

Images in clinical medicine

Systemic lupus erythematosus: a rare clinical image

 Tejaswee Lohakare,  Kavita Gomase

Corresponding author: Tejaswee Lohakare, Department of Child Health Nursing, Smt Radhikabai Meghe Memorial College of Nursing, Datta Meghe Institute of Medical Sciences, Sawangi (Meghe), Wardha, Maharashtra, India. tejasweelohakare5696@gmail.com

Received: 19 May 2022 - **Accepted:** 31 May 2022 - **Published:** 08 Jul 2022

Keywords: Systemic lupus erythematosus, autoimmune disease, mucosal bleeding, joint pain, photosensitive rash

Copyright: Tejaswee Lohakare et al. Pan African Medical Journal (ISSN: 1937-8688). This is an Open Access article distributed under the terms of the Creative Commons Attribution International 4.0 License (<https://creativecommons.org/licenses/by/4.0/>), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Cite this article: Tejaswee Lohakare et al. Systemic lupus erythematosus: a rare clinical image. Pan African Medical Journal. 2022;42(191). 10.11604/pamj.2022.42.191.35508

Available online at: <https://www.panafrican-med-journal.com//content/article/42/191/full>

Systemic lupus erythematosus: a rare clinical image

Tejaswee Lohakare^{1,&}, Kavita Gomase²

¹Department of Child Health Nursing, Smt Radhikabai Meghe Memorial College of Nursing, Datta Meghe Institute of Medical Sciences, Sawangi (Meghe), Wardha, Maharashtra, India,

²Department of Obstetrics and Gynaecology, Smt Radhikabai Meghe Memorial College of Nursing, Datta Meghe Institute of Medical Sciences, Sawangi (Meghe), Wardha, Maharashtra, India

&Corresponding author

Tejaswee Lohakare, Department of Child Health Nursing, Smt Radhikabai Meghe Memorial College of Nursing, Datta Meghe Institute of Medical Sciences, Sawangi (Meghe), Wardha, Maharashtra, India

Image in medicine

Systemic lupus erythematosus (SLE), is the most common type of lupus. Systemic lupus erythematosus is an autoimmune disease in which the immune system attacks its tissues, causing widespread inflammation and tissue damage in the affected organs. It can affect the joints, skin, brain, lungs, kidneys, and blood vessels. A 12-year-girl visited the outpatient department with the complaint of skin lesions (red color) over sun-exposed areas on the hand, feet, and face. Oral mucosal bleeding, joint pain including knee, shoulder, elbow, and wrist. On physical examination, photosensitive rash and oral bleeding were observed. Laboratories investigation revealed the patient had systemic lupus erythematosus. The patient was referred to the dermatology department for further medical management.



Figure 1: A) erythematous lesions over feet; B) erythematous lesions on palm; C) erythematous lesions over face and bleeding from oral mucosa