ABSTRACT
Cross sectional epidemiologic studies of bovine Fasciolosis was conducted in some selected abattoirs of Adamawa state (Yola, Mubi and Numan) using postmortem examination from liver of slaughtered animals. A total of 3,015 slaughtered cattle were examined at post mortem and 657 (21.8%) liver fluke cases were recorded. The prevalence rate at Yola, Mubi and Numan were 22.08%, 22.34% and 19.92% respectively. The overall sex-specific prevalence rate was significantly higher (P<0.05) in females (23.6%) than in males (18.2%). Age specific prevalence rate was higher (23.3%) in the group that were 49-72 months. Statistical analysis showed no significant difference in prevalence rate among the age groups: there is no association between infection rate and age. The breed specific prevalence was lowest (12.32%) in Sokoto Gudali and highest (31.2%) in red bororo. Chi-square analysis indicated that there was strong association between infection and breeds. A significant difference (P<0.05) was observed between the prevalence of fasciolosis that occurred in the dry season (25.98%) and that of the rainy season (18.14%). The result shows strong association (P<0.05) between season, sex, and breeds, of cattle and the disease. It was also observed that bovine fascioliosis is an obstacle to livestock production and development in Adamawa state and Nigeria.

Keywords: Prevalence, Bovine, Fasciolosis, Abattoirs, Adamawa state.

INTRODUCTION
Fasciolasis a parasitic disease of cattle, buffaloes, sheep, goats and horses of human of all ages caused by liver flukes (Armour, 1975; Ramajo et al., 2001). Fasciola a trematode belonging to the subclass Digenea, which is commonly known as liver fluke that infect the biliary ducts (Ramajo et al., 2001). There are two most common species of Fasciola responsible for wide spread morbidity and mortality in ruminants (Soulby 1992, Urughuatu et al., 1989). These are Fasciola gigantica (F. gigantica) found in the tropics and sub tropics and Fasciola hepatica (F. hepatica) in the temperate zones. Losos (1995) reported that F. gigantica predominates in Africa and it is usually transmitted by a snail of the genus Lymnae which get to the definitive or final host following the ingestion of the metacercariae during grazing on vegetation. Tropical Fasciolosis caused by infection with F. gigantica is regarded as one of the most important single helminth infections of ruminants in Asia and Africa (Murrell, 1994; Harrison et al., 1996; Roberts and Suhardono, 1996; Malone, 1997). Together with major nematode infections, Fasciolosis is a significant constraint on the productivity of domestic ruminants throughout Asia, South-East Asia and Africa and is thus a significant impediment to global food production (Dargie, 1987; Fabiyi, 1987; Murrell, 1994). Ogurnrinade and Ogurnrinade (1980) reported a total liver condemnation rate of 7% among cattle population of 10 million from slaughter rate of 4% in Nigeria. In 1986, 46.3% of livers were condemned due to F. gigantica in Zimbabwe (Chambers, 1987).

There is a serious paucity of epidemiologic data on the disease in Adamawa state as no comprehensive work has been done. Adamawa, located in the semi-arid zone of north-eastern Nigeria, is the third largest cattle producing state in the country, and a major supplier of cattle and beef to most parts of Nigeria. Preliminary surveys suggest wide-spread prevalence of the zoonotic infection in cattle populations, with grave public health risk. This problem is compounded by the seasonal migration of cattle from the northern parts of the states to Cameroon Republic.

MATERIALS AND METHODS
Study Area
The study was conducted in Adamawa State, Nigeria located on latitudes 09°14’ N and Longitude 12°8’ E. The State has a tropical climate, marked with two distinct seasons- wet season (April-September) and dry season (October to March). It has an average annual rainfall of 759 mm with wettest months being July-September. The drier months of the year are January-March when relative humidity drops to 13%. Mubi, Ngoro, Ganye, Song, Yola, Fufore, Lafia and Konkol are the major cattle markets where butchers purchase their animals for slaughter at Yola, Mubi and Numan abattoirs.

Adamawa State has a cattle population of over four (4) million (Adamawa, ADP, 2004) and cattle rearing is a major occupation of Adamawa people. The land mass of each of the 21 Local Government Areas of the State is covered by ‘Fadama’ which predispose cattle to infestation particularly during the dry season.
Study Population
The three abattoirs (Yola, Mubi and Numan) used in this study have an average slaughter of 30, 20 and 10 cattle per day respectively. Two visits per week were made to Yola abattoir and once a week for Mubi and Numan abattoirs. Fifteen (15) animals were sampled at Yola abattoir; ten (10) animals were examined in Mubi, while all animals slaughtered were examined at Numan abattoir. Thus, for every week thirty (30) animals were examined at Yola giving a total of 40 animals screened out of the estimated total slaughter of 75 (60%) during the visit days.

Weekly visit to abattoirs were made for one calendar year. Thus, a total of 3,000 (60 x 50) slaughtered cattle were examined out of 5,000 estimated total slaughter during the visit days.

Adamawa Gudali, White Fulani, Red Bororo and Sokoto Gudali are the breeds slaughtered at Yola, Mubi and Numan abattoirs

Age Estimation
The age of cattle was estimated by observing the front permanent teeth either before slaughtering or after slaughtering. The eruption of front teeth which occurs as follows as a guide 1st pair 1.5-2 years; 2nd pair 2-2.5 years; 3rd pair 3-3.5 years; 4th pair 4 years and above 4 years wearing of permanent incisors (Carlson, 1974).

Procedure for post mortem inspection of the liver
Post mortem inspection was carried out according to the method described by Thornton’s and Gracey (1981). Meat inspection at Yola, Mubi and Numan abattoirs was carried out by officials of Ministry of Livestock and nomadic resettlement. The team comprises of a Veterinarian with official meat inspectors. Liver examination was carried concurrently during meat inspection of bovine carcasses and organs.

Statistical Analysis
The data were analysed and presented using descriptive statistics such as means and tables. Chi-square was used to establish association between fluke infection and sex, breed or season. Student t-test and ANOVA was used to determine the significance of difference in mean distribution of the flukes between the variables.

RESULTS
Liver flukes (Fasciola) were detected in 657 (21.79%) of the 3,015 slaughter cattle examined over the one year study period. The prevalence rates at Yola, Mubi and Numan abattoirs were 22.08%, 22.34% and 19.92% respectively (Table 1). The prevalence was the same 22% for Yola and Mubi while Numan had the lowest percentage prevalence (19.92%).

With respect to seasonal occurrence, out of a total of 1,405 slaughter cattle examined at the three abattoirs in the state during the dry season (October to March), Liver flukes were detected in 365 (26%) and out of 1,610 examined during the wet season 292 (18%) were positive for Fasciolosis (Table 2). There was a significant difference (<0.05) in prevalence rates between the seasons. All the three abattoirs in the state showed a similar seasonal trend.

Comparison a rate of infestation with respect to sex revealed that, one hundred and eighty five (185) of the 657 Fasciola positive cattle (28.2%) were males and 472 of the positive (71.8%) were females (Table 3). For the State, the overall sex-specific prevalence rate was 18.2% for males and 23.6% for females. Liver fluke infection is significantly higher in females than in males ($\chi^2 = 11.9, P< 0.05$) (Table 3).

Among all the Fasciola positive cattle a significant variation with respect to age was observed. Highest numbers were in those cattle aged above 72 months and the lowest in the age bracket of 0-24 months (Table 4). Age specific prevalence rate was highest (23.3%) in the groups that were 49-72 months (Table 4). Chi-square statistical analysis showed no significant difference ($P>0.05$) in prevalence rate among the age groups; there was no association between infection rate and age ($\chi^2=2.39, p<0.05$) (Table 4).

The distribution of Fasciolosis amongst breeds of cattle slaughtered and examined were as shown in Table 5. The breed specific prevalence rate was lowest 61 (12.32%) in Sokoto Gudali and highest 325 (31.34%) in Red Bororo. Prevalence rate in Adamawa Gudali was 158 (19.9%) and 113 (16.4%) in White Fulani (Table 5). Chi-square statistical analysis indicated that there was significant difference ($P<0.005$) in prevalence between breeds (Tables 5). There was an association between infection rate and breed of cattle.

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**Table 1: Prevalence of Fasciolosis in cattle slaughtered at Adamawa state abattoirs.**

<table>
<thead>
<tr>
<th>Location</th>
<th>Number examined</th>
<th>Number (%) positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yola</td>
<td>1,490</td>
<td>329 (22.08)</td>
</tr>
<tr>
<td>Mubi</td>
<td>998</td>
<td>223 (22.34)</td>
</tr>
<tr>
<td>Numan</td>
<td>527</td>
<td>105 (19.92)</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>3,015</strong></td>
<td><strong>657 (21.79)</strong></td>
</tr>
</tbody>
</table>

**Table 2: Seasonal prevalence of Fasciolosis in cattle slaughtered at some selected abattoirs in Adamawa State Nigeria**

<table>
<thead>
<tr>
<th>Season</th>
<th>No examined</th>
<th>No. (%) positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dry(Oct-March)</td>
<td>1405</td>
<td>365 (25.98)</td>
</tr>
<tr>
<td>Wet(April-Sept)</td>
<td>1610</td>
<td>292 (18.14)</td>
</tr>
<tr>
<td><strong>Total (Overall)</strong></td>
<td><strong>3015</strong></td>
<td><strong>657 (21.79)</strong></td>
</tr>
</tbody>
</table>

$\chi^2 = 10.4, P < 0.05$
Table 3: Prevalence of Fasciolosis in cattle slaughtered among sexes at some selected abattoirs in Adamawa state, Nigeria

<table>
<thead>
<tr>
<th>Location</th>
<th>Males</th>
<th>Females</th>
<th>Total (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yola</td>
<td>509</td>
<td>100 (19.65)</td>
<td>981</td>
</tr>
<tr>
<td>Mubi</td>
<td>331</td>
<td>62 (18.73)</td>
<td>667</td>
</tr>
<tr>
<td>Numan</td>
<td>117</td>
<td>23 (12.99)</td>
<td>350</td>
</tr>
<tr>
<td>Total</td>
<td>1,017</td>
<td>185 (18.19)</td>
<td>1,998</td>
</tr>
</tbody>
</table>

\[X^2 = 11.9, P < 0.05\]

Table 4: Age specific prevalence of Fasciolosis in cattle slaughtered in Adamawa State, Nigeria.

<table>
<thead>
<tr>
<th>Age (months)</th>
<th>Number examined</th>
<th>Number (%) positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 – 24</td>
<td>215</td>
<td>43 (20)</td>
</tr>
<tr>
<td>25 – 48</td>
<td>420</td>
<td>85 (20.2)</td>
</tr>
<tr>
<td>49 – 72</td>
<td>933</td>
<td>217 (23.3)</td>
</tr>
<tr>
<td>&gt;72</td>
<td>1447</td>
<td>312 (21.6)</td>
</tr>
<tr>
<td>Total</td>
<td>3,015</td>
<td>625 (21.79)</td>
</tr>
</tbody>
</table>

\[X^2 = 2.39, P<0.05\]

Table 5: Overall breed-specific prevalence of Fasciolosis in cattle slaughtered in Adamawa State, Nigeria

<table>
<thead>
<tr>
<th>Breed</th>
<th>Number examined</th>
<th>Number (%) positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red Bororo</td>
<td>1,037</td>
<td>325 (31.34)</td>
</tr>
<tr>
<td>Adamawa Gudali</td>
<td>794</td>
<td>158 (19.90)</td>
</tr>
<tr>
<td>White Fulani</td>
<td>689</td>
<td>113 (16.40)</td>
</tr>
<tr>
<td>Sokoto Gudali</td>
<td>495</td>
<td>61 (12.32)</td>
</tr>
<tr>
<td>Total</td>
<td>3015</td>
<td>657 (21.79)</td>
</tr>
</tbody>
</table>

\[X^2 at 3df = 7.815, P<0.05\]

DISCUSSION

This study which covered Adamawa state, employed post-mortem examination of liver but did not use abattoir records and cariopological method (faecal analysis) revealed an overall prevalence of 21.8% liver fluke infection which is lower than the 31.7% reported by Babalola and Schillhorn van Veen (1976) in Bauchi state, and Ikeme and Obioha (1973) reported 26% in trade cattle in south eastern Nigeria. Most of the fluke infected cattle in the southern abattoirs, originate from the northern part of the country (Uzoukwu and Ikeme, 1978).Nwosu and Strivastava (1993) reported a prevalence of 42.2% F. gigantica eggs in gall bladder of cattle slaughtered in Maiduguri. Mungube et al. (2006) also reported an overall prevalence of 26% in bovine slaughtered in semi-arid coastal Kenya The prevalence rate obtained in this study is also lower than the 36.5% reported in Uganda (Magona et al., 1999) and 31.7% reported in Zimbabwe (Pfukenyi and Makaraitirwa, 2004), but similar to the 21% reported in Ethiopia (Tegene, 1994). This difference may possibly be because of environmental factors. In the United States of America Knapp et al. (1992) reported a prevalence rate of 17.24%. The time of exposure during grazing to detection of mature fluke in infected animal takes about 70-90 days (Reichel; 2002). This means that initial exposure occurs in the rainy season and high prevalence of adult infection was recorded during the dry season. The prevalence rates of 25.98% in dry season (October to March) and 18.14% in wet season (April to September) recorded in this study indicates strong association between infection prevalence and the seasons. In Nigeria the pattern of distribution of Fasciolosis followed areas of high rainfall, snail-infested areas and areas of high animal density (Fabiyi and Adeleye, 1982). The higher prevalence of the disease in dry season in this study agrees generally with workers who noted that prevalence of bovine Fasciolosis was higher in dry season (January to April), with the peak occurring in March (Ademola, 2003). Babalola (1975) reported a prevalence rate of 31.7% in dry season with peak of 40.7% in October in Northern Nigeria. Although an increasing trend was observed with the advancement of the dry season, relatively high prevalence rates were recorded throughout the study period. Phiri et al. (2005) in their studies of seasonal pattern of bovine Fasciolosis in the Kafue and Zambezi catchment areas of Zambia using coproscopic examination and liver inspection reported more cattle were found positive during the post-rainy season than in any other season. However, this present study that showed Fasciolosis to occur throughout the year agree with the findings of Vassilev and Jooste (1991) in Zimbabwe. Fasciola can live for more than one year in cattle, producing eggs continuously this complicates the determination of the major risk periods (Range-Ruiz et al., 1999). Makundi (2001) in Tanzania also reported F. gigantica in cattle being high during the dry season and low during the rainy season while the peak transmission of trematodes as occurring at the end of the rainy season.
The findings in this study are contrary to the observation of Mzembe and Chaudhry (1981) who reported the prevalence rate of *F. gigantica* to be significantly higher during the wet season than dry season. The distribution of the disease according to sex has shown that female cattle were more significantly (P<0.05) affected than the males. The results in the present study are in accord with the findings of Phiri et al. (2005) in Zambia; Keyyu et al. (2005) in Tanzania and Vassilev (1999) in Zimbabwe. Despite male and female cattle grazing together in the same pasture, female cattle had a higher infection rate than male cattle, suggesting that difference in susceptibility between sexes may exist (Phiri et al., 2005). Another possible explanation to the variation could be due to the fact that the females stay longer in the herd (for purpose of reproduction and breeding) and hence the higher burden of this disease. (Schillhorn Van Veen et al., 1980).

Age distribution of bovine Fasciolosis at slaughter revealed that those greater than 72 months had highest number of cases than those in 49-72 months age bracket. However, chi-square statistical analysis for significance showed there was no association between infection rate and age. Yilma and Mesfin (2000) in Ethiopia reported the existence of significant difference and inverse correlation in infection prevalence among different age groups. The present result however, agreed with the findings of earlier workers (Ogunrinade and Ogunrinade 1980; Fabiyi and Adeleye1982)

Breed specific distribution of the disease in cattle showed that the Red Bororo has higher prevalence rate than the other two breeds. This may be the fact that the Red Bororo breed generally grazes in areas like Lake-borders, low lying marshy areas, streams, slow flowing rivers and valleys of River Benue all year round (Fabiyi et al., 1980; Olusi, 1996). It may as well be due to the fact that the Red Bororo slaughtered were generally older and had stayed in the herd longer than the other breeds slaughtered. Wamae et al. (1998) have clearly indicated breed difference in the production losses associated with Fasciolosis in yearling Friesian and Boran cattle in Kenya.

**CONCLUSION**

The findings in this study confirm that bovine Fasciolosis is an endemic disease in the study area and is an indication of the existence of favourable bionomic and ecological conditions for the survival, multiplication and spread of intermediate snail host and the parasite in that environment. The occurrence of slow flowing rivers, streams, low-lying marshy areas around River Benue and its tributaries in the grazing circuit of cattle, high livestock density and seasonal migration increase the risk of acquiring the infection. However the prevalence study did not include coprological methods. There is a need not only to intensify but improve the control methods of Fasciolosis in livestock production in Adamawa in order to minimize the economic losses and also to educate the public so that they are aware of its importance.

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