The Phytochemical Constituents, Analgesic and Anti-inflammatory effects of methanol extract of *Jatropha curcas* leaves in Mice and Wister albino rats.

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ABSTRACT: The analgesic and anti-inflammatory effects of the methanolic extract of the leaves of *Jatropha curcas* were investigated in mice and rats respectively. The phytochemical screening of the extract was also carried out. The analgesic effect was determined by acetic acid – induced writhing test in mice. While the anti-inflammatory activity was determined by egg albumin – induced oedema of the rat paw. Phytochemical screening was done by standard procedures. *Jatropha curcas* leaf extract (10-80mg/kg) caused a statistically significant inhibition on the egg albumin – induced oedema or inflammation in Wister albino rats with P < 0.001 (ANOVA). This effect was dose-dependent. Furthermore, *Jatropha curcas* extract caused a statistically significant reduction in the number of acetic acid-induced writhing mice, with P < 0.001 (ANOVA). These effects were also dose-dependent and comparable to the analgesic effects obtained with paracetamol which was used as a reference drug. Phytochemical screening revealed the presence of Flavonoids, steroids, triterpenoids Alkaloids, tannins and saponins in *Jatropha curcas* leaf extract. *Jatropha curcas* can be recommended for acute inflammatory disorders and diseases associated with pains. This also supports its use traditionally as an anti-snake bite, rheumatism and anti-cancer or anti-tumor agent. Further study is on the way to find out the mechanism of its action and also to isolate and characterize the active agent responsible for these effects in this plant. @ JASEM

*MATERIALS AND METHOD*

**Plant materials:** The fresh leaves of *Jatropha curcas* were collected in October, 2007, from the local garden within the premises of University of Port Harcourt Nigeria. The plant materials were taxonomically identified by H.D. Onyeachusim of Botany Herbarium, University of Port Harcourt where Voucher specimen was deposited. The leaves were air-dried until a constant weight was obtained (10 days).

**Extraction:** The dried leaves were pulverized to fine powder and extracted with methanol in a Soxhlet extraction apparatus. The solvent was removed under reduced pressure and semi-solid mass obtained concentrated by vacuum drying to yield a solid residue. This was kept in refrigerator for phytochemical and bioassay.

**Animals**

Male Wister albino rats of weight range 160- 210g and male Swiss albino mice of weight range 35-45g were used in this study. The animals were obtained from animal house of University of Port Harcourt. They were grouped and housed in a cage of five animals per cage and allowed to acclimatize with the new environment for 10 days. They were maintained under standard laboratory conditions. The animals were allowed free access to standard dry pellet diet and given water ad libitum.

All chemicals used are of analar grade.
Phytochemical screening
Chemical tests were carried out on the methanolic extracts and on the powdered specimens using standard procedures to identify the constituents (Trease and Evans, 1989; Harborne, 1998) by characteristic colour changes as described by Sofowara, (1993); Odebedy and Sofowara, (1978).

Anti-inflammatory activity: Egg albumin-induced rat paw oedema
Six groups of rats, each was administered either plant extract (10, 20, 40 or 80mg/kg i.p), Piroxicam (0.5mg/kg i.p) or normal saline as control (0.5ml/kg) 1 hour before the induction of inflammation. Acute inflammation was produced by the sub-planter administration of 0.1ml fresh egg albumin into the right hind paw of each rat 1 hour after administration of respective extracts. The paw volume was measured at 0min and 180mins, taking the readings at 20mins intervals, after the egg-albumin administration by displacement technique using digital Phlethysmometer (Akah and Nnambie, 1994). The average volume of the right hind paw of each rat was calculated from four readings which did not deviate more than 3% (Ascongelem et al., 2004). The anti-inflammatory effects of the extract was calculated by the following equation:

Anti-inflammatory activity (%) = (1-D/C) x 100
Where D represent the percentage difference in paw volume after extract administration and C the percentage difference in volume of the control group (Gupta et al., 2005).

Analgesic Activity: Acetic acid induced writhing response in Mice
Analgesic effects of the plant extracts were evaluated by Veerappan et al., (2005) Method with little modification. Six groups of five mice each were administered normal saline (0.5ml/kg i.p), as control, paracetamol (100mg/kg i.p) or extract (10, 20, 40. 80mg/kg i.p). I hour later, 0.6% acetic acid (10ml/kg) solution was administered intraperitoneally to all the animals in different groups. The number of writhes occurring between 5 and 20mins after acetic acid injection was counted. A significant reduction of writhes in tested animals compared to control group was considered as an antinociceptive response.

Statistical analysis
Values were expressed as mean ± SEM (n = 5). Statistical analysis was carried out using Graph Pad prism demo software. One way analysis of variance (ANOVA) was used. Values of P < 0.05 were considered significant.

RESULTS AND DISCUSSION
In anti-inflammatory activity test, *Jatropha curcas* extract (10-80mg/kg) caused statistically significant (P < 0.001 ANOVA) inhibition of inflammation induced by egg albumin in the rats paw. The percentage inhibition of the inflammation caused by the *Jatropha curcas* extract (10-80mg/kg) was comparable to that obtained with Piroxicam (0.5mg/kg) which was used as standard (figure 1). These were also dose-dependent.
In acetic acid – induced writhing test in mice, *Jatropha curcas* (10-80mg/kg) caused statistically significant (P<0.001, ANOVA) reduction in the mean number of writhes induced by acetic acid (figure 2). The number of writhes reduced from 60.0± 3.40, observed with the group administered normal saline to 28.0 ± 1.20 in group administered paracetamol used as standard. *Jatropha curcas* (10-80mg/kg)-induced reduction in the mean number of writhes was comparable to that observed with Paracetamol which was used as a standard (figure 2). These effects were also dose-dependent.
The phytochemical screening indicated the presence of Alkaloids, flavonoids, terpenoids, saponins, and tannins in the *Jatropha curcas* leaves (table 1)

<table>
<thead>
<tr>
<th>Phytochemicals</th>
<th><em>Jatropha curcas</em></th>
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<tbody>
<tr>
<td>Alkaloids</td>
<td>+</td>
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<tr>
<td>Flavonoids</td>
<td>+</td>
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<td>Terpenoids</td>
<td>+</td>
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<td>Saponins</td>
<td>+</td>
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<td>Tannins</td>
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<td>Steroids</td>
<td>+</td>
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<tr>
<td>Resins</td>
<td>-</td>
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<tr>
<td>Volatile oils</td>
<td>+</td>
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</tbody>
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+ = present
- = absent

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This study shows that the methanol extract of *Jatropha curcas* possesses a significant anti-oedematogenic effect on egg albumin – induced oedema of the paw of albino rats with $P < 0.001$ (ANOVA). This signifies anti-inflammatory activity. The extract was found to be comparable to Piroxicam in activity, especially at higher doses.

Egg albumin- induced inflammation model is a significant predictive test for anti-inflammatory activity (Akah and Nnamie, 1994). These results are an indication that *Jatropha curcas* can be effective in acute inflammatory disorders.

In acetic acid-induced abdominal writhing which is the visceral pain model (Sawadogo et al., 2006; Gupta et al., 2005), the results show that the extract produced significant analgesic activity at all doses with $P < 0.001$ (ANOVA). The results also show that the extract is comparable to Paracetamol in activity, at similar or higher doses. This analgesic effect of *Jatropha curcas* can be attributed in part, to its anti-inflammatory effect as, in visceral pain model, the precursor releases arachidonic acid through cyclooxygenase and prostaglandin biosynthesis which plays a role in the nociceptive mechanism (Franzotti et al., 2002).

This therefore, implies that the inhibition of acute inflammation by these extracts leads to their inhibitory effect on pain development process (Sawadogo et al., 2006).

The phytochemical analysis of the extract revealed the presence of triterpenoids, volatile oils, alkaloids, flavonoids, saponins and tannins. Alkaloids and flavonoids are well known for their ability to inhibit pain perception (Okwu and Josiah, 2006).

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Flavonoids as anti-oxidants also have anti-inflammatory properties due to their inhibitory effects on enzymes involved in the production of the chemical mediator of inflammation (Oweyele et al., 2005).

Finally, this study confirms the efficacy of *Jatropha curcas* as an analgesic and anti-inflammatory agent, thus gives scientific bases for its traditional uses as anti-snake-bite, anti-cancer and anti-tumor agent. Further study is on the way to isolate, identify and characterize the active constituent responsible for these effects and also to determine the exact mechanism of this action.

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