Alexandria University Faculty of Medicine

## ORIGINAL ARTICLE

# Evaluation of the normal calcaneal angles in Egyptian population 

Fahmy Anwar Shoukry, Yasser Khairi Aref, Asem Abd Elkawy Sabry *<br>Department of Orthopedic Surgery and Traumatology, Faculty of Medicine, Alexandria University, Egypt

Received 13 June 2011; accepted 1 July 2011
Available online 1 February 2012

## KEYWORDS

Böhler angle (BA);
Gissane's angle (GA);
Calcaneal compression angle (CCA)


#### Abstract

Introduction: The calcaneus is the largest and strongest tarsal bone. It is the most commonly fractured tarsal bone and accounts for about $2 \%$ of all fractures. The importance of the calcaneal angles in assessing the fractures of calcaneus and planning treatment has been highlighted. Aim: The purpose of this study was to evaluate the normal calcaneal angles in the Egyptian populations who live in Alexandria and nearby governorates and compare their values to the published data. Methods: Lateral plain radiographs of 220 normal feet and ankles of 103 males and 97 females with age ranged from 20 to 40 years, were studied retrospectively at El Hadra University Hospital, Alexandria, Arabrepublic of Egypt between June and December 2010. Three of the normal calcaneal angles (Böhler angle-Gissane's angle-calcaneal compression angle) were measured and the mean and standard deviation of each angle were calculated. The relationships between each angle and age, sex, side of the body, occupation, weight, height, and residence of examined persons was tested and compared to previous researches and international figures. Results: The mean of Böhler angle in the Egyptian population was $30.14 \pm 4.182$ ranged from $22^{\circ}$ to $40^{\circ}$. The mean of Gissane's angle was $122.92 \pm 6.952$ ranged from $108^{\circ}$ to $138^{\circ}$, while the mean of calcaneal compression angle was $31.03 \pm 3.82$ ranged from $24^{\circ}$ to $44^{\circ}$. The measured calcaneal angles are not significantly related to age, sex, and side of the body, residence and occupation of the


[^0]2090-5068 © 2012 Alexandria University Faculty of Medicine. Production and hosting by Elsevier B.V. All rights reserved.

Peer review under responsibility of Alexandria University Faculty of Medicine.
doi:10.1016/j.ajme.2011.07.001

|  | Production and hosting by Elsevier |
| :---: | :---: |

examined persons except there is significant negative correlation between the Böhler angle and the age which not reported in the previous researches and studies.
Conclusion: The study showed that difference in the mean of the calcaneal angles from other previous studies that reinforce the importance of establishing the normal range of the calcaneal angles in a given population.
© 2012 Alexandria University Faculty of Medicine. Production and hosting by Elsevier B.V. All rights reserved.

## 1. Introduction

The skeleton of the foot has three segments (the tarsal bones, the metatarsal bones, and the phalanges). There are seven tarsal, five metatarsals, and 14 phalanges. ${ }^{1}$ The tarsal bones: the talus, calcaneus, navicular, three cuneiforms (medial, intermediate, and lateral), and cuboid. ${ }^{1}$

The calcaneus is irregularly cuboid in shape and its long axis is directed forwards, upwards, and somewhat laterally. ${ }^{1}$ It has six articular surfaces: Superior calcaneanl surface: This is formed of three parts; posterior, middle, and anterior. The posterior third is non-articular, rough, and perforated by vascular foramina. The middle third is oval, convex anteroposteriorly and carries the posterior talar facet. ${ }^{1}$ The anterior third consists of the sulcus-calcanei which completes the sinus tarsi with the talus, in addition to the anterior and middle articular facets.

Anterior surface: The smallest, it is an obliquely set conc-avo-convex articular facet for the cuboid bone. ${ }^{1}$

Posterior surface: It is divided into three: a smooth proximal area separated from the tendo-Achilles by a bursa and adipose tissue; a middle area, the largest, limited above by a groove, below by a rough ridge, for the calcaneal tendon; and a distal area inclined downwards and forwards, vertically striated, which is the subcutaneous weight-bearing surface. ${ }^{3}$

Plantar surface: This is rough, especially proximally as the calcaneanl tuberosity, the lateral and medial processes of which extend distally, separated by a notch. The medial is longer and broader. ${ }^{3}$ Further distally, an anterior tubercle marks the distal limit of the attachment of the long plantar ligament. ${ }^{3}$

Lateral surface: Almost flat, it is proximally deeper and palpable on the lateral aspect of the heel distal to the lateral malleolus. ${ }^{3}$

Medial surface: Vertically concave, its concavity is accentuated by the sustentaculum tali projecting medially from the distal part of its upper border. Superiorly the process bears the middle talar facets and inferiorly a groove continuous with that on the talar posterior surface for the tendon of flexor hallucis longus. ${ }^{3}$

### 1.1. Radiographic anatomy

The trabecular pattern within the calcaneus reflects the static and dynamic stresses to which it is repeatedly subjected. ${ }^{2}$ Traction trabeculae radiate from the inferior cortex of the calcaneus while compression trabeculae converge to support the posterior and the anterior facets. ${ }^{2}$

The thalamic portion of the calcaneus is the condensation of bone trabeculae beneath the anterior and posterior facets. ${ }^{2}$ Within the calcaneal trabeculations, a "neutral triangle" has been defined. It is an area with sparsetrabeculation thought to be used by blood vessels to reach the medullary cavity. This neu-
tral triangle is prone to impaction in the typical compression fracture. ${ }^{2}$ The cortical bone is especially thin at the lateral wall of the calcaneus, which leads to its bulging in calcaneal fracture (Fig. 1). ${ }^{2}$

### 1.2. Histological composition

The calcaneus is composed mostly of cancellous bone and has a very thin cortical shell. ${ }^{4}$ The exceptions are the cortical thickening that supports the posterior facet, the dense cortical bone in the sustentaculum tali, and the relatively thick cortex in the angle of Gissane's. ${ }^{4}$ These areas of thickened bone are used as guide to reduction. ${ }^{4}$

### 1.3. Joints

### 1.3.1. The subtalar joint

It is formed between the large concave facet of the body of the talus and the convex posterior articular surface of the superior aspect of the calcaneus. ${ }^{6}$ A loose, thin-walled capsule unites the bones attached to the margins of the articular surfaces. ${ }^{6}$

Stronger ligaments connect the two bones as the medial, lateral, posterior and the interosseus talo-calcaneal ligaments. ${ }^{6}$ The subtalar joint (STJ) is defined functionally as a joint formed by all three articulating facets (of the calcaneus and the matching facets of the talus. ${ }^{6}$

### 1.3.2. The mid (transverse) tarsal joint

It is also called the Chopart's joint. It is composed of the talonavicular articulation medially and the calcaneocuboid laterally. These separate joints combine functionally to contribute primarily to the inversion-eversion action of the foot. ${ }^{6}$

There are important angles which are seen on the radiograph (AP and lateral) of the calcaneus and the measurements of these angles are good geometrical indices for assessment of


Figure 1 Internal structure of the lateral normal calcaneus. ${ }^{2}$
the subtalar joint and calcaneal fragments alignment following calcaneal fractures and their treatment. ${ }^{7}$

### 1.4. Lateral view

### 1.4.1. Tuber joint angle (TJA)-Böhler's angle (Fig. 1)

BA was introduced by Dr. Lorenz Böhler in 1931 as the tuber angle and the range was in his article $30-35$. It is a complementary angle subtended on the lateral X-ray by the intersection of two lines. ${ }^{7}$ The first line is drawn from the highest point of the anterior process to the highest point of the posterior facet. The second line runs tangential to the superior edge of the tuberosity. ${ }^{7}$ It is known also salient angle, critical angle. It ranges from $25^{\circ}$ to $40^{\circ}$, with an average of $30^{\circ} .^{7}$ Anatomic variations of the three references on dry bone which define this angle were very small. Böhler's angle is therefore a good morphologic reference for evolutive study of each patient. ${ }^{7}$ If the tuberosity is displaced upwards or the articular surface is displaced downwards, the angle may be reduced to $20^{\circ}$ or $10^{\circ}$ or it may be obliterated altogether, or it may even be represented by a negative angle. ${ }^{7}$ Therefore, a decrease in this angle may indicate that the weight bearing surface of the oscalcis (the posterior facet) has collapsed, shifting the weight of the body anteriorly. ${ }^{7}$ In 1931, Böhler proposed that measuring the radiological angle of the tuberosity could be useful in posterior facet fractures of the calcaneus to evaluate initial damage as well as reduction quality. In opposition to the 1998, certain authors considered that the Böhler angle has no prognostic value. Progress in pathological anatomy has helped to better understand posterior facet fractures, justifying the use of a "double measurement". ${ }^{7}$ The fundamental fracture line separates the posterior facet into a lowered medial fragment and a pivoted lateral fragment. The double contour of the posterior facet visualized radio graphically allows measurement of a medial Böhler angle and a lateral Böhler angle. It is demonstrated that is the smaller the medial Böhler angle, the greater the subtalar degeneration. Surgical restoration of a satisfactory Böhler angle is a necessary prerequisite for a good outcome. "Double measurement" of the Böhler angle on the lateral view contributes to the prognostic value of this historical angle. McLaughlin pointed out that reduction or reversal of this angle indicates only the degree of proximal displacement of the tuberosity and thus limiting its usefulness. ${ }^{7}$

### 1.4.2. Crucial angle of Gissane's (GA)

On lateral radiograph, there are two thick and strong cortical struts that exist within the calcaneus and extend from the front of the bone to the posterior facet (the densities of the subchondral bone of the posterior facet and that of the anterior and middle facets). ${ }^{10}$ These struts are angled, and the angle supports the lateral process of the talus. This angle was termed "the crucial angle" by Gissane's. It ranges from $120^{\circ}$ to $140^{\circ}$ with an average of $130^{\circ}$ (Fig. 1). ${ }^{10}$ The angle gives some information about the relationship of the posterior, anterior, and middle facets. Axial compression forces, with the talus acting as a bursting wedge, will disrupt the subtalar joint and distort the crucial angle. ${ }^{10}$

### 1.4.3. Calcaneal pitch angle ( $C P A$ )

It is subtended by two lines originating at the lowest point on the calcaneus, one joining it to the head of fifth metatarsal bone and the other to the lowest point of the calcaneocuboid joint. It
ranges from $15^{\circ}$ to $44^{\circ}$, with an average of $28^{\circ}$ (Fig. 2). It is the actual measurement of the longitudinal arch of the foot. It is reduced with displaced intra-articular fractures. ${ }^{10}$

### 1.4.4. Calcaneal compression angle (CCA)

It is derived from a line in the plane of the inferior surface of the calcaneus, while the other line is identical to the first line of the Böhler's angle. ${ }^{7}$ It ranges from $18^{\circ}$ to $42^{\circ}$, with an average of $36^{\circ}$. It can be used as an alternative method for assessing intra-articular calcanean fractures, in particular, when there is extensive depression and rotation of the superior aspect of the oscalcis (Fig. 2). It represents the height of the calcaneus and its reduction occurs in collapse and comminution of the bone. ${ }^{10}$

### 1.4.5. Lateral talo-calcaneal angle (TCA)

It is the angle between the long axis of the talus and that of the oscalcis. It measures the inclination of the talus over the oscalcis, so it can be used as a measurement of the hindfoot alignment. It increases with valgus angulation of the hindfoot and diminishes with talipes equino varus approaching parallelism (Fig. 2). An increase of TCA frequently raises the possibility of flat foot, metatarsus varus and it is reversed in congenital vertical talus. ${ }^{10}$

### 1.4.6. Apical angle of pseudo cystic triangle (AA)

The angle between anterior and posterior compression trabeculae groups which increases with osteoporosis and disrupted in comminuted fractures (Fig. 2). ${ }^{7}$

### 1.4.7. Variation of the calcaneal angles measurement in adults

(1) Traumatic variation of the normal calcaneal angles (calcaneal fracture). According to the distortion of the normal calcaneal angles, two types of calcaneal fracture: the first one (intra-articular) distorts the calcaneal angles while the second one (extra-articular) doesn't distort the calcaneal angles. ${ }^{3}$


Figure 2 Different calcaneal angles, e.g. tuber joint angle (TJA), Gissane's angle (GA), calcaneal compression angle (CCA), talocalcaneal angle (TCA), calcaneal pitch angle (CP), and apical angle of pseudo cystic triangle (AA). ${ }^{2}$
(2) Non-traumatic variation (pes-cavus, flat foot and hind foot deformities). ${ }^{10}$

## 2. Methods

The work included 200 adult cases ( 180 cases unilaterally examined clinically and radiologically and 20 cases bilaterally examined clinically and radiologically) taken randomly from persons presented to El Hadara University Hospital with problems affecting sites rather than the lower limbs. The youngest person in the study was 20 years old and the oldest one was 60 years old with a mean age $40 \pm 20$. There were 103 males and 97 females with the ratio about 51.5:48.5. There was 10 males bilaterally examined radiologically and clinically and another 10 females were bilaterally examined. So there were about 113 male's feet and 107 female's feet. The right foot was examined in about 112 normal person's feet and the left side was examined in about 108 normal case's feet. There were 70 manual workers, 25 farmers, 65 office workers, 24 unemployed, and 36 house wives. There were about 80 persons who live in urban areas and about 120 persons who live in the ruler areas with the ratio 2:3. There were about five persons classified as underweight, about 59 persons as normal weight class, 89 persons as Overweight, and 67 person's feet in obese in different classes.

A full workup including history taking, clinical examination and radiological evaluation were performed for every person examined. All cases were assessed clinically and functionally and the cases with abnormal finding (gait abnormality, congenital, or acquired deformity, weakness of the muscle power) were excluded from this study. Angles of oscalcis (Böhler angle, Gissane's angle, and calcaneal compression angle) will be studied and analyzed. On these radiographs the reference lines were drawn for angle measurement with a chin graph pencil on translucent sheet placed over the radiographs. The angles were measured by two investigators separately also each one of the investigators measured the angles two times with different intervals by using hand-held geniometer. Angles of oscalcis were measured and the mean and the standard deviation of each angle were calculated. The relationship between each angle and age, gender, weight, occupation, residence, and side of body was tested and compared to international figures. The relationships between each measured angles were assessed.

### 2.1. Statistical analysis

After data collection, the results will be tabulated as frequency distribution for different qualitative values. The arithmetic mean and standard deviation and median were calculated for quantitative variables. All that results were compared with results of previous studies. SPSS (statistical package of social sciences) 13.0 software was used in statistical analysis also dependent $t$-test was used to compare paired samples (comparison of the angles according to the side), independent $t$-test was used to compare the angles according to the sex), distribution of the angles within different age groups was compared with one way analysis of variance (ANOVA) test. The level of significance was set at $p<0.05$, and compared the results of the present study with those of Didia and Dimkpa's study on the Nigerian population, those of Askel Seyahi's study on the Turkish population and those of Khoshhal 's study on Saudi population.

## 3. Results

The mean of the Böhler angle in the study was $30.141 \pm 4.182$ and ranged from $22^{\circ}$ to $40^{\circ}$. The mean of the Gissane's angle was $122.9 \pm 6.952$ and ranged from $108^{\circ}$ to $138^{\circ}$. The mean of the calcaneal compression angle was $31.03 \pm 3.862$ and ranged from $24^{\circ}$ to $44^{\circ}$ (Table 1). In that study the Böhler angle has the highest mean 31.27 in the age group between 20 and 30 years old, however, the lowest mean 29.30 was found in the age group between 30 and 40 years old. The Gissane's angle has the highest mean 125.08 in the age group between 41 and 50 years old, however, the lowest mean 120.63 was found in the age group between 51 and 60 years old. The calcaneal compression angle has the highest mean 31.75 in the age group between 41 and 50 years old, however, the lowest mean 30.61was found in the age group between 31 and 40 years old (Table 3). There was a significant negative correlation between the age and the measurement of Böhler angle which means that with aging the measurement of Böhler angle is reduced. However, insignificant correlation was found with the calcaneal compression angle and the Gissane's angle between different age groups (Table 2). In that study, the mean of the Böhler angles in males was $29.84 \pm 4.08$ ranged from $22^{\circ}$ to $38^{\circ}$ and the mean in females $30.44 \pm 4.30$ ranged from $24^{\circ}$ to $40^{\circ}$. The mean of the Gissane's angle in the males was $122.2 \pm 7.00$ ranged from

Table 1 Normal ranges and means of the calcaneal angles reported in previous studies compared to the present study.

|  |  | Reported min. and max. | Mean | No. of cases |
| :--- | :--- | :--- | :--- | :--- |
| Hauser and Kroeker (American) | 1975 | BA: $20-40$ |  |  |
| Chenetal (American) | 1991 | BA: 14-50 | $30 \pm 6$ | 120 |
| Loucks and Buckley (Canadian) | 1999 | BA: 25-40 |  |  |
| Didiaand Dimkpa (Nigerian) | 1999 | BA: 28-38 | $32.8 \pm 2.8$ | 302 |
| Igbigbi and Mutesasira (Uganda) | 2003 | BA: 20-50 | $35.1 \pm 7.5$ | 114 |
|  |  | BA: | $37.6 \pm 5.6$ | 92 |
| Khoshhal et al (Saudi Arabian) | 2004 | BA: 16-47 | $31.2 \pm 5.6$ | 229 |
|  |  | GA: 96-152 | $116.2 \pm 8.5$ |  |
| Aksel Seyahi (Turkish) | BA: 20-46 | $33.8 \pm 4.8$ | 308 |  |
|  | GA: 100-133 | $115.0 \pm 6.5$ |  |  |
| Present study (Egypt) |  | BA: 22-40 | $30.14 \pm 4.18$ | 220 |
|  |  | GA: 108-138 | $122.92 \pm 6.9$ |  |

Table 2 Pearson correlation between age and different measured angle.

|  |  | Age |
| :--- | :--- | ---: |
| Böhler angle | Pearson correlation $r$ | -0.234 |
|  | Sig. (2-tailed) $p$ | 0.021 |
| Gissane's angle | Pearson correlation $r$ | 0.016 |
|  | Sig. (2-tailed) $p$ | 0.928 |
| Calcaneal compression angle | Pearson correlation $r$ | 0.061 |
|  | Sig. (2-tailed) $p$ | 0.452 |

$r$, correlation coefficient.
$p$, significance.
$108^{\circ}$ to $136^{\circ}$ and in the females $123.64 \pm 6.90$ ranged from $108^{\circ}$ to $138^{\circ}$. The mean of the calcaneal compression angle in the males was $30.82 \pm 4.28$ with range from $24^{\circ}$ to $44^{\circ}$ and the mean was in females $31.24 \pm 3.35$ with range from $24^{\circ}$ to $36^{\circ}$. There were no statistically significant differences between the measured angles and the sex. In that study, the mean of the Böhler angle of the right side of the examined feet was $30.20 \pm 4.20$ ranged from $22^{\circ}$ to $40^{\circ}$. However, the mean of the angle in the left side of the examined feet was $30.08 \pm 4.21$ ranged from $24^{\circ}$ to $38^{\circ}$. The mean of the Gissane's angle of the right side of the examined persons was $124.06 \pm 7.13$ ranged from $108^{\circ}$ to $138^{\circ}$, however, the mean of the angle in the left side of the examined persons was $121.73 \pm 6.62$ ranged from $108^{\circ}$ to $136^{\circ}$. The mean of the calcaneal compression angle of the right side of the examined persons was $30.51 \pm 3.73$ ranged from $24^{\circ}$ to $40^{\circ}$, however, the mean of the calcaneal compression angle of the left side of
the examined persons was $31.58 \pm 3.89$ ranged from $24^{\circ}$ to $44^{\circ}$ (Table 6). There was no statistically significant difference between the measured angles (BA-GA-CCA) and the side. In that study, the highest mean of Böhler angle was $31.67 \pm$ 4.55 in the office worker however, the lowest mean $28.40 \pm 3.75$ was found in the farmer. The highest mean of Gissane's angle was $123.80 \pm 9.67$ in the un-employed and the lowest mean of Gissane's angle $121.80 \pm 6.36$ was found in the farmer. The highest mean of calcaneal compression angle was $32 \pm 6.11$ in the unemployed and the lowest mean was $30 \pm 4.71$ in the farmer (Table 7). There was no statistically significant difference between the measured angles and the occupation. In that study, the mean of the Böhler angle of the urban residents was $29.50 \pm 4.31$ with the range from $24^{\circ}$ to $40^{\circ}$ while the mean of the angle in the rural residents was $30.59 \pm 4.07$ with the range from $22^{\circ}$ to $38^{\circ}$. The mean Gissane's angle of the urban residents was of a mean $124.63 \pm 6.79$ with the range from $108^{\circ}$ to $138^{\circ}$ while the mean of the angle in the rural residents was of a mean $121.78 \pm 6.88$ with the range from $108^{\circ}$ to $136^{\circ}$. The mean calcaneal compression angle of the urban residents was of a mean $30.50 \pm 4.10$ with the range from $24^{\circ}$ to $40^{\circ}$ while the mean of the angle in the rural residents was $31.39 \pm 3.62$ with the range from $24^{\circ}$ to $44^{\circ}$ (Table 4). There was no statistically significant difference between the measured angles and the residence. In that study, the highest mean of Böhler angle was $31.02 \pm 3.80$ in normal persons regarding the body mass index (18.5-24) with the range of measurement from $22^{\circ}$ to $40^{\circ}$ while the lowest mean of was $27.60 \pm 3.29$ in underweight persons regarding the body mass index (less than 18.5). The highest mean of Gissane's angle was $123.68 \pm 6.44$ in obese class I regarding the body mass index (30-34.9) with the range of measurement from $108^{\circ}$ to $138^{\circ}$

Table 3 Relation between different measured angle and the age.

|  | Max. | Min. | S.D. | Mean |  | $p$ | $F$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Böhler angle | 40 | 24 | 3.98 | 31.27 | $20-30$ | 0.143 | 1.764 |
|  | 34 | 24 | 3.84 | 29.30 | $31-40$ |  |  |
|  | 36 | 24 | 3.58 | 30.75 | $41-50$ |  |  |
| Gissane's angle | 40 | 24 | 4.83 | 29.38 | $51-60$ |  | 1.456 |
|  | 138 | 112 | 6.52 | 121.87 | $20-30$ | 0.222 |  |
|  | 136 | 108 | 7.19 | 124.09 | $31-40$ |  |  |
| Calcaneal compression angle | 136 | 108 | 7.08 | 125.08 | $41-50$ |  |  |
|  | 132 | 108 | 6.88 | 120.63 | $51-60$ |  |  |
|  | 36 | 24 | 2.94 | 30.67 | $20-30$ | 0.841 |  |
|  | 36 | 24 | 3.69 | 30.61 | $31-40$ |  |  |
|  | 40 | 26 | 3.74 | 31.75 | $41-50$ |  |  |
|  | 40 | 24 | 4.67 | 31.25 | $51-60$ |  |  |

Table 4 Relation between different measured angle and residence.

|  |  | Mean | S.D. | Min. | Max. | $t$ | $p$ |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Böhler angle | Urban | 29.50 | 4.31 | 24 | 40 | 1.588 | 0.211 |
|  | Rural | 30.58 | 4.07 | 22 | 38 |  |  |
| Gissane's angle | Urban | 124.63 | 6.79 | 108 | 138 | 1.620 | 0.075 |
|  | Rural | 121.78 | 6.88 | 108 | 136 |  |  |
| Calcaneal compression angle | Urban | 30.50 | 4.10 | 24 | 40 | 1.293 | 0.258 |
|  | Rural | 31.39 | 3.62 | 24 | 44 |  |  |

Table 5 Relation between different measured angle and body mass index.

|  |  | Mean | S.D. | Min. | Max. | $F$ | Sig. |
| :--- | :--- | ---: | :---: | :---: | :---: | :---: | :---: |
| Böhler angle | Underweight | 27.60 | 3.29 | 22 | 30 | 1.417 | 0.230 |
|  | Normal | 31.02 | 3.80 | 22 | 40 |  |  |
|  | Overweight | 30.22 | 4.46 | 24 | 40 |  |  |
|  | Obesity Class I | 29.60 | 4.10 | 24 | 40 |  |  |
| Gissane's angle | Obesity class II | 29.20 | 3.55 | 24 | 36 |  |  |
|  | Underweight | 118.40 | 7.13 | 108 | 126 | .841 | 0.501 |
|  | Normal | 123.00 | 6.80 | 108 | 136 |  |  |
|  | Overweight | 122.99 | 7.30 | 108 | 138 |  |  |
|  | Obesity Class I | 123.68 | 6.44 | 108 | 138 |  |  |
| Calcaneal compression angle | Obesity class II | 121.20 | 6.48 | 108 | 132 |  |  |
|  | Underweight | 28.40 | 3.58 | 24 | 32 | 1.371 |  |
|  | Normal | 31.74 | 3.70 | 26 | 44 |  |  |
|  | Overweight | 31.07 | 3.52 | 24 | 40 |  |  |
|  | Obesity Class I | 30.44 | 4.32 | 24 | 44 |  |  |
|  | Obesity class II | 31.00 | 3.56 | 24 | 36 |  |  |

Table 6 Relation between different measured angle and side.

|  |  | Mean | S.D. | Min. | Max. | $t$ | $p$ |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Böhler angle | Right | 30.20 | 4.20 | 22 | 40 | 0.018 |  |
|  | Left | 30.08 | 4.21 | 24 | 38 |  |  |
| Gissane's angle | Right | 124.06 | 7.13 | 108 | 138 | 2.829 |  |
|  | Left | 121.73 | 6.62 | 108 | 136 |  |  |
| Calcaneal compression angle | Right | 30.51 | 3.73 | 24 | 40 | 1.965 |  |
|  | Left | 31.58 | 3.89 | 24 | 44 | 0.164 |  |
|  |  |  |  |  |  |  |  |

Table 7 Relation between different measured angle and occupation.

|  |  | Mean | S.D. | Min. | Max. | F | Sig. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Böhler angle | Manual worker | 30.18 | 3.79 | 24 | 40 | 2.036 | 0.096 |
|  | Farmer | 28.40 | 3.75 | 24 | 34 |  |  |
|  | House wife | 28.75 | 3.34 | 24 | 36 |  |  |
|  | Office work | 31.67 | 4.55 | 22 | 40 |  |  |
|  | Unemployed | 29.40 | 4.99 | 24 | 38 |  |  |
| Gissane's angle | Manual worker | 122.79 | 6.16 | 110 | 136 | 0.111 | 0.978 |
|  | Farmer | 121.80 | 6.36 | 108 | 130 |  |  |
|  | House wife | 123.00 | 6.65 | 108 | 138 |  |  |
|  | Office work | 123.13 | 7.50 | 112 | 136 |  |  |
|  | Unemployed | 123.80 | 9.67 | 108 | 136 |  |  |
| Calcaneal compression angle | Manual worker | 31.39 | 3.52 | 24 | 40 | 0.503 | 0.733 |
|  | Farmer | 30.00 | 4.71 | 26 | 40 |  |  |
|  | House wife | 31.13 | 3.86 | 24 | 36 |  |  |
|  | Office work | 30.60 | 2.93 | 24 | 36 |  |  |
|  | Unemployed | 32.00 | 6.11 | 24 | 44 |  |  |

while the lowest mean of Gissane's angle was $118.40 \pm 7.13$ in underweight persons regarding the body mass index with the range of measurement from $108^{\circ}$ to $126^{\circ}$. The highest mean of calcaneal compression angle was $31.74 \pm 3.70$ in normal persons regarding the body mass index with the range of measurements from $26^{\circ}$ to $44^{\circ}$ while the lowest mean of calcaneal compression angle was $28.40 \pm 3.58$ in underweight persons regarding the body mass index less than with the range of measurement from $24^{\circ}$ to $32^{\circ}$ (Table 5). There was negative corre-
lation between the body mass index and both (Böhler angle and the calcaneal compression angle) which mean that with increase the body mass index will decrease both (Böhler angle and calcaneal compression angle) measurement. However, this correlation was not statistically significant. Also there was no significant correlation between the Gissane's angle and the body mass index. In that study, there was significant positive correlation between the Böhler angle and the calcaneal compression angle; but there was no significant correlation between

Table 8 Correlation between BMI and different measured angles.

|  |  | Body mass index |
| :--- | :--- | :---: |
| Böhler angle | Pearson correlation $r$ | -0.144 |
|  | Sig. (2-tailed) $p$ | 0.161 |
| Gissane's angle | Pearson correlation $r$ | 0.028 |
|  | Sig. (2-tailed) $p$ | 0.727 |
| Calcaneal compression | Pearson correlation $r$ | -0.134 |
| angle | Sig. (2-tailed) $p$ | 0.145 |

the Gissane's angle and the both Böhler angle and the calcaneal compression angle (Table 8).

## 4. Discussion

Our study revealed a wide range for calcaneal angles in the Egyptian population, as previously reported for other populations in previous studies (Table 1). ${ }^{4,5,8,9}$ BA was between $22^{\circ}$ and $40^{\circ}$ and GA was between $108^{\circ}$ and $138^{\circ}$ and CCA $24^{\circ}$ and $44^{\circ}$. As both calcaneal angles generally decrease during calcaneal fractures, the lower limit of the angles should be of greater interest. However, after some fractures the angles may remain in normal limits especially in the individuals with a wide Böhler or Gissane and calcaneal compression angle. In such cases, the degree of displacement may be misjudged and an inappropriate correction may be planned. Thereby their wide ranges probably reduce the utility of calcaneal angles in clinical practice. Didia and Igbigbi, who assessed the calcaneal angles in black Africans showed an ethnic and geographic variability for these angles. ${ }^{5}$ Igbigbi found that the mean BA in women was greater than those of men and he noted that the previous studies failed to show this relation because of their limited sample sizes. ${ }^{4}$ Our series involved a larger group of subjects and did not reveal a statistically significant BA difference between the sexes. This result was in agreement With all the previous studies except Igbigbi's study. ${ }^{4}$ Comparison according to the side should be done on the same subject. That is one must compare the right and left side angles of the subjects whose both feet X-rays are available, rather than comparing the mean of all of the right sided and left sided X-rays in the study group. Only the study of Khoshhal evaluated the relation of the calcaneal angles and the side in this manner, and did not reveal any relation according to the side. ${ }^{8}$ We also compared the sides on the same subjects and did not find any relation. This result suggests that in unilateral calcaneal fractures the calcaneal angles of the intact side may be taken as an individual reference value. The relation of the calcaneal angles with age should ideally be assessed on the X-rays of the same individual, taken at different ages. Our cross sectional study enabled only to make an analyze between the different age groups and no significant correlation was found between age and calcaneal angles except with BA which show negative correlation between age and BA which is not mentioned in the previous studies and researches. ${ }^{9}$ There was also no significant difference between the mean calcaneal angles of the different
age groups. These results suggest that an old X-ray of a patient with calcaneus fracture cannot be considered to assess the normal calcaneal angles for this individual which not in agreement with other previous studies. The mean BA of our series was significantly different than those of the previous series, confirming the previously reported ethnic and geographic variability for this angle. The distribution of the BA was significantly different from Nigerian and Saudi Arabian population. ${ }^{5,8}$ The mean GA was significantly different from the previous reports. ${ }^{9}$

## 5. Conclusion

Calcaneal angles have a wide range of normal limits and distribution in different populations. Therefore, their normal limits and distribution of should be defending for a given population. The range of $22^{\circ}-40^{\circ}$ for the BA and $108^{\circ}-138^{\circ}$ for the GA can be taken as the normal ranges for the Egyptian population. The calcaneal compression angle was not studied before. The range of the calcaneal compression angle was wide range from $24^{\circ}$ to $44^{\circ}$ also there was significant correlation between the Böhler angle and the calcaneal compression angle so can be used as reserve for BA in extensive communication of posterior facet of the oscalcis. There is no significantly correlation between the calcaneal angles and the sex, side of the body, occupation, residence, and body mass index; however, Böhler angle is significant correlated with the age which means that it decreases with aging. However, there is no correlation between both calcaneal compression angle and Gissane's angle with the age.

## References

1. Miric A, Patterson BM. Pathoanatomy of intra-articular fractures of the calcaneus. J Bone Joint Surg (Am) 1998;80(2-A):207-12.
2. Daftary A, Haims AH, Baumgaertner MR. Fractures of the calcaneus: a review with emphasis on CT. Radiographics 2005;25(5):1215-26.
3. Sanders R, Fortin P, Di Pasquale T, Walling A. Operative treatment in 120 displaced intra-articular calcaneal fractures. Results using a prognostic computed tomography scan classification. Clin Orthop Relat Res 1993;290:87-95.
4. Igbigbi PS, Mutesasira AV. Calcaneal angle in Uganda. Clin Anatomy 2003;16:328-30.
5. Didia BC, Dimkpa JN. The calcaneal angle in Nigerians. Relation to sex, age, and side of the body. J Am Poditar Med Assoc 1999;89:472-4.
6. Wright DG, Desal ME, Henderson BS. Action of the subtalar and ankle joint complex during the stance phase of walking. $J$ Bone Joint Surg (Am) 1964(46-A);361-7.
7. Böhler L. Diagnosis, pathology, and treatment of fractures of the oscalcis. J Bone Joint Surg (Am) 1931;13:75-89.
8. Khoshhal KI, Ibrahim AF, Al-Nakshabandi NA, Zamzam MM, Al-Boukai AA, Zamzami MM. Böhler's and Gissane's angles of the calcaneus in the Saudi population. Saudi Med J 2004;25:1967-70.
9. Seyhai A, Uludag S, Koyuncu LO, Atalar AC, Demerhan M. The calcaneal angles in the Turkish population. Acta Orthop Traumatol Turc 2009;43:406-11.
10. Hak DJ, Gautsch TL. A review of radiographic lines and angles used in orthopedics. Am.J orthop 1995;590-611.

[^0]:    * Corresponding author.

    E-mail address: asemsabry2010@yahoo.com (A.A.E. Sabry).

