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### **Images in clinical medicine**



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## Myelomeningocele, a congenital defect with severe form of spina bifida: a rare clinical image

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#### **Image in medicine**

Myelomeningocele is a severe form of spina bifida in which the spinal cord and nerves develop outside of the body and are contained in a fluid-filled sac that is visible outside of the back area. Spina bifida is a neural tube defect with average incidence of 1-2 cases per 1000 population with female to male ratio of 1.2: 1. These defects occur as a result to a teratogenic process that causes failed closure and abnormal differentiation of the embryonic neural tube. We report a case of 27-year-old multigravida, whose ultrasound findings showed lumbosacral myelomeningocele at 23<sup>rd</sup> weeks. At 30-weeks

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gestation, preterm labor due to premature amniorrhexis and placental abruption, led to the emergency caesarean-section. A female child was born with birth weight of 520 gm, required immediate oxygen and incubator support. A clinical

diagnosis of myelomeningocele, a severe form of spina bifida was made. Newborn was referred to neonatal intensive care for further management.



**Figure 1**: (A,B) myelomeningocele, open spina bifida with a sac of fluid comes through an opening in the baby's back