



## Isolation, Characterization and Antibiotic Resistance Profile Studies of Bacteria from an Excavated Pond in Port Harcourt Metropolis, Nigeria

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**ABSTRACT:** The Antibiotic Resistance profile of bacteria isolated from Rumuola pond water in the Port Harcourt metropolis, Rivers State, Nigeria was investigated. Total of 48 bacterial species were isolated on Nutrient Agar and a set of selective diagnostic media. The isolates were identified as *Escherichia coli*, *Staphylococcus* sp.; *Shigella* sp.; *Klebsiella* sp.; *Vibrio* sp.; and *Salmonella* sp. The total culturable heterotrophic bacterial count (TCHB) and faecal coliform count of the water samples ranged from  $1.02 \times 10^6$  –  $1.90 \times 10^6$  cfu/ml and  $3.70 \times 10^5$  –  $8.15 \times 10^5$  cfu/ml respectively. The sensitivity of the isolates from the water samples to 12 different antibiotics selected was ascertained on Muller-Hinton agar using the Kirby-Bauer disc diffusion method. The zone diameter obtained was interpreted using the Clinical Laboratory Standard International (CLSI) and British Society for Antimicrobial Chemotherapy (BSAC) zone diameter breakpoints. Isolates were recorded as susceptible (S), intermediate susceptible (I) or resistant (R) based on the guidelines. The level of resistance exhibited by the isolates to specific antibiotics used were; Lincocin 74.8%, Rifampicin 71.4%, Augmentin 71.2%, Chloramphenicol 68.2%, Erythromycin 64.3%, Cotrimoxazole 55.8%, Streptomycin 50.2%, Pefloxacin 48.6%, Gentamycin 43%, Norfloxacin 42.9%, Ofloxacin 16.2%, Ciprofloxacin 13%. The resistance to Lincocin (74.8%) was the highest followed by Rifampicin (71.4%). The highest level of bacterial resistance pattern to all tested antibiotics was observed in sites with highest human activities. The result showed multiple antibiotic resistance patterns among the bacterial isolates suggesting a pool of resistance genes among isolates in the pond. Most of the bacterial isolates are potential pathogens. Modern health services for effective disease management for this community would include antibiotic/drug mapping for individuals.

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In Nigeria, the input of environmental pollutants in aquatic system is a common phenomenon (Abu and Egenonu, 2008). The indiscriminate use of antibiotics in Nigeria is on the increase particularly in animal husbandry where they are used as growth promoters. Research has also shown that there has been a “sigmoid rise in resistance overtime in the presence of a constant rate of antibiotic consumption” at a threshold level (Austin *et al.*, 1999). The Rumuola pond is among the important water resources in Port-Harcourt metropolis, Rivers State, Nigeria. The pond receives pollutants from municipal waste water, and surface runoff resulting from soil erosion, domestic and industrial practices in that area. These may lead to wide scale contamination of the pond. Many people within the area are directly dependent on the pond water for their agricultural, recreational and sometimes domestic activities thus exposing the entire community to microbial contamination that could result to water-borne diseases. Dugout or excavated ponds are constructed in areas of flat or gently sloping land not suited for ponds with dams. As the name

implies, dug ponds are created by removing soil and allowing water to fill in the dugout area. Most of the water supply comes from ground water seepage or natural springs. Soils are usually made up of materials that allow free movement of water through the pond bottom. Pond water serves as a natural habitat of pathogenic bacterial strains which harbor virulence factors that could play a role in disease process, as well as various multi-drug resistant water-borne pathogens. Similarly increase of faecal pollution in source water is also a problem in developing as well as developed countries (Sinton *et al.*, 1993; Bezuidenhout *et al.*, 2002). This problem is further aggravated where there is lack of sanitation systems, thus posing an increased risk for the outbreak of water-borne diseases (Pretorius, 2000). The World Health Organization (WHO) estimates that 3.4 million people, mostly children die every year from water-related diseases (Wilkes *et al.*, 2009). As ponds are one of the major sources of fish production, the development and spread of resistance to antibiotics by pond bacteria is a major public health threat, it could have serious

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medical and economic implications. These resistant pathogens may be transmitted to humans and farm animals causing infections that cannot be treated by conventional antibiotics (Khachatourians, 1998). Resistance of bacteria to antibiotics has been attributed to the misuse and overuse of antibiotics as well as the possession of drug resistant plasmids (Dub Mendel, 2005). According to House of Lords (1998), all antibiotic resistance has a genetic basis. It is part of bacteria defense mechanisms, enhancing its ability to survive in hostile environments (Gershman, 1997). During evolution, bacterial species have become capable of transferring virulence genes not only between members of a particular species but also between different bacteria species creating new pathotypes with new combinations of different virulence genes (Schubert *et al.*, 1998).

Several pathogens have been shown to demonstrate a significant increase in resistance to some specific antibiotics over a short period of time (Coker and Adefeso, 1994; Hoge *et al.*, 1998), either as a result of selective pressure, antibiotics abuse by humans or over use in animals (White *et al.*, 2000). A danger of resistance exists among 5-10% of infections treated which leads to lack of success or long treatment (Fish *et al.*, 1995; Milatovic and Braveny, 1987). The infections caused by resistant bacteria increase the risk of death and disease transmission as a result of their adaptation towards different Aqua media (Mateos *et al.*, 1993). This has been related to the horizontal transfer of genetic elements like plasmids and class 1 integrons (Jacobs and Chinia, 2006). Antibiotic usage must therefore be carefully regulated and monitored in the environment (Ademola *et al.*, 2009), to assess their impact and subsequent risk to the ecosystem. The aim of this study is to isolate, characterize and identify bacterial species from a dug out (Rumuola) pond in the Port Harcourt Metropolis; the isolates were subjected to antibiotic resistance profile studies to determine the level of antibiotic resistance gene among the isolates from the pond. Rumuola pond receives pollutants, municipal waste water, and surface runoff resulting from soil erosion, domestic and industrial practices in that area.

## MATERIALS AND METHODS

*Area of study:* The study was conducted at 8 sites within the Rumuola pond in the Port Harcourt Metropolis of Rivers State, Nigeria. Rumuola is located at an elevation of 466m above sea level. The pond has coordinates in degrees minutes and seconds (DMS) of 4°49'54"N and 7°0'17"E. This pond receives pollutants, municipal wastewater and natural run off from domestic and industrial practices in that

area. Rumuola pond serves as an important fishing ground for people residing in that area.

*Sample collection:* Water samples were aseptically taken at different sites of the pond using 1 liter sterile screw-capped bottles. The bottles were opened at about 15 cm depth, allowed to fill, closed under water, and quickly transferred into an ice container. All sites were georeferenced using a hand held global positioning system (GPS) receiver unit (Magellan GPS 315) to generate geographic coordinates (longitudes and latitudes) on the Rumuola pond. The water samples were then transported to the laboratory and analyzed within 8 hr of collection.

*Isolation of potential bacterial pathogens:* The spread plate method was used for isolation of bacterial pathogens from the water samples using nutrient agar and selective diagnostic media. One milliliter of each water sample was aseptically withdrawn with a sterile pipette, and serially diluted in physiological saline to the fourth dilution using a ten-fold serial dilution. About 0.1ml aliquot of each dilution was inoculated onto duplicate set of nutrient agar and Eosin methylene blue (EMB) agar, to determine total aerobic heterotrophic bacterial (THB) population and faecal coliforms respectively. The water samples were also enriched on alkaline peptone water (pH 8.3) and in selenite F broth and then spread plated on thiosulphate citrate bile sucrose (TCBS) agar and salmonella-shigella (S-S) agar respectively for isolation of *Vibrio* species, *Salmonella* and *Shigella* species. Aliquots from diluted water samples were also spread plated on mannitol salt agar (MSA) for the isolation of *Staphylococcus* species.

All plates were incubated at 35°C for 24 hours with the exception of EMB plates meant for the isolation of faecal coliforms which were incubated at 44.5°C for 24 hours.

*Purification of isolates:* Single colonies of bacteria were randomly selected from different media plates based on their morphology. These bacterial cultures were subsequently isolated in pure forms by sub-culturing on nutrient agar plates and stored on nutrient agar slants in the refrigerator at 4°C until used for microscopic characterization and biochemical analysis.

*Characterization and identification of bacterial isolates:* The bacterial isolates were characterized and identified based on their motility, microscopic morphology, colonial morphology and biochemical characterization as described in medical laboratory manual for tropical countries (Cheesbrough, 2005)

and with reference to the Bergey's Manual of Systematic Bacteriology (Krieg and Holt, 1994).

*Biochemical tests:* Pure cultures of the test organisms as determined by their Gram reaction were used for the various biochemical tests. Unless otherwise stated, the test cultures for the biochemical tests were prepared by inoculating nutrient broth with each isolate from the stock culture. This was incubated for 18-24 hour at 37°C.

*Test of Indole production:* Indole, a nitrogen-containing compound formed when the amino acid tryptophan is hydrolysed by bacteria that have the enzyme Tryptophanase, was tested for by inoculating tubes of peptone water with each of the test organisms. The inoculated tubes were incubated at 35°C for 24 hour. After incubation, 1 ml of Kovac's reagent was added to each tube, shake gently, and allowed to settle. A red band on the surface indicated a positive result.

*Methyl Red (MR) Test:* This is a qualitative test of acid production by bacteria grown in MR-VP broth. Tubes containing MR-VP broth were inoculated with each of the test cultures and incubated at 37°C for 24-48 hour. After incubation, five drops of 0.4% (w/v) Methyl red indicator were added to each tube and the tubes observed for any change in colour. A bright red colour was indicative of a positive result; a yellow or orange colour indicated a negative result.

*Voges-Proskauer (VP) Reaction:* VP-positive bacteria employ the Butanediol fermentation pathway and produce Acetylmethylcarbinol or Acetoin, which reacts with Barritt's reagents A and B to produce a red colour. Tubes containing MR-VP broth were inoculated with each of the test culture and incubated at 37°C for 48h. After incubation, 0.4ml of Barritt's reagent A and 0.6ml of Barritt's reagent B were added to the tubes. The tubes were shaken vigorously to mix, allowed to stand and observed for the gradual formation of a red colour, indicative of a positive test. Yellow or brown colour indicated a negative test.

*Citrate Utilization Test:* The Citrate test uses a medium in which Sodium citrate is the only source of carbon and energy. If an organism can use citrate as the sole source of Carbon and energy, it will need to use ammonium salts for Nitrogen. This will result in the release of ammonia, causing a colour change in the medium from green to blue. Tubes of Simon's citrate agar were each inoculated with a test organism and incubated at 35°C for 48 hours. A change in the medium from green to royal blue was recorded as a positive test.

Triple Sugar Iron (TSI) agar reaction: TSI agar contains FeSO<sub>4</sub> which combines with H<sub>2</sub>S to produce a black precipitate FeS. It also contains three sugars; Glucose, Lactose, and Sucrose in the ratio 1:10:10. If the organisms ferment lactose and/or sucrose, all the agar in the tube will turn yellow. If only glucose is fermented, the agar will turn yellow from the acid produced. The concentration of glucose is one-tenth that of lactose and sucrose, so it is quickly used up. Ammonia is therefore liberated into the medium by the bacteria at the surface of the slant near air, due to a switch to protein utilization. The ammonia released causes the slant to turn red. Thus, utilization of sucrose and/or lactose leads to the production of acid, causing the slant and butt to turn yellow. Glucose fermentation causes the slant to turn red/pink (alkaline) while the butt is yellow. Tubes containing TSI agar were inoculated with each of the isolates by streaking the top of the slant and stabbing the centre, down to the butt, with each of the inoculums. The tubes were incubated at 35°C for 48hours. The tubes were observed after incubation for the production of H<sub>2</sub>S gas (which was indicated by a black colouration of medium), and acid in slant and butt.

*Slide Catalase test:* Catalase test is aimed at identifying organisms that produce the enzyme catalase, which converts Hydrogen peroxide to water and oxygen bubbles. A drop of 3% hydrogen peroxide was placed on a dry, clean, grease-free slide, and a colony of the test culture was placed in the drop of hydrogen peroxide and mixed. An immediate release of gas bubble indicated a positive result.

*Motility test:* The motility test is aimed at determining the presence or absence of flagella as organelles of motion in test organisms. Motility agar test tubes were stabbed at the centre with test isolates and incubated at 37°C for 24 hours. Motile organisms grew outwards, horizontally, from the line of stab giving a brush-like appearance while non motile organisms grew only along the stab line.

*Antibiotic susceptibility studies:* Antibigram of the selected isolates from water samples in this study was ascertained on Mueller-Hinton agar using the Kirby-Bauer disc diffusion method (Bauer *et al.*, 1999). A total of 12 antibiotics corresponding to drugs most commonly used in the treatment of human and animal infections caused by gram negative and gram positive bacteria were employed in this study. The antibiotics and their concentration included Augmentin (β-lactams) 30 µg, Streptomycin (Aminoglycosides) 10 µg, Ciprofloxacin (Flouroquinolones) 10 µg, Gentamycin (Aminoglycosides) 10 µg, Rifampicin (Ansamycin) 20 µg, Ofloxacin (Quinolones) 10 µg,

Norfloxacin (flouroquinolones) 10 µg, Erythromycin (Macrolides) 30 µg, Pefloxacin (Quinolones) 10 µg, lincocin (lincosamide) 20µg, Chloramphenicol (phenicols) 30 µg, Cotrimoxazole (sulphonamides) 30µg. Overnight cultures of the bacterial isolates were inoculated into peptone water and incubated at 37°C for 3-4hours. The density of the bacterial culture required for the assay was adjusted to 0.5 McFarland standards. The Mueller-Hinton agar plates were uniformly inoculated by spotting 0.1 ml of the broth culture of each isolate and streaking over the entire plate, in at least three planes, using a swab stick. The plates were allowed to dry for 10 min; with sterile forceps, antibiotic impregnated paper discs were aseptically placed on the surface of the Mueller-Hinton agar medium at equidistance to each other and plates were incubated at 37°C for 24hours. A clear zone of inhibited growth around each antibiotic impregnated disc was measured. The degree of susceptibility of the test organism to each antibiotic was determined and interpreted as either sensitive (S), intermediate susceptible (I), or resistant (R) in accordance with the British society for antimicrobial chemotherapy (BSAC), (Andrew, 2007), and Clinical laboratory standard institute.

## RESULTS AND DISCUSSION

*Isolation, Characterization and Identification of Bacteria from Rumuola Pond:* A Total of 9 Genera of bacteria (48 bacterial species) were isolated from Rumuola pond and identified, they are: *Vibrio* spp.; *Klebsiella* spp.; *Salmonella* spp.; *Staphylococcus* spp.; *Escherichia coli*; and *Shigella* spp. The Total Culturable Heterotrophic Bacterial (THB) counts and faecal coliform counts of the water samples ranged from  $1.02 \times 10^6$  –  $1.90 \times 10^6$  cfu/ml and  $3.70 \times 10^5$  -  $8.15 \times 10^5$  cfu/ml respectively (Table 1).

**Table1:** Total Culturable Heterotrophic Bacterial (TCHB) count and Faecal Coliform Bacterial (FCB) counts of water sample from Rumuola pond.

Sample site	TCHB (cfu/ml)	FCB (cfu/ml)
Sw <sub>1</sub>	$1.90 \times 10^6$	$5.90 \times 10^5$
Sw <sub>2</sub>	$1.61 \times 10^6$	$5.80 \times 10^5$
Sw <sub>3</sub>	$1.02 \times 10^6$	$5.65 \times 10^5$
Sw <sub>4</sub>	$1.31 \times 10^6$	$3.70 \times 10^5$
Sw <sub>5</sub>	$1.59 \times 10^6$	$5.50 \times 10^5$
Sw <sub>6</sub>	$1.76 \times 10^6$	$6.10 \times 10^5$
Sw <sub>7</sub>	$1.54 \times 10^6$	$8.15 \times 10^5$
Sw <sub>8</sub>	$1.40 \times 10^6$	$5.30 \times 10^5$
AV.TVC	$1.52 \times 10^6$	$6.0 \times 10^5$

Average total viable counts (AV.TVC) are the composite mean value of the duplicate counts.

*Antibiotic Susceptibility Profile of Bacterial Groups in Rumuola Pond Water Samples:* Results obtained in the antibiotic susceptibility test of the isolates are presented in Tables 2 and 3 and Fig1. The results

revealed marked differences among bacterial isolates in their susceptibility and resistance patterns to antibiotics. The highest rate of resistance (74.8%) was recorded against lincocin by all isolated species followed by Rifampicin (71.4%). Ciprofloxacin (13%) recorded the least resistance. All the isolates with the exception of *Escherichia coli*. (sw<sub>2</sub>b), *Vibrio* sp.(sw<sub>2</sub>f), *Klebsiella* sp.(sw<sub>3</sub>c) and *Vibrio* sp.(sw<sub>8</sub>g) exhibited resistance to at least one of the following drugs. Gentamycin, Ciprofloxacin, and Norfloxacin.

All the isolates showed susceptibility to ciprofloxacin, except few isolates of *Klebsiella* sp., *Shigella* sp., *Salmonella* sp., and *Staphylococcus* sp. All isolates showed 100% resistance to Augmentin with the exception of few strains of *Escherichia coli*, *Shigella* sp. and *Klebsiella* sp. In sw<sub>1</sub>, sw<sub>3</sub> and sw<sub>6</sub> *Salmonella* sp. and *Escherichia coli* were not isolated. *Staphylococcus* strains in sw<sub>1</sub> were only susceptible to two antibiotics namely ciprofloxacin and ofloxacin. The isolates in sw<sub>2</sub> showed 100% resistance to Rifampicin, Erythromycin and Augmentin while varying in other antibiotics. All the *Salmonella* isolates showed resistance to chloramphenicol. The proportion of the antibiotic resistant bacteria was lowest at sw<sub>8</sub> for most of the antibiotics. Bacterial isolates from Sw<sub>2</sub> showed the highest level of resistance. They exhibited 100% resistance to Lincocin, Rifampicin, Erythromycin and Augmentin. The level of resistance exhibited by the isolates to specific antibiotics used were; Lincocin 74.8%, Rifampicin 71.4%, Augmentin 71.2%, Chloramphenicol 68.2%, Erythromycin 64.3%, Cotrimoxazole 55.8%, Streptomycin 50.2%, Pefloxacin 48.6%, Gentamycin 43%, Norfloxacin 42.9%, Ofloxacin 16.2% and Ciprofloxacin 13%. The current level of faecal coliforms load observed in this study especially in sw<sub>7</sub> suggests that Rumuola pond is unfit for domestic purposes including human consumption. This may be due to pollution in the area caused by human activities (such as human waste disposal, defecation, fishing and swimming). Climate change and other heightened ecological disturbances such as flooding are all possible sources of contamination (Nevondo and Cloete, 1999; Obi *et al.*, 2002; Mbah *et al.*, 2016). These multiple sources of contamination are compounded by limited environmental awareness, which is prominent in rural areas (Garcia *et al.*, 1987, Dick *et al.*, 2015) but also in urban areas such as the Rumuola Pond area in Port Harcourt. The results of the antibiotic test conducted on the isolates shows the presence of resistance to naturally, chemically modified and synthetic antibiotics (Table 2). The highest level of bacterial resistance pattern to all tested antibiotics was observed in Sw<sub>2</sub>. The least resistance pattern to the tested

antibiotics was observed in Sw<sub>8</sub>. The sources of microorganisms contributing greatly to the pool of bacteria are probably diverse, with soil resistance genes (Oganet *al.*, 1993).

**Table 2.** Antibiotic sensitivity profile of bacteria isolated from Rumuola Pond in Port Harcourt

SITE	ISOLATES	ANTIBIOTICS SENSITIVITY PROFILE											
		CN	S	LC	CPX	RX	E	NOR	CH	OFX	PEF	AU	SXT
SW1	<i>Klebsiellasp.</i>	S	S	R	S	R	I	R	R	R	R	R	I
	<i>Vibrio sp.</i>	S	S	I	S	I	R	S	S	S	R	R	R
	<i>Klebsiellasp.</i>	I	R	R	S	R	R	R	R	S	R	R	R
	<i>Staphylococcus sp.</i>	R	R	R	R	R	R	R	R	S	R	R	R
	<i>Staphylococcus sp.</i>	I	R	R	S	R	R	I	I	S	S	R	R
	<i>Staphylococcus sp.</i>	R	R	S	S	R	R	I	R	S	S	R	R
SW2	<i>Staphylococcus sp.</i>	R	R	S	I	R	R	R	R	I	S	R	R
	<i>Escherichia coli</i>	S	R	S	S	R	R	S	I	S	S	R	S
	<i>Klebsiellasp.</i>	S	R	R	R	R	R	R	R	S	S	R	R
	<i>Klebsiellasp.</i>	R	R	R	S	R	R	I	R	S	R	R	R
	<i>Salmonella sp.</i>	R	S	R	S	R	R	I	R	S	S	R	S
	<i>Vibrio sp.</i>	I	R	R	S	R	R	S	R	S	I	R	R
SW3	<i>Vibrio sp.</i>	R	S	R	I	R	R	S	R	S	S	R	R
	<i>Shigellasp.</i>	R	S	R	R	R	R	R	R	S	R	R	R
	<i>Klebsiellasp.</i>	S	S	I	S	R	S	S	S	S	S	R	S
	<i>Vibrio sp.</i>	S	R	R	I	R	R	I	S	S	S	R	R
	<i>Shigellasp.</i>	I	S	R	S	I	R	S	R	S	S	R	R
	<i>Salmonella sp.</i>	R	S	I	S	R	R	S	R	I	S	I	S
SW4	<i>Staphylococcus sp.</i>	R	R	R	S	R	R	R	R	S	S	R	R
	<i>Klebsiellasp.</i>	I	S	I	R	S	S	S	S	S	S	S	S
	<i>Vibrio sp.</i>	I	S	R	S	I	R	S	S	R	S	R	S
	<i>Klebsiellasp.</i>	S	S	R	S	R	R	R	R	S	R	R	S
	<i>Escherichia coli</i>	S	R	R	I	R	S	S	I	S	S	R	S
	<i>Salmonella sp.</i>	R	R	R	R	R	R	R	R	R	R	R	R
SW5	<i>Escherichia coli</i>	R	R	R	S	R	R	R	S	S	R	R	R
	<i>Salmonella sp.</i>	R	S	R	S	R	R	R	R	I	R	R	R
	<i>Shigellasp.</i>	S	R	I	S	R	S	R	R	S	R	R	R
	<i>Salmonella sp.</i>	I	S	R	S	S	R	S	R	S	R	I	I
	<i>Klebsiellasp.</i>	I	I	R	S	R	R	S	R	S	S	R	S
	<i>Klebsiellasp.</i>	S	R	R	S	R	R	R	R	S	R	R	S
SW6	<i>Klebsiellasp.</i>	S	S	R	S	R	R	R	R	S	R	R	R
	<i>Shigellasp.</i>	I	R	R	S	R	S	I	R	S	S	S	R
	<i>Klebsiellasp.</i>	R	I	R	S	R	R	R	S	R	S	S	S
	<i>Staphylococcus sp.</i>	R	R	I	S	I	R	R	R	S	S	R	R
	<i>Staphylococcus sp.</i>	R	R	R	R	R	R	S	R	R	R	R	R
	<i>Shigellasp.</i>	S	R	R	I	R	R	R	R	S	S	S	S
SW7	<i>Escherichia coli</i>	R	S	R	S	R	S	S	I	S	S	R	S
	<i>Salmonella sp.</i>	S	S	I	S	R	I	R	R	R	I	R	R
	<i>Shigellasp.</i>	S	R	R	S	R	R	R	R	I	I	S	S
	<i>Staphylococcus sp.</i>	I	S	R	S	R	S	I	S	S	S	R	R
	<i>Staphylococcus sp.</i>	R	R	S	S	I	S	R	R	S	S	S	R
	<i>Escherichia coli</i>	R	I	S	R	I	S	S	S	S	I	I	S
SW8	<i>Klebsiellasp.</i>	S	S	S	I	R	I	R	R	S	R	R	R
	<i>Shigellasp.</i>	I	R	S	R	S	I	R	R	S	R	R	S
	<i>Staphylococcus sp.</i>	R	R	S	R	S	R	R	R	R	R	R	R
	<i>Klebsiellasp.</i>	S	I	S	S	R	R	R	R	I	R	R	S
	<i>Escherichia coli</i>	I	R	S	R	S	S	S	S	S	S	S	S
	<i>Vibrio sp.</i>	S	S	I	S	R	S	I	I	I	R	R	R

N/B: R = Resistant, I = Intermediate, S = Susceptible; CN - Gentamycin; S - Streptomycin; LC - Lincocin; CPX - Ciprofloxacin; RX - Rifampicin; E - Erythromycin; NOR - Norfloxacin; CH - Chloramphenicol; OFX - Ofloxacin; PEF - Pefloxacin; AU - Augmentin; SXT - Cotrimoxazole.

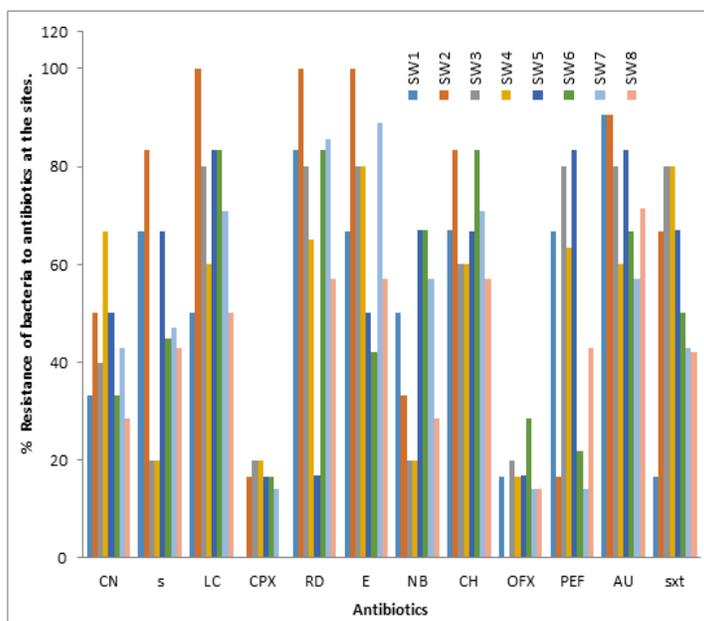


Fig 1: Statistical (Percentage) distribution of resistance to antibiotics among bacteria isolated from the Rumuola pond water at different sites

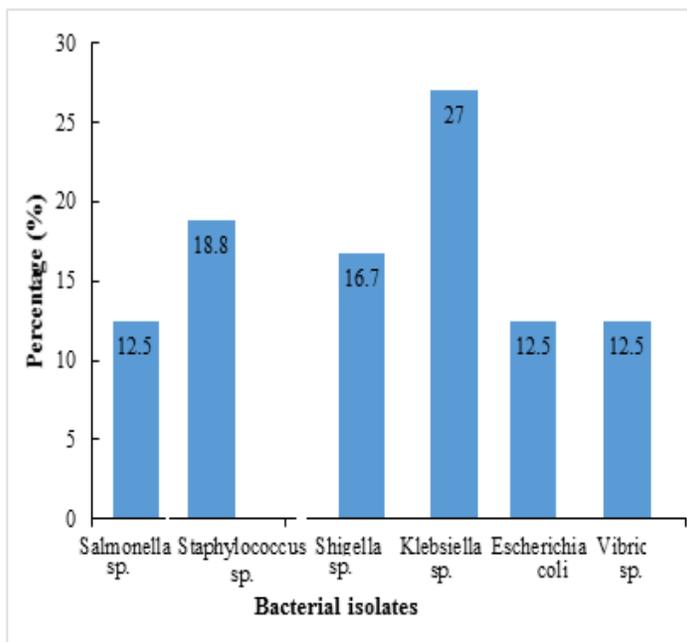


Fig 2: Statistical (Percentage frequency) distribution of potential pathogens among bacteria isolated from Rumuolapond in Port Harcourt.

The result obtained in this study showed that all the salmonella isolates had resistance to chloramphenicol. *Staphylococcus* sp., showed resistance to all the classes of antibiotics to which tested. The presence of *Escherichia coli* at Sw<sub>2</sub>, Sw<sub>5</sub>, Sw<sub>7</sub> and Sw<sub>8</sub> confirms the presence of waste disposal and faecal materials.

The level of resistance among isolates to the β-lactams suggests that the β-lactamase genes could be widely present in the gene pool of the bacteria found within the sample sites. Self-medication is a common practice in the study area and is likely to continue, probably, due to poor access to medical services. The use of

It should be noted that susceptibility of bacteria to antibiotics is not static and resistance may be due to antibiotic abuse, antibiotic over use or may be chromosomally or plasmid mediated (Obi *et al.*, 1998; Dick *et al.*, 2015). Susceptibility of bacteria to antibiotics could also be altered by the impact of environmental and human activities on such isolates which possibly results in the development and selection of antibiotic resistant strains (Abu and Egenonu, 2008; Dick *et al.*, 2015). This is a health risk as infections caused by these resistant strains are more difficult to treat.

The multi-drug resistance in this study may be attributed to the presence of resistance determinants on plasmids with similar selective markers, it could also be as a result of independent, simultaneous development of resistance to different agents which suggest that bacteria have the unique characteristics of being able to transfer resistance genes from one bacterium to another of different population, occupying different habitats, such as man, animals and the environment. As strains susceptible to all drugs become less common the proportion of isolates resistant to multiple antibiotics increases (Olowe *et al.*, 2008).

Most isolates were sensitive to Ciprofloxacin and Ofloxacin. These drugs therefore may be of value in the treatment of enteric infections requiring empiric antibiotic therapy. It is noteworthy that these antibiotics are not top of the line drugs, so efforts could be stepped up to control further drug resistance in the Rumuola community.

antibiotics in agriculture can select for resistance in farm animals, the resistant organisms and the antibiotics themselves may find their way into surface waters through surface run off and soil erosion. This can confer pressure for the selection of resistance among native organisms. The high incidence of multiple antibiotics resistance among bacterial isolates obtained in this study is indicative of an environmental selective pressure.

**Conclusion:** Antibiotic resistance as obtained in this study has public health implications, considering the fact that multi-drug resistance was extremely common. Some of the resistant isolates are opportunistic pathogens and infection caused by these organisms may be difficult to treat, which can spread in populations causing outbreaks. Health services could include caution on the indiscriminate and inappropriate use of antibiotics, and related compounds on animals and humans. Although Ciprofloxacin and Ofloxacin were effective against the isolates in this study, periodic monitoring using antibiograms is necessary to detect any changes in resistance patterns over time. As concerns about environmental contamination by humans, industrial and agricultural waste is on the increase, it is of importance to develop reliable screening methods that can be used to identify probable contamination sources. Modern health services for effective disease management for this community would include antibiotic/drug mapping for individuals.

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