# EFFECT OF CRUDE PROTEIN LEVELS AND FOLLICLE STIMULATION ON EGG PRODUCTION OF AGED HENS

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**Summary:** The effects of varying levels of crude protein and follicle stimulation were studied on the recovery and performance of one hundred post moulted, aged, Nera Black Hens. Moulting was induced at production capacity of 33.6%. The birds were thereafter randomly assigned to four (4) groups (each of two replicates). Two groups received 16% crude protein (CP) level diets and the other two groups, 32%. One each of the two groups received follicle stimulation, induced by administration of Clomifene citrate (1.5mg/kg) via cathetered 5ml syringe through the 10week experimental period, with feed and water offered *ad libitum*. Egg production ceased on day 5 of forced moulting. Postmoult menarche and return to pre-moult status had occurred on days 4 and 8 respectively in all the groups. Post-moult hen-day peak production performance was 87.5%, 91.7%, 68.0% and 83.3% for birds assigned to 16% CP diet without follicle stimulation (Group 1) – control), 16% CP diet plus follicle stimulation (Group 2), 32% CP diet without follicle stimulation (Group 3) and 32% CP plus follicle stimulation (Group 4). Post-moult mean weekly production performance was 69.66%; 67.26%; 56.40% and 63.69% for groups 1,2,3 and 4 hens respectively. Follicle stimulation enhanced post-moult production performance especially the hen-day performance in birds on 16% CP diet. Higher protein diet did not per se enhance peak production, post-moult meanarche and return to pre-moult status.

Key Words: Moulting; Aged hens; Crude protein; Follicle Stimulation Hen-day, menarche.

# Introduction

Moulting (resting) in birds is a physiological phenomenon as in most animals. It is characterized by shedding of feathers along with a suspension of egg production during this period of rest thus bringing about a condition that allows time for tissue regeneration. Moulting has been induced through various manipulations using drugs (Swanson and Bell, 1970), nutrition (Zvykas, 1977; Odunsi et al, 2002) and a combination of nutrition and photoperiod (Dubinskii et al, 1973; Oguike and Ezeoke, 2003). Various investigators have reported increases in egg production of birds induced to moult (Decuypere and Verheyen, 1986 and Bar et al, 2001). A production of between 70-75% has been reported in force moulted birds (Swanson and Bell 1970). Moniterio et al (1971) reported no significant difference in egg production between force and naturally moulted birds. Available information have generally centered on younger birds with a first moulting experience (Odunsi et al, 2002; Oguike and Ezeoke, 2003). There is however a paucity of information on older birds with or without previous moulting experiences and the effects of varying crude protein intake and follicular stimulation on moulting dynamics.

This study was therefore undertaken to investigate the effects of varying levels of crude protein (CP) and follicle stimulation (FS) on post moulting (PM) recovery and performance in aged (756 days) Nera Black Hens (NBH).

# **Materials and Methods**

One hundred, 108-week old NBH at 92 weeks in lay were used in the study. Production capacity of the fowls at the commencement of force moulting was 33.6%. The birds were individually housed in standard battery cages. Moulting was induced by an adaptation of the method by Odunsi *et al* (2001). Briefly; the birds were deprived of feed and water for 3days, followed by feed withdrawal alone for the next 2days. Ground maize at 30g/hen/day was provided for the next 2days and water alone for another 3days. Finally ground maize plus 0.025g/kg layers premix was given for the next 2days and water alone for the final 3days of the moulting protocol.

At the end of 15days, the moulted birds were randomly assigned to Four (4) groups of varying CP levels in diets diets plus (+) or without FS as follows:

 $\begin{array}{l} Group \ 1 \ - \ 16\% \ (16\% \ CP \ without \ FS \ - \ Control) \\ Group \ 2 \ - \ 16\% \ + \ (16\% \ CP \ + \ FS \ ) \\ Group \ 3 \ - \ 32\% \ \ (32\% \ CP \ without \ FS \ ) \\ Group \ 4 \ - \ 32\% \ + \ (32\% \ CP \ + \ FS \ ) \\ \end{array}$ 

Each group of 50 birds was divided into two replicates of 25 birds each. Follicle stimulation was induced by the administration of Clomifene citrate (<u>CC</u>). Clomifene citrate induces fertility through stimulation of ovulation in human subjects by stimulating the production of pituitary gonadotropins. Five tablets of <u>CC</u> (50mg each) were suspended in 25ml of table water. Each hen received a dose of 1.5mg/kg body weight by gavage via catheter attached to 5ml syringe between 7.00 am. - 8.00 am daily for 10 weeks (70 days). Feed and water were given *ad libitum*. Egg production, as an index of folliculation, was recorded daily.

#### Experimental Design and Statistical Analysis:

The experimental design was Completely Randomized Factorial. Data collected were analyzed using general linear model of SPSS package. A p<0.05 was considered significant.

#### Results

Egg production ceased on day 5 of FM. Post moult menarche was noticed in group 1

3.

4.

32%

32% +

(control) on day 1; in groups 3 and 4 on day 3 and in group 2 on day 4 after FM. (Table 1). On the average, egg production returned to the pre-moult status of 33.6% on the 8<sup>th</sup> after FM (Table 1).

The attainment time (day) of PM peak hen-day production performance is shown in Table 2. Group 2 hens peaked at 91.7% on day 49 after FM compared to groups 1,3 and 4 that peaked at 87.5%, 68.0%, and 83.3% on days 34, 27 and 28 respectively.

Table 3 shows the average weekly egg production recovery performance of the aged hens. Groups 1, 3 and 4 peaked on week 4 at 69.66%, 56.40% and 63.69% compared to group 2 that peaked on week 7 at 67.26%. The mean egg production performance during the 10 - week treatment period was 59.48%; 54.70%; 45.01% and 54.40% respectively for groups 1,2,3,4. Compared to the other groups, the mean egg production of group 3 (32%CP) hens was significantly lower (P<0.05). Apart from group 2 where the weekly egg production appears relatively constant after week 4, production in all other groups showed a decreasing pattern after week 4 (Table 3).

Table 4 shows significant differences between treatment durations (week) and between CP but not between drug application in the overall study. Interactions between duration of treatment and CP as well as the interaction between drug application, duration of application and CP together significantly effected performance. There were no significant interactions between the effects of drug application and treatment duration (both on daily and weekly basis) on performance.

Day 8

Day 8

GroupTreatmentMenarche TimeReturn To Pre-<br/>(Day)116%Day 1Day 92.16%+Day 4Day 8

Day 3

Day 3

Table 1: Time (days) of Post Moult-Menarche and Return to Pre-moult Status

Crude protein level manipulation and Moulted, Aged Hens

Table 2: Post Moult (PM) Hen-day Production Peak (%)

Group	Treatment	Hen Day Peak (%)	Time (Day)
1	16%	87.5	Day 34
2.	16%+	91.7	Day 49
3.	32%	68.0	Day 27
4.	32%+	83.3	Day 28

Table 3: Peak Weekly Production Performance Recovery of PM, Aged Hens as affected by CP and FS Treatment. -

GROUP						
Weel	k 1	2	3	4		
Week	16%	16%+	32%	32%+		
1	9.53	5.94	13.4	13.70		
2	47.63	45.83	39.43	50.59		
3	63.69	57.16	54.29	57.16		
4	69.66*	61.91	56.40*	63.69*		
5	66.07	64.87	54.29	60.11		
6	64.29	60.69	49.71	58.93		
7	61.30	67.26*	47.43	51.19		
8	55.96	60.13	47.43	47.03		
9	54.77	60.73	45.14	54.79		
10	51.79	62.44	42.86	44.64		
Mean	59.48 <sup>a</sup>	$54.70^{a}$	45.01 <sup>b</sup>	$54.40^{a}$		
SE	7.47	7.12	5.62	6.34		

Means in the row followed by the same superscript are not significantly different (p>0.05).

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PM, Post-moult; CP: crude protein; FS: Follicular stimulation.

Table 4: Mean Squares for the effects of CP, FS. Treatment duration (week) and their interactions on the post-moult recovery performance of aged hens

Source of Variation	n Df	Mean Square		
CP	1	3563.93*		
Drug	1	455.05 <sup>ns</sup>		
Week	9	6392.85*		
Day	6	147.57 <sup>ns</sup>		
CP + Day	6	380.43 <sup>ns</sup>		
CP + Week	9	3334.50*		
CP + Drug + Day	27	240.63 <sup>ns</sup>		
CP + Drug + Week	39	1687.46*		
Drug + Week	9	36.58 <sup>ns</sup>		
Drug + CP	1	376.0 <sup>ns</sup>		
* = Signi	<i>Significant (p&lt;0.05)</i>			
ns = Not s	<i>Not significant</i> ( <i>p</i> >0.05)			
CP = Crud	Crude Protein			

Peak attainment in Weekly Production Performance.

# Discussion

Post - moult menarche occurred between days 1 and 4 in all the groups in this study. The achievement of the peak of 87.5% on the 34<sup>th</sup> day (6 weeks) post moult by the hens on control diet (Group 1 - 16% without follicle stimulation), indicates a better performance over the report of Odunsi et al, (2002) on Black Harco layers subjected to moulting at 82 weeks of age. Post moult laying performance reached above 60% only after six weeks of feeding. It is also superior to the Lohman layers subjected to moulting at an older age of 128 weeks by Oguike and Ezeoke, (2003). Post moult egg production reached 50% at 6weeks and peaked at 63% by the  $8^{th}$ week. PM menarche in these birds was noticed on day 6 with a comparable layer diet. The improved performance in the current study can be attributed to the older age of the hens, when compared to the Black Harco, and to their younger age when compared to the Lohman layers. This observation could be a pointer to an age at which post moult recovery in aged hens could be optimum. Both the breed and management factors could be at play when the two other breeds are taken together in comparison with the result of this study. A further explanation is that during the feed restriction period, the body draws on its tissue reserves for sustenance. The birds in this study were thus able to regenerate their tissues apparently faster than the younger Black Harco hens (with higher metabolic rate), probably because less wasting of their body tissues took place during the period of feed restrictions, and the older Lohman hens (with probably lower efficiency in feed utilization). It was therefore easier for them to resume another production phase as soon as normal feeding commenced. This age of hens could therefore be seen to have shown a greater sensitivity to the moulting treatment. The attainment of premoult capacity within the first 8 days PM and the relatively quick attainment of various peak production performances are obvious indications that production loss, on account of moulting, could be easily recouped at such an age in adequately managed laying hens.

The better performance of group 1 hens compared with group 3 (with doubled CP level in their diet) nullifies the need for higher CP inclusion in the diets of aged laying hens. This is because such indices as PM menarche and return to pre-moult production capacity (Table 1); peak production level and its day of attainment (Table 2) all suggest that the animals that received 16% CP diet showed better performance compared with 32% CP diet (Table 3).

This observation is buttressed further by the fact that the group 3, that received 32% CP diet without FS peaked only at 68% PM hen-day production. This is significantly lower than all the other groups. Group 4, that received 32% CP + peaked at 83.3%, a value, numerically lower than the group 1 fed 16% CP and group 2 fed 16% CP + though the differences were not significant. (Table 2)

Clomifene citrate treatment enhanced the attainment of higher PM hen-day peak production compared with their untreated counterparts in both groups 2 and 4 (Table 2). It enhanced weekly production performance in group 4 birds over their untreated counterparts and extended the period of higher production levels in group 2 hens, resulting in higher peak weekly production performance of this group over groups 3 and 4 (Table 3). The mean weekly egg production performance during the experimental period suggests group 1 as having the best performance of all the groups compared to groups 2 and 4, while the production performance of group 3 hens was significantly lower than all the other groups (Table 3). These observations might not support the application of follicle stimulation (FS) and the inclusion of higher crude protein level (CP) in the diet of post - moulted (PM) aged laying hens.

The results from this study therefore indicate that 16% CP and follicular stimulation significantly enhanced PM hen day production. Dietary manipulation does not impact PM menarche (Table 1). Thus, higher protein level did not per se enhance peak production, return to pre-moult production status, and PM menarche both in capacity and in timing. The significantly higher overall weekly performance of hens fed with 16% CP without FS (Group 1) than those fed 32% CP without FS (Group 3) and its non-significant (p>0.05) higher value over the 16% CP + (Group 2) and 32% CP + (Group 4) rations make FS and higher protein inclusion in the diets of PM, aged, laying hens necessary, probably only for specific, targeted purposes such as when there is the need to overstrech old layers prior to an impending culling programme.

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