



## BACTERICIDAL STUDIES OF SAPONINS FROM THE STEM-BARK OF *ADENIUM OBESUM* (FORSSK.) ROEM. AND SCHULT.

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### ABSTRACT

**Phytochemical screening of methanolic Stem-bark extracts of *Adenium obesum* indicated the presence of saponins. Consequently, the saponins were extracted using standard procedures. The saponin extract was examined for in vitro antibacterial activity using disc diffusion technique. Activity against five bacterial strains (Gram-positive and Gram-negative bacteria) was tested. The extract was active against all assayed bacteria (*Escherichia coli* ATCC 25922, *Staphylococcus aureus* ATCC 6538, *Klebsiella pneumonia* ATCC 15380 and *Pseudomonas aeruginosa* ATCC 14028 but excepting *Bacillus subtilis* ATCC 6633) with minimal inhibitory concentration (MIC) values ranging from 0.5 to 5 mg/ml. This result shows that the stem-bark of *Adenium obesum* could produce saponins that might be utilized for the development of antibacterial drugs.**

**Key words: Bactericidal; Saponins; Stem-bark; *Adenium obesum*; Disc diffusion**

### INTRODUCTION

Original candidate chemical structures for many pharmaceutical compounds that promote human health originated from chemicals found in plant extracts (Patterson and Burkholder, 2003). Among these plant compounds are saponins (Avato *et al.*, 2006; Haralampidis *et al.*, 2002). Saponins are naturally occurring glycoside compounds whose chemical structures are composed of a fat-soluble nucleus (aglycone) that is commonly a triterpenoid, steroid or an alkaloid attached to one or more side chains of water-soluble sugars (glycone) through ester linkages to the aglycone nucleus at different carbon sites (Haralampidis *et al.*, 2002).

*Adenium obesum* (Apocynaceae), commonly known as 'karya' among hausa tribe of northern Nigeria, is a small deciduous succulent shrublet that can grow to shrub or small tree that belongs to plant family Apocynaceae (Codd, 1987). The plant, which belongs to the genus *Adenium*, occurs in savanna, dry bush land or woodland and wooded grassland up to 2100 m altitude, on rocky or sandy soil (Dimmitt and Hanson, 1991). It is used as poison on arrows (Watt and Breyer, 1962) and also extensively for the treatment of a variety of ailments including venereal diseases; the root or bark extract is used as a bath or lotion to treat skin diseases and to kill lice, while the latex is applied to decaying teeth and septic wounds to enhance its healing. In Somalia, the root decoction, as nasal, drops is prescribed for rhinitis while in northern Kenya, the latex is rubbed on the head to kill lice and the powdered stem is applied on camels and cattle to kill skin parasites. The bark is also chewed as an abortifacient (Neuwinger, 2000).

In recent years, multiple resistances in human pathogenic microorganisms have developed due to the indiscriminate use of commercial antimicrobial drugs commonly employed in the treatment of

infectious diseases. In this situation, the undesirable side effects of certain antibiotics and the emergence of previously uncommon infections (Poole, 2001), has forced scientists into looking for new antimicrobial substances from various sources like medicinal plants (Benziane *et al.*, 2012). Saponins have been reported to possess antimicrobial activities (Crombie *et al.*, 1986; Turner, 1953; Edewor *et al.*, 2009). The phytochemical screening of the constituents of *Adenium obesum* stem-bark revealed the presence of saponin glycosides (Tijjani *et al.*, 2011). In the present study, for the first time, saponins were extracted from the stem-bark of *Adenium obesum* and then subsequently tested against some pathogenic bacterial isolates. This is important as the plant could serve as a source of promising antibacterial saponins lead compounds that can be utilized for the development of drugs that could be used to cure diseases associated with the selected microorganisms.

### MATERIALS AND METHODS

#### Plant material Collection and Preparation

The stem-bark of *Adenium obesum* was collected from Samaru area of Zaria, Kaduna State, Nigeria. It was authenticated at the Herbarium Unit of the Department of Biological Sciences, Ahmadu Bello University, Zaria, Nigeria, where a specimen (voucher number 1836) was deposited. The bark was air-dried and ground into powder using a porcelain mortar and pestle. It was then sealed in a polyethylene bag and stored in a dessicator prior to evaluation.

#### Extraction of saponins

The powdered stem-bark (1kg) of the plant was exhaustively extracted using petroleum spirit for 13 h in a Soxhlet extractor. This was to remove the lipids and other pigments available in the plant material (Tijjani *et al.*, 2011). Thereafter, methanol was used for the extraction to continue for the next 17 h.

This was to remove the saponins together with low molecular weight substances such as sugars, phenolic compounds, oligosaccharides and flavonoids that might be present (Fenwick *et al.*, 1992). The resulting solutions were concentrated *in vacuo* using rotatory evaporator at 40 °C to yield 28g methanolic extract. The presence of saponins in the methanolic extracts was detected by the characteristic frothing tests and thin layer chromatography (TLC) (spraying TLC plates with methanol : acetic acid : sulphuric acid : anisaldehyd, 85:10:5:0.1 and heating at 100° C for 5 min. On heating, saponin bands turned red and were readily visualized).

In order to obtain partially purified saponins, the methanolic extracts were loaded on to a column of RP-18 powder (Octadecyl silane bonded to silica gel particle size 15-25  $\mu\text{m}$  (JT Baker, Germany). The column was washed with water to remove the sugars and oligosaccharides while further elution with 30% methanol (v/v) removed the flavonoid compounds and other phenolic compounds. Subsequent elution with 100% methanol removed the saponins (Fenwick *et al.*, 1992). This yielded 18g of crude saponins.

#### **Phytochemical Screening of Stem-bark Extracts of *Adenium Obesum***

The extracts (petroleum spirit and methanol) of Stem-bark of *Adenium Obesum* were subjected to preliminary phytochemical tests using standard techniques so as to detect the presence of saponins and other metabolites available (Trease and Evans, 1984 and 1989; Sofowora, 1993).

#### **Test Bacteria**

Five standard bacterial strains were selected: *Escherichia coli* ATCC 25922, *Staphylococcus aureus* ATCC 6538, *Klebsiella pneumoniae* ATCC 15380, *Bacillus subtilis* ATCC 6633 and *Pseudomonas aeruginosa* ATCC 14028. The bacterial strains were maintained on nutrient agar and sub-cultured every three days. An inoculum of each bacterial strain was suspended in 5 ml of Mueller Hinton broth (MHB) and incubated overnight at 37 °C. The overnight cultures were diluted with Mueller Hinton broth and adjusted to give a concentration of bacterial cells equivalent to a McFarland 0.5 standard prior to the bacterial testing (Samie *et al.*, 2005).

#### **Susceptibility Testing of Crude Saponins**

To investigate the antibacterial activity of the crude saponins, disc diffusion method was used (Collins and Lyne, 1970; Nascimento *et al.*, 2000). The assays are based on the use of sterile discs filter paper (6 mm diameter) impregnated with 20  $\mu\text{l}$  of the extract solution (at a concentration of  $4 \times 10^4 \mu\text{g} / \text{cm}^3$ ) and allowed to dry at room temperature. A sterile disc impregnated with dimethyl sulphoxide (DMSO) was used as negative control. After incubation for 24 h at 37°C, all the bacterial plates were observed for zones of growth inhibition and the diameter of these zones was measured in millimeters using a ruler. The experiments were performed in triplicates.

#### **Minimum Inhibitory Concentration (MIC) of Crude Saponins**

A series of culture tubes (microdilution assays) were prepared all containing the same volume of medium (5 ml) inoculated with the test microorganisms. The lowest concentration of sample at which the

subculture from test dilution yielded no viable organisms was recorded as minimum inhibitory concentration. Decreasing concentration of the crude saponins extract of *Adenium obesum* stem-bark (AO) was added to the tubes in a step wise dilution (two-fold serial dilutions). One tube was left without AO crude saponins extract to serve as positive control and the other without the extract and inocula to serve as negative control. The cultures were incubated at 37°C for growth of the test organism and a period of 24 hours for growth of at least 10-15 generations. The tubes were inspected visually to determine the growth of microorganisms by the presence of turbidity and the tubes in which the crude saponins extract was present in minimum concentration sufficient to inhibit the microbial growth, which remained clear was noted as MIC of the extract (Ferreira *et al.*, 2003; Nazaruk and Jakoniuk, 2005).

#### **RESULTS AND DISCUSSION**

Preliminary phytochemical screening of the AO stem-bark revealed the presence of saponins as presented in Table 1. Saponins have been reported to possess antiviral (Apers *et al.*, 2000), antifungal (Chong-Ren *et al.*, 2006; Masoud, 2013), hypoglycaemic activity (Yoshikawa *et al.*, 2001), anticancer (Cai *et al.*, 2002), anti-inflammatory (Camila *et al.*, 2011) and antioxidant activities (Hu *et al.*, 2002). The plant saponins have demonstrated significant antimicrobial activity against the microorganisms studied (Tables 2 and 3). The crude saponins were active against four out of the five organisms tested. It was only not active against *Bacillus subtilis*. Generally, the zones of inhibition ranged from 18 to 35 mm (Table 2). The highest (most active) inhibition zone was the one observed against *Staphylococcus aureus* (Gram-positive bacteria); and the least was against *Klebsiella pneumoniae* (Gram-negative bacteria). This is not surprising because on a general note, Gram-positive bacteria have less resistant cell walls than Gram-negative.

The MIC values ranged from 0.5 to 5mg/ml. The lowest (most active) was that of *Staphylococcus aureus* (0.5 mg/ml) and the highest was the one observed against *Klebsiella pneumoniae*. There was no growth seen for *Bacillus subtilis* as shown in Table 3. This result demonstrated the potentialities of AO to treat pneumonia and urinary tract infections caused by *Klebsiella pneumoniae* (Claudia *et al.*, 2014), *Escherichia coli* and *Pseudomonas aeruginosa* (Garry *et al.*, 2014; Teiji, 2014). In addition, *Pseudomonas aeruginosa* is implicated for ear infections, rashes (dermatitis) and skin lesion ecthyma gangrenosum (Fine *et al.*, 1996; Rahme *et al.*, 1995). Further, *Escherichia coli* is responsible for diarrheal diseases and meningitis (James *et al.*, 2004). *Staphylococcus aureus* is implicated with lower respiratory tract infections, cardiovascular infections, skin, wound and deep tissue infections, pneumonia, endocarditis and septicaemia diseases (Eili *et al.*, 2007; Lisa, 2013). These findings support the traditional uses of the plant stem-bark for the treatment of skin diseases and wound infections; and also suggested the ability of the saponins to cure diseases associated with the bacteria studied.

Table 1 Phytochemical Constituents of the Stem-Bark of *Adenium obesum*

Constituent	Extract	
	Petroleum Spirit	Methanol
Alkaloids	-	+
Flavonoids	-	+
Saponins	+	+
Glycosides	+	+
Anthraquinones	-	+
Tannins	+	+
Steroids	+	+
Coumarins	-	-

+/- = presence or absence of constituent tested

Table 2 Antibacterial sensitivity Profile of the crude saponins extracts of *Adenium obesum* (stem-bark) at Concentration of  $4 \times 10^4 \mu\text{g} / \text{cm}^3$

Test organisms	Average Zones of Inhibition (mm)
<i>Escherichia coli</i> (ATCC 25922)	28
<i>Pseudomonas aeruginosa</i> (ATCC 14028)	-
<i>Bacillus subtilis</i> (ATCC 6633)	25
<i>Staphylococcus aureus</i> (ATCC 6538)	35
<i>Klebsiella pneumonia</i> (ATCC 15380)	18

- = No zone of inhibition

Table 3 Minimum inhibitory concentrations (MICs) of the crude saponins extracts of the stem-bark *Adenium obesum*

Microorganism	MIC (mg/ml)
<i>Escherichia coli</i> (ATCC 25922)	1
<i>Pseudomonas aeruginosa</i> (ATCC14028)	2.5
<i>Bacillus subtilis</i> (ATCC 6633)	NG
<i>Staphylococcus aureus</i> (ATCC 6538)	0.5
<i>Klebsiella pneumonia</i> (ATCC 15380)	5

NG = No Growth

### CONCLUSION

Results obtained from this study demonstrated the potency of the saponins extracted from the plant to serve as a very good antibacterial agent and this could form a good basis for selection of crude saponins of AO for further phytochemical and pharmacological investigations. The antibacterial properties of the crude saponins could be exploited

further for potential development of new drugs against diseases caused by the selected pathogens. The crude saponins could be fractionated and specific saponin(s) responsible for the antibacterial activity might be isolated and characterized to elucidate structure(s), which could possibly be modified for better biological activity.

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