# Pollen Analysis of Honey Samples from 13 Local Government Areas of Ebonyi State, Nigeria

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#### Abstract

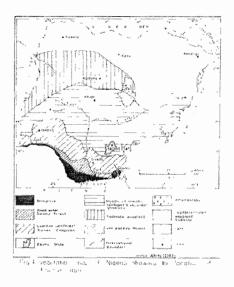
Twenty- six honey samples from 13 Local Government Areas in Ebonyi State of Nigeria were acetolysed and analyzed palynologically to determine their pollen and spore content. Ninety- one pollen types belonging to fifty plant families were identified. Forty- three of these pollen types were identified to specific, forty-two to generic and three to family levels. The predominant honey plants were Elaeis guineensis Jacq, Anacardium occidentale Linn., Citrus sp, Crossopteryx febrifuga Afzel ex G. Don., Nauclea latifolia S.M., Hymenocardia acida Tull, Lannea acida A. Rich, Phyllanthus discoideus (Baill) Mull. Arg., Olax viridis, Irvingia wombolu Vermoesen ex Baill, Bombax buonopozense P. Beauv, Brachystegia eurycoma Harms, Parkia biglobosa (Jacq.) Benth, Berlinia grandifolia S. M., Ceiba pentandra Linn and members of the Poaceae and CombretaceaelMelastomataceae families. All these plants are characteristic species of the Forest-Savanna ecozone. The analysis also reflected some non-nectariferous taxa such as Elaeis guineensis, Alchornea cordifolia and members of the Poaceae family, that honey bees visit for their pollen meal. Other pollen contributors were some socio-cultural plants, which are selectively protected and propagated for their economic and aesthetic values.

Keywords: Pollen analysis, Honey samples, Ebonyi State, Nigeria

# Introduction

In more recent times the use of honey has gained widespread interest and popularity within the society. It has become an integral part in the menu of most Nigerians, sweetener in bakeries, base for jam making, an active component in ethnomedical industries and appreciable sources of income to both the honey gatherers and apiculturists (Agwu Njokuocha, 2004). Their quality and genuineness are mostly determined by the biological elements contained in them, particularly pollen and spores. Pollen analysis is made possible because of some important and basic characteristic features of pollen and spores. Such diagnostic features include the presence of sporopollenin in their outer wall layer, known as exine and which makes them resistant to biodegradation. This together with their structural and sculptural patterns, size, as well as their production in large numbers make them extremely useful for palynologists.

Ebonyi State is located within zone of Nigeria in the Mosaic of southeastern Lowland Rainforest and Secondary Grassland, Guinean-Congolian type (White, 1983) (Fig. 1). It has a land area of approximately 5935 sq km, occupying the middle Cross River plain within Latitude 7°30<sup>1</sup>N and 8°30<sup>1</sup>N and Longitude 5°40<sup>1</sup>E and 6°45¹E (Ofomata ,1975). It is bounded to the east by Cross River State, to the west by Enugu State, to the north by Benue State and to the south by Abia State of Nigeria. The vegetation constitutes an important ecosystem of both economic and ecological significance. The pollen and spore content of honey samples from different parts of Nigeria have been studied by Sowunmi (1976); Agwu and Akanbi (1985); Agwu et al., (1989); Agwu



and Abaeze (1991); Agwu and Okeke (1997): Sowunmi (2001); Agwu and Njokuocha (2004). Ebonyi State has so far not been sampled. The aim of this work was to investigate palynologically the pollen and spore contents of 26 honey samples from 13 Local Government Areas of Ebonyi State and to establish the botanical and geographical origins of the 26 honey samples and to identify from these, the most important predominant honey plants visited by bees for the synthesis of honey. Knowledge of these could lead to the development of apicultural farm in this State where such practice is not in existence.

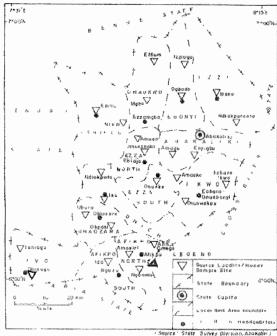


Fig.2 Map of Ebonyi State showing the Local Government Areas and source localities of honey samples

## Materials and Methods

Two honey samples were collected from each of the 13 Local Government Areas in Ebonyi State of Nigeria. These L.G.As were Abakaliki, Afikpo North. Afikpo South, Ebonyi, Ezza North, Ezza South, Izzi, Ishielu. Ikwo, Ivo, Ohaukwu, Ohaozara and Onicha (Fig. 2). Samples were sourced during the major honey production periods of January-May in 2002 and 2003 and were tagged I and II.

Extraction of pollen: The 26 honey samples were vigorously shaken to ensure an even distribution of the biological components contained in them. Ten grams of the honey samples were weighed out with the aid of Microwa Swiss 7720 sensitive weighing balance and washed with 35 ml of warm (50°C) dilute sulphuric acid solution (3 ml conc. Sulphuric acid to 997 ml of water) (Lieux ,1972; Agwu and Akanbi, 1985). This process removes superfluous matters like the sugar content and colloidal materials contained in the honey. acidified honey solution was centrifuged for 5 minutes at 2000 r.p.m. The precipitates were recovered by decanting the supernatant. The recovered precipitates were washed twice with distilled water, followed by centrifugation and decanting. The recovered precipitates were acetolysed according to Erdtmans (1971) acetolysis method of 9:1 ratio (9 ml of acetic anhydride to 1 ml of 2H<sub>2</sub>SO<sub>4</sub>). The recovered pollen grains were then washed twice with distilled water and stored in plastic vials in 2:1 glycerol and ethanol.

**Analysis:** Microscopic analyses of prepared temporary slides were carried out using x 400 magnification. Pollen grains were identified, counted and classified as far as family, generic and specific levels while the predominant honey plants were

classified using Louveaux et al., (1970) recommendation, for expressing pollen frequencies i. e. Very frequent >45%, Frequent >16-45%, Rare > 3-15% and sporadic <3%. Photomicrographs of some of the important honey plants were made (Plate 1).

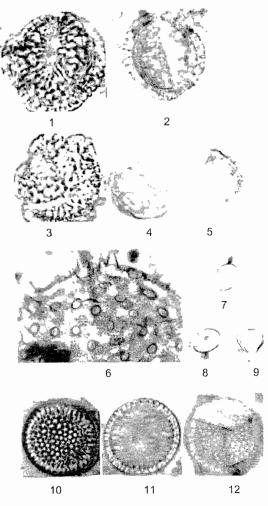


Plate 1: Predominant pollen: Caesalpiniaceae: 1 – 2, Afzelia africana SM, 3 – 5 Brachystegia eurycoma, Convolvulaceae: 6 Ipomoea involucrata Planck ex Benth, Irvingiaaceae: 7 -9 Irvingia wombolu Baill, Euphorbiaceae: 10 - 12 Manihot exculenta Linn. All x 1000

# Results

Ninety one pollen types belonging to fifty plant families were identified. Forty-three of the pollen types were identified to species, forty-two to generic and three to family levels. Five monocotyledonous families and forty-one dicotyledonous families were identified, while three remained unidentified. The highest quantity of pollen was recorded from Ikwo I while the least pollen came from Abakaliki I. Pollen quantities from the various localities are shown in Table 1.

Table 1: Number of Plant Families and Pollen Quantity Identified from the 26 Honey Samples

Localities	Pollen Families/Quantity (Grains)/					
	(1)	grains	(11) grains			
Abakaliki	11	328	12 585			
Afikpo North	26	2589	28 3039			
Afikpo South	28	3227	22 1395			
Ebonyi	33	3576	22 772			
Ezza North	19	1403	14 1411			
Ezza south	23	2988	27 2962			
lkwo	23	7586	25 5053			
Ishielu	10	1057	22 1249			
Izzi	31	2853	28 1633			
Ohaozara	17	674	18 792			
Ohaukwu	18	753	16 3438			
Onicha	31	6140	28 2806			
lvo	20	2806	22 1989			

Table 2:	Predominant	honey r	olants and	their percentage

Abakaliki   Eleois guineensis   206   63.0   Trichilia lanata   36   11.01   Ii   Irvingia wombolu   156   26.8	ality Pollen Types	Pollen Quantity	Pollen %	Frequency Class
II		206	63.0	V. Frequent
I		36	11.01	Rare
Elaeis guineensis   308   52.8		156	26.8	Frequent
Afikpo North I         Anacardium occidentale Crossopteryx febrifuga         356         14.5           Anauclea latifolia         298         12.1           Nauclea latifolia         240         9.75           Combre/Melastomataceae         160         6.5           Elaeis guineensis         318         12.3           Carica papaya         120         4.87           II         Phyllanthus sp         450         15           Anacardium accidentale         530         17.85           Combre/Melastomataceae         140         4.67           Crossoptery febrifuga         305         12.9           Elaeis guineensis         406         22.6           Afikpo South         1         Crossopteryx febrifuga         508         34.4           Combretaceae / Melastomataceae         150         6.9         12.9           Elaeis guineensis         458         21.1         1           Trichilia lanata         1052         48.8         21.1           Trichilia lanata         436         31.7           Ebonyi         Ii         Ivingia wombolu         645         18.4           Ii         Ivingia wombolu         645         18.4 <t< td=""><td></td><td>308</td><td>52.8</td><td>V. Frequent</td></t<>		308	52.8	V. Frequent
Crossopteryx febrifuga		356	14.5	Rare
Nauclea latifolia	Crossopteryx febrifuga	298	12.1	
Elaeis guineensis		240	9.75	"
Carica papaya   120	Combre/Melastomataceae	160	6.5	**
Ii	Elaeis guineensis	318	12.3	Rare
Ii		120	4.87	**
Combre/Melastomataceae		450	15	Rare
Crossoptery febrifuga   305   12.9	Anacardium accidentale	530	17.85	Frequent
Crossoptery febrifuga   305   12.9   Elaeis guineensis   406   22.6     Afikpo South   Crossopteryx febrifuga   508   34.4     Combretaceae   Melastomataceae   150   6.9     Ii		140		Rare
Elaeis guineensis   406   22.6     Afikpo South   Crossopteryx febrifuga   508   34.4     Combretaceae   Melastomataceae   150   6.9     Ii   Elaeis guineensis   458   21.1     Trichilia lanata   1052   48.8     Elaeis guineensis   450   32.7     Trichilia lanata   436   31.7     Ebonyi   Ii   Irvingia wombolu   645   18.4     Elaeis guineensis   615   17.3     Trichilia lanata   385   10.8     Nauclea latifolia   602   16.8     Ii   Irvingia wombolu   135   17.5     Phyllanthus sp   103   13.3     Elaeis guineensis   58   7.5     Brachystegia eurycoma   43   5.6     Ezza North   Elaeis guineensis   701   50     Crossopteryx febrifuga   380   27.1     Ii   Elaeis guineensis   408   29.0     Crossopteryx febrifuga   385   27.3     Lannea sp   508   36.1     Ezza South   Crossopteryx febrifuga   306   10.1     Trichilia lanata   436   14.4     Lannea sp   956   31.5     Elaeis guineensis   408   13.8     Lannea acida   388   13.1     Ikwo   I   Elaeis guineensis   408   13.8     Lannea sp   25.5   10.2     Trichilia lanata   3835   47.2     Lannea sp   2250   27.7     Ii   Elaeis guineensis   47.2     Lannea sp   2250   27.7     Ii   Elaeis guineensis   488   17		305		n
Afikpo South         I         Crossopteryx febrifuga         508         34.4           Combretaceae / Melastomataceae         150         6.9           Ii         Elaeis guineensis         458         21.1           Trichilia lanata         1052         48.8           Elaeis guineensis         450         32.7           Trichilia lanata         436         31.7           Ebonyi         Ii         Irvingia wombolu         645         18.4           Elaeis guineensis         615         17.3         17.3         17.3           Trichilia lanata         385         10.8         Nauclea latifolia         602         16.8           Ii         Irvingia wombolu         135         17.5         Phyllanthus sp         103         13.3         17.5         Phyllanthus sp         103         13.3         13.3         17.5         Phyllanthus sp         103         13.3         13.3         17.5         Phyllanthus sp         103         13.3         13.3         15.6         17.5         17.5         17.5         17.5         17.5         17.5         17.5         17.5         17.5         17.5         17.5         17.5         17.5         17.5         17.5         17.5 <t< td=""><td></td><td>406</td><td></td><td>Frequent</td></t<>		406		Frequent
Combretaceae / Melastomataceae   150   6.9     Ii				Frequent
Ii				Rare
Trichilia lanata				Frequent
Elaeis guineensis				V. Frequent
Trichilia lanata				Frequent
Ebonyi   I				Frequent
Elaeis guineensis   615   17.3   17.5   10.8   Nauclea latifolia   602   16.8   10.8   10.5   17.5				Frequent
Trichilia lanata   385   10.8   Nauclea latifolia   602   16.8       Ii	•			Frequent
Nauclea latifolia   602   16.8     Irvingia wombolu   135   17.5     Phyllanthus sp   103   13.3     Elaeis guineensis   58   7.5     Brachystegia eurycoma   43   5.6     Ezza North   Elaeis guineensis   701   50     Crossopteryx febrifuga   380   27.1     Ii   Elaeis guineensis   408   29.0     Crossopteryx febrifuga   385   27.3     Lannea sp   508   36.1     Ezza South   Crossopteryx febrifuga   306   10.1     Trichilia lanata   436   14.4     Lannea sp   956   31.5     Elaeis guineensis   775   25.5     Ii   Crossopteryx febrifuga   1025   35     Elaeis guineensis   408   13.8     Lannea acida   388   13.1     Lannea acida   388   13.1     Lannea sp   2250   27.7     Ii   Elaeis guineensis   858   17				Rare
Ii       Irvingia wombolu       135       17.5         Phyllanthus sp       103       13.3         Elaeis guineensis       58       7.5         Brachystegia eurycoma       43       5.6         Ezza North I       Elaeis guineensis       701       50         Crossopteryx febrifuga       380       27.1         Ii       Elaeis guineensis       408       29.0         Crossopteryx febrifuga       385       27.3         Lannea sp       508       36.1         Ezza South I       Crossopteryx febrifuga       306       10.1         Trichilia lanata       436       14.4         Lannea sp       956       31.5         Elaeis guineensis       775       25.5         Ii       Crossopteryx febrifuga       1025       35         Elaeis guineensis       408       13.8         Lannea acida       388       13.1         kwo       I       Elaeis guineensis       825       10.2         Trichilia lanata       3835       47.2         Lannea sp       2250       27.7         Ii       Elaeis guineensis       858       17				Frequent
Phyllanthus sp				Frequent
Elaeis guineensis   58   7.5   8   8   7.5   8   8   8   8   8   8   8   8   8	3			Rare
Brachystegia eurycoma				Rare
Ezza North I       Elaeis guineensis       701       50         Crossopteryx febrifuga       380       27.1         Ii       Elaeis guineensis       408       29.0         Crossopteryx febrifuga       385       27.3         Lannea sp       508       36.1         Ezza South I       Crossopteryx febrifuga       306       10.1         Trichilia lanata       436       14.4         Lannea sp       956       31.5         Elaeis guineensis       775       25.5         Ii       Crossopteryx febrifuga       1025       35         Elaeis guineensis       408       13.8         Lannea acida       388       13.1         kwo       I       Elaeis guineensis       825       10.2         Trichilia lanata       3835       47.2         Lannea sp       2250       27.7         Ii       Elaeis guineensis       858       17				Rare
Crossopteryx febrifuga   380   27.1     Ii				V. Frequent
Ii       Elaeis guineensis       408       29.0         Crossopteryx febrifuga       385       27.3         Lannea sp       508       36.1         Crossopteryx febrifuga       306       10.1         Trichilia lanata       436       14.4         Lannea sp       956       31.5         Elaeis guineensis       775       25.5         Ii       Crossopteryx febrifuga       1025       35         Elaeis guineensis       408       13.8         Lannea acida       388       13.1         kwo       I       Elaeis guineensis       825       10.2         Trichilia lanata       3835       47.2         Lannea sp       2250       27.7         Ii       Elaeis guineensis       858       17				Frequent
Crossopteryx febrifuga   385   27.3   Lannea sp   508   36.1				Frequent
Lannea sp   508   36.1				Frequent
Crossopteryx febrifuga   306   10.1				Frequent
Trichilia lanata	the state of the s	306		Rare
Lannea sp   956   31.5     Elaeis guineensis   775   25.5     Ii   Crossopteryx febrifuga   1025   35     Elaeis guineensis   408   13.8     Lannea acida   388   13.1     kwo   I   Elaeis guineensis   825   10.2     Trichilia lanata   3835   47.2     Lannea sp   2250   27.7     Ii   Elaeis guineensis   858   17				Rare
Elaeis guineensis   775   25.5   25				Frequent
Crossopteryx febrifuga				Frequent
Elaeis guineensis				Frequent
Lannea acida       388       13.1         kwo       I       Elaeis guineensis       825       10.2         Trichilia lanata       3835       47.2         Lannea sp       2250       27.7         Ii       Elaeis guineensis       858       17				Rare
kwo     I     Elaeis guineensis     825     10.2       Trichilia lanata     3835     47.2       Lannea sp     2250     27.7       Ii     Elaeis guineensis     858     17				" "
Trichilia lanata       3835       47.2         Lannea sp       2250       27.7         Ii       Elaeis guineensis       858       17				60
Lannea sp         2250         27.7           li         Elaeis guineensis         858         17	3			V. Frequent
li Elaeis guineensis 858 17				Frequent
				Rare
	3			"
Trichilia lanata 2031 40.13			-	Frequent
Irvingia wombolu 375 7.4				Rare
Lannea sp 751 14.8				Kare
shielu I Elaeis guneensis 109 10.3				6
Crossopteryx febrifuga 755 71.1	Elacio gariotino			
li Elaeis guneensis 232 19.4				V. Frequent
Crossopteryx febrifuga 102 8.5				Frequent Rare

		Olax viridis	209	17.5	Frequent
		Trichilia lanata	205	17.1	Frequent
Izzi	1	Elaeis guineensis	550	19.3	Frequent
		Poaceae	135	4.74	Rare
		Crossopteryx febrifuga	574	20.0	Frequent
		Phyllantus sp	504	17.7	Frequent
		Irvingia wombolu	103	3.6	Rare
	li	Elaeis guineensis	340	11.9	44
		Poaceae	75	2.6	Sporadic
		Irvingia wombolu	380	13.3	Rare
Ohaozara	1	Elaeis guineensis	340	45.6	V. Frequent
		Irvingia wombolu	380	50.9	V. Frequent
	lí	Elaeis guineensis	200	15.3	Frequent
		Crossopteryx febrifuga	125	15.8	Frequent
		Irvingia wombolu	168	21.2	Frequent
Onicha	I	Trichilia lanata	2367	38.5	Frequent
		Elaeis guineensis	1708	27.8	Frequent
		Lannea sp	1285	20.9	Frequent
I	li	Trichilia lanat a	1150	30.2	Frequent
		Irvingia wombolu	1698	44.6	Very freq
		Lannea sp	260	6.8	.Rare
Ivo	1	Crossoteryx febrifua	355	12.6	Rare
li		Citrus sp.	233	8.29	Rare
		Parinari curatellifolia.	259	9.22	Rare
		Elaeis guineensis	436	15.5	Rare
		Anacardium occidentale	576	20.5	Frequent
	li	Nauclea latifolia	320	16.1	Frequent
		Crossopteryx febrifugia	170	8.55	Rare
		Lannea sp	320	16.1	Frequent
		Citrus sp	189	9.50	Rare

#### Discussion

The 26 honey samples from Ebonyi State of Nigeria have furnished information on their botanical and geographical origins and important predominant honey plants as well as some non nectariferous plants preferred by honey bees for the synthesis of honey.

The pollen analysis revealed very distinct floral composition for each local government area, even though these localities generally belong to the same geographical zone. These differences could be attributed to major diversities in the flora of some of the localities, which are controlled by the influence of local edaphic and micro-climatic factors as well as anthropogenic activities; this is inn line with the work of Sowunmi (1976). The edaphic factor is related to the soil type and the moisture content of the soil in the various localities, which to some extent, determine the type of vegetation cover of the place. Micro-climatic factors such as relative humidity and the intensity of the rainfall have great impact on the flora of the various localities. The proximity of Ikwo, Onicha, Afikpo, Ebonyi and Ivo L.G.As to water bodies like Western Ebonyi, Asu, Eze Aku and Cross River is reflected by the high number of forest species encountered from those areas, while areas under the influence of intensive human activities such as Ishielu, Izzi and Ezza North showed more of savanna species.

**Botanical origin:** The honey samples were rich in pollen types as illustrated from their pollen contents. This probably is a reflection of the high species diversity characteristic of the mosaic of lowland rainforest and secondary grassland. The ninetyone pollen types identified from the 26 honey samples compared favourably with the 50 pollen types in six samples reported by Sowunmi (1976),

56 pollen types identified from seven honey samples by Agwu and Akanbi (1985) and 42 pollen types from four honey samples reported by Agwu and Njokuocha (2004). The following species were considered to be the most common honey plants encountered during the study: Elaeis guineensis, Parkia biglobosa, Lannea acida, Irvingia wombolu, Trichilia sp. Afzelia africana, Berlinia grandifolia, Dialium guineese, Diospyros sp, Mangifera indica, Phyllanthus sp, Syzygium guineense, Lophira lanceolata, Parinari curatellifolia, Canthium sp. Khaya sp, Senna sp, Pycnanthus sp, Olax viridis, Brachystegia eurycoma, Crossopteryx febrifuga, Nauclea latifolia, Anacardium occidentale, Citrus sp. Hymenocardia acida and members of the Combretaceae/Melastomataceae and Poaceae families.

Geographical origin: The geographical origin of the above honey samples, as reflected by their pollen composition is a composite of derived savanna with relics of lowland rainforest species (Ofomata 1975). Ebonyi State is located within the Mosaic of Lowland Rainforest and Secondary Grassland, which is derived from the northern limits of the Tropical Rain Forest belt of Cross River State. It is characterized by the following plants: Elaeis guineensis, Parkia biglobosa, Lannea acida, Syzygium guineense, Irvingia wombolu, Trichilia sp. Parinari curatellifolia, Afzelia africana, Berlinia grandifolia, Dialium guineese, Diospyros Mangifera indica, Phyllanthus Sp, Lophira lanceolata, Canthium sp, Pycnanthus sp, Olax viridis, Brachystegia eurycoma, Crossopteryx febrifuga, Nauclea latifolia, Anacardium occidentale. Hymenocardia acida, members of the Combretaceae/Melastomataceae and families. The relative occurrence of members of the

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Poaceae family in all the honey samples indicates savanna origin (Table 2).

Some of the samples were actually low in pollen grains such as recorded in Abakaliki 1 with 328 grains. This low pollen quantity may be attributed to adulteration of honey by addition of sugar-cane (Saccharum officinarum) syrup (cf. Sowunmi, 1976).

Predominant honey plants: The pollen analysis also showed great variations in the total number of pollen types and percentage composition of the predominant honey plants, visited by bees for their nectar and pollen sources. The regular occurrence of these plants may be attributed to their abundance and / or preference of these plants to others by the bees. It could further be linked to the prolific production of pollen of such species within the vicinity of the bee hives or their proximity to the bee hives. Some of these plants include : Elaeis guineensis 63%, Irvingia wombolu 50%, Trichilia lanata 48.8 %, Nauclea latifolia 16.%, Parinari curatellifolia 9.2 %, Phyllanthus sp 13.3 %, Crossopteryx febrifuga 71.1%, Anacardium occidentale 20.5%, Olax viridis 17.5%, Lannea sp 36.1 %, Carica papaya 4.8 %, Brachystegia eurycoma 5.6%, Citrus sp 9.5% and members of the Combretaceae/Melastomataceae family 6.9%.

Some of these plants are indigenous, socio-cultural plants that are selectively protected and preserved for their economic values, such plants as Elaeis guineensis. Irvingia wombolu, Anacardium occidentale, Carica papaya and Citrus sp, are used as sources of food and fruits. Brachystegia eurycoma and Combretaceae/ Melastomataceae family are used as raw materials for building and constructions while some are used as medicine and for their aesthetic values as reported by Agwu and Okeke (1997). The above knowledge can help the individual honey gatherers and apiculturists to know where best to locate their bee hives, having in mind those plants that honey bees prefer in their production of honey.

Non-nectariferous taxa: Of great significance are the regular occurrence of *Elaeis guineensis*, *Alchornea cordifolia* and members of the Poaceae family in most of the honey samples. The abundance of these agrees with the report of Gary (1975), on bees visiting some anemophilous plants for the sole purpose of collecting pollen for their "beebread". These pollens serve as the major sources of protein, fatty acids, mineral salts and vitamins available in honey. Pollen of *Elaeis guineensis* and grasses have sweet scents that are attractive to honey bees (Agwu, Personal

communication). It further shows that bees collect pollen of grasses actively, and that the grass pollen found in honey were not accidental occurrence, introduced by wind as reported by Lieux (1972).

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