

# Utilization of insecticide treated nets in Arbaminch Town and the malarious villages of Arbaminch Zuria District, Southern Ethiopia

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## Abstract

**Introduction:** Malaria causes an overwhelmingly large number of cases and deaths round the globe every year. Insecticide treated nets (ITNs) have become important tools that provide a simple, but effective means of preventing malaria in highly endemic areas.

**Methods:** A community-based cross-sectional study design was used to investigate possession, utilization, and factors affecting possession and utilization of ITNs in Arbaminch Town and the malarious villages of Arbaminch Zuria District, southern Ethiopia from 22<sup>nd</sup> January to 1<sup>st</sup> February 2007 on a sample of 454 households. Data were collected using structured, pretested, interviewer-administered questionnaire. Data entry and analysis was performed using SPSS 11.0 for windows. Univariate, bivariate and multivariate analyses were carried out.

**Results:** The coverage for any net and ITN was 75.1% and 58.8% respectively; the utilization rate for any net and ITN by any member of the household the night prior to the study was 71% and 73% respectively. Both coverage and utilization were higher in rural areas than in urban areas. The proportion of pregnant women and children under five years who slept under ITNs the night preceding the study was 35% and 40.3% respectively. Education and income of head of households, place of residence of households and presence of high risk groups in the household were found to be predictors of net possession. Sex and income of head of households, and presence of radio in the households were predictors of utilization of nets by any household member. Education of head of households and place of residence of households were predictors of utilization of nets by high risk groups.

**Conclusions:** A wide gap exists between coverage and utilization of ITNs. Use of ITNs by high risk groups is far below the Abuja target. Appropriate BCC interventions are required to narrow the gap between coverage and utilization of ITNs and to escalate use of ITNs by high-risk groups. [*Ethiop. J. Health Dev.* 2009;23(3):206-215]

## Introduction

Malaria remains one of the world's most significant health and development problems. An estimated number of 300-500 million malaria cases and more than one million deaths that are directly attributable to malaria worldwide occur every year. More than 90% of the clinical cases and deaths occur in Africa south of the Sahara Desert (1, 2, 5). Of those Africans who die from malaria each year, most are children under five years of age (6). Pregnant women are also more susceptible than non-pregnant women due to altered level of immunity. The disease is estimated to be responsible for an estimated average annual reduction of 1.3% in economic growth for those countries with the highest burden (1, 6).

In Ethiopia, malaria is a leading public health problem (7-9). Three quarters of the land mass (altitude < 2000 meters) is regarded as malaria affected (10), and about two-thirds (68%) of the population is at risk of malaria (2, 8-10). It is estimated that the annual number of malaria cases is approximately 4-5 million, with 70,000 deaths. The disease case fatality ranges from 17-35% (10). In the year 2004/05, malaria was the leading cause of outpatient visit (16.57%), admission (14.98%) and death (28.9%) (11). What makes things worse is that to-date there is no

safe, effective and affordable anti-malarial drug that can be used for chemoprophylaxis at a large scale (8).

Insecticide-treated nets (ITNs) have become important tools that provide a simple and effective means of preventing malaria in highly endemic areas (4). At present large scale ITN programs are being implemented in sub-Saharan Africa, Asia and Latin America using a number of operational approaches (12).

Large-scale trials of ITNs have demonstrated that they reduce malaria mortality and morbidity under a variety of epidemiological conditions (1-3, 12-20). Results from such studies provide enough evidence to galvanize consensus in the global community that provision of ITNs should receive priority (1). At the African summit on Roll Back Malaria in Abuja, Nigeria in April 2000, heads of states and senior representatives from 44 malaria afflicted countries in Africa agreed to a goal of providing ITNs to at least 60% of those at risk of malaria, particularly pregnant women and children less than five years of age, by 2005 (1, 10, 18, 19, 21, 22). This target has also been set by the Ministry of Health and Roll Back Malaria partners in Ethiopia (2). But coverage in Africa is still unacceptably low (22, 23): only 3% of African children are sleeping under ITN, and only about 20% are

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sleeping under any kind of net (23). In 2004 in Ethiopia, 6% of children slept under ITN the prior night. The proportion was the same for pregnant women in the same year (24, 25). This was just about one-tenth of the Abuja target and achieving the target in the remaining one year would be a real challenge.

Apart from coverage, issues regarding the utilization of ITNs are very crucial. This is because the ITNs that are available at a household level may be left unused or even if they are used, vulnerable members of the household may not be given priority and/ or the usage may be intermittent. The maximum malaria reduction impact of ITNs will only be achieved if people acquire nets, treat/re-treat them, make sure that the most vulnerable household members sleep under them, and use nets all year round (26). Discrepancies between possession and utilization have been elicited by studies carried out in different African countries (27-29).

Yet, there is no properly documented evidence regarding the coverage and utilization of ITNs in the study locality. This study was, therefore, designed to investigate the possession, utilization and factors affecting possession and utilization of ITNs in Arbaminch Town and the malarious rural villages of Arbaminch Zuria District. This study also helped to evaluate the local ITN programs with reference to the Abuja targets.

### Methods

A community based cross-sectional study was conducted at Arbaminch Town and the surrounding malarious rural villages of Arbaminch Zuria District from 22<sup>nd</sup> January to 1<sup>st</sup> February 2007. Arbaminch Town is located 505 Kms south of Addis Ababa, the Capital City of Ethiopia. Arbaminch Town is administratively divided into four 'kifle-ketemas' (sub-towns) and sixteen 'kebeles' all of which are malarious. Arbaminch Zuria District consists of 30 *kebeles* of which 11 are malarious. The total population of the study area (Arbaminch Town plus the malarious villages of Arbaminch Zuria District) is 141, 779. The total number of households is estimated to be 28, 354 with an average household size of 5. The study subjects were households in selected 'kebeles' of Arbaminch Town and Arbaminch Zuria District.

The sample size was calculated using the standard formula for estimating a single proportion,  $n = Z^2 pq / W^2$ . The assumptions made were: an expected proportion (ITN coverage) of 11% (from the 2004 NetMark survey in Ethiopia (25)), 95% confidence level and a 3% tolerable error. Accordingly, the sample size required for this study was 413 households. Adding 10% for non-response, the grand total sample size required was 454 households.

The sampling was accomplished in two stages. Initially 8 *kebeles* [4 urban and 4 rural] were selected randomly

using the lottery method. Next, data collectors went to the approximate centre of each selected *kebele* and span a pen. Then the households towards which the ball point of the pen indicated were serially included into the study (proximity sampling). The number of households which were included into the study in each *kebele* was proportional to the total number of households in the *kebele*.

Data were collected using structured, pre-tested and interviewer-administered questionnaire. Some questions in the questionnaire were adapted from the NetMark Baseline Household Evaluation Survey Instrument (30) and from the suggested questions to be included for measuring core indicators for population coverage for Roll Back Malaria (31). The questionnaire included variables related to socio-demographic characteristics of households, number of household members, presence of high risk groups in the household, net possession, net utilization, etc. The questionnaire was initially prepared in English and then translated to Amharic. It was the Amharic version of the questionnaire that was used for data collection.

In households where there were married couples, the husband or the wife (preferably the wife if both are available at the same time) responded to the questionnaire. In other circumstances (when there were no married couples), the head of the household responded to the questionnaire. If the appropriate respondent was not available in the house during initial visit, revisits were considered to contact the appropriate person. The questionnaire was administered by 8 experienced interviewers who completed 12<sup>th</sup> grade in the former curriculum. In households where mosquito nets were reported to be present, interviewers observed and confirmed the presence of the net. Moreover, when the mosquito nets were reported to be in use at that time, the interviewer checked if the net had been hanged at the place where people sleep during the interview in the day time. Four supervisors were assigned to strictly supervise the data collection.

Data entry and analysis were performed using SPSS 11.0 for windows. Univariate, bivariate and multivariate analyses were carried out. All statistical tests of significance were done at  $\alpha = 0.05$ .

The study was conducted after obtaining ethical clearance from the Research and Publication Office of the University of Gondar. Permissions were obtained from different administrative officials of the study area. Verbal consent was also obtained from the respondents after a thorough explanation of the purpose of the study.

For uniformity of understanding concepts, here is a definition of terms. *Coverage* was the proportion of

households that own at least one mosquito net at the time of the study.

*Utilization* referred to the proportion of households that owned a mosquito net in which one or more members of the household reportedly slept under the net the night preceding the study.

*High risk group* referred to pregnant women and/ or under five children.

*(Mosquito) net* referred to any mosquito net (treated/ untreated/ unspecified).

## Results

### Socio-Demographic Information

All the proposed 454 households were studied thus making the response rate for this study 100% (Table 1).

The total population of the studied households was 2,183 with an average ( $\pm$ SD) household size of 4.8 ( $\pm$  2.05). Of the total population identified, 20 (0.9%) were pregnant women, 268 (12.3%) were children under five years, 592 (27.1%) were children 5-14 years and 611 (28.0%) were non-pregnant women. High risk groups were identified in 46.7% of the studied households. The average ( $\pm$  SD) number of sleeping places per HH was 2.54 ( $\pm$  1.04).

### Mosquito Net Possession

Of the 454 households included into this study, 341 possessed at least one net and 267 possessed at least one ITN, thus making the coverage for any mosquito net and for ITN 75.1% and 58.8% respectively. [However, coverage with at least two mosquito nets of any type and ITNs respectively was 40.3% and 28.9%.] The total number of mosquito nets identified by this study was 602 (222 in urban areas and 380 in rural areas) of which 75.3% were ITNs. Of the total ITNs identified, 48.8% were LLINs.

The coverage for any mosquito net in urban areas was 62.6%, whereas in rural areas 87.1%. This difference was statistically significant [OR (95% CI)=6.86 (3.90-12.04)]. There was also a statistically significant difference between urban and rural areas in ITN coverage which was 43.3% for urban and 73.7% for rural households [OR (95% CI)=4.91 (3.19-7.56)]. The number of mosquito nets identified per household ranged from 1 to 5 with an average ( $\pm$ SD) distribution per HH of 1.3 ( $\pm$ 1.07) for any net and 0.998 ( $\pm$ 1.05) for ITNs. The mean ( $\pm$ SD) number of nets per HH in urban areas was 1 ( $\pm$ 0.97) and in rural areas 1.6 ( $\pm$ 1.06). Independent samples T-test for the difference in the mean number of mosquito nets per HH between urban and rural residents showed a statistically significant difference ( $t$ = -6.67;  $P$ <0.001).

Table 1: Socio-demographic background of the respondents, Arbaminch Town and the malarious areas of Arbaminch Zuria District, Southern Ethiopia, Feb. 2007.

Variables (n=454)	Number	Percent
<b>Place of residence</b>		
Urban	222	48.9
Rural	232	51.1
<b>Sex of respondent</b>		
Male	106	23.3
Female	348	76.7
<b>Responsibility of respondent in the HH</b>		
Head of HH	179	39.4
Wife of head of HH	275	60.6
<b>Sex of head of HH</b>		
Male	280	61.7
Female	174	38.3
<b>Age of head of HH (years)</b>		
18-30	108	23.8
31-45	206	45.4
46-60	103	22.7
$\geq$ 61	37	8.1
<b>Educational status of head of HH</b>		
Can't read and write	142	31.3
Can read and write	10	2.2
Attended primary school [1-8]	164	36.1
Attended secondary school [9-12]	88	19.4
Attended higher education [institute/ college/ university]	50	11.0
<b>Occupation of head of HH</b>		
Farmer	167	36.8
Trader	44	9.7
Government employee	88	19.4
Housewife	79	17.4
Daily laborer	38	8.4
Local drink seller	8	1.8
NGO employee	4	0.9
Other	21	4.6
<b>Average monthly income of head of HH (Birr)</b>		
< 235	187	41.2
235-540	154	33.9
541-895	70	15.4
$\geq$ 896	43	9.5
<b>Presence of radio in the HH</b>		
Yes	358	78.9
No	96	21.1
<b>Presence of high risk groups in the HH</b>		
Yes	212	46.7
No	242	53.3

Table 2: Mosquito net possession among the studied households, Arbaminch Town and the malarious villages of Arbaminch Zuria District, Southern Ethiopia, Feb. 2007

Variable	Number	Percent
<b>Possession of at least one mosquito net (n=454)</b>		
Yes	341	75.1
No	113	24.9
<b>Possession of at least one ITN (n=454)</b>		
Yes	267	58.8
No	187	41.2
<b>Possession of at least 2 mosquito nets (n=454)</b>		
Yes	183	40.3
No	271	59.7
<b>Possession of at least 2 ITNs (n=454)</b>		
Yes	131	28.9
No	323	71.1
<b>Number of any mosquito net possessed (n=341)</b>		
One	158	46.3
Two or more	183	53.7
<b>Number of ITNs possessed (n=267)</b>		
One	136	50.9
Two or more	131	49.1
<b>Cumulative number of nets identified during the study</b>		
Any mosquito net	602	100
ITNs	453	75.3
<b>Nets observed and presence confirmed (n=602)</b>		
Yes	597	96.2
No	23	3.8
<b>Source of nets (n=602)</b>		
From health institution, freely	364	60.5
From health institution, with payment	52	8.6
Bought from market/ shop	146	24.3
From other source, freely	21	3.5
From other source, with payment	19	3.2
<b>Duration of possession of the nets (n=602)</b>		
< 1 year	167	27.7
1-5 years	424	70.4
≥ 6 years	9	1.5
Don't remember	2	0.3
<b>Brand of nets (n=602)</b>		
PermaNet	221	36.7
UNICEF	103	17.1
SafeNite	78	13.0
PowerNet	3	0.5
Olyset	1	0.2
NetMark	1	0.2
Unknown	195	32.4
<b>Reason for not owning any mosquito nets (n=113)</b>		
inability to afford the price	59	52.2
Shortage of nets during free provision	17	15.0
Not knowing its use	15	13.3
Absence of mosquitoes	6	5.3
Using other preventive methods	7	6.2
Not knowing where to find it	4	3.6
Other reason	5	4.4
<b>Desire to possess mosquito nets in the future (n=113)</b>		
Yes	103	91.2
No	5	4.4
Can't tell	5	4.4
<b>Preferred way of obtaining nets</b>		
If distributed freely	64	62.1
If sold with discount	35	34.0
If sold at any price	4	3.9
<b>Affordable discounted price (n=35)</b>		
< 10 Birr	19	54.3
10-20 Birr	16	45.7

The majority (60.5%) of the nets identified during the study were provided to the households freely by the local health authorities. A great proportion (92.6%) of the nets in rural areas were obtained freely while only 14.9% of the nets identified in urban areas were obtained for free. About 85% of the nets identified in urban areas were purchased. The mean ( $\pm$ SD) price of the nets purchased was 33.3 ( $\pm$ 14.6) Birr. On the average ( $\pm$ SD), the nets have been possessed for a duration of 1.5 ( $\pm$ 1.5) years (Table 2).

### **Mosquito Net Utilization**

Of the 341 households who owned mosquito nets, 82.7% reported that they used their nets at one time or another, while the remaining 17.3% did not use their available nets at all. And of those who reportedly used their nets, 77.3% used their nets consistently throughout the year, whereas 22.7% used their nets intermittently. Fifty nine (92.2%) of those who used their nets intermittently reported that they used their nets during or after rainy season. The proportion of households that owned at least one mosquito net in which any member of the household

slept under a net the night prior to the study was 71.0% (Table 3). The utilization rate for any net by any member of the household the night prior to the study was 59.0% in urban areas and 79.2% in rural areas. This difference, however, is not statistically significant [OR (95% CI)=1.42 (0.53-3.83)]. The utilization rate for ITNs by any member of the household the night prior to the study was 73.0% (62.5% in urban areas and 78.9% in rural areas). The difference in utilization rate of ITNs between urban and rural areas was not statistically significant [OR (95% CI)=1.71(0.66-4.39)]. Ten (50%) of the 20 pregnant women identified slept under any net and 7 (35%) slept under ITNs the night prior to the study. Of the 268 under five children identified during this study, 53.7% and 40.3% slept under any net and ITNs respectively the night prior to the study. Thirty two point one percent of the 592 children 5-14 years found during this study slept under any net and 27.9% slept under ITNs the night prior to the study. The reported utilization rate the night prior to the study by the 611 non-pregnant women identified during this study was 39.4% and 30.4% for any net and ITNs respectively (Figure 1).

**Table 3: Mosquito net utilization pattern, Arbaminch Town and the malarious villages of Arbaminch Zuria District, Southern Ethiopia, Feb. 2007**

<b>Variables</b>	<b>Number</b>	<b>Percent</b>
<b>Using the available nets (n=341)</b>		
Yes	282	82.7
No	59	17.3
<b>Frequency of using the nets? (n=282)</b>		
Consistently throughout the year	218	77.3
Intermittently	64	22.7
<b>Times when intermittent users use their nets (n=64)</b>		
During rainy season	39	60.9
After rainy season	20	31.3
During dry season	2	3.1
As they like	2	3.1
When hearing mosquitoes buzzing	1	1.6
<b>Use of any net the preceding night (n=341)</b>		
Yes	242	71.0
No	99	29.0
<b>Did any one sleep under an ITN last night? (n=267)</b>		
Yes	195	73.0
No	72	27.0
<b>Reason why nets are not being used (n=59)</b>		
Absence of mosquitoes	17	28.8
old and worn out net	17	28.8
It is hot sleeping under a net	6	10.2
Children may get trapped in it	5	8.4
Lack of appropriate place for hanging the net	4	6.8
It takes time to tuck in the net each night	4	6.8
Difficult to get up at night	4	6.8
Other reason	2	3.4

### **Predictors of Mosquito Net Possession**

After controlling for the effects of potentially confounding variables using multivariate stepwise backward logistic regression, education of head of household, income of head of household, place of residence of the household and presence of high risk

groups in the household were found to be statistically significant predictors of mosquito net possession. Education of head of household had a strong positive association with net possession [OR (95% CI)=1.29 (1.02-1.62)]. As income of head of household increases, the odds of possessing a net was found to increase [OR

(95% CI)=1.69 (1.25-2.29)]. Being a rural resident was also found to increase the odds of possessing a net [OR (95% CI)=6.86 (3.90-12.04)]. And presence of high risk

groups in the household was found to have a significant positive association with net ownership [OR (95% CI)=1.69 (1.04-2.75)] (Table 4).

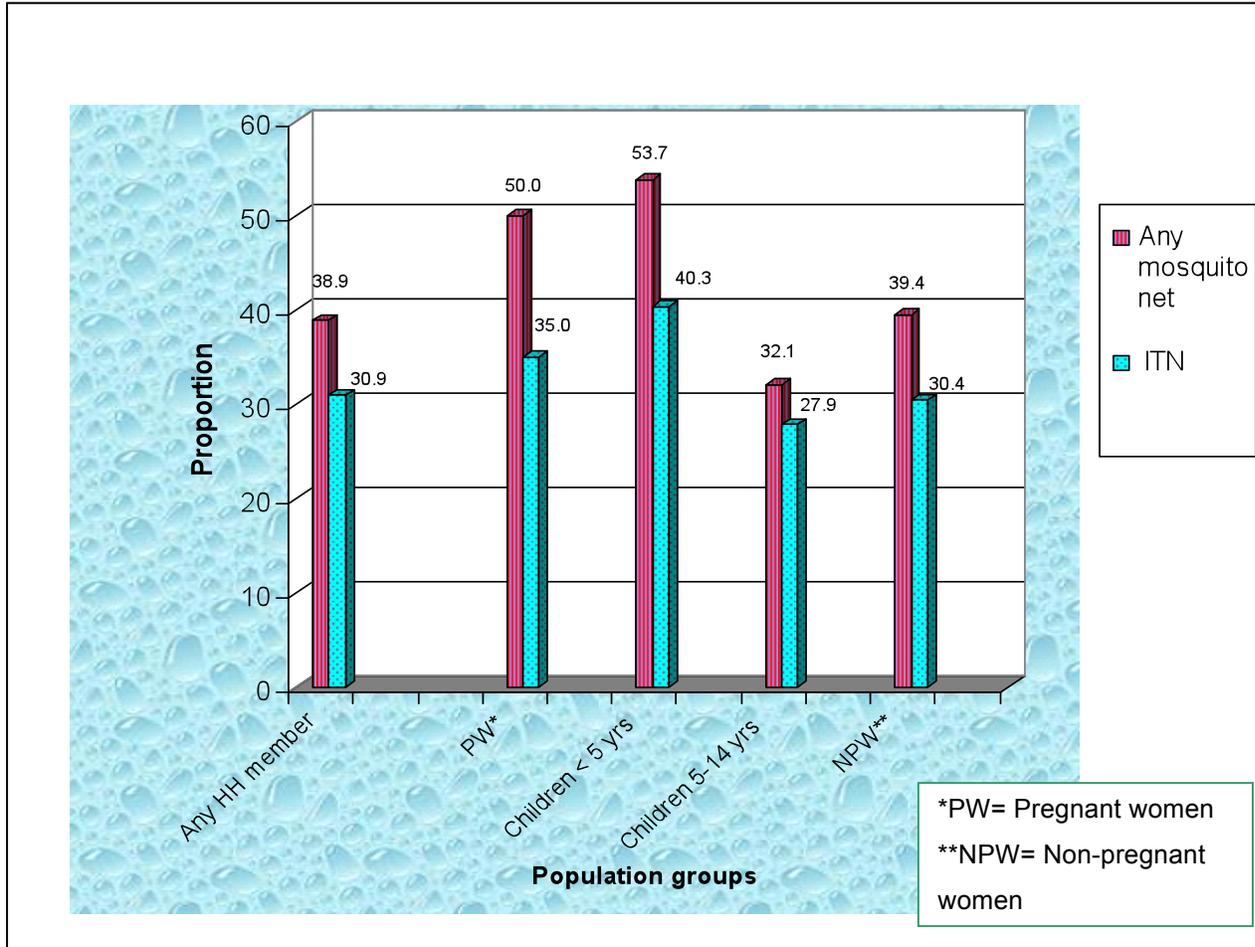


Figure 1: Mosquito net Utilization pattern the night prior to the study by specific population groups, Arbaminch Town and the malarious villages of Arbaminch Zuria District, Southern Ethiopia, February 2007.

Table 4: Predictors of mosquito net possession and utilization among the studied households, Arbaminch Town and the malarious villages of Arbaminch Zuria District, Southern Ethiopia, Feb. 2007

Predictor variable	Bivariate analysis			Multivariate analysis		
	$\beta$	P-value	OR (95% CI)	$\beta$	P-value	OR (95% CI)
<b>Possession</b>						
Education of head of household	1.131	0.1.1	1.14 (0.98-1.33)	0.251	0.003	1.29 (1.02-1.62)
Income of head of household	0.454	<0.001	1.58 (1.23-2.03)	0.525	0.001	1.69 (1.25-2.29)
Place of residence of household*	1.391	<0.001	4.02 (2.51-6.43)	1.925	<0.001	6.86 (3.90-12.04)
Presence of HRGs in the household**	0.773	0.001	2.17 (1.39-3.38)	0.525	0.035	1.69 (1.04-2.75)
<b>Utilization by any HH member</b>						
Sex of head of HH**	-0.773	0.006	0.46 (0.27-0.81)	-0.815	0.002	0.44 (0.26-0.75)
Income of Head of HH	-0.238	0.105	0.79 (0.59-1.05)	-0.309	0.019	0.73 (0.57-0.95)
Presence of radio in the HH**	-0.701	0.005	0.49 (0.24-1.02)	-0.823	0.035	0.44 (0.21-0.94)
<b>Utilization by HRGs ****</b>						
Education of head of HH	0.272	0.016	1.31 (1.05-1.64)	0.415	0.001	1.51 (1.18-1.94)
Place of residence of HH*	0.474	0.097	1.61 (0.92-2.81)	0.913	0.005	2.49 (1.31-4.74)

\*1=Urban; 2=Rural

\*\*0=No; 1=Yes

\*\*\*1=Male; 2=Female

\*\*\*\*HRGs=high risk groups

### **Predictors of Mosquito Net Utilization**

Multivariate stepwise backward logistic regression yielded sex of head of households, monthly income of head of households and presence of radio in the households to be statistically significant predictors of mosquito net utilization by any household member the night preceding the study. Female head of households decreased the odds of net utilization [OR (95% CI)=0.44 (0.26-0.75)]. With increase in income of head of household, the odds of net utilization was found to decrease [OR (95% CI)=0.73 (0.57-0.95)]. Presence of radio in the household was also negatively associated with net utilization [OR (95% CI)=0.44 (0.21-0.94)].

For mosquito net utilization by high risk groups, education of head of household and place of residence of the household were found to be the only statistically significant predictors. An increase in the educational level of head of household increased the odds utilization by high risk groups [OR (95% CI)=1.51 (1.18-1.94)]. Rural residence was also found to increase the odds of mosquito net utilization by high risk groups [OR (95% CI)=2.49 (1.31-4.74)] (Table 4).

### **Discussion**

In this study, the coverage for any mosquito net and ITNs was found to be 75.1% and 58.8% respectively. However, the coverage with at least two mosquito nets of any type and ITNs respectively was 40.3% and 28.9%. Thus, in reference to the national strategic plan of the Federal Ministry of Health which aims to attain a coverage of 60% with at least two ITNs by 2007 (32), the coverage in the study area could be considered low. Yet, the coverage found by this study is higher than the coverage reports of the Ethiopian DHS 2005 in which the coverage for any net and for ITNs was 5.7% and 3.4% respectively (33), NetMark 2004 survey in which the coverage for any net and for ITNs was 25% and 11% respectively (25) and a national baseline survey conducted in 1999 in which the coverage for any net was 5.3% (34). The difference from the DHS 2005 report could be explained by the difference in the areas covered by the study; the DHS provides reports for areas with significantly lesser risk of malaria and higher risk of malaria merged together while this study is conducted in a malaria-endemic area. The difference from the NetMark 2004 survey report could be explained especially by the time gap between the NetMark survey and this study during which the distribution of ITNs was going on. The National Baseline Survey of 1999 was conducted before the implementation of ITN projects in the country and the wide gap in coverage between the previous and current time could be an indicator of the progress achieved since the implementation of ITN projects.

It was found by this study that the coverage both for any net and ITNs was higher in rural areas compared to urban areas. Other studies have documented higher coverage in

urban areas relative to rural areas (3, 24, 25, 33, 35). As identified by this study, about 92.6% of the nets identified in rural areas were obtained freely while only about 15% of the nets in urban areas were obtained so. Thus, while cost which is often cited as a major constraint for the possession of ITNs (3, 25, 26, 36) is not a considerable problem in the rural areas addressed by this study, it may be a major problem in the urban areas. As the economically weak segments of the urban population may not afford (though subsidized) to buy ITNs, the coverage in urban areas may be lower than in rural areas where nets are distributed almost entirely freely.

In this study, of the 341 net owner households, about 17% do not use their nets at all while of those who reportedly use their nets, about 23% use their nets intermittently. The utilization rate by any household member for any net and ITNs was 71% and 73% respectively the night preceding the study. These findings justify that there is a considerable discrepancy between possession and utilization of mosquito nets as also elicited by other studies (3, 25, 27, 28).

Contrary to findings of other studies (25, 33), in this study, the utilization in rural areas was found to be higher than those in urban areas, though not statistically significant. One possible explanation for that could be that as the majority of the nets in rural areas were obtained freely through the local health authorities, the net owners might have been provided with appropriate health information regarding the use of ITNs during the provision of the nets. The presence of health extension workers in all the studied rural “*kebeles*”, but none in the urban “*kebeles*”, could be another possible explanation.

The proportion of pregnant women and children under five years who slept under an ITN the night prior to the study was 35% and 40.3% respectively. These figures are higher than the figures reported by the NetMark 2004 survey (25) in which the proportion was 6% for both pregnant women and under-fives. One possible reason for this remarkable difference could be the works done such as distribution of ITNs and health information dissemination after the NetMark survey was conducted. When interpreted with reference to the Abuja targets in which 60% of under-fives and pregnant women are expected to sleep under ITNs by the year 2005 (10, 19, 21), use of ITNs by these specific groups identified by this study is very low. However, according to the national stands on ITNs, Ethiopia has the plan to achieve the figures set on the Abuja Declaration by 2007 (32). As the distribution of ITNs in the study area was going on even after the data were collected, the proportion of high risk groups sleeping under ITNs may increase before the end of 2007. But as the number of pregnant women identified by this study is very small (only 20), it would be very difficult to draw firm conclusions regarding use of ITNs

by pregnant women. Hence, the results for pregnant women must be interpreted bearing this small number in mind.

Education of head of household in this study was found to be an important predictor of mosquito net possession. That is, an increase in educational level of the household head was associated with increased odds of possessing a net. This could be explained firstly by the possible increase in awareness of mosquito nets and their advantages and probably better comprehending capability of mass media messages related to mosquito nets with increase in educational status. Secondly, the possibility of earning a better income with increase in educational status may increase the likelihood of possessing a net. Income, as also found by another study (35), was major predictor of mosquito net possession which could be explained by the increase in purchasing capability of mosquito nets with increase in income. Being a rural resident was also found to increase the odds of possessing a net by a factor of 6.86 which could be due to the explanation given earlier in this discussion. As households with high risk groups are often given precedence over other households during free distribution of ITNs, presence of high risk groups in the household was also found to be another predictor of mosquito net possession.

In this study, households which have female heads have 0.44 times lesser odds of using their nets the preceding night. This negative association might have resulted from the level of education of the female household heads; about 41% of the female household heads were illiterate while only about 25% of the male household heads were so. The odds of any household member sleeping under a mosquito net the prior night was also found to decrease with increase in the income level of the household head. It was discussed earlier, however, that with increase in income, the odds of possessing a net increases. But this high level of possession may not necessarily translate into a high level of utilization. In fact, what is found by this study is, while the odds of possessing a net with increase in income increases, the reverse happens to utilization. This could be because those with higher income may be able to purchase and use other alternative preventive measures such as insecticidal aerosols. The negative association of possession of radio with utilization of nets could also be explained by the possible exposure to information regarding the alternative methods of preventing mosquito bites as result of which alternatives other than mosquito nets may be used.

Nonetheless, worth noting, in the progress of the study, it was a dry season at which time the population of mosquitoes and thereby the transmission of malaria was relatively less. Many people do not feel they need to use nets in the dry season, when there may be fewer nuisance mosquitoes (26). Thus, if the study had been conducted

in the high malaria transmission season (September-December), the findings especially regarding the utilization of ITNs might have been different.

In conclusion, the coverage of mosquito nets in the study area was high compared to the results of studies conducted previously in different parts of the country. Yet, there is a wide gap between possession and utilization of nets. Use of ITNs by high risk groups was found to be lower than the Abuja target. Education, income and sex of head of households, place of residence of households, presence of high risk groups in the households and possession of radio were found to influence possession and/or utilization of nets in one way or another. Appropriate BCC interventions are required to narrow the gap between coverage and utilization of ITNs and to increase use of ITNs by high risk groups. Besides, provision of ITNs with moderate cost or for free by government, NGOs and others concerned must give emphasis to the poor.

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