

ORIGINAL ARTICLE**Utilization Status of Electronic Information Sources (EIS) for HIV/AIDS Care and Treatment in Specialized Teaching Hospitals of Ethiopia, 2016**Senait Samuel Bramo¹, Tesfamichael Alaro Agago^{2*}**OPEN ACCESS**

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ABSTRACT

BACKGROUND: According to the World Health Organization, the use of Electronic Information Sources (EIS) in healthcare is not merely about application of technology, but it is also a foundation to provide higher quality clinical care. This study was aimed to assess Utilization Status of EIS for HIV/AIDS Care and Treatment in specialized teaching hospitals of Ethiopia, 2016.

MATERIALS AND METHODS: A facility based cross-sectional study design was used. The study populations were 352 healthcare professionals selected by using simple random sampling technique from three randomly selected specialized teaching hospitals of Ethiopia. Quantitative and qualitative data were collected and analyzed by fitting multivariate logistic regression model and thematically by bringing similar themes together respectively.

RESULTS: This study revealed that only 33.2% of the health professionals used EIS as supporting tool in their clinical practice including HIV/AIDS care and treatment. The main reasons for not using EIS were having no training 285(89.9%), followed by preferring print resources 20(6.3 %). Furthermore, there was statistically significant association between use of EIS and perceived electronic information retrieval skills AOR = 3.271, CI (1.942, 4.051), perceived quality of electronic information content retrieved AOR= 2.069, CI (1.051, 3.925) and limited access to computer and internet connection AOR = 5.072, CI (1.834, 5.931).

CONCLUSIONS: In this study, only one-third of health professionals used EIS as supporting tool in their clinical practice. Hence, hospital boards should devise strategies to improve utilization of EIS.

KEYWORDS: Electronic Information Source, Ethiopia, HIV/AIDS, Specialized Teaching Hospital

INTRODUCTION

The shift from printed forms of information resources to Electronic Information Sources (EIS) lead to better quality and efficient and effective delivery of healthcare by health professionals. According to the World Health Organization (WHO), the use of EIS in healthcare is not merely about technology. Furthermore, it's fundamental in

making better treatment decisions, providing higher quality and safer care, supporting the development of effective, efficient and equitable health systems. (1). The use of EIS enables health professionals to effectively and efficiently access digital information to assist in investigating issues, solving problems, making decisions and creative solutions to support learning and develop new understanding in areas related with HIV/AIDS care and treatment (2).

The use of EIS brought speedy access to many different resources, professional development opportunities and time saving (3). Moreover, harnessing Information Technology (IT) empowers learning and clinical services, enhances cognitive skills for critical inquiry, and strengthens professional identity and values (4, 5).

EIS is accessed from a variety of sources, including websites run by organizations, homepages run by individuals, and online support groups where people actively exchange health information and blogs (6). Several countries, including Ethiopia and Mali, have made notable advances in utilizing Information Communication Technology (ICT) to increase healthcare access and quality of service for their populations (7). Hence, healthcare professionals play a vital role in improving the health outcomes, quality of care, and the health care experience of patients by utilizing the technology.

Application of ICT as EIS tool has brought breakthrough towards addressing the HIV and AIDS pandemic through spreading education/awareness, patient management and treatment management. Moreover, an ICT application specifically for HIV/AIDS has provided opportunities for social and behavioral change and for raising awareness on health issues (8).

HIV/AIDS treatment and management strategies require on-going monitoring and evaluation, and e-health systems have been recommended as a supporting tool (9,10). One of the challenges for access to treatment through anti-retroviral medication is the difficulty of receiving accurate and up-to-date information at the planning level (11). HIV/AIDS care and treatment to poor communities can be significantly

improved by integrating local primary healthcare information with centralized databases to allow national monitoring (1).

As more information resources are being made available electronically (12). Issues of training are important if healthcare professionals do not possess sufficient skills to access EIS. Most importantly, lack of computer and information retrieval skills lead to their underutilization (13). There are a number of EIS that healthcare professionals can utilize to offer services in the best interests of patients and the community. However, some of the available EIS have not been utilized at all (14), and access to information sources may be delayed and not accessible when needed (12).

HIV/AIDS care and treatment is one of the health services delivered in specialized teaching hospitals of Ethiopia. So far, little evidence has been documented on the use of even the available EIS for mitigating HIV/AIDS in Ethiopia as evidenced by the Ministry of Health report and the Federal HIV/AIDS Prevention and Control (15). Hence, this research provided evidence on the level of EIS utilization on HIV/AIDS care and treatment and identified factors affecting use of EIS. Hence, it will help to close the evidence gap on the EIS use for HIV/AIDS care and treatment in specialized teaching hospitals in Ethiopia.

MATERIALS AND METHODS

The study was conducted in three specialized teaching referral Hospitals of Ethiopia, namely, Jimma University Specialized Teaching Hospital in Jimma Zone, Oromia Regional State, Hawassa Referral Teaching Hospital in Hawassa, Southern Nations, Nationality and Peoples (SNNPR) Regional State and Black Lion Specialized Hospital in Addis Ababa City Administration from Feb 14, 2016 to May 2, 2016.

A facility based cross-sectional study design with both quantitative and qualitative data collection method was employed. The sample size was calculated using single population proportion formula where, proportion of health professionals who had access to EIS was 50 % ($p=0.5$). Accordingly, the final sample size for this study

was calculated to be 352 health professionals. The total sample was proportionally allocated to respective hospitals based on the size of health professionals, and from each hospitals, health professionals were selected by using simple random sampling technique.

Quantitative data were collected using a structured self-administered questionnaire by twelve data collectors and three supervisors. The qualitative data were obtained from the key informant interviews with Anti Retroviral Therapy (ART) clinic focal person, clinical director of the hospital) by using interview guide. Quantitative data were entered using EPIDATA version 3.0 software. Data were transported to SPSS version 17.0 statistical package for further analysis. Ethical clearance was obtained from Institutional Review Board of the College of Natural Science, Jimma University. Proportions and numbers were used for description of the results. Bivariate and multivariate logistic regression models were fitted to identify factors affecting use of EIS and 95% Confidence interval (CI) with Adjusted Odds Ratio (AOR) were used to judge statistical

significance associations between dependent and independent variables. Qualitative data were analyzed thematically by bringing similar themes together under each section (topics) of the interview guide to answer the research question.

RESULT

Socio-demographic characteristics of the study participants: Out of the total sampled populations, 317 were participated in the study with response rate of 90%. Of the total health professionals participated in the study, 230(72.5 %) were males. The mean age of the respondents was 23.3 years ranging from minimum 21 to maximum 54 with standard deviation of ± 6.41 . Moreover, 182 (57.4%) of the respondents were currently married and the mean family members were 2.927 with minimum 1 to maximum 6. The majority of the respondents, 121(38.2%), were nurses followed by pharmacist, 102(32.2 %). The mean length of work experience of the respondents was 4.400 years with minimum 1 to maximum 30 years (Table1).

Table 1: Socio-demographic characteristics of respondents in selected Specialized Teaching Hospitals of Ethiopia, 2016

Characteristics	Number	Percent (%)	
sex	Male	230	72.5
	Female	87	27.5
Religion	Orthodox	111	35.0
	Protestant	173	54.6
	Muslim	33	10.4
Marital status	Unmarried	125	39.4
	Currently married	182	57.4
	Widow/ widower	10	3.2
Professional back-ground	Medical doctor with speciality	6	1.9
	Medical doctor	19	6.0
	Nurse	121	38.2
	Pharmacist	102	32.2
	Laboratory	43	13.6
	Radiology	8	2.5
	Midwifery	18	5.7

Electronic information sources use: Almost all, 309(97.5 %), of the health professionals were aware of the presence of HIV/AIDS resource

centers in their hospitals. However, only 59(19.1%) of the health professionals reported that they visited the resource center regularly. For

example, medical director who was interviewed said, "Majority of healthcare professionals including me did not visit the resource center regularly because of poor internet connection and quality of electronic information contents retrieved is poor. On top of that the work is demanding, hence ...we do not of enough time to visit resources center".

More than three-fourth, 268(84.5 %), of the healthcare professionals ever used EIS. Accordingly, 99(36.9%) of the healthcare professionals used EIS for entertainment. Contrary to this, only 89(33.2%) used EIS to support their clinical practice. In line with this almost, three-fourth of the respondents, 73.5%), perceived that the quality of electronic information content retrieved was poor. However, an HIV/AIDS focal person said, "While I am using EIS; mainly I give concern to clinical practices including diagnosis

and treatment of dermatological and oral manifestation of HIV/AIDS". Of the health professionals who ever used EIS, more than three-fourth, 78.4%, were not satisfied on the current use of EIS.

Regarding the types of EIS used for supporting clinical practice including HIV/AIDS care and treatment, this study revealed that 153(57.1%) preferred search engines like Google, yahoo, and wiki followed by audiovisual collection, 47(17.5 %) (Figure1). This finding was re-enforced by in-depth interview of a medical director who said, "Of the different EIS available I use search engine commonly Google even via private mobile phones due to the fact that it was user friendly". However, of the total respondents, 97(69.4%) perceived their electronic information retrieval skills as poor.

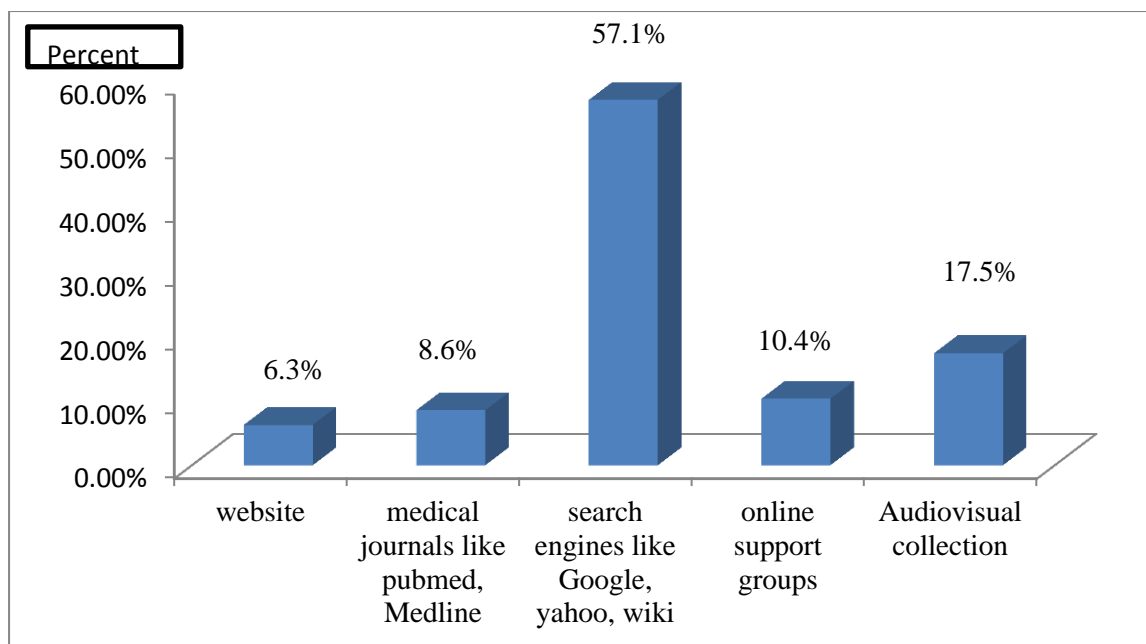


Figure 1: Type of electronic information resources preferred by health professionals, 2016

Of the total healthcare professionals who participated in this study, 285(89.9%) reported having no training as a reason for not using EIS for improving HIV/AIDS care and treatment followed by preferring print resources, 20(6.3 %) (Figure 2). Accordingly, a medical director interviewee said, "I never thought of using EIS because there is no promotion and training on

how to access and use from the HIV/AIDS resource center and surprisingly most of health professional including me relay on our past memory and sometimes use print resources like guidelines and manuals as reference". Furthermore, another medical doctor working on ART said, "... there is no culture of visiting HIV/AIDS resource centers to use even the

available electronic information resources. Despite the fact, more information resources are being made available electronically, there is no training in our hospital on how to access and use EIS”.

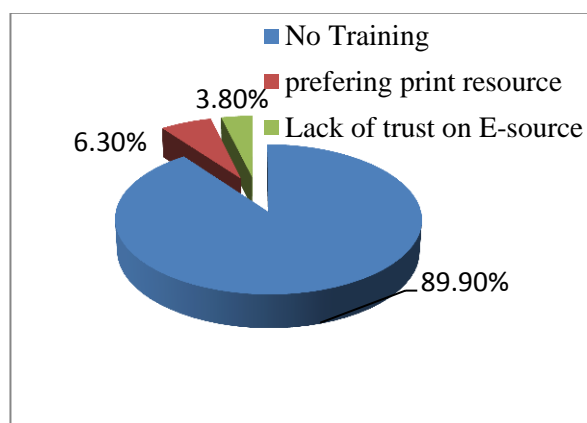


Figure 2: Reasons for not using E-information sources in specialized teaching hospitals of Ethiopia, 2016

Factors Affecting Utilization EIS: To identify factors affecting use of EIS as supporting tool for clinical practice, variables were entered in stepwise into logistic regression model.

Accordingly, perceived electronic information retrieval skills, perceived quality of electronic information content retrieved, and limited access to computer and internet connection were found to be statistically significant factors associated with use of EIS as supporting tool for clinical practice at 95 % CI (Table 2).

It was found that health professionals who perceived their electronic information retrieval skills as good were 3 times more likely to use EIS as supporting tool for clinical practice as compared to those who perceived poor, AOR = 3.271, CI (1.942, 4.051). Health professionals who perceived the quality of the retrieved electronic information content as good were 2 times more likely to use EIS as compared to those who perceived it as poor, AOR= 2.069, CI (1.051, 3.925). In this study, the majority, 223(70.3%), of the respondents had limited access to computer and internet connection. Interestingly, those who had access to computer and internet connection were 5 times more likely to use EIS as compared to those who had limited access to computer and internet connection, AOR = 5.072, CI (1.834, 5.931) (Table 2).

Table 2: Factors affecting health professionals' use of EIS for HIV/AIDS care and treatment in selected specialized teaching hospitals of Ethiopia, 2016

Variable	Use of EIS		COR(95%CI)	AOR(95%CI)
	Yes No No (%)	No No No (%)		
Perceived electronic information retrieval skills				
Good	89(91.8)	8(8.2)	1.351(1.486,2.372)	3.271(1.942,4.051) [¥]
Poor *	179(81.4)	41(18.6)	1	1
Perceived quality of electronic information content retrieved				
Poor quality*	216(92.7)	17 (7.3)	1	1
Good quality	52 (61.9)	32 (38.1)	1.852(1.032, 1.984)	2.069(1.051,3.925) [¥]
Access to computer and internet connection				
Yes	86(91.5)	8 (8.5)	2.967(1.214,3.863)	5.072 (1.834,5.931) [¥]
No *	182(81.6)	41 (18.4)	1	1

N.B: * reference group [¥] statistically significant

DISCUSSION

This study revealed that 97.5% of the healthcare professionals working in the specialized teaching hospitals of Ethiopia were aware of the presence of HIV/AIDS resource centers at their hospitals. However, only one-fifth of the health professionals reported that they visited the resource center regularly to access EIS. This finding is comparable with the study done by Ibrahim in 2004, which reported that the frequency of use of EIS was low, 21.0%, because of more time needed to focus on patients, lack of awareness about EIS provided by resource centers or libraries of the hospitals and ineffective communication channels (16).

Application of ICT as EIS tool has brought breakthrough in addressing the HIV and AIDS pandemic through spreading education/awareness, patient management and treatment management (8). In this study, about one-third of the health professionals used EIS as supporting tool in their clinical practice related with HIV/AIDS care and treatment. This finding is higher than the finding of a study done in Nigeria which reported that there was low usage of EIS among healthcare professionals in hospitals (1). The possible explanation for the observed discrepancy might be the booming of ICT in every sector including health and technical change and intensification of globalization (16). Even though there are recommendations that HIV/AIDS care and treatment to poor communities can be significantly improved by integrating local primary healthcare information with centralized databases to allow national monitoring (1), there was low (one-third of the health professionals) level of utilization of EIS.

This study found that the majority, 36.9%, of the health professionals used EIS for entertainment. This is different from the finding of a study done in Malaysia by Nielson (2011) in which from 19 major search engines in the internet, health information ranked first most searched item (21). In contrast, this study is similar with a systematic review of 38 studies from 1994 to 2004 on why doctors use the internet which revealed that they focused on the use of

email, retrieving information from online journals, attending courses and conferences, receiving professional updates and performing professional and administrative functions (17).

In this study, more than three-fourth of the healthcare professionals were not satisfied with the current utilization EIS. The finding is not in line with the study conducted by Masters K, in Nigeria, which reported that 90% of respondents indicated that EIS had increased efficiency of their job. The possible explanation for the observed difference might be that, in the current study, the majority of the health professionals used EIS for entertainment not related to healthcare.

Issues of trainings are important if health professionals do not possess sufficient skills to access electronic resources. Moreover, lack of computer and information retrieval skills lead to underutilization EIS (19). Concurrently, the current study revealed that 88.9% of health professionals did not have any formal training on EIS utilization, and this negatively impacted on the usage of EIS for enhancing HIV/AIDS care and treatment. This finding is in line with the view of an in-depth interviewee who said, "... *more information resources are being made available electronically but, there is no training in our hospital on how to access and use EIS*". Furthermore, shortage of resources, like computers, and poor connection were reported as the main reasons hindering the use of EIS regularly for improving clinical practice including HIV/AIDS care and treatment. This is comparable with the finding of a study conducted by Gathoni in 2011 which reported that the common reasons highlighted for not using e-resources were poor connectivity and lack of computers (20).

In conclusion, only one-third of the health professionals used EIS as supporting tool in their clinical practice including HIV/AIDS care and treatment. Despite this fact, issues of trainings are important if health professionals do not possess sufficient skills to access electronic resources; in this study majority of the health professionals reported having no training as a reason for not using EIS. Hence, hospital boards should devise strategies to improve utilization by spotlighting the cultivation of culture of EIS utilization for

clinical service. Furthermore, due emphasis should be given for improvement of electronic information retrieval skills of health professionals and how to access and utilize computer and internet connection.

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