

Effect of Phyto-Components of *Allium Sativum* and *Syzyginum Aromaticum* On The Performance And Biochemical Indices In Grower Broiler Chickens

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Abstract

The potentials of *Allium sativum* and *Syzyginum aromaticum* on the performance and immunocompetence of grower broiler chickens was focused in this study. A total of one hundred and five (105) day old broiler chicks (Anak breed) were used in the study. Broiler starter diet was used to manage the birds until they attained five weeks of age. Thereafter, they were randomly allotted to seven treatments of 15 birds of three replicate each. To the treatments T1- T5: 0, 5, 10, 15, 20 g Kg⁻¹ garlic-clove blend was supplemented, while 5g Kg⁻¹ garlic alone (T6) and 2g Kg⁻¹ clove alone (T7) were supplemented to the diets. Water, and supplemented feed were offered ad libitum. The duration of the experiment lasted to five weeks. Phytochemical analysis of the two spices revealed the presence of Alkaloids, flavonoids, saponins, steroids, phenols, terpenoids, anthraquinones and tannins, while, quantitative phytochemical screening showed high amount of Alkaloids (7.20 ± 0.05mg/100g), tannins (4.80 ± 0.03mg/100g), saponins (4.30 ± 0.02 mg/100g), flavonoids (2.18 ± 0.03), and anthraquinones (1.40 ± 0.03 mg/100g). The proximate analysis of *Syzyginum aromaticum* also revealed high amount of Carbohydrates (oligosaccharides) (52.2 ± 0.02), fibre (20.00 ± 0.1), fats (12.1 ± 0.45) and ash (5.2 ± 0.01). The Feed Conversion Ratio (FCR) in all the treatments was comparable to the control and better in T2, T5, T6 and T7. There was no significant difference ($P \leq 0.05$) in the serum Blood Urea Nitrogen (BUN) and serum Glutamate Oxalate Transaminase (SGOT) between the treatments and the control group. The serum total protein and the serum

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albumin in the treated groups were not significantly different ($P \leq 0.05$) while the serum globulin differ ($P \leq 0.05$) between the treatments and the control groups. The performance characteristics and serum biochemical indices displayed by the experimental birds clearly showed the potency of these spices in improving the immuno-competence of the experimental birds.

Keywords: *Allium sativum*, Broiler finisher, Immuno-competence, Performance, Supplementation, *Syzygium aromaticum*

INTRODUCTION

During a meeting with vice-chancellors of universities on the University-based poultry revival programme that was hosted by the governor of the Central Bank of Nigeria (CBN) in Abuja, in July, 2019, He stated that, with a current net worth of N1.6 trillion, the poultry sub-sector is the most commercialized of all Nigeria's agricultural sub-sectors. This, sub-sector according to him, contributes about Twenty five percent (25%) of agricultural Gross Domestic Product (GDP) to the Nigerian economy. The CBN stock assessment put the population of chickens to about 165 million, from which approximately 650,000 metric tonnes and 300,000MT of eggs and meat are produced altogether. He stated that, to meet the demand of about 790,000MT and 1,500,000MT for eggs and meat, over 200 million birds need produced. It was pointed out that, over 1.2 million MT of poultry meat is smuggled into Nigeria from Benin Republic due to this supply gap, a situation that cannot be tolerated and must be reversed through improved production methods. (The Cable, P 8, 2019).

The CBN also projected that, with the expected Nigeria's population of 400 million by 2050, of which 80 million of the number will live in the cities, significant increase in the demand for poultry products is expected. However, despite the projection, consumption of chicken as a protein source is still very low per capita at 2.5kg in Nigeria in comparison to Brazil and South Africa at 30kg and 40kg respectively. More so, when the per capita consumption of eggs in Nigeria is 60 eggs per annum, most advanced countries consume 250 to 300 eggs per annum. (The Cable, Page 8, 2019).

In Nigeria, with the estimated poultry population of 24.3 million in the southwest, 22.6 million in the central zone, 17.8 million birds in the northwest, 16.0 million in the southeast and 15.8 million in the northeast efforts must be geared towards increase production in some regions (Dayo *et al.*, 2009).

Broilers make up 70% of the chicken population in Nigeria, while layers account for 30%. (Babbangonablog, 2020). Broilers are of strains that have been bred to be very fast growing in order to gain weight quickly (Compassion in World Farming, 2013).

Food security is said to be achieved when people produce or have access to sufficient high quality and quantity of affordable food. Poultry production is the most efficient and cost-effective way to increase the availability of high-protein food has been generally acknowledged (FAO, 2018).

Spice herbs have been used therapeutically to improve health and wellbeing of animals, mostly for prophylactic purposes and to improve growth and feed utilisation (Simon, 2005). This in addition to being important part of human diet, spices have also been used for centuries in traditional medicine (Rivlin, 2001). Herbs and spices are known for their preservative (Nielsen and Rios, 2000), antioxidative (Shobana and Naidu, 2000), and antimicrobial (Salie *et al.*, 1996) roles in addition to boosting flavor.

Puvača *et al.* (2013) pointed out that; garlic is one of the most traditionally used plants as a medicinal herb. have been shown to exhibit: Anti-atherosclerotic, antimicrobial, hypolipidemic, antithrombotic, antihypertensive, antidiabetic effects have been shown to be exhibited by garlic preparations and extracts (Mansoub, 2011). Allicin have been found t be the main active components in garlic (Rahmatnejad and Roshanfekar, 2009). Stanačev *et al.* (2010) stated that;, feeding garlic as a supplement improved broiler growth and FCR, and decreased mortality rate. Heightened broilers performance and carcass traits may also be achieved by including levels of 1.5, 3 and 4.5% which caused a significant reduction in poultry serum, liver and skin cholesterol content (Puvača *et al.*, 2015).

Cloves have been reported to originate from southern Philippines and the Islands of Moluccas in Indonesia. The presence of eugenol and beta caryophyllene in cloves, made it a popular local anesthetic of choice in dentistry due to its analgesic effect. Its antibacterial and anti-inflammatory properties are effectively used in drugs formulation and dental fillings in dentistry. It also promotes proper flow of nutrients and oxygen throughout the body by increasing blood circulation, thus, enhancing the body metabolism. They have also been found to help in maintaining cardiovascular health through inhibiting the clotting of blood. Due to its aphrodisiac and stimulant properties, clove have been found to serves as an excellent stress reliever. By removing mental exhaustion and inducing sleep, It also aids in treating depression and anxiety and alleviating insomnia effectively (Okwu, 2001).

The main focus of this research work was investigating the effect of inclusion of clove-garlic blend in the diet of grower broiler chickens on performance and serum biochemical indices, in the experimental animals.

MATERIALS AND METHODS

Methods

Experimental Site:

The experimental station (New Bussa) sits at 9°53'N ,9.883°N and 4°31'E, 4.517°E (NIPOST Archives, 2009). The research work was carried between the Months of May to July (early part of rainy season)

The garlic and the cloves were purchased from the New Bussa market. They were washed and dried at room temperature and then separately packaged in a polythene bag until required for use.

Preparation of the garlic-clove powder

Mortar and pestle were used to pulverize the dried clove (*Syzygium aromaticum* (L.)) into a powdered sample. It was sieved through a 0.5mm pore-sized sieve. While the garlic (*Allium sativum* L) was roasted to temperature of 60°C in a microwave oven and then pulverised into a powdered form and packaged in a polythene bag and kept until required for use.

Formulation of the clove-garlic blend

Based on the NRC (1994) prescription guide line, the pulverised form of the clove and the garlic were combined in the ratio 30:70% (w/w) and packaged as a single formulation in a polythene bag.

Birds and husbandry

A total of One hundred and five (105) day-old broiler chicks were purchased from P.J speciality (a reputed poultry and poultry products distributor in New Bussa).

The chicks were managed on broiler starter diet (feed) until they attain five weeks of age. They were then, randomly distributed into seven treatments of 15 birds of three replicates containing five birds. No supplementation of clove-garlic blend in the diet (T1, control), dietary supplementation of 5g kg⁻¹ garlic-clove blend, (T2), dietary supplementation of 10g kg⁻¹ garlic-clove blend (T3), dietary supplementation of 15g Kg⁻¹ garlic-clove blend (T4), dietary supplementation of 20g kg⁻¹ garlic-clove blend (T5), dietary supplementation of 5g kg⁻¹ garlic alone (T6) and dietary supplementation of 2g kg⁻¹ clove alone (T7). Birds were exposed to a lighting regimen of 17 hours of (natural and artificial) light in 24 h. Water, and feed were offered *ad libitum*. The experiment from the grower to finisher level lasted for six weeks.

The experimental diets were formulated at the Federal College of Wildlife Management (FCWM). farm feed mill. A typical broiler starter/finisher diet, were formulated based on the National Research Council (NRC), (1994) requirements

Performance characteristics measurements

Birds were allotted into treatments and each treatment assigned into three replicates. The initial weight of the birds was measured. Data on the feed intake and weight gain was collected weekly, in the course of experiment.

$$\text{Feed intake I (g)} = \text{Feed supplied} - \text{Feed left-over}$$

$$\text{Weight gain (g)} = \text{Final weight} - \text{Initial weight}$$

$$\text{Feed Conversion Ratio (FCR)} = \frac{\text{Total feed consumption}}{\text{Total body weight gain}}$$

Measurements of Biochemical indices

These parameters were determined based on the methods of Tietz (1995) and Reitman and Frankel, (1957) while Gornall *et al.* (1949) method was for proteins

Measurements of Phytochemical components

The methods described by Trease and Evans, (2002) and Sofowora, (1982) were employed to qualitatively determined the phytochemical components.

Determination of proximate compositions

The AOAC, (2000) methods of analysis was employed in this aspect

Statistical analyses

All data were subjected to analysis of variance (ANOVA) as Completely Randomized Block Design according to the SAS., 2013. SAS user's guide statistics. Software Version 9.4.SAS Inst Institute, Inc., Cary, NC, USA.

RESULTS

The pharmacological efficacies of most plants or plant parts is a function of the presence of some phytochemicals contained therein. These phytochemicals are known to be pharmacologically active against varieties of pathogenic organisms ranging from parasites, bacteria, fungi and viruses; some were even found to possess anticancer, neoplastic, anti-

inflammatory and anti-necrotic properties. Like any other plant species, *Allium sativum* (garlic) has been found to contain such phytochemicals as shown in Table 1

Table 1: Phytochemical composition of *Allium sativum* aqueous and ethanol extracts

Phytochemical	Aqueous	Ethanol
Alkaloids	+	+
Flavonoids	+	+
Glycosides	+	+
Reducing sugar	-	-
Saponins	+	+
Steroids	+	+
Phenols	+	+
Terpenoids	+	+
Anthraquinons	+	+
Tannin	+	+

Plants phytochemical components whenever measured quantitatively were found to be in varying concentrations. The extent and amount to which the phyto-components exist in a particular plant or plant part will to a great extent, determine the pharmaco-activities of the plant under consideration. The solvent used in the extraction (depending on its polarity) will also be a factor that will determine the yield of the extract as portrayed in Table 4.2.

Table 2: Weight of Phytochemical components from *Alium sativum* aqueous and ethanol extracts

Phytochemical	Weight in mg/100g
Alkaloids	7.20 ± 0.05
Flavonoids	2.18 ± 0.03
Glycosides	0.05 ± 0.00
Saponins	4.30 ± 0.02
Steroids	0.05 ± 0.00
Phenols	0.80 ± 0.00
Terpenoids	0.40 ± 0.01
Anthraquinons	1.40 ± 0.03
Tannin	4.80 ± 0.03

The values are the mean of triplicate measurements ± Standard deviation (SD).

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Table 3: Phytochemical composition of *Syzygium aromaticum* ethanol extract

Phytochemical	Detection status
Carbohydrates	+
Proteins	-
Terpenoids	+
Steroids	+
Glycosides	+
Alkaloids	+
Tannins	+
Phenolics	+
Saponins	-

From the nutrition standpoint, nutritional potency of most plants and plant products is assessed through the determination of its proximate chemical composition. This qualitative measurement provide a first- hand information on the macro and micro nutrients composition of the plant part or product and by extrapolation, the nutritive value of the plant both as food or nutraceutical. The quantitative measurement conducted on *Syzygium aromaticum* revealed its proximate composition as presented in Table 4

Table 4: Proximate Composition of Dried *Syzygium aromaticum*

Chemical compund	Concentration determined
Protein	1.2 ± 0.02
Carbohydrates	52.2 ± 0.02
Fats	12.1 ± 0.45
Fibre	20.00 ± 0.1
Moisture	10.00 ± 0.06
Ash	Group.

The values are the mean of triplicate measurements ± Standard deviation (SD).

The composition of the experimental diet is such that, it ensures the presence of all the nutrients required for the fast and healthy growth of the experimental birds. As indicated in Table 4.5, Major sources of energy, growth and boosting of the organism's immunity have been incorporated to guaranty the achievement of not just the short duration to attain table size, but also confer on the products from such bird, right and enough composition of nutrients both qualitatively and quantitatively.

Table 5: Composition of Experimental Diet at Finisher Phase

Ingredients (Kg)	T ₁	T ₂	T ₃	T ₄	T ₅	T ₆	T ₇
Maize	50.2	50.2	50.2	50.2	50.2	50.2	50.2
Soya beans	20	20	20	20	20	20	20
Fish meal	10	10	10	10	10	10	10
GNC	6.0	6.0	6.0	6.0	6.0	6.0	6.0
Wheat offal	9.7	9.7	9.7	9.7	9.7	9.7	9.7
Bone meal	3.0	3.0	3.0	3.0	3.0	3.0	3.0
Methionine	0.25	0.25	0.25	0.25	0.25	0.25	0.25
Lysine	0.25	0.25	0.25	0.25	0.25	0.25	0.25
Vitamins premix	0.25	0.25	0.25	0.25	0.25	0.25	0.25
Salt	0.25	0.25	0.25	0.25	0.25	0.25	0.25
Powder coccidiostat	0.05	0.05	0.05	0.05	0.05	0.05	0.05
Growth enhancer	0.05	0.05	0.05	0.05	0.05	0.05	0.05
Total	100.00						
Garlic/ clove blend	0.00	0.5	1.00	1.50	2.00	0.00	0.00
Garlic alone	0.00	0.00	0.00	0.00	0.00	0.50	0.00
Clove alone	0.00	0.00	0.00	0.00	0.00	0.00	0.20

The quantity of feed supplied to the experimental birds on daily basis were compared with what is left at the end of the day and the difference was recorded for seven consecutive days as the average weekly feed consumption. As depicted in Table 6, there is a remarkable decrease in the amount of feed consumed as the experimental birds transits from the grower to the finisher stage. This phenomenon is quite an advantage when taken in the concept of the economy of production.

Table 6 Average weekly feed consumption in experimental bird's fed graded level of feed supplemented with different matrices of *Allium sativum* and *Syzyginum aromaticum* and also singly.

Treatment	WK ₅	WK ₆	WK ₇	WK ₈	WK ₉
1	249.04 ^b	414.10 ^{ab}	537.91 ^a	655.93 ^b	722.25 ^{de}
2	284.28 ^e	428.67 ^b	591.21 ^b	659.38 ^b	712.43 ^{cd}
3	266.57 ^{cd}	420.79 ^b	591.50 ^b	660.68 ^b	697.43 ^c
4	261.27 ^c	376.67 ^{ab}	524.10 ^a	601.42 ^a	631.29 ^a
5	273.16 ^d	409.24 ^{ab}	606.43 ^c	709.66 ^c	736.80 ^e
6	242.83 ^a	402.53 ^{ab}	539.57 ^a	718.31 ^c	663.78 ^b
7	235.17 ^a	320.06 ^a	211.40 ^d	641.73 ^a	645.71 ^b
SEM	3.76	11.94	224.82	8.63	8.702

Effect of Phyto-Components of *Allium Sativum* and *Syzygium Aromaticum* On The Performance And Biochemical Indices In Grower Broiler Chickens

Values on the same row with different superscripts are significantly different ($P \leq 0.05$) As a natural principle, animals tendency to gain increase in body size is dependent not solely, in the quantity of the feed supplied, but partly due to the quality of the nutrients it is composed of. The ability of the supplied diet to provide nutrient that support body immunity, enhance growth, guaranty the repair of the worn-out tissues, support the strength and development of the body skeletal and nervous systems and suppress the spread and proliferation of microbial pathogens are what qualifies feed as standard rather than just the quantity supplied. The growth pattern shown by Table 4.7 seems to be in tune with the afore mentioned attributes of a good feed/diet.

Table 7: Average weekly weight gain displayed by experimental birds fed diet supplemented with *Allium sativum* and *Syzygium aromaticum* matrices and singly.

	1	2	3	4	5	6	7	SEM
Age in wks								
Week5	347.93 ^{ab}	377.33 ^b	384.73 ^b	359.20 ^{bc}	421.60 ^c	266.16 ^{ab}	336.37 ^a	6.89
Week6	511.53 ^{abc}	334.86 ^{cd}	522.33 ^{bcd}	505.13 ^{abc}	580.00 ^d	466.53 ^{ab}	458.67 ^a	10.83
Week7	783.27 ^a	868.13 ^b	765.13 ^{ab}	701.93 ^a	850.93 ^b	705.20 ^a	693.53 ^a	18.91
Week8	1183.33 ^{bc}	1253.33 ^c	1133.33 ^{bc}	933.33 ^a	1174.33 ^{bc}	1080.00 ^{ab}	1066.66 ^{ab}	26.77
Week9	1493.33 ^{ab}	1580.00 ^{ab}	1466.6 ^{ab}	1346.60 ^a	1666.66 ^b	1433.33 ^{ab}	1413.33 ^a	32.04

Values on the same row with different superscripts are significantly different ($P \leq 0.05$) The ability of animals to breakdown and efficiently convert the food supplied into a functional protein is usually measured to determine to what extent the component of the feed supplied contributed to the meat formation in the animal in question and this has been pictured out in Table 8

Table 8: Performance of broiler finisher chicken fed diet supplemented with *Syzygium aromaticum* and *Allium sativum*

Parameters	T ₁	T ₂	T ₃	T ₄	T ₅	T ₆	T ₇	SEM
Mean initial body weight(g)	347.93 ^{ab}	377.33 ^b	384.73 ^b	359.20 ^{ab}	421.60 ^c	266.16 ^{ab}	336.37 ^a	6.89
Mean final body weight(g)	1493.33 ^a	1580.00 ^{ab}	1466.6 ^{ab}	1346.6 ^a	1666.66 ^b	1433.33 ^{ab}	1413.33 ^a	32.04
Mean body weight gain(g)	1145.40	1202.67	1081.87	987.40	1245.06	1167.17	1147.17	0.00
Mean feed consumed	722.25 ^{de}	712.43 ^{cd}	697.43 ^c	631.29 ^a	736.80 ^e	663.78 ^b	645.71 ^{ab}	8.702
Feed conversion ratio (FCR)	0.63	0.60	0.64	0.64	0.59	0.57	0.56	0.00

Values on the same row with different superscripts are significantly different ($P \leq 0.05$) T1 - T7 = Treatments 1 - 7, SEM = Standard Error of Mean

Performance characteristics measurements

Birds were allotted into treatments and each treatment assigned into three replicates. The initial and the final weights of the birds were taken. Data on the feed intake and weight gain was recorded at the end of the experiment.

Biochemical indices determined

Exposure to microbial infection and/or administration of some diets, chemicals or phytochemicals subject some organs or tissues in animals to either inflammatory or necrotic lesions. Biochemical analysis of some biomarkers reveal to a reasonable extent, the dietary contribution or pathological effect that such diet or phyto-components contributed to, in the experimental birds. Table 9 shows in detail how the supplementation of the administered feed brings about variation in the serum biochemical composition across different treatment. When viewed and analysed individually, high or low level of each parameter will clearly reveal the safety level or pathology of the organ or tissue concerned.

Table 9: Serum biochemical indices in experimental birds fed diets supplemented with *Allium sativum* and *Syzyginum aromaticum* in matrices and individually.

Biochemical indices	Treatment							SEM
	1	2	3	4	5	6	7	
UREA	7.670 ^b	6.62 ^{ab}	6.61 ^{ab}	5.23 ^a	7.87 ^b	7.60 ^b	6.97 ^b	0.23
SGOT	64.10 ^e	56.90 ^c	49.75 ^a	51.70 ^b	58.40 ^{cd}	59.45 ^d	67.50 ^e	1.32
SGPT	31.15 ^c	26.30 ^b	13.25 ^a	14.70 ^a	15.75 ^a	34.05 ^d	13.25 ^a	1.88
Albumin	2.400 ^b	2.700 ^d	2.200 ^a	2.650 ^d	2.650 ^d	2.250 ^{ab}	2.550 ^{cd}	0.05
Globulin	1.850 ^b	1.250 ^a	2.350 ^d	2.300 ^{cd}	3.250 ^e	1.800 ^b	2.050 ^{bc}	0.31
Total Protein	4.250 ^b	3.950 ^a	4.20 ^b	4.950 ^c	5.95 ^c	4.050 ^b	4.600 ^c	1.95

Values on the same row with different superscripts are significantly different ($P \leq 0.05$)

SGOT = Serum glutamate oxalate transaminase, SGPT = Serum glutamate pyruvate transaminase

DISCUSSION

Supplementation of poultry feed with some natural supplements has been known to contribute both to the organoleptic scores of the feed and the provision of extra macro and micro nutrients required for healthy growth and performance of the birds (Muhammad and Idris, 2019). Considering the graded supplementation of grower broilers feed with both garlic/clove blend and separately (Table 5), there was a significant increase ($P \leq 0.05$) in the performance across all the groups fed with the supplemented diet compared with the control group (Table 8) except in group T3 and T4 that differ from the control T1, which could be attributed to either feed rejection induced by the level of supplementation or the genomes of some the birds in the groups (since the allocation is completely randomised).

Broad-spectrum of phytochemicals with a large number of bioactivities such as polysaccharides, terpenoids, essential oils phenolics, polyacetylenes and alkaloids are produced by plants (Bozkurt *et al.*, 2013). As revealed in Tables 1, 2, 3 and 4, phytochemical analysis of the *Allium sativum* and *Syzyginum aromaticum* extracts showed the presence of these compounds which agrees with the findings of Nwadiaro *et al.* (2015). As reported by Aliero and Gumi (2012); Usman *et al.* (2014), the bulb and bud of garlic and clove contains

higher concentration of alkaloids than their leaves. Therefore, the high alkaloids concentration observed in this study is a result of using the bulb and the clove bud. Gupta *et al.* (2014) reported that, classes of compounds such as: Alkaloids, saponins, tannins, anthraquinones, and flavonoids are known to have curative activity against several pathogens. Flavonoids have been referred to as nature's biological response modifiers, due to their ability to modify the body's immune-response to invading pathogens (Nwadiaro *et al.*, 2015).

Worthy of note is the presence of carbohydrate as a component of phytochemicals and as a proximate component of *Syzygium aromaticum* in large quantity (Tables 3 and 4). Al-Sheraji, *et al.* (2013) reported that, some oligosaccharides such as: Inulin, arabinoxylooligosaccharides (AOS), fructo oligosaccharides (FOS), mannan-oligosaccharides (MOS), xylo-oligosaccharides (XOS), isomalto-oligosaccharides (IMOS), soy oligosaccharides (SOS), and pyrodextrins were found to be contained in *A. sativum* and *Syzygium aromaticum*. These components were reported to possess some prebiotic properties as a result of being non-digestible feed components that promote the growth microbiota in guts (Bindels *et al.*, 2015). The mechanism of action of these oligosaccharides is through selective activation of beneficial microbes in the intestinal system of the bird. The harmful pathogens are usually prevented from colonizing the intestinal tract by the increasing number of beneficial microbiota of the bird. Subsequently, the production of a wide variety of bacteria and other immuno-modulators able to stimulate macrophages to neutralize the pathogens is achieved by healthy hosts (Alloui *et al.*, 2013). Moreover, the suppression of coccidial infection in chickens by prebiotics while keeping the marginal oocyst production that might serve as a source of live vaccine for uninfected chickens has been reported by Bozkurt *et al.* (2014).

Syzygium aromaticum (Clove) also contains an essential oil made up of: 75 - 85% eugenol, 15% eugenyl acetate and 51.2% β - caryophyllene (Monika *et al.*, 2014) whose derivatives has lots of biological benefits such as: Antimicrobial, Insecticidal, carcino-suppression, and antioxidant activities (Makun, 2018). Additionally, essential oil from clove has been shown to be more effective than eugenol in scavenging activity against 2,2- diphenyl- 1- picrylhydracyl (DPPH) radical at concentration, Butylated hydroxytoluene (BHT) and Butylated hydroxyanisole (BHA). It also acts as an iron chelator. The inhibitory activity of clove oil against lipid peroxidation determined using lipid peroxidation and linoleic acid emulsion system has been reported by Leopold *et al.* (2006).

Sulfur compounds such as: Ajoene, allyl polysulfides, vinyl dithiols and the presence of S-allylcysteine has also been observed in garlic. These compounds has been established to remedy many ailments, including intestinal disorders, flatulence, worms, respiratory infections, skin diseases, wounds, and symptoms of aging (Rodrigo *et al.*, 2015). As indicated by modern research, garlic helps to improve heart health in a number of different ways such as: Being Blood thinner (that helps to lower both high blood pressure and blood triglycerides) and anti-arthritic (Siegel *et al.*, 2004). Tilli *et al.* (2003); Rodrigo *et al.* (2015) reported that, there is an association between an increased intake of garlic and a reduced risk of certain cancers (Schafer and Kaschula, 2014). Effectiveness of garlic at killing antibiotic-resistant bacteria, including MRSA (Schafer and Kaschula, 2014).

Summing up, from the wide ranges of the afore-mentioned medicinal and nutritional benefits of *Allium sativum* and *Syzygium aromaticum*, it suffice to state that, the very minimal mortality rate (just two birds) recorded in the course of the entire experimental period is

quite justified. Despite the fact that, it is in T2, T5, T6 and T7 (Table 8) that a significant difference ($P \leq 0.05$) in body weight increase exist, it suffice to say that, robust and a steady state of health with very little mortality rate should be the ultimate dream of every farmer.

Assessing the biochemical indices (Table 9) in serum and organs of animals has been a valuable tools in determining the integrity and functionality of organs as well as risk assessment, pathological condition and general health status of the body. Feed supplied, a drug, extract/compound or supplement determines the deficiency/over expression in the activities of these enzyme biomarkers in serum and body tissues (Oluwatosin *et al.*, 2015). Compromised liver activities brings about variation in the expression of transaminase enzymes especially the SGOT (AST) and SGPT (ALT) which to a certain extent can offer a quantitative measurement of the extent of hepatocellular damage. More so, valuable information relevant to the integrity of the hepatocyte are obtained from the SGPT activities than SGOT (Abu and Uchendu, 2010). However, in the present work marked increase in SGOT activities observed in T1 and T7 (Table 9) may have occurred as a result of the absence of garlic in these feed offered and hence limit the supply of the Ajoene and sulphurhidryl compounds which greatly contribute in relieving or overcoming stress induced by some toxic molecules present in the feed substance (Adeyemi *et al.*, 2012).. The serum SGPT is cytosolic in origin, therefore, the non-significant change in the serum SGPT activities observed in T2, T3, T4, T5 and T7 (Table 9), following feeding with the experimental diet when compared with the T1 and T6 could be translated to mean that the presence of *Syzygium aromaticum* as previously mentioned has helped to maintained the integrity of the hepatocytes. Probably the reason for the increase outflow observed in T1 and T6 demonstrated selective toxicity on transaminase since only the activity of SGPT was altered in the treatments T1 and T6.

Kidney function parameters help greatly in assessing the integrity of various parts of the nephrocytes (Singh *et al.*, 2011). In this vein, Yakubu and Musa (2012) posited that, the level of creatinine, electrolytes, urea, and serum total protein could also provide a reliable insight regarding the influence of a supplement, drug or compound extract on the essential regions of the kidney. The observed constancy in the level of serum total proteins indicates that the supplementation with both *Syzygium aromaticum* and *A. sativum* does not in any way impair with the normal function of the liver as a result of the administration of these supplements. It can be stated with a degree of certainty that, the supplements does not interfere with the balance in the order of synthesis and utilization of total protein, from the system of the experimental birds. In pathological conditions, such decrease could results into hydration with consequent effects on cellular homeostasis and resultant health status of the birds.

The observed steady level in urea concentration observed in all the treatments (Table 9) could be attributed to the absence of renal dysfunction as a result of supplementing the experimental diet. Eliciting any renal dysfunction by the supplemented diet would have led to excessive urea excretion from the kidney, or destruction of the urea cycle leading to a decrease urea production or impairment in the tubular excretory function of the kidney (Ogbu *et al.*, 2011),

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