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KINETIC AND EQUILIBRIUM STUDIES OF Pb(II) AND Cd(II) ADSORPTION ON AFRICAN WILD MANGO (*IRVINGIA GABONENSIS*) SHELL

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ABSTRACT. The adsorption behavior of NaOH-activated African wild mango (*Irvingia gabonensis*) shell with respect to Pb^{2+} and Cd^{2+} has been studied in order to consider its application to purify metal finishing waste water. The optimum conditions of adsorption were determined by investigating the initial metal ions concentration, contact time, adsorbent dose, pH value of aqueous solution and temperature. The extent of adsorption of metal ions was investigated by batch method using metal concentrations in solution ranging from 5-200 mg/L. The adsorption efficiencies were found to be pH dependent, with maximum metals uptake recorded at pH of 5. The equilibrium adsorption capacity for lead and cadmium ions were obtained from Freundlich, Langmuir, Temkin and DRK isotherms and the experimental data were found to fit best the Langmuir isotherm with values of 21.28 and 40.00 mg/g for Cd(II) and Pb(II) ions, respectively. The Pseudo-second order kinetics model had the best fitting for lead and cadmium adsorption dimetic data. The thermodynamic investigation showed that the adsorption processes of both metals are exothermic. An optimum concentration of 0.05 M HCl was found to be adequate for the regeneration of the spent adsorbent with recovery values of 78% and 71% for Pb²⁺ and Cd²⁺ respectively from the spent adsorbent. The removal of these metals from aqueous solutions.

KEY WORDS: Adsorption, Lead, Cadmium, Aqueous solution, African wild mango shell, Langmuir isotherm

INTRODUCTION

Many toxic heavy metals are being discharged into the environment as industrial wastes, causing serious soil and water pollution [1]. Pb²⁺, Cu²⁺ and Cr³⁺ are especially common metals that tend to accumulate in organisms, causing numerous diseases and disorder [2]. Numerous processes exist for removing dissolved heavy metals in aqueous solution and these include ion exchange, precipitation, phytoextraction, ultrafiltration, reverse osmosis and electro dialysis.

Lead has long been recognized as a highly toxic metal and poses a widespread threat to humans and wildlife [3]. Excessive lead exposure has been reported to result in brain damage and dysfunction of kidneys, liver, and central nervous system in humans, especially in children [4]. Lead contamination in the environment usually results from waste waters or effluents from lead mining, battery recycling, electronics assembly plants, and military facilities, as well as landfill leachate and urban rainwater runoff. Lead has recently been implicated in the death of over 400 children in Zamfara State in Nigeria; this resulted from the mining of lead-laden gold ore [5]. Cadmium has also been recognized for long as a highly toxic metal, which poses great concern to human health, cadmium's toxicity in certain forms and concentration causes a great deformity. The inhalation of fumes and vapours causes kidney damage, bronchitis, gastric and intestinal disorders, cancer, disorder of heart, liver and brain, renal dysfunction, anaemia, hypertension and bone marrow disorder [6].

Conventional cleanup technologies that are applied for Pb(II) and Cd(II) removal from contaminated water include chemical precipitation, solvent extraction, ion exchange, adsorption with activated carbon, oxidation and reduction, fixation or concentration. These methods are economically unfavourable or technically complicated, and are used only in special cases of wastewater treatment. Biosorption of heavy metals from aqueous solution is a relatively new

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technology for the treatment of industrial wastewater. Adsorbent materials derived from low cost agricultural wastes can be used for the effective removal and recovery of heavy metal ions from wastewater streams. The major advantages of biosorption technology are its effectiveness in reducing the concentration of heavy metal ions to very low levels that are within the WHO maximum permissible limits, it's green chemistry nature and overall low operational cost [7]. Agricultural waste materials are considered to be economic and eco-friendly for heavy metal remediation due to their unique chemical composition, availability in abundance, renewability, low cost and greater efficiency [8]. *Irvingia gabonensis* shell is an agricultural waste material produced during the processing of *Irvingia gabonensis* seed. The shell which is an agricultural waste was employed in the removal of Pb(II) and Cd(II) ions from aqueous solution. The influence of initial metal concentration, temperature, pH and adsorbent dose were studied in order to obtain maximum adsorption capacity of the shell. This study has been undertaken with the aim of finding economic value for this category of wastes.

EXPERIMENTAL

Sample collection and pre-treatment

The seeds of *Irvingia gabonensis* shell used for this study were collected from some farm locations in Aramako-Ekiti, Ekiti State of Nigeria. The seeds were washed abundantly with water in order to remove impurities. The air-dried African mango shell was crushed with a manual blender to smaller particles followed by grinding and then sieved with 300 μ m sieve size. The powdered biomass was soaked in 2 L of 0.3 M HNO₃ solution with occasional agitation for 24 hours. It was then filtered through a filter paper and washed with de-ionized water to neutrality and air-dried. The treatment of the adsorbent with 0.3 M HNO₃ solution was expected to facilitate the removal of any debris or soluble bimolecules that may interact with metal ions during the sorption process.

Chemical activation of the biomass

Chemical activation was carried out using 0.1 M NaOH as the activating reagent. 100 g of the biomass was weighed and washed twice with 3 L of 0.1 M HCl, followed by centrifugation at moderate speed and then washed to neutrality with de-ionized water. The biomass was thereafter treated with 1 L of 0.1 M NaOH for a period of approximately 24 hours. The suspension was centrifuged and the biomass was then washed thoroughly with de-ionized water and filtered. The washed biomass was finally air-dried.

Characterization of the adsorbent

The approximate surface area of the adsorbents was determined using the Sears' method [9]. The elemental composition ranging from trace to major elements was determined by X-ray fluorescence (XRF) technique. The FT-IR investigation of the adsorbent before and after sorption was also carried out.

Batch adsorption studies

Experiments were carried out by varying the initial adsorbate concentration, contact time, adsorbent dose, temperature and pH of solution. The batch adsorption experiments were conducted using 0.1 g of adsorbent with 20 mL of solutions containing heavy metal ions of desired concentrations in 50 mL plastic bottles. The bottles were shaken with the aid of a thermostated shaker for 7 hours and solutions containing heavy metals were filtered through

Whatman filter paper No. 42. The concentration of metal ions in the initial and final solution was determined by atomic absorption spectrophotometer. The amount of cadmium and lead ions adsorbed, $q_e (mg/g)$ was computed by difference.

Investigation of adsorption isotherms

The Langmuir, Freundlich, Temkin and Dubinin-Radushkevich (DRK) adsorption models were considered in this study. These isotherms relate the amount of solute adsorbed at equilibrium per unit weight of adsorbent, Q_e (mg/g), to the adsorbate concentration at equilibrium, C_e (mg/L). The Langmuir model represents one of the first theoretical treatments of non linear sorption and suggests that the uptake occurs on a homogenous surface by monolayer sorption without interaction between the adsorbed molecules. The linear form of the Langmuir adsorption isotherm is represented as:

$$C_{\rm e}/Q_{\rm e} = 1/Q_{\rm max}b + C_{\rm e}/Q_{\rm max}$$
(1)

where C_e is the equilibrium concentration of adsorbate (mg/L) and Q_e is the amount of metal adsorbed per gram of the adsorbent at equilibrium (mg/g). Q_{max} (mg/g) and b (L/mg) are Langmuir constants related to adsorption capacity and rate of adsorption respectively. The values of Q_{max} and b were calculated from the slope and intercept of the Langmuir plot of C_e versus Ce/Q_e. The essential characteristics of Langmuir isotherm can be expressed in terms of dimensionless constant separation factor for equilibrium parameter, R_L.

The Freundlich model can be applied for non-ideal sorption onto heterogenous surfaces involving multilayer sorption. The linearized Freundlich model isotherm was applied for the adsorption of Pb and Cd and is expressed as:

$$\log Q_{\rm e} = 1/n \log C_{\rm e} + \log K_{\rm f} \tag{2}$$

where, K_f and n are the constants incorporating all factors affecting the adsorption process (adsorption capacity and intensity). Values of K_f and n were calculated from the intercept and slope of the plot.

The Dubinin-Radushkevich (DRK) model was applied to the equilibrium data to determine if sorption had occurred by physical or chemical processes. The DRK adsorption isotherm is represented as:

$$\ln q_{\rm e} = \ln X_{\rm m} - \beta \varepsilon^2 \tag{3}$$

where X_m is the theoretical saturation capacity (mg/g) and ε is a gas constant related to adsorption energy (mol² K J²), R is the gas constant (kJ mol⁻¹ K⁻¹) and T is the temperature (K). The constant β gives an ideal information about the mean free energy of adsorption per molecule of the adsorbate and can be calculated from the DRK isotherm constant ε using:

$$E = 1/\sqrt{-2\beta} \tag{4}$$

This sorption energy is independent of the temperature but varies depending on the nature of the adsorbent and adsorbate. The Temkin isotherm was studied by plotting the quantity sorbed Q_e against ln C_e and the constants were determined from the slope and intercept:

$$q_e = Bln A + Bln C_e \tag{5}$$

B is the Temkin constant related to heat of sorption (J/mol). A is the Temkin isotherm constant (l/g).

Adsorption kinetics

The kinetics of Pb(II) and Cd(II) interactions was tested with different models such as Lagergren pseudo-first order equation, pseudo-second order equation, Elovich equation, Intraparticle diffusion equation and liquid film diffusion model. Although, the Lagergren plots for Pb(II) and Cd(II) do not fulfil the essential condition of yielding the same q_e values as given by the experiments.

In this study, the pseudo-first order and pseudo-second order models have been tested at different concentrations. The pseudo-first order model can be expressed as follows:

$$\log (Q_{\rm e} - Q_{\rm t}) = \log Q_{\rm e} - k_{\rm t} t / 2.3.03 \tag{6}$$

where $Q_e(mg/g)$ is the mass of metal adsorbed at any time t and $k_1(min^{-1})$ is the equilibrium rate constant of pseudo-first order adsorption. The values of k_{ad} and Q_e are determined from the slope and intercept of the plot of log (Q_e - Q_t) versus t respectively.

The pseudo-second order model is based on the assumption that biosorption follows a second order mechanism. The equation can be expressed as [11]:

$$\frac{1}{q_t} = \frac{1}{k_2 q_e^2} + \frac{1}{q_e} t \tag{7}$$

where k_2 is the pseudo-second order rate constant (g/mg/min). The value of Q_e is determined from the slope of the plot of t/qt versus t.

Thermodynamic study

In this study, the adsorption studies were carried out between 30-55 °C. The values of the thermodynamic parameters such as ΔG° , ΔH° , and ΔS° , describing the metal uptake by the biomass were calculated using the thermodynamic equation described below:

$$k_{\rm d} = q_{\rm e}/C_{\rm e} \tag{8}$$

The plot of ln k_d versus 1/T gives a straight line with ΔH^o and ΔS^o being calculated from the slope and intercept, respectively.

$$\ln k_{\rm d} = \Delta S/R - \Delta H/RT \tag{9}$$

where ΔS° is the entropy change (J/mol/K), ΔH° is the enthalpy change (kJ/mol), ΔG° is the standard Gibb's free energy change for the adsorption (J/mol), R is the universal gas constant (8.314 J/mol/k) while T is the temperature (K). These values could be used to compute ΔG° from the Gibb's relation,

 $\Delta G = \Delta H - T \Delta S \tag{10}$

Study of desorption

The evaluation of the possibilities of regeneration of the adsorbent was undertaken by carrying out batch desorption experiments by varying the concentration of HCl from 0.05 to 0.2 M. The desorption index which is the ratio of sorbed metal and aqueous metal before and after desorption was calculated for the two metals ions. This enables to determine the degree of the reversibility of the sorption process.

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RESULTS AND DISCUSSION

Characterization results

The physico-chemical properties of the NaOH-activated African wild mango (AAM) are shown in Table 1. The surface of the material is slightly basic and it has very low organic content.

Table 1. Physico-chemical properties of NaOH-activated African wild mango.

Properties	AAM
Particle size	< 300 µm
% Moisture content	16.2
Bulk density (g/mL)	0.38
% Loss of mass on ignition	0.80
Surface area (m^2/g)	48.6
pH	7.80

Effect of initial concentration

The initial metal ion concentration greatly influenced the equilibrium metal uptake and adsorption yield as shown in Figure 1. An increase in initial concentration increased the amount of ions adsorbed (mg/g). When the initial Pb(II) and Cd(II) ions concentration was varied from 5 to 200 mg/g, the adsorption capacity of *Irvingia gabonensis* increased from 1.0 to 39.07 mg/g and 0.932 to 20.06 mg/g for Pb and Cd ions, respectively. The increase in adsorption capacity of adsorbents with the increase in metal ion concentration is probably due to higher interaction between metal ions and adsorbent surface [13].

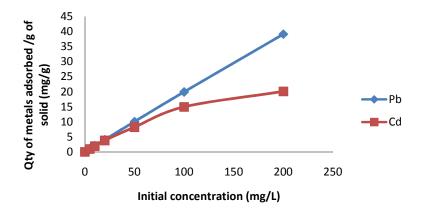


Figure 1. Variation of initial metal ions concentration on the sorption capacity of lead and cadmium ions: m = 0.1 g, V = 20 mL, time = 7 h, temperature = 30 °C.

Effect of contact time

It is very evident from the Figures 2a-b that the process of adsorption which increases steadily within the first 15 min attains a constant value at 20 min. The amount adsorbed per unit mass of the adsorbent showed consistent values from 30-120 min. Time of contact of the adsorbate and

the adsorbent is of great importance in adsorption, because it depends on the nature of the system used. Metal ion adsorption reaches equilibrium within 5-15 min according to some researchers [14]. This has supported our observation of Pb(II) and Cd(II) capacity equilibrium where adsorption was achieved almost within 20 min.

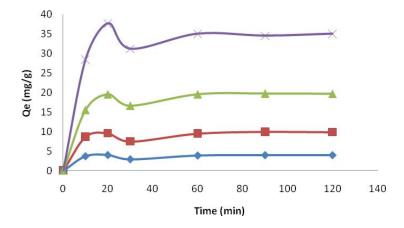


Figure 2a. Effect of contact time on the sorption of Pb^{2+} by AAM (m = 0.1 g, V = 20 mL, pH = 5, temperature = 30 °C, concentration = 20-200 mg/L, blue = 20 mg/L, red = 50 mg/L, green 100 mg/L, violet = 200 mg/L Pb^{2+}).

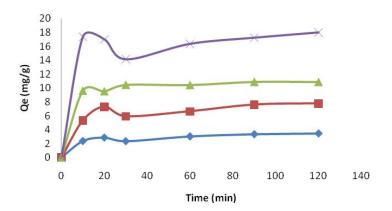


Figure 2b. Effect of contact time on the sorption of Cd²⁺ by AAM (m = 0.1 g, V = 20 mL, pH = 5, temperature = 30 °C, concentration = 20-200 mg/L, blue = 20 mg/L, red = 50 mg/L, green 100 mg/L, violet = 200 mg/L Cd²⁺).

Effect of adsorbent dose

The influence of different amounts of adsorbent dose (0.05-0.5g) on Pb(II) and Cd(II) ions adsorption at constant initial metal ion concentration of 200 mg/L, equilibrium time (30 min) and temperature 303 K, showed decrease in the quantity adsorbed with increase in adsorbent dose as shown in Figure 3. This can be attributed to the decrease in the number of sorbate ions

concentration per active site available for sorption on the surface [15]. Increasing the mass of the adsorbent caused the sorptive capacity q_e , to be reduced. This effect has also been reported for the sorption of Pb(II) and Cu(II) on Sago waste [16]. It was also observed that the percentage removal of Pb(II) and Cd(II) increases with the increase in the adsorbent dose. The maximum percentage removal of Pb(II) and Cd(II) were 99% and 72%, respectively, at 0.5 g of adsorbent dose and constant initial metal ions concentration of 200 mg/L.

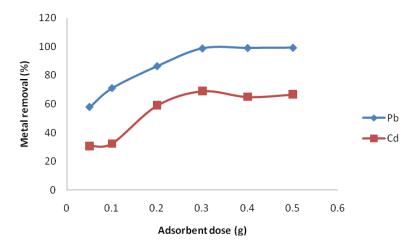


Figure 3. Effect of adsorbent dose on the percentage removal of Pb^{2+} and Cd^{2+} on AAM (m = 0.1 g, V = 20 mL, pH = 5, temperature = 30 °C, concentration = 200 mg/L, time = 30 min).

Effect of temperature

It is evident from Figure 4 that the adsorption capacity of Pb(II) and Cd(II) by the waste biomass decreased with increase in temperature from 30 °C to 45 °C. There is gradual decrease in the percentage removal from 82% to 71% for Pb(II) and 59% to 11% for Cd(II). The temperature higher than 45 °C might cause a change in the texture of the biomass and thus reduced its sorption capacity. However, subsequent increase in adsorption capacity was observed when temperature was raised beyond 45 °C due to reduction in the volume of the metal ions concentration at high temperatures. An increase in the temperature resulted in a decrease in the amount of metal adsorbed per unit mass of the adsorbents, which showed that the reaction was exothermic in nature. At high temperature, the adsorbate-adsorbent complex became unstable and the metal ions escape from the solid phase to the bulk solution.

A decrease in the percentage removal of Pb(II) and Cd(II) ions with a rise in temperature supports the heterogenous nature of the NaOH-activated African wild mango sample.

Effect of pH

The effect of pH on the adsorption of metal ions was carried out within the range that would not be influenced by the metal precipitation. The suitable pH range for Cd(II) and Pb(II) were found to be 2-6 [17]. The sorption capacity increased as the pH of the solution increases and reached a maximum value at pH of 6 as shown in Figure 5. Studies on heavy metal adsorption have shown that pH is one of the crucial parameters affecting the adsorption process [18]. There was

increase in the quantity adsorbed per gram of adsorbent from pH 2 to 5 for Pb(II) after which there was no gain in the adsorption capacity. A progressive increase was recorded up to pH of 4 for Cd(II) after which it reached a constant value. Maximum percentage removal for Pb(II) and Cd(II) was 77% and 67%, respectively, at pH of 6.

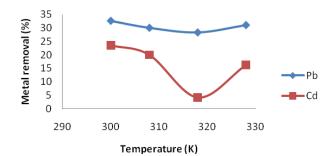


Figure 4. Effect of temperature on the percentage removal of Pb^{2+} and Cd^{2+} on AAM (m = 0.1 g, V = 20 mL, pH = 5, temperature = 300-328 K, concentration = 200 mg/L, time = 30 min).

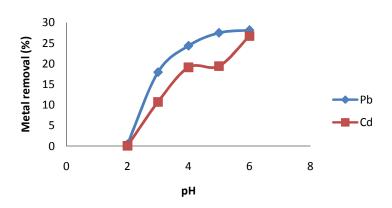


Figure 5. Effect of pH on the percentage removal of Pb^{2+} and Cd^{2+} on AAM (m = 0.1 g, V = 20 mL, pH = 2-6, temperature = 30 °C, concentration = 200 mg/L, time = 30 min).

In this work, an optimum pH was chosen to be 6 because precipitation of metal hydroxide has been previously reported at pH greater than 6.

Adsorption behavior of metals in binary solution

The influence of the second metal ion in the mixtures on the single metal ion adsorption capacity increases as its concentration in the binary mixtures increases. As in the case of Pb^{2+}/Cd^{2+} , the Pb^{2+} adsorption capacity obtained for the single component (Pb^{2+} only) decreases as the quantity of the Cd^{2+} in the initial binary mixture increases as shown in Table 2 and Figure 6. At 200 mg/L initial Pb(II) and Cd(II) ions concentration, the adsorbed metal quantities were found to be 30.22 mg/g and 18.32 mg/g for Pb(II) and Cd(II) ions, respectively.

Similar result of adsorption pattern was observed for Cd(II)/Pb(II) binary solution system. The equilibrium uptake of Cd(II) increases with an increase in Cd(II) ion concentration. Without the presence of Pb(II) ion concentration in the solution, the equilibrium uptake was 18.3 mg/g at 200 mg/L initial Cd(II) ions concentration. It can be concluded that the presence of Pb(II) ion concentration in the binary solution influence the uptake of Cd(II) by AAM. The equilibrium capacity at various solutions is listed in the Table 2.

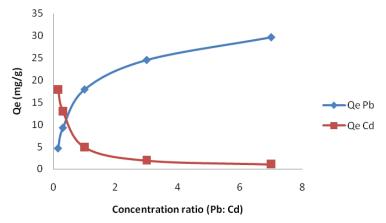


Figure 6. Plot of adsorption behavior of Pb(II) and Cd(II) ions in a binary solution (m = 0.1 g, V = 20 mL, temp. = $30 \,^{\circ}$ C, pH = 5, contact time = $30 \,$ min).

The overriding effect of the binary mixture of Pb(II) and Cd(II) seems to be antagonistic in this case. This is because the experimental equilibrium effect of the mixture is less than that of each of the components in the mixture.

Concentration (mg/L)	Concentration ratio of	Quantity adso	orbed (mg/g)
Pb(II) + Cd(II)	Pb(II) : Cd(II)	Pb(II)	Cd(II)
175 + 25	7.00	29.6	1.08
150 + 50	3.00	24.5	1.94
100 + 100	1.00	17.9	4.92
50 + 150	0.30	9.31	13.0
25 + 175	0.14	4.71	17.9

Table 2. Adsorption capacities in binary system.

Adsorption isotherms

The results of experimental data were fitted with Langmuir, Freundlich Dubinin Radushkevich and Temkin isotherms and these were illustrated in Figures 7a-b. Better fitting of the experimental data to Langmuir isotherm with regression coefficient of 0.985 and 0.984, respectively, indicate monolayer adsorption of Pb(II) and Cd(II). The Langmuir and Freundlich adsorption isotherms coefficients are summarized in Table 3. Langmuir isotherm parameter q_{max} indicates higher maximum adsorption capacity for Pb(II) than Cd(II) ions on AAM. Langmuir equilibrium coefficient, b, showed stronger interaction between Pb(II) and NaOH-activated African wild mango than for Cd(II). The large values of b for Pb(II) showed that the adsorption equilibrium is shifted towards the formation of the adsorbate-adsorbent complex.

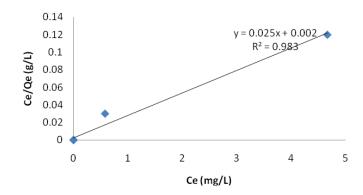


Figure 7a. Langmuir plot for sorption of Pb^{2+} ions on AAM at pH = 5, temp. = 30 °C, adsorbent dose = 0.1 g.

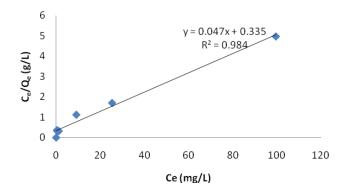


Figure 7b. Langmuir plot for sorption of Cd^{2+} ions on AAM at pH = 5, temp. = 30 °C, adsorbent dose = 0.1 g.

The Freundlich equation gives an adequate description of adsorption data over a restricted range of concentration and suggests heterogeneity of the adsorption sites on the biomass. This isotherm does not fit into the adsorption of Pb(II) on AAM but gives a moderate fitting for the adsorption of Cd(II) with regression coefficient of 0.876. The Freundlich isotherm parameter k indicates adsorption intensity when concentration of metal ion in equilibrium is unitary. Values of 1/n less than 1 indicate favorable adsorption of the metals and the values of n within the range of 1-10 represent good adsorption. High values of k indicate high adsorption intensity. The sorption free energy, E_D value calculated from the Dubinin-Radushkevich plot was 1.29 kJ/mol and -1.51 kJ/mol for Pb(II) and Cd(II), respectively. E_D value less than 8 kJ/mol showed that the adsorption process of lead and cadmium on NaOH-activated African mango follows physical adsorption. The theoretical saturation capacity, X_m values are 3.73 and 6.81 mg/g for Pb(II) and Cd(II), respectively. Other isotherms studied showed lower correlation coefficients as listed in Table 3. The Temkin isotherm constant, A was 1.774 L/g and 2.214 L/g for Pb(II) andCd (II), respectively. The heat of sorption, B was estimated to be 15.2 J/mol and 3.5 J/mol for Pb(II) and Cd(II), respectively. Good adsorption data fitting was however obtained for Temkin isotherm in respect of Cd(II).

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Table 3. Parameters for the adsorption isotherms.

Metal		Lang	gmuir		Freundlich			DRK				Temkin			
ion	q _{max}	b	R^2	R _L	1/n	n	Κ	R^2	В	X_m	ED	R^2	Α	В	R^2
Pb(II)	40	12.5	0.985	0.004	0.97	1.03	4.22	0.186	-3×10-7	3.73	1.29	0.207	1.774	15.2	0.479
Cd(II)	21.28	0.14	0.984	0.035	0.64	1.57	1.52	0.876	2×10^{-7}	6.81	-1.58	0.410	2.214	3.5	0.943

Adsorption kinetics

The kinetics of Pb(II) and Cd(II) interactions was tested with different models such as Lagergren pseudo-first order equation, pseudo-second order equation, Elovich equation, Intraparticle diffusion equation and liquid film diffusion model. Although, the Lagergren plots for Pb(II) and Cd(II) as shown in Figures 8a and 8b are linear, they do not fulfill the essential condition of yielding the same q_e values as given by the experiments.

Metal	Concent-ratio	P	seudo-first order	ŗ	Pseudo-second order				
ions	(mg/L)	$q_e(cal)$	$k_1 (min^{-1})$	R ²	$q_e(cal)$	$k_2(gmg^{-1}min^{-1})$	R^2		
Pb(II)	20	35.56	9.2×10 ⁻⁵	0.137	4.072	0.0607	0.990		
	50	30.59	4.6×10 ⁻⁴	0.380	10.26	0.0223	0.993		
	100	22.11	1.4×10 ⁻³	0.447	20.33	0.0159	0.998		
	200	6.145	4.2×10 ⁻³	0.107	35.46	0.0176	0.998		
Cd(II)	20	17.68	4.6×10 ⁻⁴	0.802	3.701	0.0282	0.989		
	50	14.24	1.4×10 ⁻³	0.590	8.117	0.0175	0.991		
	100	10.40	1.2×10 ⁻³	0.767	11.11	0.0378	0.999		
	200	4.008	4.2×10 ⁻³	0.242	18.18	0.0142	0.994		

Table 4. Kinetic parameters for adsorption of Pb(II) and Cd(II) on AAM.

The pseudo-second order kinetic model represented better the adsorption process compared to the pseudo-first order kinetic model as shown in Figures 8a-b. The pseudo-second order kinetic plots are of better linearity with correlation coefficient of 0.99 for all the concentrations determined. The calculated q_e value from the pseudo-second order model is in good agreement with the experimental q_e value. This suggests that the sorption followed the pseudo-second order model. The values of kinetic constants and q_e values of Pb(II) and Cd(II) metal ions sorption onto adsorbent for both pseudo-first and pseudo-second order models at different concentrations studied are given in Table 4.

Thermodynamics of the adsorption process

The free energy change obtained for the adsorption of Pb(II) and Cd(II) at 300 K, initial metal concentration of 200 mg/L and pH 5 was $-303.6 \text{ kJmol}^{-1}$ and $-239.7 \text{ kJmol}^{-1}$ respectively. As shown in Figure 9, the decrease in value of the free energy with increase in temperature showed that the adsorption process is exothermic. With increase in temperature, the magnitude of Gibb's free energy decreases showing the exothermic nature of the adsorption.

The negative values of ΔH and ΔS (change in enthalpy and entropy) as shown in Table 5 suggest the exothermic and spontaneous nature of the sorption, respectively. The negative value of ΔG confirmed the spontaneity of the adsorption process on *Irvingia gabonensis* shell.

Table 5. Thermodynamic constants of adsorption obtained for Pb(II) and Cd(II).

Metal ions	ΔG^{o} (kJ/mol)	ΔH^{o} (kJ/mol)	$\Delta S^{o} (J/mol/K)$
Pb(II)	-303.6	-275.6	93.34
Cd(II)	-239.7	-118.7	403.6

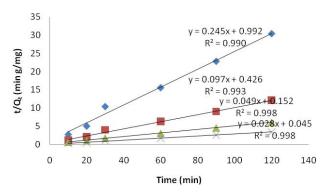


Figure 8a. Pseudo second order kinetics for sorption of AAM on Pb at pH = 5, temp. = 30 °C, adsorbent dose = 0.1 g.

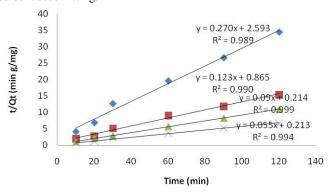


Figure 8b. Pseudo second order kinetics for sorption of AAM on Cd(II) at pH = 5, temp. = 30 °C, adsorbent dose = 0.1 g.

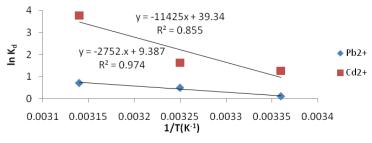


Figure 9. Thermodynamic plot of Pb(II) and Cd(II) ions on AAM at 200 mg/L.

FT-IR spectra analysis

The FT-IR spectra of unloaded and metal loaded *Irvingia gabonensis* biomass in the range of 400-4000 cm⁻¹ revealed complex nature of the adsorbent as evidenced by the presence of a large number of peaks. Table 6 showed the infrared adsorption wavenumber of each peak and corresponding functional groups of the adsorbent before and after adsorption of Pb(II) and Cd(II) ions. The absorption peak at 3792.18 cm⁻¹ indicates the existence of free and

intermolecular bonded hydroxyl group which was shifted to 3446.91 cm⁻¹ and 3566.5 cm⁻¹ after contact with Pb(II) and Cd(II), respectively, indicating participation of these functional groups in metal binding. Peak around 1737.99 cm⁻¹ corresponds to the C=O stretching that may be attributed to the aromatic groups and this was shifted to 1734.06 cm⁻¹ after contact with Pb(II) and Cd(II), respectively, thus pointing to changes in aromatic groups after Pb(II) and Cd(II) loading. Peak around 1664.62 cm⁻¹ corresponding to the C=N stretching groups, was shifted to 1654.98 cm⁻¹ and 1653.05 cm⁻¹ after contact with Pb(II) and Cd(II) ions, respectively. Peak around 1512.24 cm⁻¹ corresponding to the N-O asymmetry stretch of nitro compound shifted to 1508.38 cm⁻¹ when the adsorbent was loaded. Peak around 1377 cm⁻¹ corresponds to the C-H bending (-CH₃), and it was shifted to 1373.36 cm⁻¹ thus pointing to changes in C-H bending after Pb(II) and Cd(II) exposure. Additional peaks at lower wavenumbers confirmed the presence of lead and cadmium on the surface of the adsorbent.

Adsorbent	Wavenumber (cm ⁻¹)								
	O-H	C≡C	C=O	C=N	N-O	-CH ₃	Bending vibrations		
UAM	3792.18	2135.27	1737.9	1664.6	1512.24	1371.4	437.86-896.93		
AAM	3416.05	2133.34	-	1664.6	1512.24	1377.2	451.36-896.93		
Pb(II) loaded	3446.91	2135.27	1734.0	1654.9	1508.35	1373.3	418.57-896.93		
Cd(II) loaded	3566.5	2135.27	1734.0	1653.0	1508.35	1373.3	437.86-896.93		

Table 6. FT-IR Spectra of UAM, AAM, and AAM-Pb and Cd loaded adsorbent.

Desorption results

Desorption studies were helpful to explore the possibilities of recycling the adsorbent. Table 7 revealed the percentage desorption of Pb(II) and Cd(II) by various concentrations of HCl ranging from 0.05-0.2 M which serve as the desorbing agent were tested to remove the metal ions from the adsorbent. Maximum percent desorption of Pb(II) and Cd(II) of 78% and 71% were, respectively, achieved within 1 h for HCl concentration of 0.05 M from NaOH activated *Irvingia gabonensis*, as shown in Figure 10. When HCl was used as desorption agent, the adsorbent surface was covered with H^+ ions while the coordination spheres of chelated Pb(II) and Cd(II) ions were disrupted. Thereafter, the metal ions could not compete with H^+ ions for exchange sites and subsequently heavy metals ions were released from the solid surface into the solution [19].

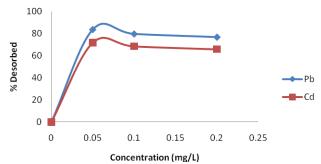


Figure 10. Desorption of Pb(II) and Cd(II) ions from the adsorbent by 0.05 M HCl (volume = 20 mL, adsorbent dose = 0.1 g, contact time = 30 min, and temp, 30 °C).

Desorption index

The desorption indices of NaOH-activated African wild mango on Pb(II) and Cd(II) have been calculated and the values are summarized in Table 7. The values of the desorption index (DI)

were calculated for various concentrations of HCl from 0.05-0.2 M in order to evaluate the degree of reversibility of Pb(II)-AAM and Cd(II)-AAM sorption process. A sorption process is considered to be completely reversible when DI equals 1. The degree of irreversibility of a sorption reaction increases as DI value deviates from 1 [20]. In this study, the DI value for Pb(II)-AAM ranged from 1.254-1.277, while that of Cd(II)-AAM ranged from 0.711-0.728. The DI values are close to 1 which implies that the sorption process is practically reversible within the concentration range investigated.

Table 7. Values of % desorbed and desorption indices (DI) of Pb(II) and Cd(II) by HCl.

Concentration of	%	Desorbed	Desorption index			
HCl (M)	Pb(II)	Cd(II)	Pb(II)	Cd(II)		
0.05	77.9	70.5	1.25	0.711		
0.1	77.6	70.4	1.26	0.712		
0.2	76.5	68.9	1.28	0.728		

CONCLUSION

The results of our study revealed that NaOH-activated African wild mango can be used for the removal of Pb(II) and Cd(II) ions from aqueous solution. Equilibrium adsorption studies showed that the system followed Langmuir model best. The kinetics studies revealed that the metal ions removal followed pseudo-second order rate equation. The interactions were thermodynamically favorable due to the exothermic nature of the process. Desorption experiment indicated that 0.05 M HCl is adequate for the regeneration of the spent adsorbent.

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