ISSN 0014-1755 eISSN 2415-2420 Mekonnen et al.

Original Article

Effect of Acute Kidney Injury on In-hospital Mortality in Non-critical Medical Patients in a Sub-Saharan African Country

Nahom Desalegn Mekonnen^{1*}, Tigist Workneh Leulseged^{1,2}, Nebiat Adane Mera³, Helen Surafeal Berhe⁴, Anteneh Abera Beyene⁵, Kidus Haile Yemaneberhan⁵, Buure Ayderuss Hassen⁶, Feven Negasi Abriha⁷, Lidya Zenebe Getachew⁸, Birukti Gebrevohannes Habtezgi⁶

¹Department of Internal Medicine, St. Paul's Hospital Millennium Medical College, Addis Ababa, Ethio pia² Medical Research Lounge (Research Consultancy and Training Center), Addis Ababa, Ethiopia

³ Department of Internal medicine, Yekatit 12 Hospital Medical College, Addis Ababa, Ethiopia

⁴Afya Clinic, Kansas City, Missouri, USA

⁵ MyungSung Medical College comprehensive specialized hospital Addis Ababa, Ethiopia

⁶Hayat medical college, Addis Ababa, Ethiopia

⁷ Jimma University school of medicine, Jimma, Ethiopia

⁸ Eka Kotebe General Hospital, Addis Ababa, Ethiopia

Corresponding authors*: dessnahom@gmail.com

Abstract

Background: Acute kidney injury (AKI) is a major global public health problem that affects millions of people each year and has been linked to poor prognosis in critically ill patients. As being a common complication in hospitalized patients, understanding its effect on non-critical patients is equally crucial, but there is a paucity of knowledge in this area, particularly in Africa. Therefore, the aim of this study was to assess the effect of AKI on inhospital morality in non-critical medical patients admitted to a large tertiary hospital in Ethiopia.

Methods: A retrospective cohort study of 319 non-critical medical patients (113 with AKI and 206 without AKI) admitted between July 2019 and January 2022 was conducted. The in-hospital mortality rate was estimated using incidence density with a 95% CI. The two groups' comparability was assessed using chi-square and Fisher's exact tests. The effect of AKI on in-hospital mortality was analyzed using a log binomial regression model with a p-value of ≤ 0.05 determining a significant effect, and the effect was measured using adjusted relative risk (ARR) and its 95% CI.

Results: The in-hospital mortality rate was 6.8 per 1000 person-days of observation (95% CI=4.9-9.4). AKI did not show a significant effect on in-hospital mortality (ARR = 0.72, 95% CI=0.30-1.71, p=0.450). On the other hand, sepsis was found to be a significant predictor, with over a threefold increase in risk of in-hospital mortality (ARR=3.47, 95% CI=1.60-7.52, p=0.002).

Conclusion: With early detection and proper management, non-critical patients with AKI can have a similar prognosis as those without AKI, unlike the critical setting. However, sepsis was found to be a significant predictor of in -hospital mortality implying the need to pay special attention to the management of these cases.

Keywords: Acute kidney Injury, non-critical setting, retrospective cohort, log binomial regression, Ethiopia Citation : Mekonnen N, Leulseged T, Mera N. et al Effect of Acute Kidney Injury on In-hospital Mortality in Non-

critical Medical Patients in a Sub-Saharan African Country Ethiop Med J 62 (2) 87-96 Submission date: 02 December 2023 Accepted: 27 March 2024 Published: 01 April 2024

Introduction

Acute kidney injury (AKI) is a sudden decrease in kidney function that occurs over hours or days and can be caused by structural or functional damage to the kidneys (1). AKI is a major global public health problem affecting over 13 million people every year (2, 3). It is a frequent complication among patients with other medical conditions, whether it occurs in the community or the hospital setting (4-9).

In an ideal hospital setting most patients with AKI make a full recovery. However, in resourceconstrained settings, where early diagnosis and treatment are compromised by limited resources and patients often delay seeking care, AKI can lead to prolonged hospitalization, complications, and increased mortality. In particular, critical patients with AKI have a high mortality rate, up to 23.9%.

It is reported that patients with AKI have up to 10 times increased risk of death as compared to patients without AKI (3, 10-16).

It is reported that Sub-Saharan Africa has a higher incidence of AKI than the rest of the world. Because of the underdeveloped health-care infrastructure, which causes gaps in the management of these cases, disease progression and prognosis are also worse, resulting in higher rates of complication and death. According to studies, patients with AKI in these settings have a death rate of up to 36.9%, which is five times greater than the death rate in patients without AKI (7, 10, 15, 17-22).

However, because these studies were predominantly carried out in developed contexts, their scope and generalizability are limited, and their findings may not be applicable to all settings in Sub-Saharan Africa. Aside from the scarcity of evidence in Africa and the epidemiological variance in disease patterns and outcomes across different geographic locations, the majority of previous studies were conducted on critical patients who required ICU care. However, AKI is a also common consequence in non-critical patients, and hence it is crucial to investigate the impact of this disease on treatment outcomes in these group of patients. Therefore, the aim of this study was to assess the effect of AKI on in-hospital morality in non-critical medical patients admitted to St. Paul's Hospital Millennium Medical College between July 2019 and January 2022.

Methodology Study Setting and Design

An institution-based retrospective cohort study was conducted among non-critical medical patients admitted to the medical ward of St. Paul's Hospital Millennium Medical College (SPHMMC) between July 2019 and January 2022, comparing patients with AKI (exposed group) to those without AKI (non-exposed group). SPHMMC is one of the largest hospitals in Ethiopia. It is a center that specializes in renal care and treatment with the only renal transplant facility in the country since 2015. The center has a wellequipped center for dialysis that gives special attention to patients with acute kidney injury. The unit has 8 nephrologists, 4 fellows and over 70 nurses providing comprehensive inpatient and outpatient care. The conduct and findings of the entire research is reported in accordance with the STROBE checklist for cohort studies.

Population and Sample Size

The study included all eligible non-critical medical patients who were admitted to the hospital between July 2019 and January 2022. Patients were considered eligible if they did not have an underlying chronic renal condition at the time of admission, completed their follow-up at the hospital, and were not transferred from or admitted to a critical ward or intensive care unit at any point during their stay in the hospital. Furthermore, patients with incomplete medical record on the major exposures and outcome variables were excluded. Accordingly, a total of 319 eligible cases were identified and enrolled in the study, 113 patients with AKI (45 Stage 1, 16 Stage 2, and 52 Stage 3) and 206 patients without AKI.

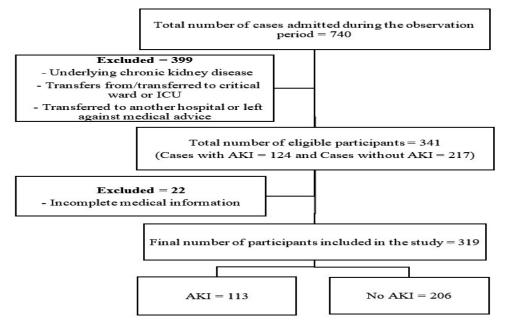


Figure 1: Flow chart showing the recruitment of study participants in to the study, July 2019 to January 2022, Ethiopia

Because the total number of eligible participants identified was small, all of them were included in the study. The achieved power of the study was then determined post-hoc using G*Power 3.19.4. The following statistical parameters were used: a 5% level of significance, a proportion of in-hospital mortality of 12.4% among patients with AKI (sample size = 113), and a proportion of in-hospital mortality of 10.2% among patients with no AKI (sample size = 206). Accordingly, the analysis revealed a power of 98.6%.

Operational Definition

Acute Kidney Injury (AKI): Diagnosed based on Kidney Disease Improving Global Outcomes criteria (KDIGO) definition, is defined as an increase in serum creatinine by ≥ 0.3 mg/dl within 48 hours or increase in serum creatinine to ≥ 1.5 times baseline, which is known or presumed to have occurred within the previous 7 days (23).

- Stage 1: an increase in serum creatinine to 1.5 to 1.9 times baseline, or increase in serum creatinine by ≥0.3 mg/dL, or reduction in urine output to <0.5 mL/kg/hour for 6 to 12 hours.</p>
- Stage 2: an increase in serum creatinine to 2.0 to 2.9 times baseline, or reduction in urine output to <0.5 mL/kg/hour for ≥12 hours</p>
- Stage 3: an increase in serum creatinine to 3.0 times baseline, or increase in serum creatinine to ≥4.0 mg/dL or reduction in urine output to <0.3 mL/kg/hour for ≥24 hours, or anuria for ≥12 hours, or the initiation of kidney replacement therapy</p>

Non-critical medical patients: patients with various medical conditions that require hospitalization but are generally stable and do not have a life-threatening condition or require intensive care.

In-hospital mortality: the death of a patient from **any cause** that occurs during their hospitalization for a medical condition. total of 144 microbiological culture isolates were identified

Data Collection Procedures and Quality Assurance

Data on the exposures and the study outcome were extracted from the patients' medical charts using a pretested data abstraction form. Three General Practitioners collected data under the supervision of a senior Internal Medicine resident. To ensure data quality, data collectors and the supervisor were trained on how to use the tool, data inconsistency was identified by running frequencies and cross tabulations and managed by cross checking with the charts, and additional data cleaning and management was performed for variables with numeric errors and missing values. STATA software version 17.0 (College Station, TX) was used for all data management and analysis.

Statistical Analysis

The data was summarized and presented using a frequency table with percentage. The follow-up duration of the patients was summarized using median with interquartile range, due to the skewed nature of the data (p-value of <0.0001 for Kolmogorov-Smirnov and Shapiro Wilk tests of normality). To calculate the incidence of in-hospital mortality rate, incidence density with 95% CI was calculated with the total person time observation measured in days.

The underlying socio-demographic and clinical characteristics of the two groups (AKI Vs Without AKI) were compared using a Chi-square test after testing the assumptions of the test. For variables with failed assumptions, Fisher's exact test was used instead. For both tests, a p-value of ≤ 0.05 indicates the presence of a statistically significant difference between the groups.

To identify the effect of AKI on in-hospital mortality, a multivariable log binomial regression model was fitted after adjusting for variables that passed the statistical selection criteria of univariate analysis at 25% level of significance and that are found to be scientifically relevant. On the multivariable model, a significant effect was determined at a p-value of \leq 0.05 and the effect was measured using adjusted relative risk (ARR) and its 95% CI.

Ethical considerations

The study was conducted after obtaining ethical clearance from St. Paul's Hospital Millennium Medical College institutional review board (SPHMMC-IRB). Anonymity of the participants was maintained by use of medical record number in the research report. No other personal identifiers of the patients were used in the research report. Access to the collected information was limited to the investigators and confidentiality was maintained throughout the project.

Result

Socio-demographic and Clinical Characteristics

More than half of the patients were under the age of 50, with the majority being younger than 30 years (22.6%) and between 30 and 39 years (18.2%), and 173 (54.2%7) were males. Hypertension and type 2 diabetes mellitus (T2DM) were the most frequently reported comorbid illnesses in 138 (43.3%) and 55 (17.2%) individuals, respectively. Pneumonia was the most common admission diagnosis in 112 (35.15%), followed by heart failure in 76 (23.8%), hypercoagulable states (DVT/PE) in 46 (14.4%), and sepsis in 40 (12.5%).

When the underlying socio-demographic and clinical characteristics of patients without AKI and those with AKI were compared, it was found that a significant majority of patients with AKI were hypertensive (36.4% vs 55.8%, p-value=0.001) and had sepsis on admission (9.2% vs 18.6%, p=0.016). On the other hand, pneumonia (39.8% vs 26.5%, p=0.018), CNS infection (8.7% vs 0, p=0.001), stroke (12.6% vs

4.4%, p=0.018), DVT/PE (17.5% vs 8.8%, p=0.036), and hematologic disorders (7.3% vs 0.9%, p=0.012) were seen in a significantly smaller proportion of AKI patients. Otherwise, there was no significant difference between the two groups in terms of age, sex, or other clinical factors. (Table 1)

Table 1: Socio-demographic and clinical characteristics of non-critical medical patients and comparison based on the diagnosis of AKI, July 2019 to January 2022, Ethiopia (n=319)

Variable		Total (%)	AKI Diagnosis		p-value
Age group (in years)	<30	72 (22.6)	No (%) (n=206) 49 (23.8)	Yes (%) (n=113) 23 (20.4)	0.829
	30-39	58 (18.2)	36 (17.5)	22 (19.5)	
	40-49	48 (15.0)	34 (16.5)	14 (12.4)	
	50-59	50 (15.7)	30 (14.6)	20 (17.7)	
	60-69	51 (16.0)	31 (15.0)	20 (17.7)	
	>=70	40 (12.5)	26 (12.6)	14 (12.7)	
Sex	Male	173 (54.2)	112 (54.4)	61 (54.0)	0.947
	Female	146 (45.8)	94 (45.6)	52 (46.0)	
Hypertension	No	181 (56.7)	131 (63.3)	50 (44.2)	0.001*
	Yes	138 (43.3)	75 (36.4)	63 (55.8)	
Type 2 Diabetes	No	264 (82.8)	174 (84.5)	90 (79.6)	0.276
Mellitus	Yes	55 (17.2)	32 (15.5)	23 (20.4)	
HIV	No	304 (95.3)	193 (93.7)	111 (98.2)	0.067
	Yes	15 (1.8)	13 (6.3)	2 (1.8)	
Malignancy	No	307 (96.2)	197 (95.6)	110 (97.3)	0.442
	Yes	12 (3.8)	9 (4.4)	3 (2.7)	
Sepsis	No	279 (87.5)	187 (90.8)	92 (81.4)	0.016*
	Yes	40 (12.5)	19 (9.2)	21 (18.6)	
Heart failure	No	243 (76.2)	157 (76.2)	86 (76.1)	0.983
	Yes	76 (23.8)	49 (23.8)	27 (23.9)	
Pneumonia	No	207 (64.9)	124 (60.2)	83 (73.5)	0.018*
	Yes	112 (35.1)	82 (39.8)	30 (26.5)	
ТВ	No	293 (91.8)	186 (90.3)	107 (94.7)	0.170
	Yes	26 (8.2)	20 (9.7)	6 (5.3)	
COPD	No	309 (96.9)	198 (96.1)	111 (98.2)	0.504
	Yes	10 (3.1)	8 (3.9)	2 (1.8)	
Hepatitis	No	295 (92.5)	193 (93.7)	102 (90.3)	0.268
	Yes	24 (7.5)	13 (6.3)	11 (9.7)	
GI infection	No	306 (95.9)	197 (95.6)	109 (96.5)	0.999
	Yes	13 (4.1)	9 (4.4)	4 (3.5)	

9	1

Upper GI Bleeding	No	308 (96.6)	198 (96.1)	110 (97.3)	0.752
	Yes	11 (3.4)	8 (3.9)	3 (2.7)	_
Gastric/duodenal ulcer	No	312 (97.8)	201 (97.6)	111 (98.2)	0.999
	Yes	7 (2.2)	5 (2.4)	2 (1.8)	
CNS infection	No	301 (94.4)	188 (91.3)	113 (100.0)	0.001*
	Yes	18 (5.6)	18 (8.7)	0	
Stroke	No	288 (90.3)	180 (87.4)	108 (95.6)	0.018*
	Yes	31 (9.7)	26 (12.6)	5 (4.4)	
DVT/PE	No	273 (85.6)	170 (82.5)	103 (91.2)	0.036*
	Yes	46 (14.4)	36 (17.5)	10 (8.8)	
Hematologic disease	No	303 (95.0)	191 (92.7)	112 (99.1)	0.012*
	Yes	16 (5.0)	15 (7.3)	1 (0.9)	

N.B., * = Statistically significant

Medication history and Laboratory Parameters

Over a third of the patients were taking one or a combination of the following medications: cephalosporin (77.7%), proton pump inhibitors (PPIs) (60.8%), anticoagulants (54.2%), diuretics (39.8%), and vancomycin (38.6%). Low white blood cell count (WBC), hemoglobin, Sodium, potassium, and chloride levels were found in 31 (9.7%), 151 (47.3%), 112 (35.1%), 51 (16.0%), and 104 (32.6%) of the patients, respectively. Furthermore, elevated levels of WBC, hemoglobin, sodium, potassium, and chloride were detected in 86 (27.0%), 38 (11.9%), 10 (3.1%), 29 (9.1%), and 104 (32.6%) patients, respectively.

The medication history and the baseline laboratory parameters between the cohorts revealed that a significantly larger proportion of patients with AKI were on diuretics (25.7% Vs 65.5%, p<0.0001) and PPIs (53.4% Vs 74.3%, p<0.0001) than those without AKI. Furthermore, a significantly larger proportion of these AKI patients had abnormal baseline laboratory parameters, including anemia (40.0% Vs 59.3%, p=0.003), hyponatremia (28.2% Vs 47.8%, p=0.006), hyperkalemia (3.9% Vs 18.6%, 0.0001), hypochloremia (27.7% Vs 41.6%, p=0.002), and hyperchloremia (5.8% Vs 11.5%, p=0.002). (**Table 2**)

Table 2: Medication history and laboratory parameters of non-critical medical patients and comparison based of	'n
the diagnosis of AKI, July 2019 to January 2022, Ethiopia (n=319)	

Variable		Total (%)	AKI Dx		p-value
Cephalosporin	No	71 (22.3)	No (%) (n=206) 51 (24.8)	Yes (%) (n=113) 20 (17.7)	0.147
	Yes	248 (77.7)	155 (75.3)	93 (82.3)	
Penicillin	No	300 (94.0)	193 (93.7)	107 (94.7)	0.718
	Yes	19 (6.0)	13 (6.3)	6 (5.3)	
Macrolides	No	273 (85.6)	173 (84.0)	100 (88.5)	0.272
	Yes	46 (14.4)	33 (16.0)	13 (11.5)	
Quinolones	No	307 (96.2)	200 (97.1)	107 (94.7)	0.282
	Yes	12 (3.8)	6 (2.9)	6 (5.3)	
Vancomycin	No	196 (61.4)	131 (63.6)	65 (57.7)	0.287
	Yes	123 (38.6)	75 (36.4)	48 (42.5)	

Anti-TB	No	289 (90.6)	184 (89.3)	105 (92.9)	0.292
	Yes	30 (9.4)	22 (10.7)	8 (7.1)	
Diuretics	No	192 (60.2)	153 (74.3)	39 (34.5)	< 0.0001*
	Yes	127 (39.8)	53 (25.7)	74 (65.5)	
ACEI/ARBs	No	253 (79.3)	170 (82.5)	83 (73.5)	0.056
	Yes	66 (20.7)	36 (17.5)	30 (26.5)	
PPIs	No	125 (39.2)	96 (46.6)	29 (25.7)	<0.0001*
	Yes	194 (60.8)	110 (53.4)	84 (74.3)	
Anticoagulants	No	146 (45.8)	91 (44.2)	55 (48.7)	0.441
	Yes	173 (54.2)	115 (55.8)	58 (51.3)	
Steroids	No	220 (69.0)	148 (71.8)	72 (63.7)	0.133
	Yes	99 (31.0)	58 (28.2)	41 (36.3)	
WBC	Normal	202 (63.3)	133 (64.6)	69 (61.1)	0.228
	Low	31 (9.7)	23 (11.2)	8 (7.1)	
	High	86 (27.0)	50 (24.3)	36 (31.9)	
Hemoglobin	Normal	130 (40.8)	98 (47.6)	32 (28.3)	0.003*
	Low	151 (47.3)	84 (40.8)	67 (59.3)	
	High	38 (11.9)	24 (11.7)	14 (12.4)	
Sodium	Normal	197 (61.8)	141 (68.4)	56 (49.6)	0.006*
	Low	112 (35.1)	58 (28.2)	54 (47.8)	
	High	10 (3.1)	7 (3.4)	3 (2.7)	
Potassium	Normal	239 (74.9)	166 (80.6)	73 (64.6)	<0.0001*
	Low	51 (16.0)	32 (15.5)	19 (16.8)	
	High	29 (9.1)	8 (3.9)	21 (18.6)	
Chloride	Normal	190 (59.6)	137 (66.5)	53 (46.9)	
	Low	104 (32.6)	57 (27.7)	47 (41.6)	0.002*
	High	25 (7.8)	12 (5.8)	13 (11.5)	

N.B., * = Statistically significant

Incidence of In-hospital Mortality

The 319 patients were followed for a median duration of 13.0 days (IQR, 8.0-20.0). The overall in-hospital mortality rate (MR) was 6.8 per 1000 person-days (PD) of observation (95% CI=4.9 - 9.4). Based on the sub-group analysis, the MR in those without AKI was 6.8 per 1000 PD (95% CI=4.4-10.4) and among those with AKI it was 6.8 per 1000 PD (95% CI=4.0-11.4).

Effect of AKI on In-hospital mortality

To assess the effect of AKI on in-hospital mortality, a multivariable Log binomial Regression model was

fitted after adjusting for age group, sex, hypertension, T2DM, sepsis, heart failure, pneumonia, DVT/PE, cephalosporin, vancomycin, diuretics, ACEIs/ARBs, PPIs, and steroids. Accordingly, AKI was not found to be a significant predictor of in-hospital mortality (ARR = 0.72, 95% CI=0.30-1.71, p=0.450).

From the other exposures, sepsis was found to be the only significant predictor for in-hospital mortality, where patients with sepsis had a 3.47 times increased risk of in-hospital mortality than those with no sepsis (ARR=3.47, 95% CI=1.60-7.52, p=0.002). (Table 3)

Variable		Outcome		CRR (95% CI)	ARR (95% CI)	p-value
		Alive (n=284)	Died (n=35)	_ ` ` `		-
Age (in years)	< 30	67	5	1	1	
	30-39	50	8	1.98 (0.69, 5.75)	2.05 (0.69, 6.03)	0.194
	40-49	41	7	2.10 (0.71, 6.23)	1.78 (0.58, 5.48)	0.316
	50-59	47	3	0.86 (0.22, 3.45)	0.96 (0.22, 4.27)	0.960
	60-69	47	4	1.13 (0.32, 4.00)	0.87 (0.21, 3.54)	0.842
	≥ 70	32	8	2.88 (1.01, 8.22)	2.15 (0.65, 7.07)	0.208
Sex	Male	149	24	1	1	
	Female	135	20	0.54 (0.28, 1.07)	0.62 (0.29, 1.31)	0.211
Hypertension	No	161	20	1	1	
	Yes	123	15	0.98 (0.52, 1.85)	0.94 (0.41, 2.19)	0.894
Diabetes	No	235	29	1	1	
	Yes	49	6	0.99 (0.43, 2.28)	0.77 (0.29, 2.02)	0.588
Sepsis	No	255	24	1	1	
	Yes	29	11	3.19 (1.69, 6.02)	3.47 (1.60, 7.52)	0.002*
Heart failure	No	215	28	1	1	
	Yes	69	7	0.79 (0.36, 1.76)	0.85 (0.35, 2.06)	0.723
Pneumonia	No	186	21	1	1	
	Yes	98	14	1.23 (0.65, 2.33)	1.09 (0.49, 2.40)	0.824
DVT/PE	No	245	28	1	1	
	Yes	39	7	1.48 (0.69, 3.19)	2.00 (0.85, 4.69)	0.110
Cephalosporin	No	68	3	1	1	
	Yes	216	32	3.05 (0.96, 9.68)	2.70 (0.82, 8.87)	0.101
Vancomycin	No	176	20	1	1	
	Yes	108	15	1.19 (0.64, 2.25)	0.85 (0.39, 1.82)	0.676
Diuretics	No	172	20	1	1	
	Yes	112	15	1.13 (0.60, 2.13)	1.56 (0.67, 3.62)	0.300
ACEI/ARBs	No	227	26	1	1	
	Yes	57	9	1.33 (0.65, 2.69)	1.53 (0.59, 3.95)	0.383
PPIs	No	113	12	1	1	
	Yes	171	23	1.24 (0.64, 2.39)	1.26 (0.61, 2.58)	0.531
Steroids	No	191	29	1	1	
	Yes	93	6	0.46 (0.19, 1.07)	0.51 (0.22, 1.21)	0.126
AKI	No	185	21	1	1	
	Yes	99	14	1.22 (0.64, 2.29)	0.72 (0.30, 1.71)	0.450

Table 3: Determinants of in-hospital mortality among non-critical medical patients, July 2019 to January 2022, Ethiopia (n=319)

N.B., CRR= Crude Relative Risk, ARR= Adjusted Relative Risk, * = statistically significant

Discussion

The current study was conducted on 319 non-critical medical patients, 113 patients with AKI and 206 patients without AKI, admitted to one of Ethiopia's largest tertiary hospitals in order to determine the effect of AKI on in-hospital mortality. The majority of the patients were males (54.2%) and under the age of 50 (53.3%). Comparison within the cohort showed that. the significant majority of AKI patients were hypertensive, had sepsis at the time of admission, were on diuretics and PPIs, and had abnormal baseline laboratory values including anemia, hyponatremia, hyperkalemia, hypochloremia, and hyperchloremia. Pneumonia, CNS infection, stroke, DVT/PE, and hematologic abnormalities, on the other hand, were seen in a much lower proportion of patients with AKI.

The in-hospital mortality rate was determined to be 6.8 per 1000 PD and the incidence rate remained the same in sub-group analysis, demonstrating that there was no significant difference in the mortality rate between patients with and without AKI. Further regression analysis to examine AKI's predictive effect on in-hospital mortality revealed that AKI was not a significant predictor of in-hospital mortality. In contrast, evidence in critical care settings in both developed and developing countries shows that having AKI worsens disease progression and increases mortality by up to tenfold (10-16, 17-22). Hence, the findings of this study implies that the detrimental effects of AKI may be less severe in noncritical patients. However, it is important to note that the underlying medical conditions of patients without AKI in our study were more severe, which may have confounded the results. Furthermore, the hospital's setup for AKI management could have contributed to earlier identification and better management of AKI cases, improving their outcome.

On the other hand, sepsis was found to be the sole significant predictor of in-hospital mortality among the other studied exposures, with patients with sepsis having a more than threefold greater risk of in-hospital mortality than those without sepsis. This is consistent with previous reports in which sepsis is a wellestablished cause of increased mortality in any care setting, not only because of the complications it can cause, but also because of the severity of the risk factors that are usually associated with it (24-26).

The findings of the study have a substantial contribution to the existing literature and can be applied to comparable health care settings for the following reasons: it examined the effect of AKI in non-critical patients where there is a scarcity of evidence, it has a comparator study group for better inference, and it was conducted in a large referral hospital with the best setup for managing patients with AKI that admits patients from all over the country. However, data on details of the stage and control levels of other studied comorbidities that could potentially confound the finding were not studied because of the retrospective design of the study. Additionally, as a single-center study, its generalizability is limited to similar settings.

Conclusion

The study found that AKI is not a significant predictor of in-hospital mortality in non-critical care settings, implying that with early detection and proper management, patients with AKI can have a similar prognosis as those without AKI, unlike the critical setting. Sepsis, on the other hand, was identified to be a significant predictor of in-hospital mortality, and clinicians should pay special attention to it in the non-critical setting. However, further large-scale prospective research is required for better understanding and generalizability to a wider context.

Declaration

Consent for publication: Not applicable

Availability of data and materials: All relevant data are available upon reasonable request from the corresponding author.

Competing interests: The authors declare that they have no known competing interests.

Funding: This research did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors.

Authors' Contribution: NDM and TWL conceived and designed the study. NAM, HSB, AAB, KHY, BAH, FNA, LZG, and BGH contributed to the conception and design of the study. NDM and TWL performed statistical analysis, and drafted the initial manuscript. NAM, HSB, AAB, and BAH contributed to the statistical analysis and interpretation of the findings. KHY, FNA, LZG, and BGH revised the manuscript. All authors approved the final version of the manuscript.

Acknowledgment: The authors would like to thank all individuals involved in the data collection, supervision, and facilitation of the research work

References

- Makris K, Spanou L. Acute Kidney Injury: Definition, Pathophysiology and Clinical Phenotypes. Clin Biochem Rev [Internet]. 2016 May;37(2):85–98. Available from: <u>https://pubmed.ncbi.nlm.nih.gov/28303073</u>
- Selby NM, Fluck RJ, Kolhe N V., Taal MW. International Criteria for Acute Kidney Injury: Advantages and Remaining Challenges. PLoS Med. 2016;13(9):1–8.
- 3. Kohli HS, Bhat A, Jairam A, Aravindan AN, Sud K, Jha V, et al. Predictors of Mortality in Acute Renal Failure in a Developing Country: A Prospective Study. Ren Fail [Internet]. 2007 Jan 1;29(4):463–9. Available

from: https://doi.org/10.1080/08860220701260651

- Cartin-Ceba R, Kashiouris M, Plataki M, Kor DJ, Gajic O, Casey ET. Risk factors for development of acute kidney injury in critically ill patients: a systematic review and meta-analysis of observational studies. Crit Care Res Pract [Internet]. 2012/11/26. 2012;2012:691013. Available from: <u>https://</u> pubmed.ncbi.nlm.nih.gov/23227318
- Wang G, Yang L, Ye N, Bian W, Ma C, Zhao D, et al. In-hospital acute kidney injury and atrial fibrillation: incidence, risk factors, and outcome. Ren Fail [Internet]. 2021 Dec;43(1):949–57. Available from: <u>https://pubmed.ncbi.nlm.nih.gov/34148488</u>
- Xu X, Nie S, Liu Z, Chen C, Xu G, Zha Y, et al. Epidemiology and Clinical Correlates of AKI in Chinese Hospitalized Adults. Clin J Am Soc Nephrol [Internet]. 2015/07/31. 2015 Sep 4;10(9):1510–8. Available from: <u>https://pubmed.ncbi.nlm.nih.gov/26231194</u>
- Aylward RE, van der Merwe E, Pazi S, van Niekerk M, Ensor J, Baker D, et al. Risk factors and outcomes of acute kidney injury in South African critically ill adults: a prospective cohort study. BMC Nephrol [Internet]. 2019;20(1):460. Available from: <u>https://doi.org/10.1186/s12882-019-1620-7</u>
- Gilbert A, Robertson L, Heron JE, Chadban S, Ndhlovu C, Dahwa RF, et al. Risk factors for development of acute kidney injury in hospitalised adults in Zimbabwe. PLoS One [Internet]. 2020;15(10):1–11. Available from: <u>http://dx.doi.org/10.1371/journal.pone.0241229</u>
- 9. Phillips L, Allen N, Phillips B, Abera A, Diro E, Riley S, et al. Acute kidney injury risk factor recognition in three teaching hospitals in Ethiopia. South African Med J. 2013;103(6):413–8.
- Susantitaphong P, Cruz DN, Cerda J, Abulfaraj M, Alqahtani F, Koulouridis I, et al. World incidence of AKI: a meta-analysis. Clin J Am Soc Nephrol [Internet]. 2013/06/06. 2013 Sep;8(9):1482–93. Available from: <u>https://pubmed.ncbi.nlm.nih.gov/23744003</u>
- Hsu C-Y, McCulloch CE, Fan D, Ordoñez JD, Chertow GM, Go AS. Community-based incidence of acute renal failure. Kidney Int [Internet]. 2007/05/16. 2007 Jul;72(2):208–12. Available from: <u>https://pubmed.ncbi.nlm.nih.gov/17507907</u>
- Ponce D, Balbi A. Acute kidney injury: risk factors and management challenges in developing countries. Int J Nephrol Renovasc Dis [Internet]. 2016 Aug 22;9:193–200. Available from: <u>https://pubmed.ncbi.nlm.nih.gov/27578995</u>
- Abebe A, Kumela K, Belay M, Kebede B, Wobie Y. Mortality and predictors of acute kidney injury in adults: a hospital-based prospective observational study. Sci Rep [Internet]. 2021;11(1):15672. Available from: <u>https://doi.org/10.1038/s41598-021-94946-3</u>
- Wang HE, Muntner P, Chertow GM, Warnock DG. Acute Kidney Injury and Mortality in Hospitalized Patients. Am J Nephrol [Internet]. 2012;35(4):349–55. Available from: <u>https://www.karger.com/</u> DOI/10.1159/000337487
- 15. Riley S, Diro E, Batchelor P, Abebe A, Amsalu A, Tadesse Y, et al. Renal impairment among acute hospital admissions in a rural Ethiopian hospital. Nephrology. 2013;18(2):92–6.
- Jiang Y-J, Xi X-M, Jia H-M, Zheng X, Wang M-P, Li W, et al. Risk factors, clinical features and outcome of new-onset acute kidney injury among critically ill patients: a database analysis based on prospective cohort study. BMC Nephrol [Internet]. 2021 Aug 25;22(1):289. Available from: <u>https://</u> pubmed.ncbi.nlm.nih.gov/34433442
- 17. Rewa O, Bagshaw SM. Acute kidney injury—epidemiology, outcomes and economics. Nat Rev Nephrol [Internet]. 2014;10(4):193–207. Available from: <u>https://doi.org/10.1038/nrneph.2013.282</u>
- Olowu WA, Niang A, Osafo C, Ashuntantang G, Arogundade FA, Porter J, et al. Outcomes of acute kidney injury in children and adults in sub-Saharan Africa: a systematic review. Lancet Glob Heal [Internet]. 2016;4 (4):e242–50. Available from: <u>https://www.sciencedirect.com/science/article/pii/S2214109X15003228</u>
- Halle MPE, Chipekam NM, Beyiha G, Fouda H, Coulibaly A, Hentchoya R, et al. Incidence, characteristics and prognosis of acute kidney injury in Cameroon: a prospective study at the Douala General Hospital. Ren Fail [Internet]. 2018 Nov;40(1):30–7. Available from: <u>https://pubmed.ncbi.nlm.nih.gov/29285953</u>
- Finlay S, Bray B, Lewington AJ, Hunter-Rowe CT, Banerjee A, Atkinson JM, et al. Identification of risk factors associated with acute kidney injury in patients admitted to acute medical units. Clin Med [Internet]. 2013 Jun;13(3):233–8. Available from: <u>https://pubmed.ncbi.nlm.nih.gov/23760694</u>
- Osman M, Shigidi M, Ahmed H, Abdelrahman I, Karrar W, Elhassan E, et al. Pattern and outcome of acute kidney injury among sudanese adults admitted to a tertiary level hospital: A retrospective cohort study. Pan Afr Med J. 2017;28:1–7
- 22. Abebe A. Clinical Profile and Short-Term Outcomes of Acute Kidney Injury in Patients Admitted to a Teaching Hospital in Ethiopia : A Prospective Study. 2021;(July).
- 23. Kidney Disease: Improving Global Outcomes (KDIGO) Acute Kidney Injury Working Group. No Title. KDI-GO Clin Pract Guidel Acute Kidney Inj. 2012;2:1–138.
- 24. Fleischmann-Struzek C, Mellhammar L, Rose N, Cassini A, Rudd KE, Schlattmann P, Allegranzi B, Reinhart K. Incidence and mortality of hospital- and ICU-treated sepsis: results from an updated and expanded system-

atic review and meta-analysis. Intensive Care Med. 2020 Aug;46(8):1552-1562. doi: 10.1007/s00134-020-06151-x. Epub 2020 Jun 22. PMID: 32572531; PMCID: PMC7381468.

- Pieroni M, Olier I, Ortega-Martorell S, Johnston BW, Welters ID. In-Hospital Mortality of Sepsis Differs Depending on the Origin of Infection: An Investigation of Predisposing Factors. Front Med (Lausanne). 2022 Jul 13;9:915224. doi: 10.3389/fmed.2022.915224. PMID: 35911394; PMCID: PMC9326002.
- 26. Lewis, J.M., Feasey, N.A. & Rylance, J. Aetiology and outcomes of sepsis in adults in sub-Saharan Africa: a systematic review and meta-analysis. Crit Care 23, 212 (2019). https://doi.org/10.1186/s13054-019-2501-y