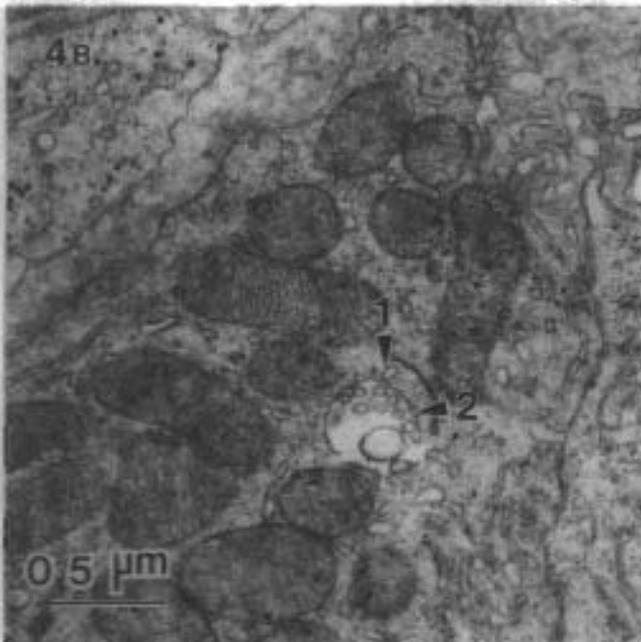
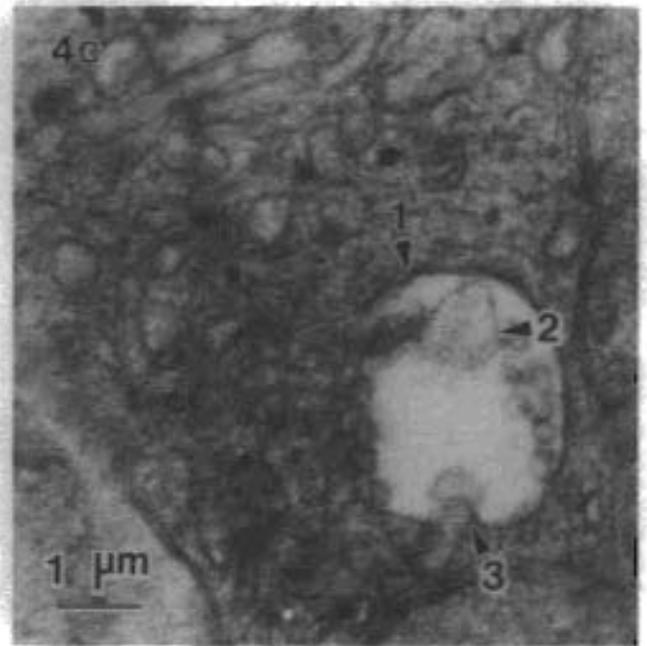
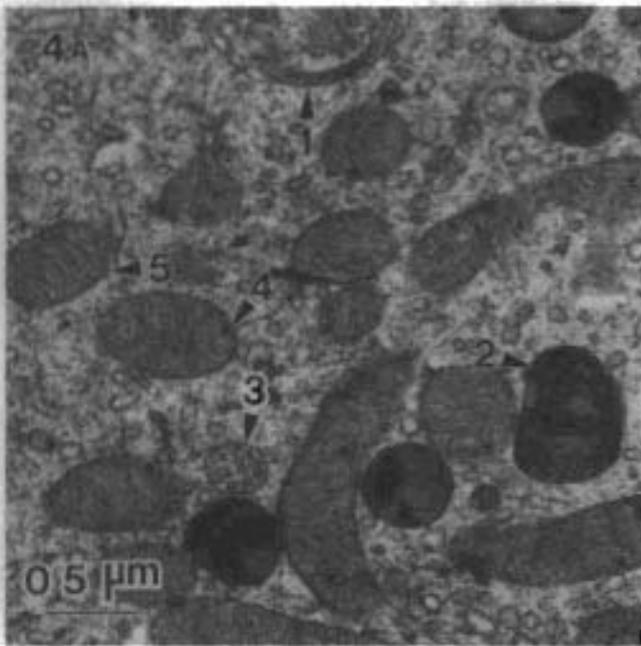


Figure 4 A: Multivesicular body of cell Type I. 1 = Golgi complex; 2 = lysosome; 3 = multivesicular body; 4 = mitochondrial granule; 5 = mitochondrion. $\times 24\ 100$. B: Formation of a large multivesicular body. 1 = membranous vesicle; 2 = multivesicular body $\times 30\ 100$. C: Formation of a large multivesicular body. 1 = multivesicular body; 2 = membranous vesicle; 3 = fusing membranous vesicle $\times 11\ 550$. D: Large multivesicular body. 1 = multivesicular body; 2 = membranous vesicle; 3 = degenerating mitochondrion $\times 24\ 100$.

Gastric gland cells

Cell Type I. These cells line the gastric glands. The nucleus is located basally and characteristically the cytoplasm of all the cells stain eosinophilic (Figure 1B).

Electron microscopically the Type I cells are triangular in shape and situated around a centrally located lumen (Figure 3B). The average length of the cells is 11,45 μm . The microvilli occurring on the luminal surface vary in length from 0,2 μm to 0,9 μm . The

lateral surfaces of adjacent cells are attached to each other by means of different junctional complexes i.e. zonula occludens, desmosomes and nexuses (Figure 3C). The lateral cell membranes of adjacent cells also freely interdigitate with each other (Figure 3C).

The basally situated nucleus is round with a prominent nucleolus and has an average diameter of 5,2 μm . Numerous mitochondria are present supranuclearly in the cytoplasm. These mitochondria vary greatly in shape. Some of the mitochondria are round with an

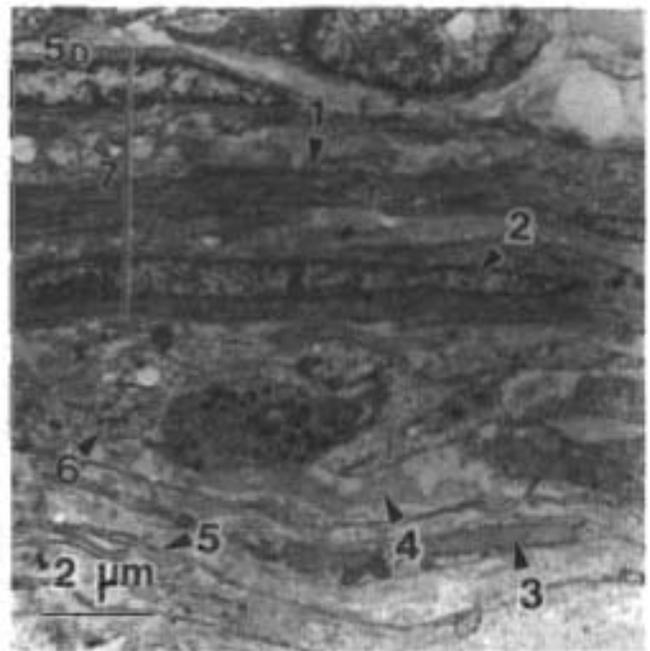
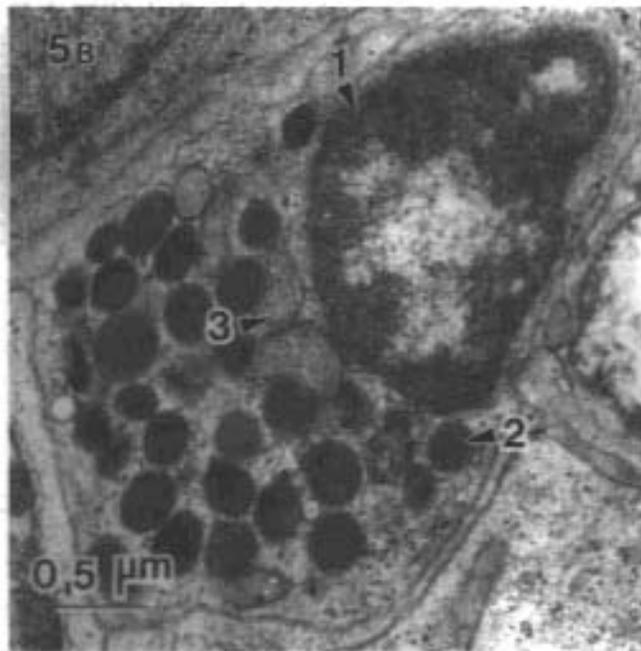
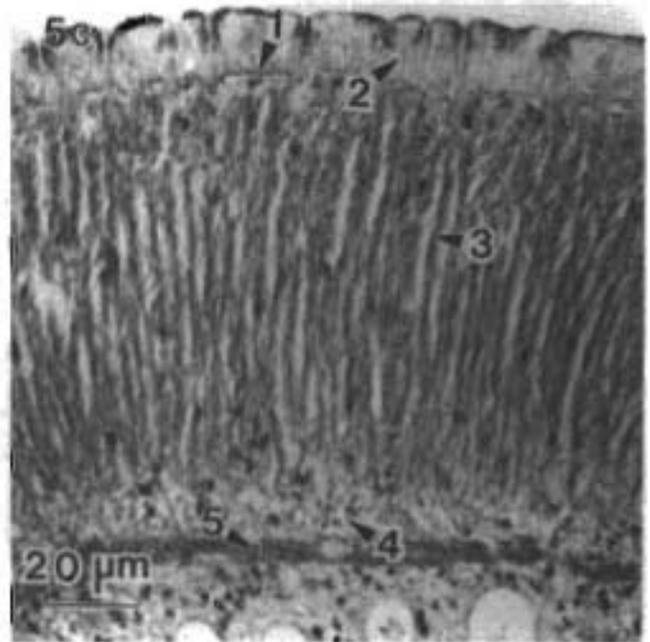
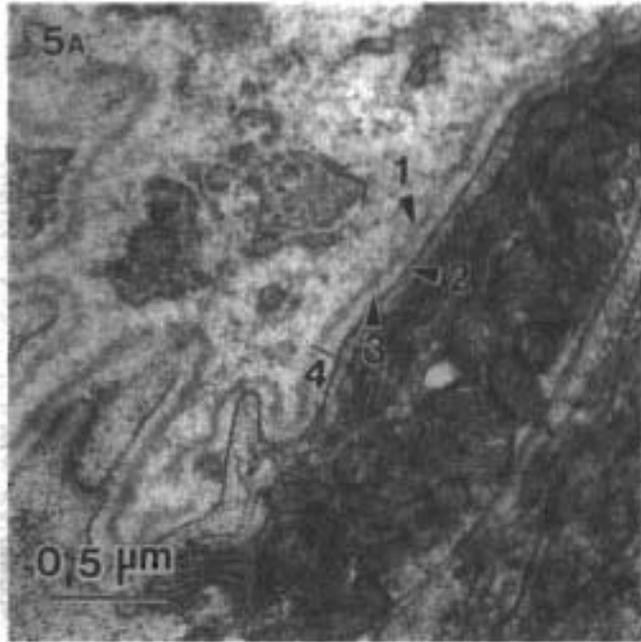


Figure 5 A: Basal lamina of the gastric glands. 1 = lamina densa; 2 = gastric gland basal cell membrane; 3 = lamina rara; 4 = basal lamina $\times 30\ 370$. B: A basally granulated cell. 1 = nucleus; 2 = membrane bound granule; 3 = mitochondrion $\times 23\ 940$. C: Histological transverse section through the stratum compactum. Toluidine blue + PAS, 8 μm . 1 = lamina propria; 2 = surface epithelium; 3 = gastric gland; 4 = lamina propria; 5 = stratum compactum $\times 550$. D: Micrograph of the muscularis mucosae. 1 = smooth muscle fibre; 2 = nucleus; 3 = collagen microfibrils; 4 = collagen microfibrils; 5 = cytoplasmic process; 6 = fibroblast; 7 = muscularis mucosae $\times 7440$.

average diameter of $5,5 \mu\text{m}$ while others are oval with average measurements of $9,5 \mu\text{m}$ by $5,2 \mu\text{m}$, still others are very long and thin measuring $28,7 \mu\text{m}$ by $4,1 \mu\text{m}$ (Figure 3B) on average. Associated with the mitochondria are multivesicular bodies in various stages of formation and varying sizes (Figures 4A, B, C & D). These multivesicular bodies can become very large and prominent in the cells. Lying between these mitochondria are lysosomes, free ribosomes, Golgi complexes and rough endoplasmic reticulae.

The apical cytoplasm contains a large number of

smooth-membraned tubulovesicles (Figure 3D). The basal membrane is fairly straight and rests on a basal lamina of which the lamina rara is 65 nm and the lamina densa 33 nm in diameter (Figure 5A).

Cell Type II. These cells stretch from the basal lamina surrounding the gastric glands to the lumen. They are scattered among cell Type I and are few in number. Except for the centrally located nucleus and a few mitochondria the basal cytoplasm contains prominent small granules. These granules are membrane bound and

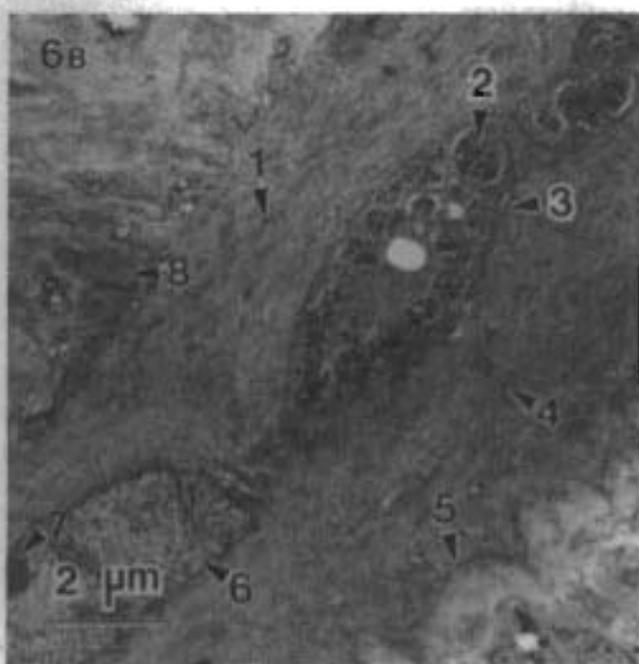
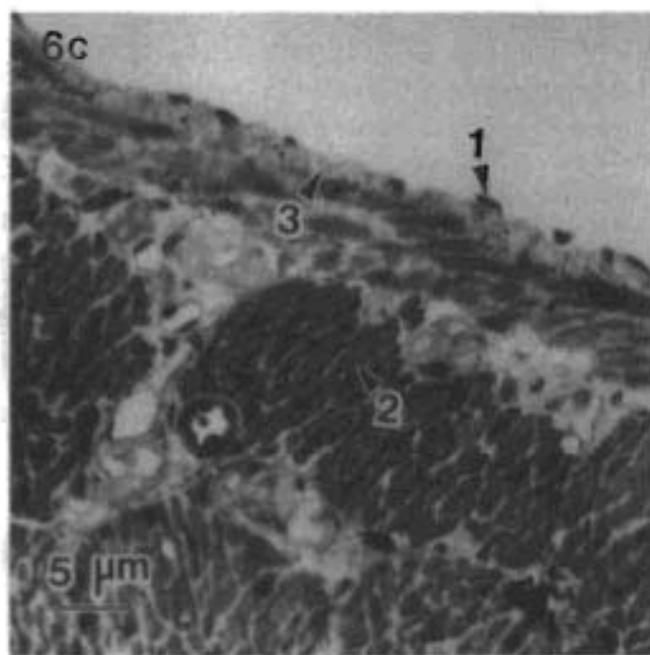
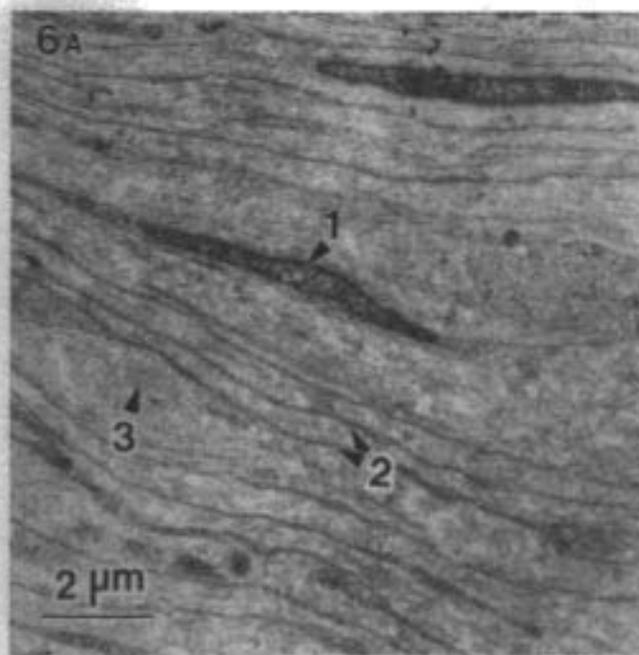


Figure 6 A: Micrograph of the submucosa. 1 = fibroblast nucleus; 2 = fibroblast cytoplasmic processes; 3 = collagen microfibrils $\times 7230$. B: A section through the tunica muscularis smooth muscle fibre. 1 = dense body; 2 = mitochondrial granules; 3 = mitochondrion; 4 = myofilaments; 5 = dense bands; 6 = nucleus; 7 = nucleolus; 8 = mitochondrion $\times 7790$. C: A transverse section through the serosa. Toluidine blue, $0,5 \mu\text{m}$. 1 = mesothelial nucleus; 2 = tunica muscularis; 3 = subserous layer $\times 1820$.

have a homogeneously electron dense core. The diameters of the granules vary from 114 nm to 164 nm (Figure 3C).

Basally granulated cells

These cells are located in the mucosa with a number accumulating beneath the surface epithelium. Numerous granules are situated in the basal portion of the cells. The shape of the cells varies, some being triangular in shape and others flask-shaped making contact with the gland lumen. The granules are membrane bound with an electron dense core. The diameter of the granules of the different cells varies from approximately 160 nm to 700 nm (Figure 5B). All the cells are in contact with the gland lumen.

Lamina propria

Light microscopically the lamina propria forms two fairly distinct layers, one layer adjacent to the surface epithelium (Figures 1B & 5C) and the other between the basal ends of the gastric glands and the muscularis mucosae (Figures 1C & 5C). Between the gastric glands the connective tissue of the lamina propria is sparse. Electron microscopically the fibre components of the lamina propria consist mainly of collagen microfibrils with diameters of 20 nm to 26 nm. The cellular components of the lamina propria contain cells such as fibroblasts, plasma cells and macrophages.

Muscularis mucosae

The muscularis mucosae consists of a few smooth muscle fibres that form a thin circular muscle layer (Figure 1A). Electron microscopically the smooth muscle fibres are arranged in two or three layers (Figure 5D). The smooth muscle fibres are thin and spindle shaped with a centrally located nucleus. The cytoplasm contains myofilaments, dense bands, dense bodies and rough endoplasmic reticulum. The sarcolemma contains numerous caveolae.

The smooth muscle fibres are separated from each other by conspicuous amounts of collagen microfibrils between the individual muscle fibres (Figure 5D). The muscle fibres are surrounded by a basal lamina.

Stratum compactum. A distinct connective tissue layer situated beneath the gastric glands and lamina propria is observed with Alcian blue-PAS staining (Figure 5C).

Electron microscopically the stratum compactum seems to be closely packed collagen microfibrils between the smooth muscle fibres of the muscularis mucosae (Figure 5D).

Stratum granulosum. A conspicuous accumulation of granulated cells adjacent to the stratum compactum in the lamina propria and submucosa is observed in *O. mossambicus* (Figure 1C).

Submucosa

The connective tissue forming the submucosa is of a loose type (Figure 6A) with the collagen showing cross striations. These collagen microfibrils vary in diameter

from 24,8 nm to 31,0 nm and form a loose network of microfibrils throughout the submucosa. The cellular component consists of different cells such as fibroblasts, plasma cells, macrophages and mast cells.

Tunica muscularis

This layer can be subdivided into an inner circular layer and an outer longitudinal layer according to the orientation of the smooth muscle fibres (Figure 1A).

The smooth muscle fibres of the tunica muscularis are more robust compared to the fibres of the muscularis mucosae. The smooth muscle fibres are spindle-shaped with a central oblong nucleus. In the cytoplasm organelles such as myofilaments, dense bodies, mitochondria, Golgi complexes, rough endoplasmic reticulum and glycogen are present (Figure 6B). A large amount of conspicuous dark granules are present between the cristae of the mitochondria (Figure 6B). These granules can become so numerous that they displace the cristae. The caveolae of the sarcolemma are grouped in rows, two caveolae wide and parallel to the long axis of the fibre. Intervening between the groups of caveolae are dense bands (Figure 6B). Adjacent muscle fibres make contact with each other by means of desmosome-like junctional complexes. A basal lamina surrounds the smooth muscle fibres and collagen microfibrils are present between the fibres.

Serosa

A serosa is present with a single layer of squamous cells resting on a prominent serous connective tissue layer (Figure 6C).

Discussion

The fine structure of the surface mucous cells in *Oreochromis mossambicus* differs very little from that described for the perch *Perca fluviatilis* (Noaillac-Depeyre & Gas 1978), coral fish *Chelmon rostratus* (Ling & Tan 1975) and other vertebrates (Ito & Winchester 1963; Ito 1967; Stephens & Pfeiffer 1968; Rubin, Ross, Slesinger & Jeffries 1968; Geuze 1971). The surface mucous cells of *O. mossambicus* do not, however, cover the gastric pits as is generally found in other vertebrates. Bouhours, Bouhours & Bryon (1981) distinguish two types of mucus-secreting cells in the epithelial cells of the guinea pig stomach. The one type of mucus-secreting cell has smaller secretory granules homogeneously electron dense and entirely glycoproteic in nature. The mucous granules present in the apical portion of the surface mucous cells of the bream appear to be similar to the glycoproteic smaller granule as described by Bouhours *et al.* (1981). The other type of mucus-secreting cells defined by Bouhours *et al.* (1981) contains a larger heterogeneous secretory granule. These granules contain a proteinaceous core containing pepsinogen surrounded by carbohydrates. Similar heterogeneous granules have been described by Ito & Winchester (1963) in the bat *Myotis lucifugus lucifugus*, Ito (1967) in man and Noaillac-Depeyre & Gas (1978) in

the perch *P. fluviatilis*. The gastric pit mucous cells of the bream *O. mossambicus* contain similar heterogeneous mucous granules. These granules may be the source of pepsinogen in the stomach of the bream *O. mossambicus* as no pepsinogenic cells appear to be present. The gastric pit mucous cells of *O. mossambicus* are similar to the mucous neck cells of the perch *P. fluviatilis* (Noaillac-Depeyre & Gas 1978), the bat *M. lucifugus lucifugus* (Ito & Winchester 1963), man (Ito 1967; Rubin *et al.* 1968), the rat (Wattel, Geuze & de Rooij 1977) and the guinea pig (Bouhours *et al.* 1981), although these cells are located in the gastric pits in contrast to other vertebrates where they are found in the neck region of the gastric gland.

The gastric glands of *O. mossambicus* differ from the gastric glands that were originally described by Steven & Leblond (1953) for the rat and since then generally used as the model for gastric glands (Ito & Winchester 1963; Ito 1967; Wattel, Geuze & de Rooij, 1977; Fawcett 1986). This model depicts the gland being divided into an isthmus, neck and base opening into the bottom of a gastric pit. The uppermost parietal cell marks the boundary between foveola and isthmus, the uppermost mucous neck cell demarcates the boundary between the isthmus and neck and the lowest mucous neck cell the boundary between the neck and base. In contrast the gastric gland of the bream *O. mossambicus* seems to be far simpler. The gland consists of two cell types, cell Type I being the main component of the gland. The possible equivalent to mucous neck cells in the bream are located in the gastric pits. No cells similar to chief cells have been observed in the gastric glands of *O. mossambicus*.

It is generally accepted that in the gastric glands of bony fish, amphibians, reptiles and birds both hydrochloric acid and pepsinogen are secreted by one cell type namely the oxynticopeptic cell while the gastric glands of mammals have separate cells producing hydrochloric acid and zymogen (Ito 1967). In *O. mossambicus*, however, cell Type I of the gastric glands was found to be similar in ultrastructure to the mammalian parietal cell. No zymogen granules appear to be present in the cytoplasm of these cells. Cell Type I of the gastric gland of the bream, *O. mossambicus* in contrast to that of other bony fish (Noaillac-Depeyre & Gas 1978; Ling & Tan 1975), seems to have only a single function i.e. that of possible hydrochloric acid production. Although cell Type I of *O. mossambicus* appear to be similar to the parietal cell of mammals there are a few differences. Neither secretory canaliculi or intracellular canaliculi nor intercellular canaliculi between the lateral plasmamembranes are present in cell Type I of *O. mossambicus*.

A wide variety of studies have been done on the formation, increase and decrease of tubulovesicles and microvilli of parietal cells in a number of different animals (Lillibridge 1964; Sedar 1969; Helander & Hirschowitz 1972; Leeson 1973; Ito & Scofield 1974). In studies done on the changes that take place in the tubulovesicular compartment of mouse parietal cells during gastric acid secretion, Ito & Schofield (1974)

noted that multivesicular bodies were particularly abundant. Although the significance of this is still obscure the multivesicular bodies may be involved in the activation and deactivation of parietal cell secretions. Winborn & Seelig (1974), however, have attributed the role of degradation of mitochondria to the multivesicular bodies. The remarkably high number and variety of forms of mitochondria in parietal cells are suggestive of a high oxidative metabolism (Helander 1981), and the changes in the tubulovesicular compartment could suggest a role for the multivesicular bodies of membrane redistribution or reconstitution. Both these theories seem to be borne out in cell Type I of the gastric gland of *O. mossambicus* where multivesicular bodies are found in different stages of formation as noted ultrastructurally.

Cells with basally situated granules in the cytoplasm were noted in the mucosa of *O. mossambicus*. These cells are possibly endocrine cells and morphologically comparable to the argentaffin cells as described by Ito & Winchester (1963) in the bat *M. lucifugus lucifugus*, Ito (1967) in man, Stephens & Pfeiffer (1968) in the ferret, Ling & Tan (1975) in the coral fish *Chelmon rostratus* and Noaillac-Depeyre & Gas (1978) in the perch *Perca fluviatilis*. Further study is currently underway to histochemically determine the nature of these cells.

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