

Nig. Vet. J., December 2024 https://dx.doi.org/10.4314/nvj.v45i4.3 Vol 45(4): 26- 36. ORIGINAL ARTICLE

### Heavy Metal Residues: Effect of Boiling on Different Singeing Methods in Enugu State, Nigeria.

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#### ABSTRACT

Hides of cattle are cherished as food source. Heavy metal contamination of hide is of great food safety concern due to the materials used in singeing and methods of processing of slaughtered cattle. The study aims to assess the concentration of heavy metal residues and the effect of boiling on singed hides in Enugu State, Nigeria. Twenty hide samples were divided into five equal portions and assigned to group A-E (singed with plastic (A), firewood (B), tyre (C), combination of the above (D), and un-singed (E)). After singeing, each group was boiled at 1000C for 30 minutes and the meat tested for heavy metal concentration. The toxicity of the water effluent from singed washed hide was analysed using brine shrimp lethality test with 450 larvae assigned in groups of A to E of 10 each in triplicates. Data generated were subjected to one way ANOVA and significance was accepted at p < 0.05. The study showed that group A-D from Enugu slaughterhouse had mean concentrations of lead  $0.0549 \pm 0.0099$ ,  $0.0394 \pm 0.0081$ ,  $0.0446 \pm 0.0086$ ,  $0.0806 \pm 0.0678$  and  $0.0220 \pm 0.0057$  mg/kg respectively. Boiling of the singed hides did not significantly (P > 0.05) reduce the heavy metal concentration. The brine shrimp lethality test showed that the LC50 of effluents singed with plastic, firewood, tyres and combination of the three methods were 1051.27, 1292.29, 1384.25 and 1258.65 ppm at 95% confidence interval, respectively. Few samples that exceeded the maximum permissible levels may pose human health risk to beef consumers.

Key words: Heavy metals, singeing, brine shrimp, lead, cadmium, copper.

#### INTRODUCTION

Environmental pollution and contamination with heavy metals is regarded as one of the major public health problems as the metals cannot be degraded and may stay permanently in the environment (Obioha *et al.*, 2016). Singeing of hides is a common practice in Southeast, Nigeria where butchers use different materials such as damaged tyres, plastics, polythene, spent engine oil and kerosene to fuel woods during singeing process. In African countries, singeing is largely favored because it maintains the carcass hide for consumption and evokes flavors in meat that are highly acceptable by the local populace (Food and Agriculture Organization (FAO), 1985).

In Nigeria, cattle graze and drink water from ditches, rivers, streams which are possible contaminated water sources (Felix et al. 2016a). They also graze along water runways and other water sites that might have been contaminated with heavy metals substances hence the risk of exposure to high levels of metal contaminant which accumulates in organs and other tissues of animals. Heavy metals toxicity can also be transferred to meat by intake of feed contaminated with agricultural chemicals, respiration of polluted air, automobile emissions, and drinking of polluted water (Felix et al. 2016a). These heavy metals bio-accumulate mostly in organs and tissues of these animals and toxicity depends on dosage, method of processing and duration of exposure (Felix et al. 2016a; Felix et al. 2016b). Heavy metals have been reported to accumulate in muscle, liver and kidney of cattle by some researchers (Akan et al., 2010; Ambushe et al., 2012; Bala, et al., 2012 and Badis et al. 2014). Okiei et al. (2009) reported that singeing of hides damaged tyre could contaminate the environment, meat products, and have strong adverse health effect in humans. Food is one of the principal environmental sources of Cadmium (Cd) in humans (Baykov et al., 1996; Felix et al., 2016a). Cupper (Cu) is reported to accumulate more in the liver and kidney, with excessive levels resulting in Wilson's disease condition (Gautam and Irfan, 2011; Obioha et al., 2022). Higher dose of Lead (Pb) in the body was reported to result in "Lead poisoning" toxicity (WHO, 1996, Felix et al., 2016b). Information about the level of heavy metal residues in slaughtered cattle; brine shrimp lethality assay using the effluents from washing of hides contaminated with heavy metals; and the effect of boiling on different singeing methods in Enugu State, Nigeria is largely unknown. Therefore, the aim of this study was to assess heavy metal residues in slaughtered cattle; conduct brine shrimp lethality assay using the effluents from washing of hides contaminated with these substances; and the effect of boiling on different singeing methods in Enugu State, Nigeria.

#### MATERIALS AND METHODS

#### **Study Area**

The study areas are Enugu metropolis and Nsukka urban in Enugu State, Nigeria (fig 1). The State is made up of 17 Local Government Areas, which are grouped into three Senatorial zones namely Enugu North, Enugu West and Enugu East. The State population is estimated to be 3,257,293 according to National population Commission in 2006 (NPC). The major towns in Enugu State are Enugu metropolis and Nsukka urban. Enugu metropolis is on latitude of 6°27'30.12"N and a longitude of 7°30'37"E with a population of 722,664 people. While Nsukka urban lies at the latitude of 6°51'24"N and longitude of 7°23'45"E with a population of 309, 633 people (Obioha *et al.*, 2022 and Obioha *et al.*, 2024).

#### **Study Design**

#### Experiment1: Effect of different singeing methods on the concentration of heavy metal residues in the hides of cattle

Method of Adam *et al.* (2013) was used with little modification. Twenty cattle were selected from Nsukka slaughterhouse using systematic random sampling. Twenty hide samples (200 g) were collected and each of the hides was divided into 5 equal parts (20g) and was assigned into five groups which were subjected to singeing

using 4 different materials; plastic /polystyrene materials (A); firewood mixed with kerosene (B); spent tyres (C); combination of A, B & C (D); and Un-singed hide was used as control (E). After singeing, each group was boiled at 100<sup>o</sup>C for 30 minutes. Ten gram of the hide samples were used for the analysis.

## **Experiment 2: Brine Shrimp lethality test of the waste water samples**

About 20 ml of waste water from each group (iiv) were collected and tested for heavy metal concentration. Water samples from washing of singed hides were collected using clean plastic containers free of debris. They were separated into 4 groups of triplicates. Graded concentrations of the effluent (10, 100 and 1000 ppm) of the sample was added to each group and sea water was added to the control group (Eke et al., 2013). The nauplii were incubated at room temperature for 24 hours after which the survivors in each group were counted. The mean surviving nauplii were determined for each concentration of the effluent and compared with that of the control (Eke et al., 2013). Median concentration or LC50 was determined using Finney Probit Analysis computer software.

#### Sample Processing and Screening for Metal Residues (Wet digestion)

The methods of Adrian, (1973) and Obioha *et al.* (2022) were used. About 2 g of the dried sample were weighed into a digestion flask after which 20 ml of the acid mixture (650 ml concentrated (conc.) HNO<sub>3</sub>; 80 ml perchloric acid; 20 ml conc. H<sub>2</sub>SO<sub>4</sub>) were added. Samples were heated until a clear digest was obtained. Each digested sample was later diluted with distilled water to the 100 ml mark. Each sample was thoroughly mixed by shaking, and 100 ml of it was transferred into a glass beaker of 250 ml volume,

to which 5ml of conc. nitric acid was added and was heated to boil till the volume was reduced to about 15-20 ml and digested by adding conc. nitric acid in increments of 5 ml till all the residues were completely dissolved. The mixture was cooled, transferred to a beaker and made up to 100ml using metal free distilled water. The sample was aspirated into the oxidizing air-acetylene flame and the sensitivity of 1% absorption was observed in the process.

#### **Data Processing and Analysis**

Data generated from the study were statistically analyzed using SPSS version 20. Descriptive statistics was performed on the generated data, which was converted to percentages, and presented in tables and graphs. The generated data were subjected to one-way analysis of variance (ANOVA) and significance was accepted at p < 0.05.

#### RESULTS

## Concentration of heavy metals using different singeing methods

For lead, mean concentrations of  $0.0549 \pm 0.0099$ mg/kg, 0.0394  $\pm$  0.0081 mg/kg, 0.0446  $\pm$  0.0086 mg/kg,  $0.0806 \pm 0.0678$  mg/kg and  $0.0220 \pm$ 0.0057 mg/kg were recorded in samples singed with plastic (A), singed with firewood (B), singed with tyre (C), combination of plastic, firewood and tyre (A,B,C), and un-singed hide respectively (Figure 2). Hides singed with plastic materials were significantly (p < 0.05) higher when compared with un-singed hide Concentrations of heavy metals observed with the three singeing materials in the hide samples were significantly (p < 0.05) higher than those of the individual singeing materials (firewood and tyre). Cadmium recorded mean concentrations of

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**Figure 1:** map of the study area showing the sample collection points (Obioha *et al.*, 2022 Obioha *et al.*, 2024)

 $0.0093 \pm 0.0022$  mg/kg,  $0.0051 \pm 0.0015$  mg/kg,  $0.0044 \pm 0.0013$  mg/kg,  $0.0145 \pm 0.0027$  mg/kg and  $0.0057 \pm 0.0045$  mg/kg in samples singed with plastic, singed with firewood, singed with tyre, combination of plastic, firewood and tyre, and un-singed hide respectively (Figure 2). There was no statistical significant difference (p > 0.05) observed with the three singeing materials in the hide samples when compared with those of the individual singeing materials and the un-singed. Copper had mean concentrations of 0.0098 ± 0.0019 mg/kg,  $0.0077 \pm 0.0017 \text{ mg/kg}, 0.0092 \pm 0.0020 \text{ mg/kg},$  $0.0182 \pm 0.0031 \text{ mg/kg}$  and  $0.0034 \pm 0.0011$ mg/kg in samples singed with plastic, singed with firewood, singed with tyre, combination of plastic, firewood and tyre, and un-singed hide respectively (Figure 2). Hides singed with plastic materials were significantly (p < 0.05) higher when compared to un-singed hide. Concentrations of heavy metals observed with the three singeing materials in the hide samples were significantly (p < 0.05) higher than those of the individual singeing materials (firewood, tyre and plastic).



Figure 2: Concentration of heavy metal in different singeing methods

# The effect of waste water/effluents from the washing of carcasses on brine shrimp lethality (*Artemia salina* lethality).

The waste water from the washing of the samples singed with plastic materials recorded a mortality rate of 46.7 %, 23.3 % and 3.3 % in concentration of 1000 ppm, 100 ppm and 10 ppm respectively (Table 1). While samples singed with firewood had the mortality rate of 43.3 %, 26.7 % and 3.3 % in concentration of 1000 ppm, 100 ppm and 10 ppm respectively (table 1). Samples singed with spent tyres had a mortality rate of 26.7%, 23.3 %, and 6.7% in concentration of 1000 ppm, 100 ppm and 10 ppm respectively (Table 1). Samples singed with combination of plastic materials, firewood and tyres had a mortality rate of 43.3 %, 26.7 % and 10 % in concentration of 1000 ppm,

100 ppm and 10 ppm respectively (Table 1). The waste water from the un-signed hides recorded zero percent mortality in all the concentrations (1000 ppm, 100 ppm and 10 ppm). Brine shrimp lethality test as shown in Table 1, gave the LC<sub>50</sub> of the waste water singed with plastic material 1051.27 ppm, firewood 1292.29 ppm, tyres 1384.25 ppm and combination of all the methods 1258.65 ppm at 95 % confidence interval respectively.

## Effect of boiling on heavy metal content in singed hides

For lead, mean concentrations of  $0.0549 \pm 0.0099$  mg/kg,  $0.0394 \pm 0.0081$  mg/kg,  $0.0446 \pm 0.0086$  mg/kg and  $0.0806 \pm 0.0678$  mg/kg were recorded in samples singed with plastic materials (A),

firewood (B), tyres (C) and combination of A, B & C before boiling while  $0.0375 \pm 0.0076 \text{ mg/kg}$ ,  $0.0294 \pm 0.0070 \text{ mg/kg}, 0.0289 \pm 0.0064 \text{ mg/kg}$ and  $0.0492 \pm 0.0096$  mg/kg were recorded in samples singed with plastic (A), firewood (B), tyre (C) and combination of plastic, firewood and tyre after boiling respectively (Fig.3). For cadmium mean concentrations of  $0.0093 \pm 0.0022$ mg/kg,  $0.0051 \pm 0.0015$  mg/kg,  $0.0044 \pm 0.0013$ mg/kg and  $0.0145 \pm 0.0027$  mg/kg were recorded in samples singed with plastic materials (A), firewood (B), tyres (C) and combination of A, B & C before boiling while  $0.0093 \pm 0.0022 \text{ mg/kg}$ ,  $0.0051 \pm 0.0015 \text{ mg/kg}, 0.0044 \pm 0.0013 \text{ mg/kg}$ and  $0.0145 \pm 0.0027$  mg/kg were recorded in samples singed with plastic (A), firewood (B), tyre (C) and combination of plastic, firewood and tyre after boiling respectively (Fig.3). Copper had mean concentrations of  $0.0098 \pm 0.0019$  mg/kg,  $0.0077 \pm 0.0017 \text{ mg/kg}, 0.0092 \pm 0.0020 \text{ mg/kg}$ and  $0.0182 \pm 0.0031$  mg/kg recorded in samples singed with plastic materials (A), firewood (B), tyres (C) and combination of A, B & C before boiling while  $0.0079 \pm 0.0022$  mg/kg,  $0.0055 \pm$  $0.0017 \text{ mg/kg}, 0.0066 \pm 0.0018 \text{ mg/kg}$  and 0.0115 $\pm$  0.0025 mg/kg were recorded in samples singed with plastic (A), firewood (B), tyre (C) and combination of plastic, firewood and tyre after boiling respectively (Fig.3). Combination of the three singeing materials in the lead and copper samples showed that boiling significantly (p < p0.05) decreased the mean concentration of lead and copper than in those of the individual singeing materials and un-singed hide.

#### DISCUSSION

Concentration of heavy metals using different singeing methods were recorded to be highest in samples singed with combination of the three singeing materials (plastic, firewood and tyres), followed by the samples singed with plastic materials, then samples singed with tyres was the third followed by samples singed with firewood and the un-singed samples were the least. Hide singed with plastic materials were significantly (p < 0.05) higher when compared to un-singed hide. Concentrations of heavy metals observed with the three singeing materials in the hide samples were significantly (p <0.05) higher than those of the individual singeing materials (firewood, tyre and plastic). This study is an indication that the mode of processing and the source of water for washing singed carcasses contributed to accumulation of these heavy metals concentrations in the singed hides. Our result are in agreement with other findings by Essumang et al. (2007), Obiri-Danso et al. (2008) and Adam et al. (2013) who reported high levels of heavy metal concentration in the hides of cattle singed with damaged tyres. However, this result finding contradicts the work of Eremong et al. (2011) who reported decreased level of heavy metal concentration in singed cattle hides.

The Brine shrimp lethality test (BSLT) in this study established the fact that the water effluent contains little potent bioactive compounds. Based on toxicity grading criterion for assessment of effluents and plant extracts (effluents with LC<sub>50</sub> above 1000 ppm are non-toxic, LC<sub>50</sub> of 500 - 1000 ppm are low toxic, effluents with LC<sub>50</sub> of 100 - 500 ppm are medium toxic, effluents with LC<sub>50</sub> of 0 - 100 ppm are highly toxic) by Meyer *et al.* 1982, McLaughlin *et al.* 1991 and Clarkson *et al.* 2004, the compounds were rated non-toxic because of higher LC<sub>50</sub> (plastic material 1051.27 ppm, firewood 1292.29 ppm, tyres 1384.25 ppm and combination of all the methods 1258.65 ppm).

Table 1: The effect of waste water/effluents from the washing of the singed hides on brine shr	imp
lethality test	

GROUPS	CONCENTRATION	NO	NO	%	LC50
	(PPM)	ALIVE	DEAD	MORTALITY	(PPM)
(A) SINGED	1000	5	5		
WITH PASTIC	1000	7	3	46.7	
	1000	4	6		
	100	9	1		1051.27
	100	5	5	23.3	1001027
	100	9	1		
	10	10	0		
	10	10	0		
	10	10	0	3.3	
	10	9	1		
(B) SINGED	1000		3	43.3	
FIREWOOD	1000	4	6	-5.5	
	1000	6	4		
	100	7	3		1292.29
	100	7	3	26.7	
	100	8	2		
	10	10	0		
	10	9	1	3.3	
	10	10	0		
(C) SINGED	1000	7	3		
WITH TYRE	1000	7	3	26.7	
	1000	8	2		
	100	8	2		1384 25
	100	7	3	23.3	1501.25
	100	8	2	23.3	
	10	10	0		
	10	9	1	6.7	
	10	9	1		
(D)SINGED	1000	4	6	42.2	
COMBINATION	1000	6	4	43.3	
A,B&C	1000	7	3		
	100	7	3		1258.65
	100	8	2	26.7	
	100	7	3		
	10	10 7	0		
	10	9	1	10	
	10	8	2	10	

But, continuous consumption of these hides over time might accumulate in the tissues and organs leading to heavy metals toxicity. The Effective concentration<sub>50</sub> (EC<sub>50</sub>) value per general bioactivity was approximately 1/10th of the value of the LC<sub>50</sub> in BSLT (McLaughlin et al., 1991). The EC 50 of the water effluent was approximated to be 105.13 ppm in plastic material, 129.23 ppm in firewood, 138.43 in tyres and 125.87 ppm in combination of all the methods. The surviving nauplii were dull and inactive which was an indication of central nervous system depression, and possibly the bacteria growth in the water effluent (Mac Laughlin et al., 1991; Allurin et al., 2005).

Boiling of singed hides marginally decreased the mean concentrations of Cu and Pb in all the singeing methods except in cadmium concentrations were there was no reduction in the mean concentration. This report revealed that the concentrations of Cu and Pb were still below the recommended Maximum Permissible Levels of the European Commission Regulations and WHO. Our results are in agreement with the findings by Adam et al. (2013). It was speculated that boiling could aid in reducing the heavy metal contents of these meats. The studies however, indicated that boiling singed hides in water has minimal on their heavy effect metal concentrations. Santhi et al. (2008) revealed that heavy metals are not destroyed by heat, and therefore cooking might reduce the heavy metal contents of food products, but these substances are not permanently removed from the meat products.

#### CONCLUSION

The present study showed clearly that slaughtered cattle bio-accumulates different concentrations of heavy metals in hides. The content of lead, cadmium, and copper recorded in slaughtered cattle from Enugu and Nsukka slaughterhouses in the study area falls within similar range recorded in other studies (Essumang et al., 2007; Obiri-Danso et al., 2008; Obioha et al., 2022 and Obioha et al., 2024). But, levels of those samples that far exceeded the maximum permissible levels may therefore pose human health risk to cattle consuming populace of the Nsukka and Enugu communities. It could also be concluded that the presence of the lead, cadmium, and copper concentration in slaughtered cattle in the present study was as a result of environmental factors such as soil, topography and rainfall, singeing methods and materials. Furthermore, singeing of cattle with tyres, plastic materials and firewood increases the contents heavy of metal concentration in the hides. Boiling of these singed hides marginally reduced the heavy metal contamination. Therefore, meat and meat products of slaughtered cattle at Enugu and Nsukka slaughterhouses, Enugu State, Nigeria, seem to be safe for consumption based on the international recommended level.

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