





Send us an email: hsijournal@ug.edu.gh Visit us: https://www.hsijournal.ug.edu.gh

ISSN Online 2704-4890 | ISSN Print 2720-7609

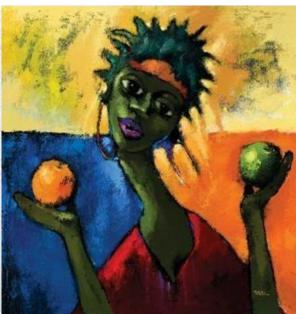
HSI Journal (2022) Volume 3 (Issue 2):348. https://doi.org/10.46829/hsijournal.2022.12.3.2.348



# About the cover

Open Access





Life is a battle of choices. A decision made is a choice against many competing alternatives. No opportunity is sacrosanctly good or evil

"Choices" Make a choice now to publish with us at the HSI Journal.

## "Choices"

Life is fraught with dilemmas, deliberations, and decisions

## Artist's perspective

In the composition, there is an abundance of vibrancy in colour and form, amidst an expression of self-confidence on the subject. She carries herself with pride and dignity in a conducive environment that complements her demeanour. She carries two fruits in both hands - an orange and green - in two different colour backdrops. Choosing the orange fruit would mean making hot and uncertain choices. However, the blue background suggests calmness. To choose the green fruit might seem a better choice however, the hot orange backdrop suggests levels of likely distress and discomfort.

Take a journey through the painting and identify with a choice. The rest of the story lies with the viewer.

A production from Tabi Crentsil, 2022

### Editors' view

Life is a battle of choices. A decision made is a choice against many competing alternatives. The fruits and the backdrops suggest the good-evil blend of the opportunities life presents. No opportunity is sacrosanctly good or evil. Consequently, great

circumspection is required in choosing by weighing the good and evils inherently associated with a choice, and to succeed at this is WISDOM! Wisdom is a product of learning and experience and serves to direct one's choices. In academia where publishing is the lifeblood, researchers are mindful of what becomes their mouthpiece. The choice of a journal in which to publish comes with tremendous considerations - prestige, cost, visibility, credibility, and speed of processing among others. Since one cannot eat their cake and have it, it is required of academics to possess the wisdom to make such delicate mutually exclusive choices. The choice of a journal is an inadvertent decision against competing alternatives. The HSI Journal, thereby, salutes all who have considered us a worthy mouthpiece, including those whose submissions were unsuccessful. You have made excellent decisions and the Journal is inexpressively appreciative. Your choice of a startup journal like HSI Journal may have been as uncertain as choosing the orange fruit, yet you allowed yourselves to sink into the palpable calmness. Kudos! Through your cherished contributions, the HSI Journal has grown over the past three years and is currently indexed in African Journal Online (AJOL). Be inspired into greater calmness as the Journal seeks to get indexed in other reputable databases.

#### How to cite

Crentstil T (2022) About the cover "Choices". Health Sciences Investigations Journal 3(2):348.

http://doi.org/10.46829/hsijournal.2022.12.3.2.348.

Email: tabicrentsil@gmail.com. WhatsApp: +233 245390591