ABSTRACT

The pollution of aquatic environment has become a worldwide problem in recent years, because of its toxic effects on living organisms (Macfarlane and Burchett, 2000). Among environmental pollutants, heavy metals in aquatic ecosystems are of particular concern, due to their potential toxic effect and ability to bio accumulate in the ecosystem (Censi et al., 2006).

Heavy metals contamination is a major concern because of their toxicity and threat to human life and his environment. This alongside with the economic importance of Challawa Gorge dam, was what gave rise to the conducting of this research. The values obtained from this research would shade more light on the background levels of metals in the water and sediments of the Challawa Gorge Dam, adding to the effective monitoring of both environmental quality and the health of the organisms inhabiting the dam ecosystem. This study therefore aimed at determining seasonally, the level of some metals in the water and sediment of Challawa Gorge Dam, so as to check whether change in season would lead to variation in concentrations of the metals.

INTRODUCTION

Water is everywhere, but little is available to drink. The total amount of water on the earth is constant, it neither increases nor decrease but may change location due to climatic changes, human activities or both. Water for domestic, municipal, and industrial use can be obtained from two principle sources, the surface and underground waters (Mendie, 2005).

Adequate fresh water supply is the most important prerequisite for sustaining human life, maintaining ecosystem and ecodiversities and achieving sustainable development. The need for humanity to adequate fresh water for survival, social and economic development in enormous, and will remain a major national, regional and international priority in the years to come (Mendie, 2005).

The pollution of aquatic environment has become a worldwide problem in recent years, because of its toxic effects on living organisms (Macfarlane and Burchett, 2000). Among environmental pollutants, heavy metals are of particular concern, due to their potential toxic effect and ability to bio accumulate in the ecosystem (Censi et al., 2006).

Heavy metals in aquatic ecosystems are usually monitored by measuring their concentrations in water, sediments and biota (Camusso and Baitstrini, 1995), which generally exist in low levels in water and attain considerable concentration in sediment and biota (Namming and Wilhm, 1976).

Dams are being polluted by indiscriminate disposal of sewage, industrial wastes and human activities. Dams are always the victims of the negative impacts of urbanisation as most water bodies become contaminated due to in co-operation of untreated solid and liquid wastes (Jahabhaye et al., 2008). Different regulations put in place to protect the marine environment in Nigeria have not been effective in controlling the indiscriminate dumping of effluents into open water bodies. These effluents range from chloride, phosphate, oil and grease, nitrates and heavy metals to name but a few. The heavy metals present in most Nigerian rivers found in concentrations well above acceptable and permissible level are lead, copper, zinc, nickel, chromium, cadmium and iron (Olayinka and Alo, 2004).

Heavy metals contamination is a major concern because of their toxicity and threat to human life and his environment. This alongside with the economic importance of Challawa Gorge dam, was what gave rise to the conducting of this research. The values obtained from this research would shade more light on the background levels of metals in the water and sediments of the Challawa Gorge Dam, adding to the effective monitoring of both environmental quality and the health of the organisms inhabiting the dam ecosystem. This study therefore aimed at determining seasonally, the level of some metals in the water and sediment of Challawa Gorge Dam, so as to check whether change in season would lead to variation in concentrations of the metals.

MATERIALS AND METHODS

Study Area

The Challawa Gorge dam is in Kano state in the Northwestern part of Nigeria. The dam is located on latitude 11°44′34″ and longitude 8°19′2″, about 90km southwest of Kano city (Figure 1).
It is a major reservoir on the Challawa River. The dam was built in 1990-1992 using rock fill construction. The dam is designed to create a multipurpose reservoir to serve the water needs of downstream area in Kano, Jigawa, Yobe and Borno states. It is 42m high and 7.804km in length. The dam has a full storage capacity of 904,000,000m³. The direct catchment area is 3857km² (Anim et al., 2011).

**Sample Collection**

Water samples were collected from five designated points along the course of the Challawa Gorge Dam in duplicate in 2 litre and 5 litre plastic containers twice during the wet season (Aug/Sept 2011) and dry season (March/April 2012). Samples were labeled Daura (DWA), Ganji (DWB), Dadinkowa (DWC), Sakarma (DWD) and Turawa (DWE) respectively. And these designated point of sampling were chosen for easy identification of the sample area. The sediment samples were also collected from five designated points along the course of the Dam in clean polythene bags. The sediments were collected from the same sampling points as water so as to establish a good representative of the dam. Samples of sediment were coded SA, SB, SC, SD, and SE respectively. The water samples were transported to the laboratory in boxes containing ice (Anim et al., 2011).

![Figure 1: A map of Challawa Gorge Dam showing sampling sites.](image)

**Sample Pre-treatment**

The samples for heavy metals determination were treated with 5cm³ concentrated HNO₃ per liter of sample to prevent metals from adhering to the walls of the container (APHA, 1985).
Digestion of Sample

Water sample: - The water sample, (100cm$^3$) was transferred into a beaker and 5cm$^3$ concentrated HNO$_3$ was added. The beaker with the content was placed on a hot plate and brought to a slow boil. The solution was allowed to evaporate to about 20cm$^3$ volumes. The beaker was cooled and another 5cm$^3$ concentrated HNO$_3$ was added and covered with a watch glass and the heating continued, One (1) cm$^3$ of HNO$_3$ was again added until the solution appeared light colored and clear. The beaker wall and watch glass were washed with distilled water and the sample was filtered to remove any insoluble materials. The volume was made up to 100cm$^3$ mark with distilled water in a volumetric flask (APHA, 1985).

Sediment sample: - The sediment sample was air dried in the laboratory, grounded using pestle and mortar and sieved with 200mm sieve to obtain a fine powder. A quantity (1.0 gram) of each dried sediment sample was digested for 30min with 30 litres of 6M HNO$_3$ acid. The solution was filtered through a Whatman 40 filter paper into 100cm$^3$ volumetric flask and was made up to mark with deionized water, 5 litres of resultant solution was transferred into 50 litres volumetric flask and made up to mark with deionized water (Ayodele and Gaya, 1994).

Elemental Analysis

All the metals (Cd, Cr, Mn, Pb, Zn) except Na and K were determined using an Atomic Absorption Spectrophotometer model VGB 210 SYSTEM, Buck Scientific. Na and K are analyzed using Flame Photometer (Jenway, model PFP7). The result of each sample was the average of three sequential readings. Deionized water used as blank was treated using the same procedure.

RESULTS AND DISCUSSION

The levels of heavy metals determined in the water and sediment samples showed variations during the wet and dry seasons but statistical comparison indicates no significant difference (P>0.05). The result showed that the dry season values were observed to be relatively higher than those of the wet season. The concentration of the metals shows trend of being higher during the dry season. The mean concentration of cadmium in the samples was found to be 0.01± 0.0mg/l in water (Table 1) and 4.13± 0.01mg/kg in the sediment (Table 1). The maximum permissible limit of cadmium in drinking water is 0.05mg/l as set by WHO (1993) and 26.0mg/kg for sediment as set by NOAA (2009) as shown in Tables 1 below. The values obtained when compared with these standards fall within the acceptable limits. The result obtained agreed with reports by Ozturk et al. (2009) on the determination of heavy metals in water, fish and sediments of Avsars dam in Turkey. The concentration of iron was found to be 1.35±0.06mg/l in water and 19.31±5.60mg/kg in sediment (Table 1). The values obtained for water were found higher than the recommended value of 0.3mg/l as set by SON (2007). This may be as a result of reduction of ferric (Fe$^{3+}$) to ferrous (Fe$^{2+}$) in the presence of organic matter where by the latter is readily soluble and also different anthropogenic inputs such as agricultural activities around the dam (SON, 2007).

The concentration of manganese was found to be 0.24± 0.05 mg/l in water (Table 1) and 6.13± 1.88 mg/l in sediment (Table 1). The maximum permissible limit of manganese set by WHO is 0.4mg/l in water. The values obtained in this study were found to be below the acceptable limit set for drinking water as shown in Tables above. The results agreed with reports by Adegoke et al. (2003) on monitoring the effect of pollution in twelve selected water dams in Osun state, Nigeria.

The maximum acceptable concentration of lead in drinking water is 0.05mg/l according to WHO (1993), while that of sediment is 35.8mg/kg as set by NOAA (2009) as shown in Tables 1above. The mean values of lead in this study were found to be 0.02± 0.01 mg/l in water and 2.05±0.42mg/kg in the sediment as shown in Table 1. When these values were compared with the standards they were found to be within the acceptable limits as also shown in Tables 1above. The result obtained in this study agreed with reports by Eletta (2007) on the determination of some trace metals in Asa River, Ilorin, Nigeria.

The concentration of zinc obtained was 0.65± 0.18mg/l in water and 40.25± 10.75mg/kg in sediment. The values obtained in this study were found to be within the maximum permissible limit of 3mg/l set by SON (2007) for drinking water and 120mg/kg for sediment as set by WHO (2003). The concentrations of sodium and potassium in the water and sediment were found to be 14.28±5.66mg/l and 144.18±12.09mg/kg for sodium and 7.65±0.28mg/l and 50.32±18.08mg/kg for potassium respectively. The values obtained for sodium in water were found to be within the safe limit of 200mg/l set by SON (2007) as shown in Table 1.

Chromium is also essential for organisms as a micro nutrient in form of fat and carbohydrate metabolism. Higher concentration of chromium may lead to cancer. The mean concentration of chromium obtained was 0.04± 0.01mg/l in water (Table 1) and 9.57± 2.75 mg/kg in sediment (Table 1). The maximum acceptable concentration of chromium in drinking water is 0.05mg/l as set by WHO (1993) and 26.0mg/kg for sediment as set by NOAA (2009) as shown in Tables 1 below. The values obtained when compared with these standards fall within the acceptable limits. The result obtained agreed with reports by Ozturk et al. (2009) on the determination of heavy metals in water, fish and sediments of Avsars dam in Turkey. The concentration of iron was found to be 1.35±0.06mg/l in water and 19.31±5.60mg/kg in sediment (Table 1). The values obtained for water were found higher than the recommended value of 0.3mg/l as set by SON (2007). This may be as a result of reduction of ferric (Fe$^{3+}$) to ferrous (Fe$^{2+}$) in the presence of organic matter where by the latter is readily soluble and also different anthropogenic inputs such as agricultural activities around the dam (SON, 2007).

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Table 1: Metal concentrations in water from Challawa Gorge Dam Kano and sediment compared with standards*

<table>
<thead>
<tr>
<th>S/NO</th>
<th>METALS</th>
<th>WET SEASON FOR WATER (mg/l)</th>
<th>DRY SEASON FOR WATER (mg/l)</th>
<th>DRY SEASON AND WET SEASON FOR WATER (mg/l)</th>
<th>WET SEASON FOR SEDIMENT (mg/kg)</th>
<th>DRY SEASON FOR SEDIMENT (mg/kg)</th>
<th>DRY SEASON AND WET SEASON FOR SEDIMENT (mg/kg)</th>
<th>WHO (2003)/SON (2007) FOR WATER (mg/l)</th>
<th>NOAA (2009)/WHO (2003) FOR SEDIMENT (mg/kg)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Cd</td>
<td>0.01±0.00</td>
<td>0.01±0.00</td>
<td>0.01±0.00</td>
<td>4.12±0.01</td>
<td>4.13±0.01</td>
<td>4.13±0.01</td>
<td>0.01</td>
<td>4.9</td>
</tr>
<tr>
<td>2</td>
<td>Cr</td>
<td>0.03±0.01</td>
<td>0.04±0.00</td>
<td>0.04±0.01</td>
<td>6.82±2.75</td>
<td>12.32±2.75</td>
<td>9.57±2.75</td>
<td>0.05</td>
<td>26.0</td>
</tr>
<tr>
<td>3</td>
<td>Fe</td>
<td>1.29±0.06</td>
<td>1.41±0.06</td>
<td>1.35±0.06</td>
<td>13.72±5.60</td>
<td>24.9±5.60</td>
<td>19.31±5.60</td>
<td>0.30</td>
<td>-</td>
</tr>
<tr>
<td>4</td>
<td>Mn</td>
<td>0.20±0.05</td>
<td>0.285±0.05</td>
<td>0.24±0.05</td>
<td>4.25±1.88</td>
<td>8.00±1.88</td>
<td>6.13±1.88</td>
<td>0.40</td>
<td>-</td>
</tr>
<tr>
<td>5</td>
<td>Pb</td>
<td>0.01±0.01</td>
<td>0.03±0.01</td>
<td>0.02±0.01</td>
<td>1.64±0.42</td>
<td>2.47±0.42</td>
<td>2.05±0.42</td>
<td>0.05</td>
<td>35.8</td>
</tr>
<tr>
<td>6</td>
<td>Zn</td>
<td>0.47±0.18</td>
<td>0.83±0.18</td>
<td>0.65±0.18</td>
<td>29.5±10.75</td>
<td>51.0±10.75</td>
<td>40.25±10.75</td>
<td>3.00</td>
<td>120</td>
</tr>
<tr>
<td>7</td>
<td>Na</td>
<td>8.62±2.70</td>
<td>19.94±8.62</td>
<td>14.28±5.66</td>
<td>132.09±12.09</td>
<td>156.28±12.09</td>
<td>144.18±12.09</td>
<td>200</td>
<td>-</td>
</tr>
<tr>
<td>8</td>
<td>K</td>
<td>7.37±0.28</td>
<td>7.92±0.28</td>
<td>7.65±0.28</td>
<td>32.24±18.08</td>
<td>68.4±18.08</td>
<td>50.32±1808</td>
<td>Not stated</td>
<td>-</td>
</tr>
</tbody>
</table>

*Values are the average of three replicates on each treatment ±SD.

Too much sodium has been identified as a risk factor for high blood pressure (Gupta et al., 2009). Potassium occurs in various minerals, from which it may dissolve into water through weathering processes. The levels of sodium and potassium may be as a result of run off from surrounding farmlands. Although potassium may cause some health effects in susceptible individuals, its intake from drinking water is well below the level at which adverse health effects may occur. In a similar study, Kucheker et al. (2001) recorded values of 1.98-3.92mg/l for sodium and 1.33-2.4mg/l for potassium. Seasonal factors such as high volume of rain which lead to dilution and farming activities around the dam are the major reasons behind the seasonal variations in the parameters and metal levels. Generally, the level of all the metals in the samples analyzed was found in the magnitude of sediment greater than in water. This may be attributed to the fact that sediments usually serve as repositories in aqueous environment (Bower, 1979).

**CONCLUSION**

Conclusively, Challawa Gorge dam is not within an industrial area and thus it is not expected that the values of its metals in the water and sediment to exceed acceptable limits. The main source of pollution in the dam is from laundry activities and agricultural activities. The metal levels (Cd, Cr, Fe, Mn, Pb, Zn, Na and K) determined in the water of the dam were found to be higher during the dry season than the wet season. This may be attributed to reduction in the volume of water during the dry season. The metals studied in the water and sediments were found to be within the acceptable limits of WHO (2003), SON (2007) and NOAA (2009) for drinking water and quality sediment.

It can be therefore concluded that the Challawa Gorge dam is safe for domestic and irrigation uses.

**RECOMMENDATIONS**

Water quality monitoring should be check at least twice a year in order to ascertain the quality of the water at regular intervals so as enable the evaluation of possible trace metals build-up in the cultivated crops, sediments and aquatic animals in the water.
REFERENCES


