

# Optimization of cashew (*Anacardium occidentale* L.) apple juice's clarification process by using cassava and rice starch

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## ABSTRACT

**Objective:** This study aims to optimize cashew apple juice clarification by using cassava and rice starch.

**Materiel and methods:** Effects of dose of cassava and rice starch, incubation time at 30°C on clarity of cashew apple juice were investigated. Parameters such as, tannins, phenols, colour, vitamin C contents of cashew apple juice were evaluated using response surface methodology (RSM) and the optimum condition for cashew apples juice clarification by using cassava and rice starch was determined.

**Results:** The regressions analysis showed that cassava starch dose and clarification time significantly ( $P<0.001$ ) influence juice clarity, while only clarification time significantly ( $p<0.05$ ) influence juice clarity with rice starch. The increase of cassava starch and rice starch dose significantly ( $p<0.05$ ) decreases the tannins content. Cassava starch at 6.2 ml/l for 300 minutes decreased tannins content at 34.2% with visual clarity of 93.75%, while rice starch at 10 ml/l for 193 minutes decreased tannins content at 42.14% with visual clarity of 94.8%.

**Conclusion:** cassava and rice starch behaviour during cashew apples juice clarification were not similar. Nevertheless, from the results of optimization, cassava and rice starch preparations appeared efficient clarifying agents for cashew apple juice. The use of these efficient and economic natural local clarifying agents could improve the valorization of cashew products in developing countries.

**Keywords:** Cashew, clarification, starch, optimization, Response Surface Methodology.

## INTRODUCTION

Cashew apple (figure 1) is the edible portion (pseudo fruit) of the cashew fruit, representing 90% of its weight. It is consumed as a fresh fruit. It has rich flavour and aroma, and vitamin C content, being an adequate raw material for juices, exotic beverages and other products (Paiva et al., 2000). Besides possessing nutritional properties, these are not consumed like other fruits due to astringency. Astringency is due to the presence of

tannins (0.35%) (Michodjehoun-Mestres et al., 2009). The production process of fruit and vegetable juices includes steps like extraction, clarification, and stabilization (Bhat, 2000). Fruit juices are naturally cloudy, yet in different degrees, especially due to presence of polysaccharides (pectin, cellulose, hemicelluloses, lignin and starch), proteins, tannins and metals (Vaillant et al., 2001). The clarification of cashew apple juice

by removing astringency is an important step in cashew apple processing. Indeed clarification is a process by which the semi-stable emulsion of colloidal plant carbohydrates that support the insoluble cloud material of a freshly pressed juice is "broken". It can be accomplished enzymatically and non-enzymatically (Kilara & Van Buren, 1989). Fining, or clarifying, agents are grouped according to their general nature in (1) Earths (bentonite, kaolin); (2) Proteins (gelatine, isinglass, casein, albumen); (3) Polysaccharides (agars); (4) Carbons; (5) Synthetic polymers (PVPP, nylon); (6) Silicon dioxide (kieselsols); and (7) Others, including metal chelators, enzymes (Zoecklein, 1988). Many clarifying agents recommended such as 'sago' (a refined commercial preparation of starch from cassava (*Manihot esculenta*), starch, gelatine and poly vinyl pyrrolidone (PVP) were used for cashew apple juice clarification (Jayalekshmy & John, 2004). According to these authors, the mechanism of separation of tannin from the cashew apple juice is different for different clarifiers. Most of the methods used to remove tannins from cashew apple are costly and several clarification agents have to be imported into developing countries. In order to improve the

valorization of cashew products in developing countries such as Benin it is necessary to find an efficient and economic natural clarifying agent to remove cashew apple tannin. Dédéhou et al. (2015) identified in Benin two processes of cashew apple juice production: the process of natural cashew apple juice production and the process of cajuina production. These authors showed that whatever the process used, the fruits are selected, washed, cut out and pressed. The juice obtained is then clarified by addition of a clarifying agent like cassava starch or rice gruel, and then filtered before any heat treatment. The major constraints recorded in the production of the cashew apple juice in Benin, is the non control by the producers of the time and the dose of the clarifying agent, which are necessary for the good elimination of the tannins, the dilution of the juice induced by the rice gruel added to the raw juice for the clarification (Dédéhou et al., 2015). Optimization of the process conditions is one of the most critical stages in the development of an efficient and economic bioprocess. This study aims to investigate the optimization of cashew apple juice clarification process by using cassava and rice starch by response surface methodology (RSM).



Figure 1: Cashew nut (1) and Cashew apple (2)

## MATERIALS AND METHODS

**Materials:** The vegetable material used constituted of Ripe cashew apples gathered from Bantè ( $8^{\circ} 25' 0''$  N and  $1^{\circ} 52' 60''$  E), one locality of high production of the cashew tree in Benin. The apples were sent at the laboratory in the University of Abomey-Calavi under refrigeration conditions.

- Based on preliminary experiments, the variety of rice Nerica 1 and the variety of cassava RB89509 were used for this study. Indeed, starches of five varieties of manioc: OKOYAWO, BEN86052, RB89509, TMS30572 and 92B/00068 and of five varieties of rice WAB 638-1, TOX 56-81, NERICA 1, IR 841, and *Special rice*, were tested for cashew apple juice clarification. The starches of RB 89509 and NERICA 1 gave volumes of sediment most significant after 3 hours of pause. Nerica or New Rice Cultivar for Africa was obtained following interspecific crossings intended to combine the good productivity of Asian rice (*O. sativa*) and the rusticity of African rice (*O. glaberrima*) (ADRAO, 2003). It presents high outputs of more than 4.5 T/ha and a short cycle of maturation (90 to 100 days) and is in full

diffusion in Benin account of its agronomic characteristics. RB89509 is an improved cassava variety vulgarized at 88% in Benin (Glèlè et al., 2008) and including in the lot of resistant varieties to parasitic attacks with short developments cycle introduced in rural environment by National Institute of Agricultural Research of Benin (INRAB) and International Institute of Tropical Agriculture (IITA) with a high output of 29 T/ha (Zoffoun et al., 2001). RB89509 and Nerica 1 were given by INRAB.

### Methods

**Juice extraction:** The collected cashew fruits were transported to the laboratory, where the nuts were detached. The apples were washed thoroughly with distilled water. Then, they were cut and the juice obtained by pressing the mash through a muslin cloth was used for various clarification assays.

### Extraction processes of cassava and rice starches:

The extraction process of cassava and rice starches is respectively summarized in the diagrams of figures 1 and 2.

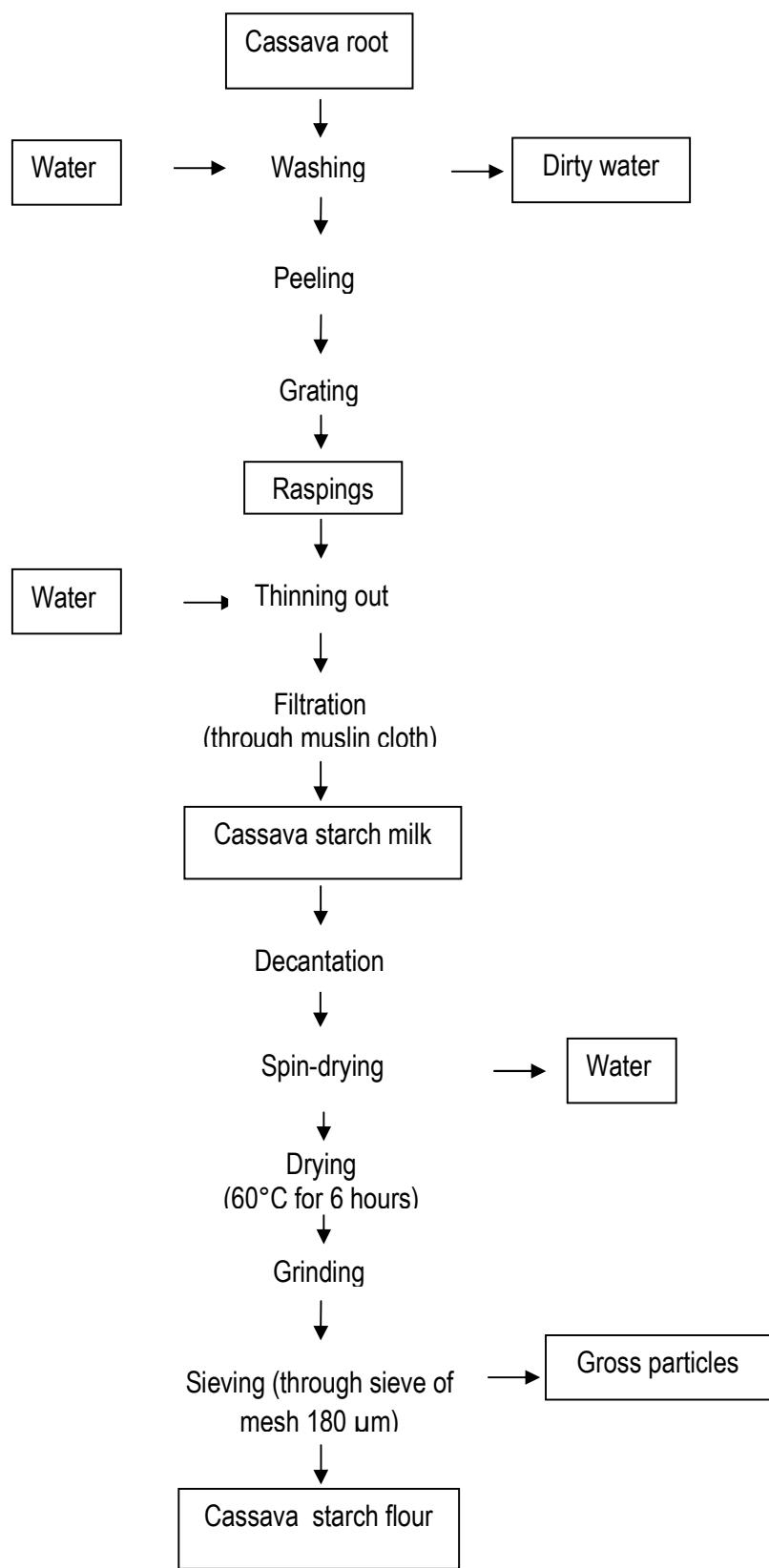


Figure 1: Production diagram of cassava starch

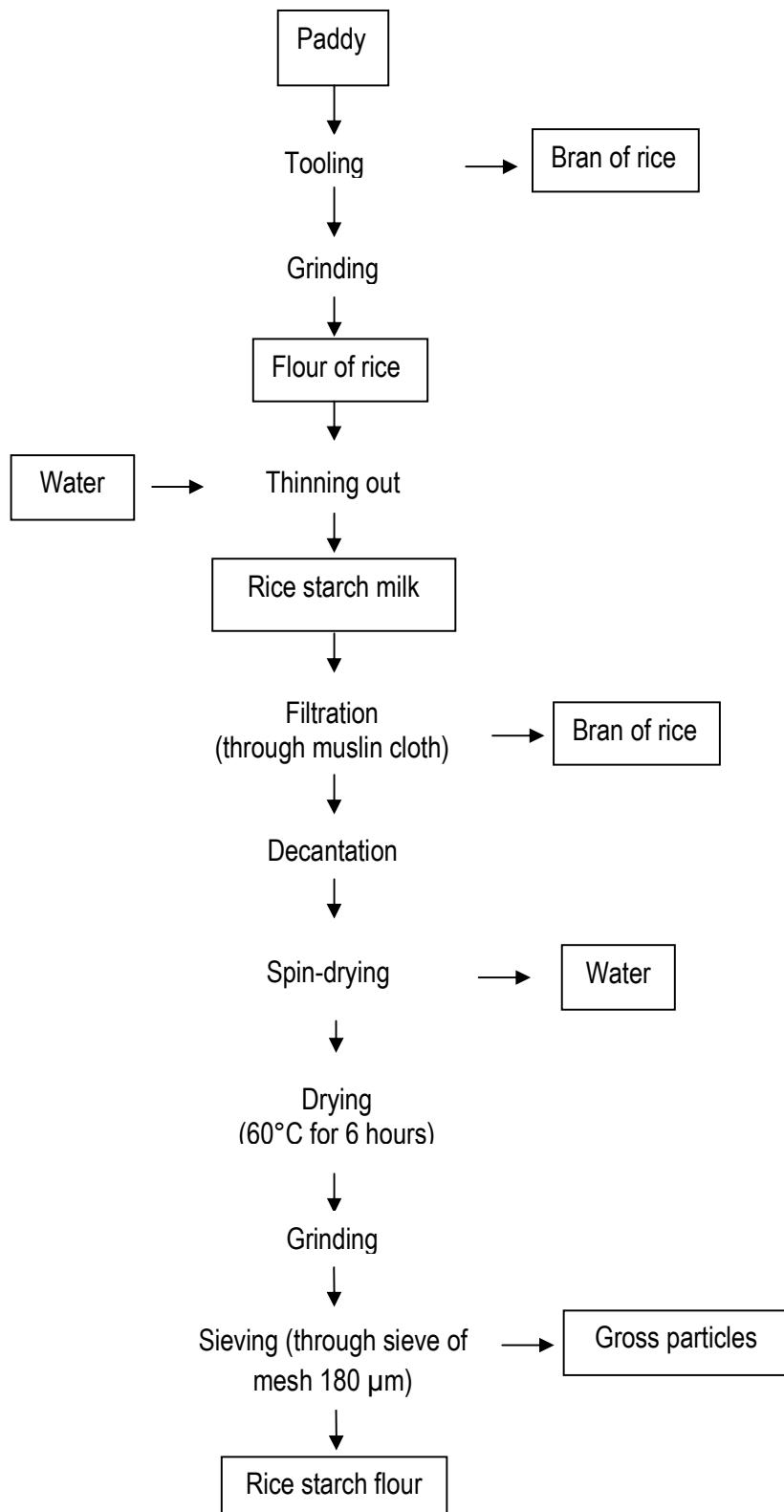


Figure 2: Production diagram of rice starch

The physicochemical characteristics of cassava and rice starches used were presented in the table 1.

**Table 1:** Physicochemical characteristics of cassava and rice starch used\*

Starch	Parameters					
	pH	Acidity (%)	Humidity (%)	Protein (%)	Amylose (%)	Amylopectin (%)
Cassava (RB 89509)	4.2	5.5	10.52	0.3	21	79
Rice (Nerica1)	3.9	7.0	10.78	0.2	24	76

\* Authors' unpublished work

**Experimental design and Statistical analysis:** RSM was applied in order to determine the optimum conditions for clarification of cashew apple juice by using cassava and rice starch. As shown in Table 2, the experimental design for processing conditions was based on a central composite design. Independent variables such as dose ( $X_1$ : 1-10 ml/l), and incubation time ( $X_2$ : 30-300 min), were assigned as numbers (-1, 0, 1). The total number of experiments was 13, including 9 at factorial points and 4 replications at the centre point (11). The dependent variables ( $Y_n$ ), such as clarity ( $Y_1$ ), tannin content ( $Y_2$ ), phenol content ( $Y_3$ ),

colours ( $Y_4$ ) and vitamin C content ( $Y_5$ ) were calculated 3 times and their average values were used for regression analysis. All statistical analyses were carried out by employing the statistical package Minitab 14 (Minitab Inc., USA). The fitted polynomial equations were expressed in 3D response surface graphs, in which the response is presented on the vertical axis and two factors at the two horizontal perpendicular axes. The analysis of variance (ANOVA) was used to determine significant differences between independent variables ( $p < 0.05$ ).

**Table 2:** The central composite experimental design matrix (coded and real values for independent variable levels) for cashew apple juice clarification by using cassava and rice's starch

N°	Codes		Factors		
		Dose of starch (ml/l)	Time (min)	Dose of starch (ml/l)	Time (min)
1		+1	+1	10	300
2		-1	+1	1	300
3		0	+1	5.5	300
4		+1	-1	10	30
5		+1	0	10	165
6		0	0	5.5	165
7		0	0	5.5	165
8		0	0	5.5	165
9		0	0	5.5	165
10		0	+1	5.5	30
11		0	-1	5.5	165
12		-1	0	1	165
13		-1	-1	1	30

**Experimental clarification of the cashew apple juice:** The starch solutions used are obtained by dissolution of 5% (p/v) of either cassava starch powder or rice starch powder in water at 60° C. For each test, 200 ml of raw cashew apple juice were treated under the conditions indicated by the model. Filtrate recovered by filtration through Whatman paper N°1 was used for the various physicochemical analyses.

**Optimization of the parameters of clarification :** To determine the conditions allowing an optimal clarification of cashew apples juice by using cassava and rice starch, the function of desirability was used to optimize the starch dose and clarification time. The target values of the clarified juices with cassava and rice starch were selected to minimize the tannin content and to maximize the clarity. Indeed, according to

Talasila et al. (2012) the clarification by the various agents modifies only clarity and astringency due to the tannin. To check the adequacy of the model, two experiments (one with cassava starch and the other with the rice starch) by using the optimal values of the starch dose and the clarification times predicted by the model were done.

**Physico-chemical analysis:** Total phenolic content in the cashew apple juice was determined using the protocol of Folin-Ciocalteu (FC) reagent in colorimetric

analysis as described by Kayodé et al. (2006).The content of condensed tannins was determined by the method of vanillin and was expressed as the equivalent of catechin according to Broadhurst & Jones (1978). Vitamin C was determined by titration with the iodine (AOAC, 2000). Clarity and the colour were measured with spectrophotometer UV (JENWAY 6715 UV/Vis. Spectrophotometer) with the respective wavelengths of 660 nm, 420 nm. Distilled water was used as control.

## RESULTS AND DISCUSSION

The data of the model for the optimization and physicochemical characteristics of cashew apple juice clarified by using the starch of cassava and rice are presented in table 3. The analysis of the physicochemical composition of the clarified juices with the cassava's starch reveals that the contents of tannin, vitamin C and phenol vary respectively from 65.78 to 160.82 mg Eq Catechin/100ml; 284.46 to 457.71 mg/100ml and 2107.5 to 3478.8 g/l. The clarity and the

colour vary from 64.7 to 98.0 (% T) and from 0.182 to 0.294 (Abs).While the analysis of the physicochemical composition of the clarified juices with the rice's starch reveals that the contents of tannin, vitamin C and phenol vary respectively from 54.56 to 179.08 mg Eq Catechin/100ml; 303.60 to 417.12 mg/100ml; 1798.8 to 3051.3 g/l. The clarity and the colour vary from 74.4 to 98.1 (%T) and from 0.151 to 0.359 (Abs).

**Table 3:** Physicochemical characteristics of cashew apple juice samples clarified using cassava (M) and rice (R) starch.

Code	Clarity M/R (% of Transmittance)	Colour M/R (Abs)	Tannin M/R (mg Eq Catechin/100ml)	Vitamin C M/R (mg/100ml)	Phenol M/R (mg Ac gali/L)
1	91.0/95.7	0.226/0.216	65.78/99.88	284.46/364.98	2107.5/1798.8
2	98.0/95.9	0.218/0.228	133.76/179.08	388.74/417.12	3171.3/2517.5
3	94.2/95.7	0.214/0.216	67.98/117.04	441.87/380.82	2245.0/2760.0
4	64.7/74.4	0.294/0.313	65.78/95.92	379.50/331.32	2731.3/2075.0
5	81.3/98.6	0.224/0.151	83.16/54.56	402.93/307.23	2390.0/186.00
6	87.9/92.3	0.230/0.223	67.54/86.24	453.75/382.14	2258.8/2455.0
7	85.0/93.3	0.195/0.231	71.28/89.54	357.06/398.31	2570.0/2378.8
8	88.4/87.9	0.228/0.300	75.46/100.98	290.40/363.33	2715.0/2790.0
9	87.8/88.1	0.239/0.284	75.02/100.32	307.56/363.66	2236.3/2350.0
10	77.9/77.7	0.240/0.313	104.72/71.28	302.61/368.28	2258.8/2190.0
11	90.1/83.3	0.282/0.359	93.28/111.1	408.54/318.78	2592.5/2896.3
12	98.0/98.1	0.202/0.193	143/160.82	457.71/303.60	2207.5/3051.3
13	98.0/97.5	0.182/0.174	160.82/107.8	407.88/416.79	3478.8/2392.5
Control	98	193			

Codes 1 to 13 represent the values of factors for the model (1=dose:10 ml/time 300 min; 2= dose: 1ml/time 300 min; 3=dose: 5.5 ml/time 300 min; 4=dose: 10ml/time 30 min; 5=dose: 10ml/time 165 min; 6-9,11= dose:5.5ml/time 165 min; 10= dose:5.5 ml/time 30min;12 = dose:1 ml/time 165 min; 13 = dose:1 ml/time 30 min

$$YM_1 = 87.83 - 9.5^{***} X_1 + 7.1^{***} X_2 + 1.8 X_1^2 - 1.7 X_2^2 + 6.6^{***} X_1 X_2 \text{ (Eq1). } (R^2= 98.0\%)$$

Eq. (1) shows that the decrease in cassava starch dose and the increase of clarification time significantly ( $P<0.001$ ) increase the clarity response ( $YM_1$ ). Only the linear effects of cassava starch dose and the

clarification time have a significant ( $p<0.05$ ) influence on clarity. The interaction effect between clarification time and cassava starch dose was significant ( $p<0.001$ ) and its effect were positive on juice clarity. 98.0% of the

clarity variations are due to cassava starch dose and the clarification time. The Fig. 3a shows the interaction

$$YR_1 = 89.7 - 3.8 X_1 + 6.3 * X_2 + 6.9 * X_1^2 - 4.8 * X_2^2 + 5.7 * X_1 X_2 \text{ (Eq 2). } (R^2 = 79.6\%)$$

Numerical coefficients in Eq. (2) reveals that the increase of clarification time significantly ( $p < 0.05$ ) increase the clarity response ( $YR_1$ ) while rice starch dose ( $X_1$ ) do not influence this response at  $p < 0.05$ . Clarification time significantly ( $p < 0.05$ ) had a positive effect on juice clarity at linear and quadratic level. The interaction effect between clarification time and rice starch dose was significant ( $p < 0.05$ ) and its effect were positive on juice clarity. The Fig. 3b shows the interaction effect between rice starch dose and clarification time on juice clarity. Fining agents work by sticking to the particles, or by using charged ions to cause particles to stick to each other, in any case making them heavy enough to sink to the bottom by the action of gravity to modify clarity (Benitez & Lozano, 2007). Clarification of *in natura* cashew pulp and

effect between cassava starch dose and clarification time on juice clarity.

hydrolyzed pulp using the processes of microfiltration and ultrafiltration increase the luminosity of the clarified juice (Castro et al., 2007). In the case of enzymatic clarification, enzyme concentration is the most important factor influencing clarification. For example, the increasing in polygalacturonase concentration increased the clarity of apple juice by exposing part of the positively charged protein beneath, thus reducing electrostatic repulsion between cloud particles which cause these particles to aggregate to larger particles and eventually settle out (Dey & Rintu Banerjee, 2014). For those authors, decolorized and partially purified enzymes improved the clarity of the juice as well as reduced the amount of some of the haze active phenolics, but a high clarity is rare without ultrafiltration and fining agent like gelatin/bentonite.

$$Y_2M = 78.8 - 37.1 *** X_1 - 10.6 X_2 + 28.6 ** X_1^2 + 1.9 X_2^2 + 6.8 X_1 X_2 \text{ (Eq 3). } (R^2 = 92.9\%)$$

According to Eq. (3), the increase of cassava starch dose significantly ( $p < 0.001$ ) decrease the tannin response ( $Y_2M$ ). While clarification time ( $X_2$ ) do not influence this response at  $p < 0.05$ . Only cassava

starch dose had a positive effect on juice tannin content at linear and quadratic level. The fig. 4 a shows the interaction effect between cassava starch dose and clarification time on juice tannin content.

$$Y_2R = 95.4 - 32.9 ** X_1 + 20.2 * X_2 + 18X_1^2 + 4.5X_2^2 - 16.8X_1 X_2 \text{ (Eq 4). } (R^2 = 86.1\%)$$

Eq. (4) indicates that increasing of rice starch dose and the decreasing of clarification time significantly ( $P < 0.05$ ) decrease the tannin content response ( $Y_2R$ ). Only the linear effects of rice starch dose and clarification time were significant. The fig. 4 b shows the interaction effect between rice starch dose and clarification time on juice tannin content. Many studies showed that clarification processes gave reduction of condensed tannins (Castro et al., 2007). Abreu et al. (2005) had observed also reduction of condensed tannins in clarified cashew apple juice with ceramic membranes. Talasila et al. (2012) study reveals that sago at a concentration of 2 g/L was efficient in decreasing tannins. The decrease could be due to the formation of insoluble tannin-starch complexes, which are precipitated and filtered later such as in the case of tannin precipitation by protein (Hagerman & Butler, 1978). On the other hand, Talasila et al. (2012)

observed that low concentration of sago (2 g/L) was efficient in decreasing tannins than higher concentrations (4 g/L) as less hydroxyl groups are available for precipitation due to the formation of soluble complexes. Sago was effective in decreasing tannin content at lower concentrations whereas gelatine and PVP at higher concentrations. Gelatin at a concentration of 4 g/L decreased tannins by 37.36 and 36.26%, PVP at a concentration of 4 g/L decreased tannins by 31.86%. PVP at lower concentrations (2 g/L) and starch at concentrations (2 and 4 g/L) were not effective in decreasing tannins (Talasila et al., 2012). At low gelatin/PVP/starch concentrations, the numbers of sites available for interaction with tannins are less in number, resulting in weak hydrogen bonding between the phenolic hydroxyl groups of the tannins and the carbonyl groups of the chemical/protein (Van Buren, 1969).

$$Y_3M = 2364.7 - 271.5 X_1 - 157.5 X_2 + 208.5 X_1^2 + 161.7 X_2^2 - 79.1 X_1 X_2 \text{ (Eq 5). } (R^2= 46.0\%)$$

$$Y_3R = 2596.2 - 371.2^* X_1 + 69.8 X_2 - 195.9 X_1^2 - 176.6 X_2^2 - 100.3 X_1 X_2 \text{ (Eq 6). } (R^2= 68.3\%)$$

$$Y_4 M = 0.2 + 0.0 X_1 - 0.0 X_2 - 0.0 X_1^2 + 0.0 X_2^2 - 0.0 X_1 X_2 \text{ (Eq 7). } (R^2= 58.8\%)$$

$$Y_4 R = 0.3 + 0.0 X_1 - 0.0 X_2 - 0.0 X_1^2 + 0.0 X_2^2 - 0.0 X_1 X_2 \text{ (Eq 8). } (R^2= 52.5\%)$$

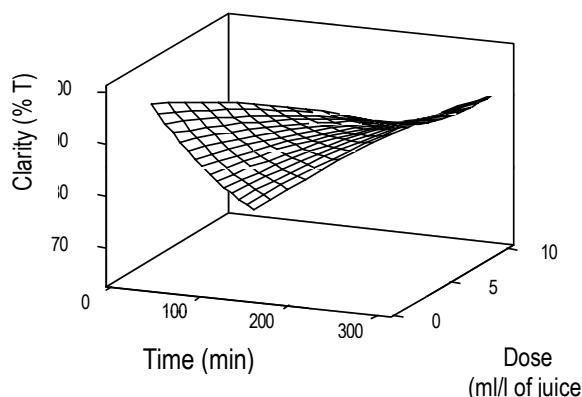
$$Y_5M = 373.6 - 31.2 X_1 + 4.2 X_2 + 31.1 X_1^2 - 26.9 X_2^2 - 19 X_1 X_2 \text{ (Eq 9). } (R^2= 23.4\%)$$

$$Y_5 R = 355.9 - 22.3 X_1 + 7.7 X_2 - 27.1 X_1^2 + 42.0 X_2^2 + X_1 X_2 \text{ (Eq 10). } (R^2= 51.3\%)$$

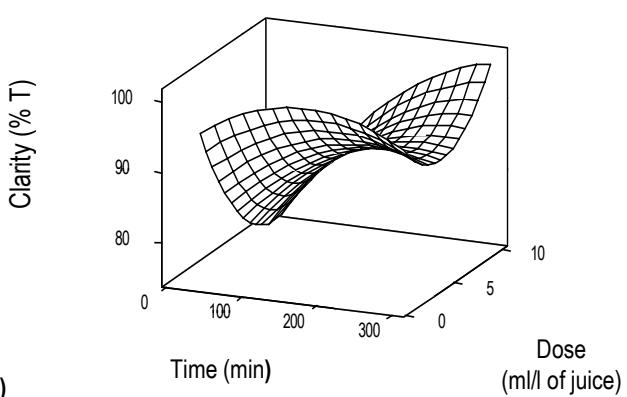
With:  $X_1$  and  $X_2$ : linear effect of cassava starch dose and the time of clarification respectively;  $X_{12}$  and  $X_{22}$ : quadratic effect of cassava starch dose and the time of clarification respectively;  $X_1 X_2$ : interactive effect; \* = significant ( $P < 0.05$ ); \*\* = highly significant ( $P < 0.01$ ); \*\*\* = very highly significant ( $P < 0.001$ ).  $R^2$  = coefficient of determination adjusted

Equations (5) to (10) show the regression obtained for phenol ( $Y_3$ ) colour ( $Y_4$ ) and vitamin C ( $Y_5$ ) responses, respectively, in relation to the significant variables and to the interaction between them at  $p < 0.05$ . The linear

and quadratic effects of cassava starch dose nor rice starch dose and clarification time do not have globally any significant influence ( $P > 0.05$ ) on the colour, vitamin C and phenol of the juices.

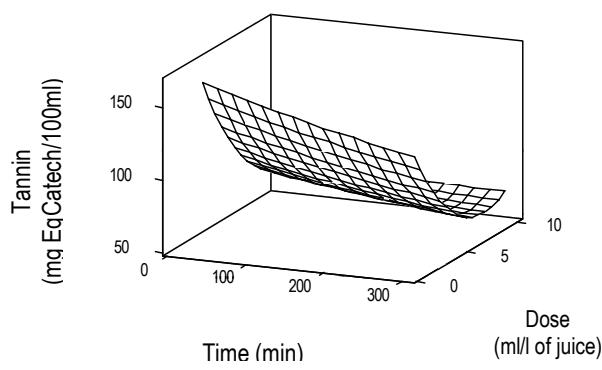


(a) Cassava starch

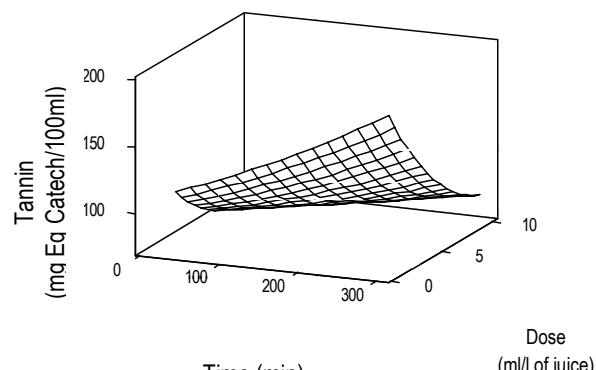


(b) Rice starch

**Figure 3:** Response surface plots (3D) depicting the effects of starch dose and clarification time on clarity of cashew apple juice.



(a) Cassava starch



(b) Rice starch

**Figure 4:** Response surface plots (3D) depicting the effects of starch dose and clarification time on tannin content of cashew apple juice.

Particles suspended in solution are subject to a number of different forces. These include: (1) Gravity, the force which separates particles according to density, with the densest suspended solids moving towards the bottom of the vessel in which they are suspended. (2) Van der Waals forces are short-range attractive forces between suspended particles. These forces tend to draw suspended particles towards each other. (3) Brownian forces, dependent on temperature, impart motion to colloidal particles through collision of particles and molecules of the suspending medium. Electrostatic repulsion between charged particles tends to keep the particles apart, though shearing has an opposite effect (Doherty & Rackemann, 2009). Coagulation of the suspended particles occurs when the forces of attraction exceed the forces of repulsion. However, the major physical reaction that occurs during clarification is the enhanced flocculation of micro-particles by the addition of an anionic copolymer flocculant. Therefore, the efficiency of bridging is a function of several physicochemical parameters, including the molecular weight of the polymer, the charge density of the polymer, the concentration of the polymer, the size and charge of the juice particles, the juice pH and juice temperature. In addition, the speed of flocculation is directly proportional to the velocity gradient in the solution and it is known that the type, speed and duration of agitation have a marked effect on floc structure (Peng & Williams, 1993). The suspended particles in juice generally carry a negative charge. For coagulation of the particles to take place, the overall charge on the particles has to be neutralised to near zero charge. The mechanism of separation of tannin from the cashew apple juice is different for different clarifiers and may explain the variations observed during the clarification of cashew apple juice using cassava and rice's starch for juice clarity and tannin level. Several authors found that condensed tannins could bind starch and polysaccharides (Davis & Hoseney, 1979; Rahman & Richards, 1988; Le Bourvellec et al. 2012). The interactions are mostly non-covalent, hydrophobic interactions, which are governed by the molecular weight, solubility, size and conformational flexibility of phenolic compounds, proteins and starch (Belitz & Grosch, 1999; Dlamini, 2002). Barros et al. (2012) suggested that low molecular weight polyphenols and the proanthocyanidins interact with starch via different mechanisms and indicated that oligomeric and polymeric tannins are most strongly involved in tannin-starch interactions. Thus, like proteins, starch may be

interacting with the proanthocyanidins through hydrogen bonding (Hagerman & Butler 1981; Butler et al., 1984) as well as hydrophobic interactions. Furthermore, the organic compounds available in the natural starch grains may interfere negatively with the flocculation process (Jayalekshmy & John, 2004). Fannon et al. (1992) demonstrated that maize starch (and other cereal starches) contains large surface pores (up to 1 µm diameter) which are likely sites for polyphenol adsorption into the intact granule. The larger tannin molecules are more likely to be physically trapped within the pores and thus become 'unextractable' compared to the smaller polyphenols. Additionally, hydrogen bonding is likely to increase the stability of the polyphenols within the starch granule. Previous research has demonstrated that 40-60 % of condensed tannins are adsorbed on raw starches and this adsorption was dependent on the starch surface area with higher surface area having the highest condensed tannins adsorbed (Davis & Hoseney 1979). Le Bourvellec et al. (2005) showed that due to presence of pores containing amylose chains on raw starch granules, condensed tannins would not only be adsorbed on the starch surface but could interact with amylose forming inclusion complexes. The grains of rice starch have a small size, as that of fatty globules, which brings a particular texture to the rice starch gel (Champagne, 1996; Vickery & Rogers, 2002) while the granules of cassava's starch have a size much large. The relatively small size of the rice starch grains could offer a large surface of contacts to allow adsorption of more tannin molecules to the starch surface. In addition, when the starch grains are heated in the presence of excess water, water penetrates in the grains and involves a swelling of them. When the heating is prolonged, the amorphous amylose made soluble in the medium (Zhou et al., 2002). For the clarification, the rice and cassava starches were made soluble in water at 60°C (temperature of swelling and beginning of dispersion of starch grain). During the swelling of the starch grain, the amorphous amylose is continually made soluble in the medium. The starch paste obtained is composed of grains inflated that constitute the dispersed phase and, in certain cases, of made soluble macromolecules (mainly amylose) which constitute the thick phase. Because of the small size of rice starch grains, after swelling at 60°C, these grains would have released more molecules of amorphous amylose in the solution than cassava's starch grains which sizes is relatively made soluble at the same temperature.

The larger molecular weight proanthocyanidins provide more hydroxyl groups for hydrogen bonding, and contain more hydrophobic domains that would promote stronger interactions with gelatinized starch. (Barros et al., 2012). Jayalekshmy & John (2004) showed that the efficiency with which different types of starch remove tannins from the juice might vary depending on the size and arrangement of amylose and amylopectin chains. Proanthocyanidins interacted more strongly with amylose compared to amylopectin. Indeed, the physical conformation of the polymeric proanthocyanidins provides more hydrophobic sites than possible with the monomeric polyphenols, while the linear nature of amylose makes its hydrophobic core more accessible in solution compared to amylopectin. While amylopectin side chains not involved in double helix structure also provide limited hydrophobic sites, steric hindrance would likely interfere with its ability to efficiently interact

with the polymeric tannins. A portion of unextractable polymeric proanthocyanidins might be physically trapped within the bulky amylopectin matrix without necessarily chemically interacting with the starch. In addition, steric hindrance would be less for the monomeric polyphenols, which bound similarly to amylose and amylopectin (Barros et al., 2012).

**Optimization of the parameters of clarification:** The target values of the clarified juices with cassava and rice starch were selected to minimize the tannins content and to maximize the clarity. Thus, the tannins content was minimized to 66 mg Eq Catechin/100ml for cassava starch and 80 mg Eq Catechin /100ml for rice starch and clarity was maximized to 95%. For these target values, the optimal combinations of the parameters of cashew apple juice clarification were established as indicated in table 4.

**Table 4:** Optimal combination of parameters for cashew apple juice clarification by using cassava and rice starch

Starch from	Dose (ml/l of juice)	Time (minutes)	Global desirability
Cassava	6.2	300	0.74
Rice	10	193	1

The experimental responses, measured for tannins content and clarity approach the predicted responses by the model with a desirability varying between 0.81 and 0.99 (Table 5). A test of Student, to 95% of degree

of confidence, indicated that there is no significant difference between the experimental responses and the values predicted by the model.

**Table 5:** Predicted and experimental values

Starch	Variables	Optimum responses		Desirability (%)
		Predicted	Experimental	
Cassava	Tannins (mg Eq Catechin/100 ml)	66	67.01	1
	Clarity (% T)	92.7	93.75	0.55
Rice	Tannins (mg Eq Catechin/100 m)	81.34	81.72	1
	Clarity (% T)	95	94.8	1

Cassava starch at 6.2 ml/l for 300 minutes decreased the tannins at 34.2% with visual clarity of 93.75%. While rice starch at 10 ml/l for 193 minutes decreased the tannins at 42.14% with visual clarity of 94.8%. The clarifying agent, sago at a concentration of 2 g/L, decreased the tannins at 42.85% with visual clarity of 94%. The same clarifying agent with the same concentration along with sterile filtration decreased the tannins at 41.75% with improved visual clarity of 96%

(Talasila et al., 2011). 'Sago' (a natural commercial starch preparation) is an efficient clarifying agent. Tannins content of the juice clarified with starch was significantly higher than that of sago, PVP and gelatine (Jayalekshmy & John, 2004). The clarification methods of cashew apple juices using tannase or gelatine was showed that juices treated with tannase decreases in total tannins, hydrolysable tannins, proanthocyanidins and turbidity of 46, 88, 2 and 88%, respectively,

compared with 39, 50, 32 and 94% for those treated with gelatine. Therefore, treatment with tannase compared with gelatine application, was more efficient at reducing hydrolysable tannins but less efficient at reducing proanthocyanidin levels in the juices. No visual differences were observed for the juices clarified by the two methods (Couri et al., 2003). The effects of clarification with gelatine, PVP or the adsorbent resin XAD-16, singly or in combination, on composition and quality of the juice showed that treatment with gelatine alone (at a concentration of 2.7-3.0 g/l at 20°C) resulted in good clarification, and eliminated approximately 94% of the tannins. The two resins gave the poorest elimination of tannins (24% for PVPP and

4.3% for XAD-16). Treatment with gelatine followed by adsorbent resins gave a clear, stable juice with no astringency and with a pleasant taste. Tannin and protein contents were reduced by approximately 99%. These clarification treatments resulted in losses of nutrients, especially ascorbic acid (Quoc et al., 1999). Clarification of *in natura* cashew pulp and hydrolyzed pulp using the processes of microfiltration and ultrafiltration gave 96% reduction of condensed tannins and an increase in the luminosity of the clarified juice (Castro et al., 2007). Abreu et al. (2005) obtained 96% reduction of condensed tannins in clarified juice with ceramic membranes.

## CONCLUSION

In the present research, response surface methodology with CCD is successfully used to optimize the cashew apple juice using cassava and rice starch. In the optimal conditions, cassava and rice starch preparation, are an efficient clarifying agent for cashew apple juice. Under these conditions, experiment and predicted responses were not significantly different. Cassava and

rice starch preparation used in this study are an efficient and economic natural product to remove cashew apple tannin locally available in developing countries. These results come to solve problem of the non-control by the producers of the time and the dose of the clarifying agent (starch) necessary for a good elimination of the tannins.

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