

JOURNAL OF COMMUNITY MEDICINE AND PRIMARY HEALTH CARE

ORIGINAL ARTICLE

Climate Change Awareness and related Tree Planting Practices in a Rural Community in North-Western Nigeria

Gobir AA¹, Aliyu AA¹, Abubakar AA¹, Esekhaigbe C², Joshua IA³, Adagba KO², Muhammad NS², Omole VN³, Ibrahim JM³, Nmadu AG³

- ¹Department of Community Medicine, Ahmadu Bello University, Zaria, Kaduna State, Nigeria
- ²Department of Community Medicine, Ahmadu Bello University Teaching Hospital, Zaria, Kaduna State, Nigeria
- ³Department of Community Medicine, College of Medicine, Kaduna State University, Kaduna, Nigeria

Keywords

Awareness;

Climate

change; Rural

community;

Tree planting;

Nigeria

ABSTRACT

Background: Tree cutting is one of the causes of climate change and a common practice in Africa, a continent under significant threat from climate change. Therefore, climate change awareness and mitigation are vital to reducing its impacts in the region. Reforestation through planting of trees is an important carbon emission reduction strategy. This study assessed climate change awareness and related tree planting practices among household heads in a Nigerian rural community.

Methods: A community-based descriptive, cross-sectional study was conducted in April 2019 among all household heads in Nasarawan Buhari community. An interviewer-administered questionnaire was used to collect data from the 104 household heads (or their representatives). Data was analyzed using SPSS (version 21.0) and statistical significance was set at p value of < 0.05.

Results: The mean age of respondents was 40.6 ± 12.6 years, and most of them (87.5%) were males. Half (50.0%) were aware of climate change, and their main source of information was radio (63.5%). Most (98.1%) used fire wood for cooking. Only a minority (27.9%) planted at least a tree in the year preceding the study. There was a statistically significant association between climate change awareness and occupation (p=0.038) but not with tree planting (p=0.827).

Conclusion: The results indicated that only half of respondents were aware of climate change. There was high use of wood as cooking fuel with low tree planting. Tree planting was not associated with climate change awareness. There is therefore a need for continuous climate change education and mitigation campaign in the community.

Correspondence to:

Dr Abdulrazaq Abdullahi Gobir, Department of Community Medicine, Ahmadu Bello University, Zaria, Kaduna State, Nigeria, E-mail: aagobir@yahoo.co.uk Phone number: +234 8035906974

INTRODUCTION

Climate change is one of the biggest threats to the world today and it is progressively emerging as one of the most serious global problems affecting many segments of economic growth in the world.^{1, 2} Climate

change effects have been experienced in many countries of the world in the form of widespread flooding, incessant drought, disruption of weather patterns, increased global temperature, devastating windstorms, and forest fire devastations among others.³ Climate change significantly affects

rural communities particularly in Africa who rely mainly on farming activities and natural resources for their livelihood.⁴ The African continent is anticipated to be the most affected and susceptible to the effect of climate change.⁵ Nigeria is classified as one of the 10 most vulnerable countries in the world, according to a 2015 climate change index.⁶

The causes of climate change can be classified into natural and anthropogenic causes. The natural causes include volcanic eruptions and ocean effects, and the anthropogenic causes include the use of fossil fuels, cutting of trees (deforestation), overgrazing, agricultural activities and discharges from aerosols among others.3 The effects of climate change include drought, flooding, loss of bio- diversities and agricultural productivity among others.3 Tree cutting for use as fire wood is a common practice in Africa, especially in rural communities where majority of the people live. When trees are cut down (deforestation) and burned or allowed to rot, their stored carbon is released into the air as carbon dioxide, thereby contributing to global warming. According to current estimate, deforestation is responsible for about 10 percent of all global warming emissions.7 According to the United Nations' Food and Agriculture Organization, about 7.3 million hectares (18 million acres) of forest are lost every year, and roughly half of the earth's tropical forests have already been cleared.8 Extensive planting of trees with large canopies will capture carbon dioxide from the atmosphere, thereby

mitigating the rising atmospheric carbon dioxide levels.³

Globally, sub-Saharan Africa has the lowest climate change awareness level (44%) while Europe has the highest (88%).9 In Mpumalanga province of South Africa, only 17.1% of farmers were aware of climate change.10 In Nigeria, awareness level is higher in the urban areas (84.2%) than in the rural areas (66.6%) and it is poor especially among vulnerable groups such as women, children and rural dwellers. 11-12 The importance of trees includes carbon sequestration, wind breaking, role in hydrologic cycle, prevention of soil erosion, provision of natural shelter, maintenance of sustainable biodiversity among others.3 Trees are also known as the "lungs" of the earth and serve in mitigation of climate change.3,13 Climate change mitigation will require awareness, creating knowledge, understanding and values, attitudes, skills and abilities among individuals and social groups towards attaining a better quality environment.14 This study was therefore conducted to assess climate change awareness and related tree planting practices among household heads in a Nigerian rural community.

METHODOLOGY

The study was conducted in Nasarawan Buhari, a rural community in Giwa Local Government Area of Kaduna State, North-Western Nigeria. The vegetation is guinea savannah, the hottest months are March-April while the coldest are December and January. The rainy season varies from

March to October. The Hausas and Fulani are in the majority; the people are mostly farmers with few traders and artisans. The community has a total population of 774 from the census conducted by the authors as at April, 2019. The population is distributed across 104 households.

community-based cross-sectional, descriptive study was conducted from 24th -25th April, 2019. It was a total population study involving all the 104 household heads (or their representative) in the community. The data was collected by trained final year students medical of Ahmadu Bello Zaria, using a pre-tested University, structured interviewer-administered questionnaire. The questionnaire (designed in English language, translated to Hausa language and back translated) had 20 elements organized into two sections A and B, with 9 and 11 elements, respectively. A sought information respondent's socio-demographic characteristics, while Section B sought information on their climate change awareness and planting related tree practices. The questionnaire was administered bv interviewers in Hausa language. Climate change is called "canjin yanayi" in Hausa language.

The data obtained was checked manually for completeness, entered into electronic form, cleaned and analyzed using IBM Statistical Package for Social Sciences (SPSS) software, version 21.0. Results were summarized into means and proportions and presented in form of charts and tables.

Bivariate analysis was done using Chisquare test to assess the association between socio-demographic variables and awareness of climate change. The level of statistical significance was set at a p-value of < 0.05 and the corresponding x^2 value and degrees of freedom (df) were presented.

Ethical clearance for the study (ABUTHZ/HREC/W42/2020) was obtained from the Health Research Ethics Committee of the Ahmadu Bello University Teaching Hospital, Zaria, Kaduna State, Nigeria. Appropriate entry permission to conduct the study was sought from Giwa Local Government Area, Kaduna State and appropriate entry permission was obtained from community leaders. A verbal informed consent to participate in the research was also obtained from the respondents.

RESULTS

A majority 61 (58.6%) of the respondents were within the age group of 30-49 years and mean age was 40.6 ± 12.6 years. Most 91 (87.5%) were males and 37 (35.6%) had tertiary education. Fire wood was the main cooking fuel for most respondents 102 (98.1%), while only 2 (1.9%) of the respondents use kerosene (Table 1). Half, 52 (50%) of the respondents had heard of climate change. Radio 66 (63.5%) was the major source of information on climate change followed by friends 28 (26.9%), family members 6 (5.8%) and health worker 4 (3.8%).

Table 1: Socio-demographic characteristics of the respondents

Variable	Frequency (n=104)	Percent
Age (in years)	•	
≤29	19	18.3
30-39	28	26.9
40-49	33	31.7
≥50	24	23.1
Sex		
Male	91	875
Female	13	12.5
Tribe		
Hausa	95	91.3
Fulani	9	8.7
Religion		
Islam	104	100.0
Marital status		
Married	100	96.2
Divorced	2	1.9
Single	2	1.9
Highest		
education		
Tertiary	37	35.6
Qur'anic	33	31.7
Secondary	26	25.0
Primary	6	5.8
No formal	2	1.9
education		
Occupation		
Petty trading	68	65.4
Artisan	8	7.7
Business	7	6.7
White collar job	7	6.7
(Private)		
Farming	3	2.9
Civil servants	2	1.9
Others	9	8.7
Household		
cooking fuel		
Wood	102	98.1
Kerosene	2	1.9

Table 2 shows that there is a statistically significant association between climate change awareness and sex (p =0.008) and also with occupation (p= 0.038) of respondent. Female respondents 11 (84.6%) were more aware of climate change than the male respondents 41 (45.1%) and this was statistically significant, p=0.008.

Respondents that were businessmen and those in private sector 6 (85.7%) were more aware of climate change than artisans 6 (75.0%) and farmers 2 (66.7%). Petty traders 26(38.2%) were least aware of climate change than civil servants 1(50.0%) and this was statistically significant, p=0.038.

As shown in Table 3, only 29 (27.9%) of the respondents planted at least a tree a year preceding the study. There was no statistically significant association between tree planting and any socio-demographic characteristics of respondents.

DISCUSSION

Only half of the respondents in this study were aware of climate change. Radio was their main source of information on climate change while health care workers were the least. Studies in Lagos and Benue States revealed higher climate change awareness of 84.0% and 92%, respectively. 15,16 A possible explanation for these higher figures is that community channels (local health care workers, agricultural extension workers) were the main source of climate change information instead of mass media (radio). Benue, agricultural For example, in extension workers were the main source of information on climate change. 16 The lack of use of television, internet, newspapers and magazines as sources of information in our study area may be related to the problem of information access to in rural communities. 11, 17-19

Table 2: Associations between socio-demographic characteristics and awareness of climate change

Variable	Awarene	Awareness of Climate change			df	p-value
	Yes (n=52)	No (n=52) n (%)	Total (104)	_		•
	n (%)					
Age (years)						
≤29	8 (42.1)	11 (57.9)	19	2.041	3	0.564
30-39	15 (53.6)	13 (46.4)	28			
40-49	19 (57.6)	14 (42.4)	33			
≥50	10 (41.7)	14 (58.3)	24			
Sex	,	,				
Male	41 (45.1)	50 (54.9)	91	7.121	1	0.008
Female	11 (84.6)	2 (15.4)	13			
Education	()	, (,				
No formal education	0 (0.0)	2 (100.0)	2	2.300	4	0.681
Quranic	18 (54.5)	15 (45.5)	33			
Secondary	13 (50.0)	13 (50.0)	26			
Tertiary	18 (48.6)	19 (51.4)	37			
Primary	3 (50.0)	3 (50.0)	6			
Occupation	, ,	,				
Farming	2 (66.7)	1 (33.3)	3	13.352	6	0.038
Petty trading	26 (38.2)	42 (61.8)	68			
Artisans	6 (75.0)	2 (25.0)	8			
Businessman	6 (85.7)	1 (14.3)	7			
Civil servant	1 (50.0)	1 (50.0)	2			
White collar job (Private)	6 (85.7)	1 (14.3)	7			
Others	5 (55.6)	4 (44.4)	9			
Marital status	, ,	, ,				
Single	1 (50.0)	1 (50.0)	2	0.000	1	1.000
Married	50 (50.0)	50 (50.0)	100			
Divorced	1 (50.0)	1 (50.0)	2			
Tribe		, ,				
Hausa	46 (48.4)	49 (51.6)	95	1.095	1	0.295
Fulani	6 (66.7)	3 (33.3)	9			

The statistically significant association between occupation of respondents and their awareness of climate change was also reported in neighboring Niger Republic.²⁰ Our study found higher awareness for those in business than farming. A possible explanation for this is that those in business were more exposed to climate change information. The commonest energy used for cooking by respondents was fuel wood. This is similar to the findings of other Nigerian researchers.^{21,22} The implication of this is that trees will be felled in order to get woods for cooking by the respondents, which would lead to more deforestation.

This is so because deforestation is already an environmental problem in Nigeria, a country ranked as having the highest rate of deforestation of primary forest in the world in 2005.23 Furthermore, Nigeria is among countries with the highest deforestation rates globally, with about 450,000 to 600,000 hectares of forest lost annually.24-²⁵ Deforestation has both environmental and public health implications. Some of its environmental implications include desertification, soil erosion, fewer crops, flooding, increased greenhouse gases in the atmosphere, climate change, and loss of habitat by plant and animal species.23

Table 3: Associations between socio-demographic characteristics and tree planting practice in the last $1\ \text{year}$

Variable	Planted tree in last 1 year			X ²	df	p-value
	Yes (n=29)	No (n=75) n (%)	Total n=104	_	-	•
Age (year)						
≤29	6 (31.6)	13 (68.4)	19	5.389	3	0.145
30-39	12 (42.9)	16 (57.1)	28			
40-49	6 (18.2)	27 (81.8)	33			
≥50	5 (29.8)	19 (79.2)	24			
Sex	,	, ,				
Male	24 (26.4)	67 (73.6)	91	0.827	1	0.363
Female	5 (38.5)	8 (61.5)	13			
Education	, ,	, ,				
No formal education	1 (50.0)	1 (50.0)	2	7.310	4	0.120
Qur'anic	6 (18.2)	27 (81.8)	33			
Secondary	7 (26.9)	19 (73.1)	26			
Tertiary	15 (40.5)	22 (59.5)	37			
Others	0 (0.0)	6 (100.0)	6			
Occupation	,	,				
Farming	1 (33.3)	2 (66.7)	3	5.986	6	0.425
Petty trading	22 (32.4)	46 (67.6)	68			
Artisans	3 (37.5)	5 (62.5)	8			
Businessman	2 (28.6)	5 (71.4)	7			
Civil servant	0 (0.0)	2 (100.0)	2			
White collar job (Private)	1 (14.3)	6 (85.7)	7			
Others	0 (0.0)	9 (100.0)	9			
Marital status	()	- ()	-			
Single	0 (0.0)	2 (100.0)	2	1.260	2	0.532
Married	28 (28.0)	72 (72.0)	100			
Divorced	1 (50.0)	1 (50.0)	2			
Tribe	()	- ()	_			
Hausa	28 (29.5)	67 (70.5)	95	1.379	1	0.240
Fulani	1 (11.1)	8 (88.9)	9		_	
Awareness of climate	. ()	- ()	-			
change						
Aware	14 (26.9)	38 (73.1)	52	0.048	1	0.827
Not Aware	15 (28.8)	37 (71.2)	52		_	

Its health effects on populations include increase incidence of malaria, schistosomiasis, leishmaniasis, West Nile Virus, Nipah virus, Lyme Disease. These diseases occur as a result of dispersion of disease-carrying hosts.^{23, 26-27}

Although half of the respondents were aware of climate change, only about a quarter planted trees the year preceding our study. This is likely due to a poor understanding of climate change and its link with reforestation. This knowledge gap, coupled with high use of fuel-wood and poor practice

of planting of trees in the community will have negative impacts on the environment and health of the population. One limitation of this study is that our results on climate change awareness may not necessarily reflect the actual situation amongst household heads because our data was not entirely collected from household heads. In households where the heads were not available to respond to our questionnaire, their wives or children responded on their behalf.

Conclusion: The results indicated that only half of respondents were aware of climate change. There was high use of wood as cooking fuel with low tree planting. Tree planting was not associated with climate change awareness. There is therefore the for continuous climate change education and mitigation campaign in the study area by the Ministry of Environment and other relevant stakeholders in the state. The campaign should extensively use both mass media (radio) and community channels (local health care workers and agricultural extension workers) and it should stress the importance of planting trees as a mitigative measure against climate change. There is need to educate, encourage and support the community to use clean cooking energy such as liquefied petroleum gas (LPG), which is cleaner, portable, and convenient and has higher heating temperature among others.

REFERENCES

- 1. Lema MA, Majule AE. Impacts of climate change variability and adaptation strategies on agriculture in semi-arid areas of Tanzania: The case of Manyoni District in Singida Region, Tanzania. African Journal of Environmental Science and Technology. 2009; 3(8): 206-218. DOI: 10.5897/AJEST2018.2481
- Kangalawe RYM, Lyimo JG. Climate change, adaptive strategies and rural livelihoods in semi-arid Tanzania. Natural Resources, 2013; 4: 266-278. <u>DOI:</u> 10.4236/nr.2013.43034.
- 3. Aba SC, Ndukwe OO, Amu CJ, Baiyeri KP. The role of trees and plantation agriculture in mitigating global climate change. African Journal of Food, Agriculture, Nutrition and Development, 2017; 17(4): 12691-12791. DOI:10.18697/AJFAND.80.15500

- 4. Samuel OO, Michael A, Mandlemi BN. Determinants of climate change and awareness among rural farming households in South Africa. Journal of Economics and Behavioural Studies, 2018; 10(5): 116-124.

 DOI:https://doi.org/10.22610/jebs.v10 i5(J).2502
- 5. Hummel D. Climate change, land degradation and migration in Mali and Senegal Some policy implications. Migration and Development, 2016; 5(2): 211-233.

 DOI:10.1080/21632324.2015.1022972
- 6. Ibrahim M. Climate change? What climate change? Nigerian farmers not being reached on awareness part of a special project that explores the impact of climate change on the food security and livelihoods of small scale farmers in Kenya, Nigeria, Senegal and Zimbabwe. [Accessed on 10 April, 2020]. Available from: http://www.thenewhumanitarian.org/feature/2017/07/05/climate-change-what-climate-change-nigerian-farmers-not-being-reached-awareness
- 7. Union of Concerned Scientists. Tropical deforestation and global warming. [Accessed on 19 December 2019]. Available from:

 https://www.ucsusa.org/resources/tropical-deforestation-and-global-warming
- 8. United Nations Environment Programme.
 Climate change challenges for Africa:
 Evidence from selected EU-funded research projects, April 2012. [Accessed on 19 December 2019] Available from:
 https://wedocs.unep.org/handle/20.500.
 11822/8656
- 9. Pugliese A, Ray J. Awareness of climate change and threat vary by region. [Accessed on 19 December 2019]. Available from:

 https://news.gallup.com/poll/124652/a
 wareness-climate-change-threat-vary-region.aspx
- 10. Oduniyi OS. Climate change awareness: A case study of small-scale maize farmers in Mpumalanga province of South Africa. A dissertation submitted at the Department of Agriculture and Animal Health, University of South Africa, Pretoria, 2014. [Accessed on 20 February 2020]. Available from:

http://uir.unisa.ac.za/handle/10500/13677.

- 11. Odjugo PAO. Analysis of climate change awareness in Nigeria. Academic Journals, 2013; 8(26): 1203-1211. DOI: 10.5897/SRE11.2018
- 12. Beyioku J. Climate change in Nigeria: A brief review of causes, effects and solutions, 2016. [Accessed on 10 April 2020]. Available from: https://fmic.gov.ng/climate-change-nigeria-brief-review-causes-effects-solution
- 13. Chukwuji CN, Chukwuji A, Tsafe AG, Sayudi S, Yusuf Z, Zakariya J.
 Awareness, access and utilization of information on climate change by farmers in Zamfara State, Nigeria. [Accessed 10 January, 2020.]. Available from:
 https://digitalcommons.unl.edu/cgi/viewcontent.cgi?article=5476&context=libphilprac
- 14. Juana JS, Kahaka Z, Okurut FN. Farmers' perception and adaptation to climate change in Sub-Saharan Africa: A synthesis of empirical studies and implication for public policy in African Agriculture. Journal of Agricultural Science, 2013; 5(4): 121-135. DOI:10.5539/jas.v5n4p121
- 15. Abdulkareem AY, Yusuf MO, Oyeniran S. A survey of the perception of teachers and students on climate change: Implications for curriculum development. In: Climate change and sustainable development in Africa, Edited by Oloyede IO. Proceedings of the 2nd University of Cape Coast and University of Ilorin joint International conference, Ilorin: The Library and Publication Committee, University of Ilorin, 2012; pp 13-30.
- Idoma K, Mamman M. Access and utilization of climate change information and support services among vulnerable communities in Agatu LGA, Benue State, Nigeria. International Journal of Science for Global Sustainability.2016; 2(2): 46-63.
- 17. Annor-fremong F, Nana-Acquah HD. Level of awareness, impact and coping strategies to deal with effect of climate change on agricultural development: Perception of agricultural extension agents in Ghembi. In: Climate change and sustainable development in Africa, Edited by Oloyede IO. Proceeding of the 2nd University of Cape Coast and University of Ilorin joint conference, Ilorin: The Library and Publication ommittee, University of Ilorin, Nigeria, 2012; pp 413-429.

- 18. Nwagabara MO, Nwagabara OO. The role of Radio station in creating awareness of climate change among crops farmers in Abia State. International Journal of Social Sciences and Humanities Invention, 2017; 4(4): 3452-3459.

 DOI:10.18535/ijsshi/v4i4.09
- 19. Maponya P, Mpandeli S. Climate change and agricultural production in South Africa: Impacts and adaptation options. Journal of Agricultural Science; 2012; 4(10): 48-60. DOI:10.5539/jas.v4n10p48
- 20. Ado AM, Lesham J, Savadogo P, Shab AA. Farmers' awareness and perception of climate change impact: case study of Aguie district in Niger. Environment, Development and Sustainability. 2019; 21:2963-2977. DOI:10.1007/s10668-018-0173-4
- 21. Megbowon E, Mukarumbwa P, Ojo S, Olalekan OS. Household cooking energy situation in Nigeria: Insight from National Malaria Indicator Survey 2015. International Journal of Energy Economics and Policy. 2018; 8(6): 284-291. DOI: 10.32479/jjeep.6913
- 22. Olugbire OO, Aremu FJ, Opute OH, Ojedokun CA, Olawale OO, Adisa A. Determinants of household cooking energy choice in Oyo State, Nigeria. Russian Journal of Agricultural and Socioeconomic Sciences.2016; 4 (52): 28-36. DOI: 10.18551/rjoas.2016-04.04
- 23. Inyang MP, Esohe KP. Deforestations, environmental sustainability and health implications in Nigeria: a review. International Journal of Science, Environment and Technology, 2014; 3(3): 502-517
- 24. Osayande I. Nigeria ranks highest in deforestation rate globally, says NEWMAP boss. [Accessed on 15 August 2020]. Available from:

 https://www.environewsnigeria.com/nigeria-ranks-highest-in-deforestation-rate-globally-says-newmap-boss.
- 25. McDermott M. Ten countries with the highest deforestation rates in the world. [Accessed on 15 August 2020]. Available from:

 https://www.treehugger.com/countries-with-the-highest-deforestation-rates-in-the-world-4858771
- 26. Colfer CJP, Sheil D, Kaimowitz D, Kishi M. Forests and human health in the tropics: some important connections. [Accessed on

- 15 August 2020]. Available from: http://www.fao.org/3/a0789e02.htm
- 27. Zimmer K. Deforestation is leading to more infectious diseases in humans. [Accessed on 15 August 2020]. Available from:

 https://www.nationalgeographic.com/science/2019/11/deforestation-leading-to-more-infectious-diseases-in-humans