



## Whey proteins analysis in aqueous medium and in artificial gastric and intestinal fluids

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### ABSTRACT

Whey proteins isolates (WPI) were treated in aqueous medium at various pH values. Zeta potential, turbidity and particle size measurement were determined as a function of pH. FTIR analysis was performed in ATR mode (attenuated total reflectance). Digestibility was assessed by treating whey proteins with artificial gastric and intestinal fluids. Proteolytic enzymes such as pepsin from porcine stomach mucosa was added in the gastric fluid. Pancreatin and trypsin from porcine and bile salts were added in the intestinal fluid. SDS-PAGE revealed hydrolysis of  $\alpha$ -lactalbumin and bovine serum albumin by pepsin while  $\beta$ -lactoglobulin was not hydrolyzed by gastric fluid. All the proteins of WPI were easily hydrolyzed in the intestinal fluid. The zeta potential of WPI went from positive values to negative values as the pH was increased. Turbidity values indicated the presence of particles in the solution which were confirmed by the measurement of particle size. FTIR analysis determined the fingerprint of WPI macromolecule.

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**Keywords:** WPI, Zeta potential, Turbidity, Particle size, FTIR-ATR, SDS-PAGE.

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### INTRODUCTION

Whey proteins, also known as serum proteins of milk by-products, are widely used in food products because of their high nutritional value and their ability to form gels, emulsions or foams (Lefevre and Subirade, 2000, 2003). Whey is a general term that typically denotes the translucent liquid part of milk that remains following the process of

coagulation and curd removal of cheese manufacturing (Geiser, 2003). From this liquid, whey proteins are separated and purified using various techniques yielding different concentrations of whey proteins. There are three main forms of whey proteins : whey powder (11 to 14.5% in protein), whey concentrate (25 to 89% in protein) and whey isolate ( $\geq 90\%$  in protein) (Geiser, 2003). All

of the constituents of whey proteins provide high levels of essential and branched chain amino acids. However, whey protein isolates (WPI) are the purest protein source available (Hoffman and Falvo, 2004). The composition of various proteins may be so unique that their influence on physiological function in the human body could be quite different. The quality of a protein is vital when considering the nutritional benefits that it can provide. Assessing the quality of a protein is determined by its essential amino acid composition and its digestibility in order to make these amino acids bioavailable in the gut (Hoffman and Falvo, 2004). Recently, studies highlighted opportunities to use whey proteins as vehicles for bioactive ingredients (Hebrard et al., 2006; Livney, 2010). These ingredients must be consumed orally and should therefore pass through the entire gastro-intestinal tract. Moreover whey proteins have potential as functional food ingredients for persons with obesity (Luhovy et al., 2007). However the effects described have been observed in short-term experiments and when whey proteins are consumed in much higher amounts. Physicochemical conditions prevailing in the gastrointestinal tract such as pH changes may disrupt proteins stability (Yu et al., 2002). Disruption of proteins stability may be desired depending on the area of bioactive ingredients issue such as stomach, small intestine or large intestine.

In this work were studied the behavior of whey protein isolates in aqueous solution and their digestibility in fluids simulating the stomach and the intestine milieus.

## **MATERIALS AND METHODS**

### **Description of whey proteins and nutrient composition**

Whey protein isolates (WPI, Bipro, Davisco<sup>®</sup>, Le Sueur, MN, USA) are white powder, odorless, semi-hygroscopic and insipid flavor. Total protein content obtained was 92.7% (total nitrogen determined by

Kjeldahl method,  $N \times 6.38$ ). Moisture and ash were respectively 5% and 2%. Elemental analysis by X-Ray Fluorescence (X-Twin, Oxford<sup>®</sup>, Buchs, UK) revealed the following minerals: Mg (0.03%), Ca (0.13%), P (0.08%), K (0.06%), Na (0.60%), Fe (0.005%).

### **Preparation of whey proteins**

Diluted aqueous solutions of WPI (0.1% w/v) were prepared with milli-Q water (Millipore<sup>®</sup>, Strasbourg, France). Immersion of the pH electrode in the solution measured a pH value. Freshly prepared solutions of WPI had a pH of 7. Hydrochloric acid (Riedel de Haen<sup>®</sup>, Seelze, Germany) or sodium hydroxide (Panreac<sup>®</sup>, Barcelona, Spain) was used to adjust the pH to the desired values.

### **Zeta potential of whey proteins**

Electrophoretic mobility of WPI was performed using the Zetasizer Nano-ZS (Malvern<sup>®</sup>, Worcestershire, UK) as previously described by Harnsilawat et al. (2007). The zeta potential measurement was carried out on the diluted solutions at various pH values (pH 1, pH 2, pH 3, pH 4, pH 5, pH 6, pH 7 and pH 8). Using a syringe, 1 mL of the appropriate solution was introduced in the measurement vessel (special tank U-shaped). Vessel was positioned in the optical drive of the apparatus. Temperature was set at 25 °C and voltage applied was 200 mV. Duration of analysis was approximately 10 min.

### **Particle size measurement of whey proteins**

The mean diameter of WPI in diluted aqueous solutions was determined as a function of pH with the Zetasizer Nano-ZS (Harnsilawat et al., 2007), an apparatus capable of measuring the dynamic light scattering using a helium-neon laser of output power of 4 mW operating at the fixed wavelength of 633 nm (wavelength of laser emission in the red). This apparatus can measure sizes from 1 nm to 10  $\mu$ m.

### Turbidity measurement of whey proteins

Turbidity measurements were assessed using UV-Visible spectrophotometer (Model 2401PC, Shimadzu®, Tokyo, Japan). Aliquots (1 mL) of WPI solution were introduced in a quartz cuvette and turbidity was measured at 600 nm in 1 cm path length optical cell against a blank of milli-Q water (Harnsilawat et al., 2007). At the wavelength of 600 nm, proteins do not absorb light (Harnsilawat et al., 2007; Jones et al., 2010). According to Rayleigh-Debye theory (Erbil and Sarac, 2002; Xu et al., 2008), absorbance values measured can be converted to turbidity values according to the following equation:

$$\tau = -\log T/L \quad (1)$$

This theory showed a relationship between turbidity ( $\tau$ ) and transmittance (T). L is the optical path length of the light beam and is expressed in centimeter (cm). According to Beer-Lambert law, absorbance (A) can be written as follows:

$$A = \log I/T \quad (2)$$

The first equation can be written again as follows:

$$\tau = \log A/L \quad (3)$$

It is clear from this last equation that turbidity is proportional to absorbance and its unit is  $\text{cm}^{-1}$  because the optical path length is always expressed in cm.

### FTIR analysis of whey proteins

WPI were analyzed by infrared spectroscopy (FTIR, Nicolet 380, ThermoElectron®, Courtaboeuf, France) in ATR mode (attenuated total reflectance). A drop of the diluted solution of WPI at pH 7 was directly deposited on the support (diamond crystal). A blank spectrum of diamond crystal was performed before samples spectral analysis. Samples spectra were recorded between 4000 and 500  $\text{cm}^{-1}$ . An average of 32 scans with a resolution equivalent to 4  $\text{cm}^{-1}$  was performed on each sample.

### Digestibility of whey proteins

#### Artificial media

Simulation of gastric and intestinal media remains a major concern, all the experimental parameters are varied (pH, incubation time, type of gastric and intestinal enzymes, etc.). No standard protocol is currently available. However, the parameters adopted in this work were described in a previous study (Gbassi et al., 2011). Briefly, the gastric fluid was saline solution (pH 1.8) containing pepsin from porcine mucosa (Sigma-Aldrich®, Steinheim, Germany). The intestinal fluid was saline solution (pH 7) containing pancreatin and trypsin from porcine pancreas (Sigma-Aldrich®) plus bile salts (Fluka®, Buchs, Switzerland).

#### Digestibility in gastric fluid

A volume of 50 mL of WPI solution was acidified (pH 1.8) with 3 mol/L of hydrochloric acid. Another volume of 50 mL at pH 1.8 contained 0.3% (w/v) of pepsin. A control sample consisted of 50 mL of WPI solution at pH 7. Each solution was incubated at 37 °C during 4 h, then mixed with 50  $\mu\text{L}$  of loading buffer to obtain 100  $\mu\text{L}$  of sample. The loading buffer consisted of 2.5 mL of pure glycerol (Fluka®), 0.5 mL of 2-mercaptoethanol (BioRad®, Hercules, CA, USA), 2 mL of an aqueous solution of SDS (10% w/v, Bio-Rad®), 1.25 mL of Tris-acid (0.5 mol/L, pH 6.8) (USB®, Worcester, MA, USA), 0.2 mL of an aqueous solution of bromophenol blue (0.5% w/v, Ems®, Pasadena, CA, USA) and 3.55 mL of milli-Q water (Millipore®). Gels preparation was the second step of handling. A single gel at 30% (w/v) was prepared by dissolving 29.2 g of acrylamide (Bio-Rad®) and 0.8 g of bisacrylamide (Bio-Rad®) in 100 mL of milli-Q water. Two gels were prepared from the single gel. The first gel at 12% (v/v) consisted of 4 mL of the single gel at 30% (w/v); 2.5 mL of Tris-acid (0.5 mol/L, pH 6.8), 0.1 mL of SDS (10%, w/v) and 3.4 mL of milli-Q

water. The second gel at 4% (v/v) consisted of 1.3 mL of the single gel at 30% (w/v), 2.5 mL of Tris-acid (0.5 mol/L, pH 6.8), 0.1 mL of SDS (10%, w/v) and 6.1 mL of milli-Q water. These gels were cast on the electrophoresis support (BioRad Mini Protean<sup>®</sup> II, 10 cm × 8 cm). The first gel at 12% (v/v) was a separating gel which has been cast to a height of about 6 cm. The second gel at 4% (v/v) called stacking gel was poured over the first on a height of about 2 cm. A teflon comb deposited on the gel to strain was ten wells. The first well was reserved for the marker (reference proteins) and the other wells for samples. The electrophoresis support was placed in a tank containing the running buffer. The running buffer consisted of 3 g/L of Tris-Base (Sigma-Aldrich<sup>®</sup>), 14.4 g/L of glycine (Euromedex<sup>®</sup>, Mundolsheim, France) and 1 g/L of SDS.

The samples filling was the last step of handling. A ten-fold dilution was performed (10 mL of sample plus 90 mL of milli-Q water). Diluted and undiluted samples were vortex-mixed and incubated in boiling water for 5 min. 20 µL of each sample was deposited in individual wells of the gel. A generator (Model 3000 Xi, BioRad<sup>®</sup>) provided a voltage of 100 V for 15 min and 150 V for 45 min. The migration was monitored by bromophenol blue indicating the migration front. Staining with colloidal Coomassie blue revealed the different fractions of whey proteins. At the end of electrophoresis, the gel was removed from the mold, fixed during 20 min and stained during 18 h under rotary agitation at 30 rpm/min. The fixing solution consisted of a mixture of methanol (45% v/v, Sigma-Aldrich<sup>®</sup>) and acetic acid (1% v/v, Fluka<sup>®</sup>). The staining solution consisted of methanol (34% v/v), ammonium persulfate (17% w/v, Bio-Rad<sup>®</sup>), acetic acid (1% v/v) and coomassie blue G-250 (0.1% w/v, Bio-Rad<sup>®</sup>). The gel was then washed with warm

water (35 °C). Four washes of 20 min per wash have been sufficient to discolor the gel. Finally, the gel was scanned with a densitometer (GS-800, Bio-Rad<sup>®</sup>).

#### **Digestibility in intestinal fluid**

A volume of 50 mL of WPI solution was acidified at pH 7 after added pancreatin (1% w/v), trypsin (1% w/v) and bile salts (0.3% w/v). The different steps of *in vitro* digestibility described above have been performed: incubation of samples at 37 °C during 4 h, mixing with loading buffer, gels preparation, samples dilution and filling, gel staining and gel scanning. About samples filling, a volume of 10 µL has been deposited in the different wells of the gel.

#### **Statistical analysis**

All experiments were performed in triplicate and mean values along with their standard deviations were reported. Statistical significance of differences was determined using Student's *t*-test comparison procedure at a confidence level of 95% ( $p < 0.05$ ). The data were analyzed with the software Excel version 2003 (Window XP).

## **RESULTS**

### **Zeta potential of whey proteins**

The electrical charges of WPI were determined from their movement in an electrical field using an apparatus capable of microelectrophoresis. The results are reported in Figure 1.

The zeta potential of WPI went from positive values (+9.5±0.2 mV) to negative values (25.8±0.4 mV) as the pH was increasing from 1 to 8. From pH 1 to 4, the zeta potential was positive. A significant difference was obtained between each value ( $p > 0.05$ ). The zeta potential took a negative value at pH 5 (-5.9 ± 0.3 mV) and above. This value was significantly different from those obtained at pH 6, 7 and 8 ( $p > 0.05$ ).

However, no difference was observed in the values of the three latest pH ( $p < 0.05$ ). The zeta potential has taken a zero value between pH 4 and 5 corresponding to the isoelectric point of the protein which was estimated to be around pH 4.6.

#### **Turbidity and particle size measurement of whey proteins**

The results of turbidity and particle size measurement are reported in Table 1. Turbidity varies with the pH of the solution. Turbidity was near zero ( $<7.10^{-3} \text{ cm}^{-1}$ ) to certain pH values (pH 1, pH 2, pH 3, pH 6, pH 7 and pH 8). Values obtained at these pH were not statistically different ( $p < 0.05$ ). However, turbidity values were  $132 \pm 7 (10^{-3} \text{ cm}^{-1})$  at pH 4 and  $84 \pm 1 (10^{-3} \text{ cm}^{-1})$  at pH 5. A statistically significant difference was noted between these two values ( $p > 0.05$ ) and with the values of other pH. Concerning the particle size, the values obtained at pH 1 and 2 were not significantly different ( $p < 0.05$ ), similar to those obtained at pH 3 and 6 ( $p < 0.05$ ) and at pH 7 and 8 ( $p < 0.05$ ). However, a significant difference was noted at pH 4 and 5 ( $p > 0.05$ ).

#### **FTIR analysis of whey proteins**

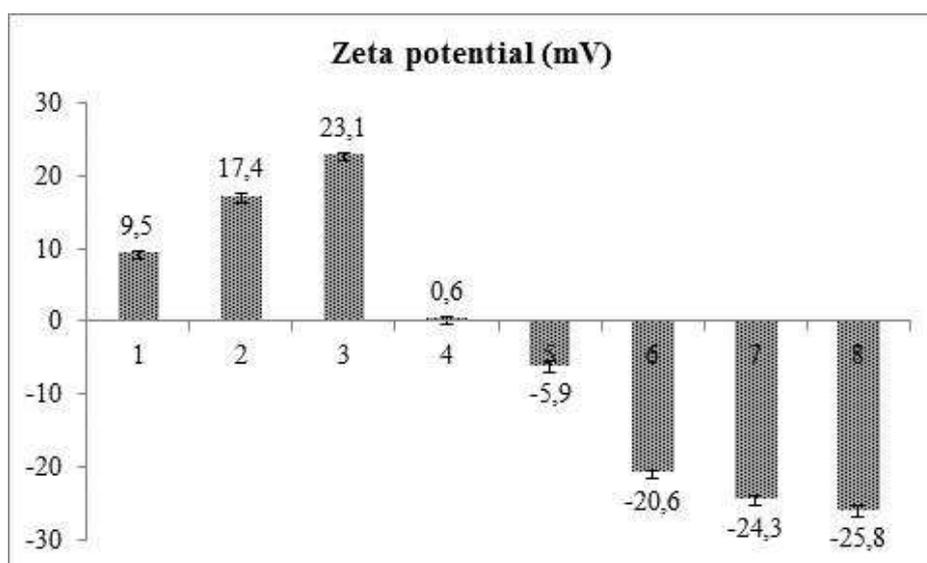
FTIR-ATR spectrum of WPI was registered in the region of 4000 to 500  $\text{cm}^{-1}$ . The fingerprint of the macromolecule is shown in figure 2 and the relative position values of characteristic bands were described. The band at 3268.6  $\text{cm}^{-1}$  corresponds to stretching vibrations of -OH linked to -NH<sub>2</sub>. The bands at 2961.5  $\text{cm}^{-1}$  and 2926.6  $\text{cm}^{-1}$  correspond to -CH<sub>2</sub> groups. Bands between 2200 and 2000  $\text{cm}^{-1}$  are due to diamond crystal absorption. The band at 1638.0  $\text{cm}^{-1}$  is a characteristic band of primary amide group of proteins (-CO-NH<sub>2</sub>). The band at 1517.7  $\text{cm}^{-1}$  is the secondary amide group of proteins (-CO-NH). The band at 1410.0  $\text{cm}^{-1}$  and other bands around 1000  $\text{cm}^{-1}$  correspond to -C-O, -

C-C and -C-OH groups. The bands at 1638.0  $\text{cm}^{-1}$  and 1517.7  $\text{cm}^{-1}$  are those that well characterize the whey proteins.

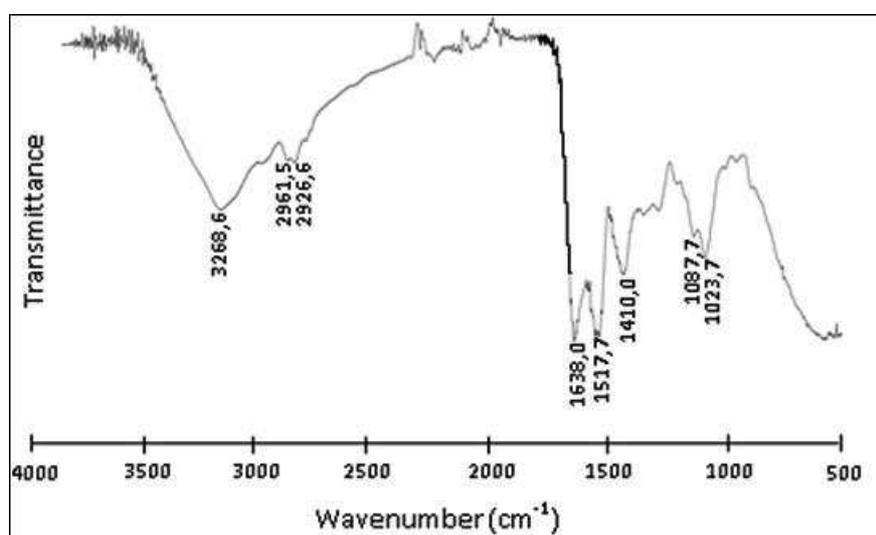
#### **Digestibility of whey proteins**

Figure 3 shows the results of WPI digestibility in simulated gastric environments. (M) is a reference sample consisting of nine proteins whose molecular weights are expressed in kilodalton (Kda). (A) represents the control sample consisting of WPI solution at pH 7. (B) represents the WPI solution treated at pH 1.8 and (C) the WPI solution treated at pH 1.8 in the presence of pepsin. (A'), (B') and (C') are the diluted samples of (A), (B) and (C). SDS-PAGE revealed that WPI contain three types of proteins (1, 2 and 3). The first protein of higher molecular weight is around 75 kDa. The second and the third protein are between 10 and 15 kDa. The second is near 15 kDa while the third is near 10 kDa. Compared to control sample, no degradation has been observed while treating WPI at pH 1.8 (B and B'). However, the presence of pepsin (C and C') has degraded the protein of molecular weight around 75 kDa and that near 10 kDa. Only the 15 kDa protein has not been digested in the presence of pepsin.

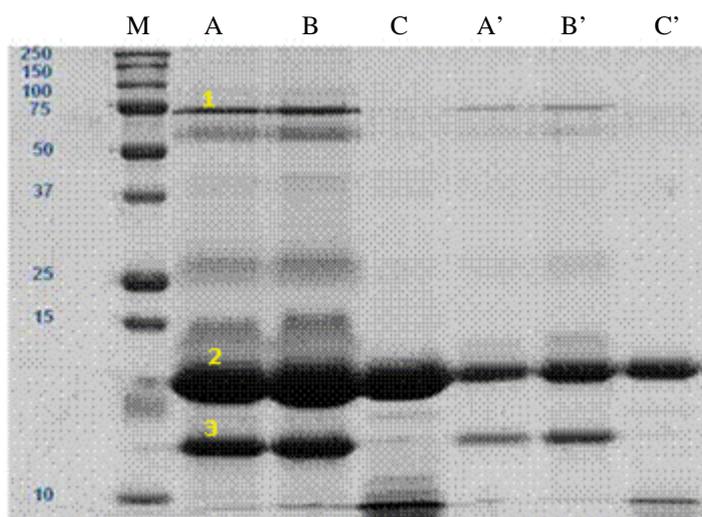
Figure 4 shows the results of WPI digestibility in simulated intestinal environments. M and A are respectively the reference and the control samples. D and its diluted fraction (D') represent the WPI solution treated with an artificial intestinal fluid (saline solution at pH 7 with pancreatin, trypsin plus bile salts). SDS-PAGE revealed a complete digestibility of WPI including beta-lactoglobulin in the artificial intestinal fluid after 4 h of incubation.



**Figure 1:** Zeta potential of whey protein isolates as a function of pH. Data are means of three separate experiments with three measurements per experiment (n=9). The error bars represent standard deviations.

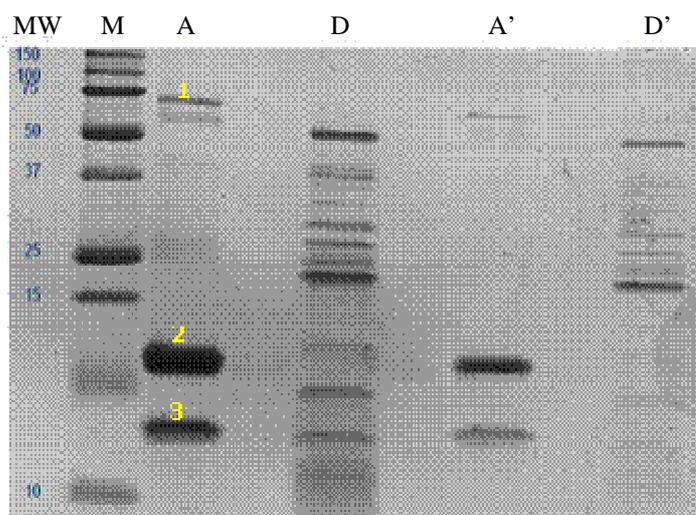


**Figure 2:** FTIR-ATR spectrum of whey protein isolates.



**Figure 3:** SDS-PAGE of WPI after artificial gastric treatment.

Sample filling volume: 20  $\mu$ L, MW: molecular weight, M: reference proteins,  
A: control sample pH 7, B: sample treated at pH 1.8, C: sample treated at pH 1.8 with pepsin;  
A', B' and C' are the diluted solutions of A, B and C; 1, 2 and 3 are the products making up the WPI.



**Figure 4:** SDS-PAGE of WPI after artificial intestinal treatment.

Sample filling volume: 10  $\mu$ L, MW: molecular weight, M: reference proteins,  
A: control sample pH 7, D: sample treated at pH 7 with pancreatin, trypsin and bile salts;  
A' and D' are the diluted solutions of A and D, 1, 2 and 3 are the products making up the WPI.

**Table 1:** Turbidity and particle size measurement of WPI as a function of pH.

Whey proteins isolates (WPI)		
	Turbidity (cm <sup>-1</sup> )×10 <sup>-3</sup>	Particle size (nm)
pH 1	7±2 <sup>a</sup>	58±10 <sup>a</sup>
pH 2	1±2 <sup>a</sup>	47±8 <sup>a</sup>
pH 3	2±0 <sup>a</sup>	168±12 <sup>b</sup>
pH 4	132±7 <sup>b</sup>	295±39 <sup>c</sup>
pH 5	84±1 <sup>c</sup>	787±20 <sup>d</sup>
pH 6	4±0 <sup>a</sup>	194±22 <sup>b</sup>
pH 7	4±0 <sup>a</sup>	106±10 <sup>e</sup>
pH 8	2±0 <sup>a</sup>	101±7 <sup>e</sup>

Data are means ± standard deviations of three separate experiments with three measurements per experiment (n=9). In each column, means identified with the same letter are not significantly different ( $p < 0.05$ )

## DISCUSSION

With regard to the results presented in Figure 1, it is clear that the zeta potential is influenced by the pH of the solution. In absolute value, a high zeta potential reflects the stability of the solution. In this case, WPI particles present in the solution tend to repel and cannot associate with each other (Le Roy-Boehm and Fessi, 2000; Narong and James, 2006). Moreover, it is accepted that a value above ± 30 mV means a high zeta potential (Terray, 2000). Theoretically the higher the zeta potential the better the interactions with oppositely charged compounds.

Turbidity which corresponds to a loss of the incident light due to the light scattering in the sample is proportional to the concentration of particles in the sample (Kleizen et al., 1995). Low turbidity indicates the presence of small amounts of particles in the solution. Turbidity values observed at pH 4 and 5 are due to particle aggregates present in the WPI solution. Attractive forces emerged around these pH values could generate aggregates. These forces may be attributed to hydrophobic attractive forces, electrostatic and van der Waals forces (Verheul et al., 1999). Only particle sizes below one micron are taken into account in the turbidity measurement as demonstrated by Xu et al. (2006). Table 1 also shows the influence of

pH on the WPI particle size. The lowest WPI particle sizes were observed at pH 7 and 8 followed by pH 1 and 2. Size is an important parameter that affects stability and chemical reactivity of particles in solution. The lower the particles size in the solution the better the solubility of the solution (Gruy, 2011). When particles are of small sizes, the forces responsible for their dispersion in the solution outweigh those of gravitation, which keeps the solution homogeneous. In the case of solution mixtures, aggregates can form and make the solution inhomogeneous. Particle sizes have been described in the literature for some proteins, especially beta-lactoglobulin which showed a particle size between 200 and 500 nm at pH 4 and 5 (Harnsilawat et al., 2006).

Figure 2 represents the fingerprint of WPI. According to Kher et al. (2007) a band around 1660 cm<sup>-1</sup> or 1650 cm<sup>-1</sup> characterize the primary amide region of whey proteins and another at 1630 cm<sup>-1</sup> the secondary amide region. Similar bands have been observed in other types of proteins. Ribonuclease A, amyloid P component of human serum and egg white lysozyme showed bands corresponding to the region of the primary amide, respectively at 1689.0 cm<sup>-1</sup>, 1687.0 cm<sup>-1</sup> and 1676.0 cm<sup>-1</sup> (Hadden et al., 1995). In the region of secondary amide of these proteins were observed bands at 1548.0 cm<sup>-1</sup>, 1558.0

cm<sup>-1</sup> and 1544.0 cm<sup>-1</sup>. The infrared spectrum being specific for a given structure.

Figures 3 and 4 represent the results of WPI digestibility. WPI components have been compared to literature data and the protein around 75 kDa is bovine serum albumin, the second near 15 kDa is beta-lactoglobulin and the third is alpha-lactalbumin (Perez et al., 2009). The results of this study support those of other authors who have highlighted the non-digestibility of beta-lactoglobulin in artificial gastric fluid (Kitabatake and Kinekawa, 1998; Li et al., 2004). However, this digestibility of WPI in intestinal fluid may be attributed to proteolytic enzymes that break peptide bonds of proteins. Kaur et al. (2010) showed a 45% loss of WPI stability after 2.5 h of incubation using an *in vitro* intestinal model containing pancreatin.

### Conclusion

Zeta potential, turbidity, particle size, FTIR and SDS-PAGE provided information about WPI analysis. This study showed the influence of pH on zeta potential, turbidity and particle size of WPI. High values of zeta potential lead to electrically very charged solutions. Low values of turbidity lead to homogeneous solutions. However, aggregate particles have been formed near the WPI isoelectric point between pH 4 and 5. Digestibility of WPI varies with the nature of artificial fluid. Only beta-lactoglobulin has resisted to artificial gastric fluid. The knowledge obtained from this study could be used to rationally design food ingredients with specific functionalities. Such properties of WPI can be used in many fields, especially in encapsulation processes and controlled release systems. Loss of WPI stability during *in vitro* intestinal digestion could be used for food and pharmaceutical applications.

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