

# **In Silico Studies on Structural Function of Melanin Concentrating Hormone Receptor 1 Through Docking Approach, Towards Designing Drug for Treating Obesity**

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## **ABSTRACT**

Melanin concentrating hormone receptor 1 is a G-protein coupled protein receptor expressed in the lateral hypothalamus and zona incerta, part of the nervous system that regulates feeding behavior and energy homeostasis. It is involved in the stimulation of appetite, this was seen when synthetic MCHR1 or MCH was administered to mice and it resulted in induced obesity due to the enhanced feeding. Many researchers have successfully find out the functions of several proteins, using computational approach. It is in this context that in this study the structural function of melanin concentrating hormone receptor 1 through docking studies has been done to make sure that those who are working to address the problem of obesity while trying to discover the effective drugs gain much insight about this receptor. The *in silico* methods have been used to predict the model of melanin concentrating hormone receptor 1. The template used for model prediction was human delta opioid receptor with the accession number 4N6H. The predicted model has been evaluated and found to be of good quality. Docking was done to investigate the interaction between the ligand; a bifunctional peptide '*1-oleoyl-r-glycerol*' and the predicted model of melanin concentrating hormone receptor 1 which showed that fourteen residues interacted between the predicted model and ligand. Among interacting residues, it was realized that some of them are involved in sugar metabolism. Thus this study suggests a potential candidate for drug design against cancer and diabetes.

**Keywords:** obesity, MCHR-1, docking, structural function, 3D structure, phylogenetic analysis, interacting residues.

## 1. INTRODUCTION

Melanin concentrating hormone receptor 1 is a G-protein coupled receptor expressed in part of the nervous system that regulates feeding and homeostasis, which are hypothalamus and zona incerta. An experiment done showed melanin concentrating hormone receptor 1 as appetite stimulation where artificial made melanin concentrating hormone receptor 1 or melanin concentrating hormone, when given to mice; increased feeding (Gibson et al. 2004). The world health organization reported obesity as a global epidemic, this disease is associated with multiple severe diseases: like diabetes mellitus, hypertension and cardiovascular diseases which clearly explain the severity of this pandemic disease (Bray and Bellanger 2006).

The induction of obesity is due to dietary contents. High-fat diets are often used to differentiate phenotype of genetically manipulated mice from their wild type control. It has been shown that when knockout mice are fed the dietary rich in fat contents, weight gain was lower compared to the wild type (Chen et al. 2015)

While searching treatments for obesity, researchers have discovered different antagonists for this MCHR1 like 181 quinoline/quinazoline derivatives that are the most potential MCHR1 antagonists found to successfully bind MCHR1 (Wu et al. 2014). The binding of MCH to MCHR1 induces obesity. Fortunately, it has been demonstrated that some small molecules are capable to inhibit this interaction. For instance, bifunctional ligand for inhibiting tight-binding protein-protein interactions (Ivan et al. 2016). Within this angle falls *1-Oleoyl-R-glycerol* ligand or called *(2R)-2,3-dihydroxypropyl (9Z)-octadec-9-enoate* (Kim et al. 2019). The main role of bifunctional ligand is to inhibit the building of MCH by activating its receptor, resulting in obesity. Docking MCHR1 with *1-Oleoyl-R-glycerol* ligand would lead to its inactivation, thence the alleviation of obesity and its associated diseases.

Many pharmaceutical companies have also shown their intervention but they are unable to develop an efficient compounds that demonstrates the efficacy of anti-obesity for clinical trial although there has been also noted lack of efficacy in pharmacodynamics properties to test the hypothesis (Macneil 2015). Failure to detect the anti-obesity efficacy with MCHR1 antagonists in the clinics is associated with different reasons like disconnection between rodent and human studies. Although the study done for the first time in the laboratory might not have the property to sufficiently block MCHR1 so that it could achieve the energy balance, there had been no any study measuring the level of the receptor occupancy for the clinical compounds (Macneil 2015).

Several studies are being conducted to find a cure against obesity and it is undoubtedly the reason why this work on the structural function of melanin concentrating hormone receptor 1 through docking studies, has been conducted to at least provide scientific insights to medicine developers if they are to come up with effective anti-obesity drug.

## 2. MATERIAL AND METHODS

Molecular modelling, three dimension structure model prediction and molecular docking techniques, were used in this research. The sequence of melanin concentrating hormone receptor 1 (Accession number: Q99705) was downloaded from the UniProt database (Apweiler et al. 2004). The search for homologous proteins was done using BLAST by submitting the FASTA sequence of MCHR1 to BLAST, where PSI-BLAST (Altschul et al. 1997) tool was activated with PDB as database.

Multiple sequence alignment was carried out by accessing CLUSTAL omega (Sievers et al. 2011). Through this program, 5 subjects were aligned onto the query sequence. The phylogenetic analysis was done to find the evolutionary history of the query sequence and its fifteen homologous proteins aligned to the sequence of interest. PHYLIP package was used to find out the consensus tree (Liu and Beckenbach 1992), various programs of the package namely SEQBOOT, PROML and CONSENSE, were used in this regards.

Three dimension (3D) structure prediction was done with the help of SWISS-MODEL server workspace (Liu and Beckenbach 1992) (Arnold et al. 2006). To assess the predicted model, coordinates of the predicted model were subjected to different web servers: ERRAT web server (Kiefer et al. 2009), to control the quality factor of the predicted model were submitted to PROCHECK server (Karolina A. Majorek, Matthew D. Zimmerman, Marek Grabowski, Ivan G. Shabalin, Heping Zheng 2020), program of the SWISS- MODEL to check stereochemistry features of the model (Peitsch 1997).

Docking studies were performed by opening the energy minimized 3D model of melanin concentrating hormone receptor 1 and the 3D structure of (2R)-2, 3-dihydroxypropyl (9Z)-octadec-9-enoate into HEX software. This has been done by first loading the shape and electrostatic energy of the software. After docking process, both the interactions and the conformation energies were written.

## 3. RESULTS AND DISCUSSION

### 3.1. Molecular Modeling

Sequence homologs of melanin concentrating hormone receptor 1 (accession number: Q99705) were obtained from pdb databank using PSI-BLAST, which helped to identify homologous proteins having higher sequence identity (Figure-1).

Sequences with E-value BETTER than threshold										
<input checked="" type="checkbox"/> select all 500 sequences selected Skip to the first new sequence <span style="float: right;">PSI-BLAST iteration 21</span>										
	Description	Max score	Total score	Query cover	E value	Per. Ident	Accession	Select for PSI blast	Used to build PSSM	Newly added
<input checked="" type="checkbox"/>	Chain A, Soluble cytochrome b562, kappa-type opioid receptor [Escherichia coli]	292	292	93%	8e-95	22.86%	6B73_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain A, Soluble cytochrome b562, Nociceptin receptor [Escherichia coli]	284	284	92%	7e-92	23.92%	5DHG_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain A, Fusion protein of Nociceptin receptor and cytochrome b562 [Homo sapiens]	284	284	92%	1e-91	23.92%	4EA3_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain A, Soluble cytochrome b562, Delta-type opioid receptor chimeric protein [Homo sapiens]	282	282	91%	2e-91	23.33%	4N6H_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain A, Soluble cytochrome b562, Delta-type opioid receptor [Homo sapiens]	282	282	91%	4e-91	23.33%	4RWA_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain R, Endolysin Beta-2 adrenergic receptor [Escherichia virus T4]	277	277	91%	8e-88	16.99%	3SN6_R	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain A, Soluble cytochrome b562, Type-1 angiotensin II receptor [Escherichia coli]	272	272	91%	2e-87	22.34%	4YAY_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain A, Chimera protein of Soluble cytochrome b562 and Type-1 angiotensin II receptor [Escherichia coli]	270	270	90%	1e-86	22.25%	4ZUD_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain A, Delta opioid receptor [Homo sapiens]	271	271	91%	2e-86	22.31%	6PT2_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain A, Endolysin Beta-2 adrenergic receptor chimera [Escherichia virus T4]	272	272	91%	2e-86	17.88%	6MXT_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain A, Endolysin Beta-2 adrenergic receptor [Escherichia virus T4]	268	268	87%	6e-85	17.89%	5JQH_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain A, Lysozyme Beta-2 adrenergic receptor [Escherichia virus T4]	264	264	87%	3e-83	17.62%	4LDE_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain A, Beta-2 adrenergic receptor [Escherichia virus T4]	261	261	87%	3e-82	17.62%	4QKX_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain R, Endolysin Beta-2 adrenergic receptor chimera [Enterobacteria phage RB59]	257	257	85%	4e-80	16.80%	6N13_R	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
<input checked="" type="checkbox"/>	Chain A, Soluble cytochrome b562, N-formyl peptide receptor 2 [Escherichia coli]	252	252	91%	2e-79	21.67%	6LW5_A	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	

**Figure 1** List of top fifteen homologous proteins retrieved after 21st iteration by PSI-BLAST

Findings of this data are in line with published data, in which PSI-BLAST was applied to study sequence similarity in protein (Altschul et al. 1997), (Aravind and Koonin 1999) (Hu and Kurgan 2019).

Multiple sequence alignment performed successfully by CLUSTAL Omega was able to display some conserved residues between MCHR1 and top five homologous proteins retrieved from PDB databank by PSI-BLAST (Figure-2).

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CLUSTAL O(1.2.4) multiple sequence alignment

3SN6_A          -----MGCLGNSKTEDQRNEEKAREANKK-----
5JQH_A          -----
3KJ6_A          -----
2R4R_A          -----
sp|Q99705|MCHR1_HUMAN  MSVGMAMKKGVGRAVGLGGSGCQATEEDPLPNCGACAPGGRRRRLPQPAWVEGSSARL
4RWA_A          -----EG-----

3SN6_A          -----IEKQLQKD--KQVYRATHR--LLLLGAGE--SGKSTIVK----QMRILH
5JQH_A          -----TFRTGTWDAY-----AADEWVVVGMGIVMSLIV
3KJ6_A          -----LAPNRSHPADHDVTQ-----QRDEWVVVGMGIVMSLIV
2R4R_A          -----LAPNRSHPADHDVTQ-----QRDEWVVVGMGIVMSLIV
sp|Q99705|MCHR1_HUMAN  WEQATGTGWNMLEASLLPTGPNASNTSDGPDNLTSAAGSPRTGSSISYINIIMPVFGTIC
4RWA_A          -----KVKEAQAALQKTRNAYIQKYLGARSSALLALAIATILYSAVC
:

3SN6_A          VNGFNGDSEKA-----TKVQD---IKNNLKEAIETIVAAMSNLVPPV-----
5JQH_A          LAIVFGNVLVITAIKFERLQT---VTNYFITSLACADLVMLAVVPPFGAAHIL-TKTNT
3KJ6_A          LAIVFGNVLVITAIKFERLQT---VTNYFITSLACADLVMLAVVPPFGAAHIL-MKMMT
2R4R_A          LAIVFGNVLVITAIKFERLQT---VTNYFITSLACADLVMLAVVPPFGAAHIL-MKMMT
sp|Q99705|MCHR1_HUMAN  LLGIIGNSTVIFAVVKKSKLHMCNMPDIFIIINLSVVDLLFLG-MPFMIHQLMGNVNH
4RWA_A          AVGLLGNVLMVFGIVRYTKMKT---ATNIYIFNLALADALATST-LPFQSAKYL-METWP
. *:          : : :          :          :          *

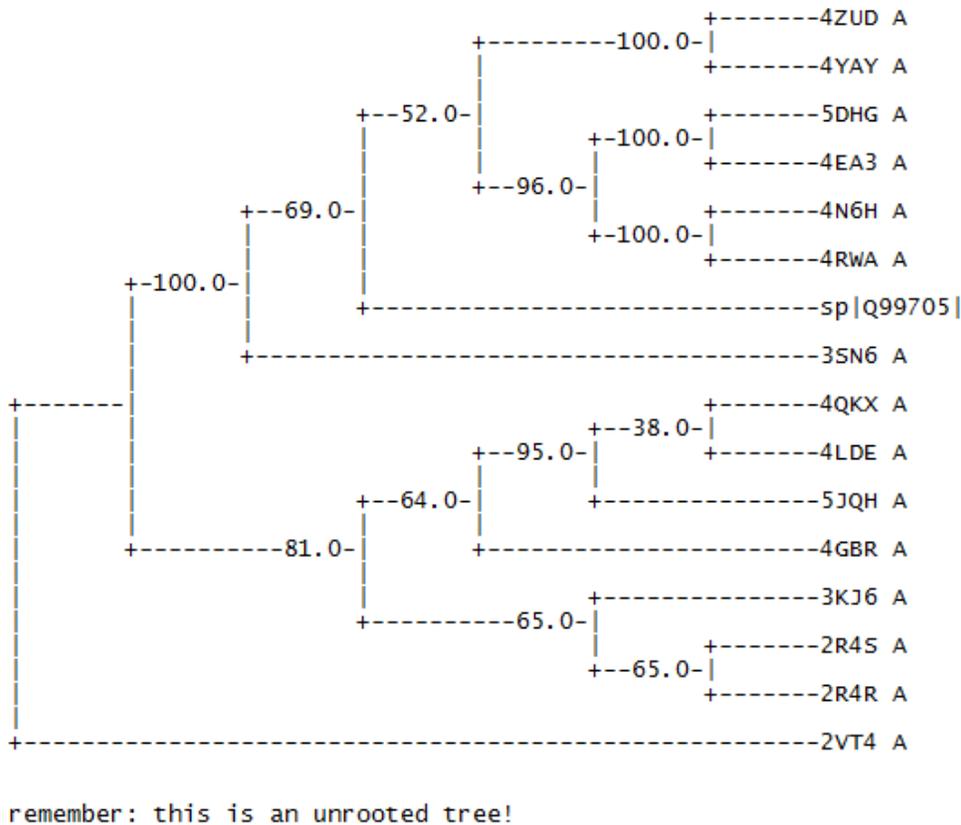
3SN6_A          -----ELANPENQFRVDYILSVMMVDFDFPPEFYEHAALWDEGVRACYSRNE
5JQH_A          FGNFWCFWTSIDVLCVTASIEITLCVIAVDRYFAITSPFKY-----QSLLTKNK
3KJ6_A          FGNFWCFWTSIDVLCVTASIEITLCVIAVDRYFAITSPFKY-----QSLLTKNK
2R4R_A          FGNFWCFWTSIDVLCVTASIEITLCVIAVDRYFAITSPFKY-----QSLLTKNK
sp|Q99705|MCHR1_HUMAN  FGETMCTLITAMDANSQFTSTYILTAMAIIDRYLATVHPISS-----TKFRKPSV
4RWA_A          FGELLCKAVLSIDYYNMFSTIFTLTMSVDRYIAVCHPVKA-----LDFRTPAK
:          :          * : : :          :          .
    
```



**Figure 2** Multiple sequence alignment of top five homologous proteins resulted from sequence alignment

The above figure shows some conserved residues like alanine which is involved in the sugar metabolism and its deficiency is seen in case like hypoglycemia, elevated insulin and glucagon levels (Shi et al. 2002).

PHYLIP package was used to construct the consensus tree to check the level of relationship among compared homologous proteins (Figure-3); there are MCHR1 and its homologous proteins.



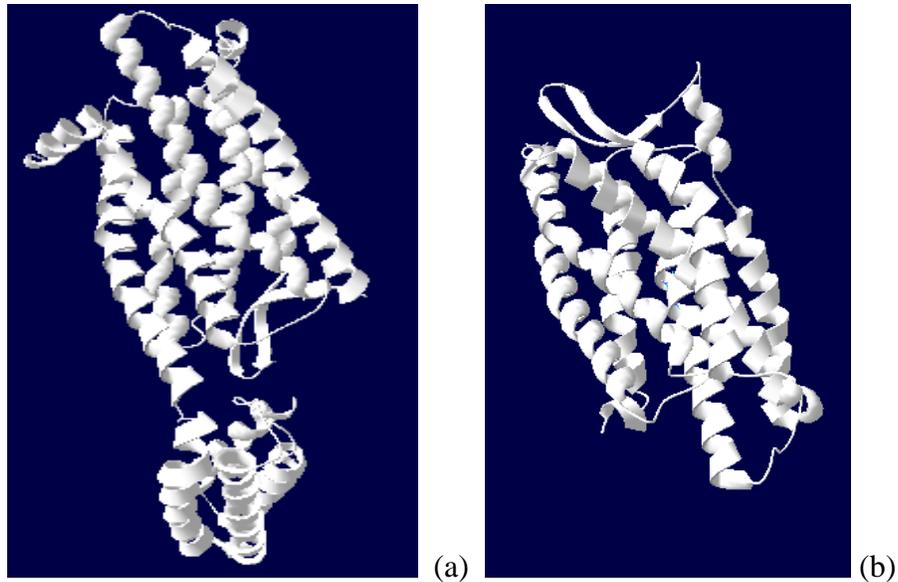
**Figure 3** Consensus tree generated for MCHR1 using PROML as program of PHYLIP package

It is seen on the consensus tree that “4RWA and 4N6H”, “4ZUD and 4YAY”, “5DHG and 4EA3” are sister clades due to the fact of being on the same tree branch while both 3SN6 and 2VT4 are considered as a precursor and out group of MCHR1; respectively. Since the above couples of sister clades occur, maximum times in 100 times; anyone can be used as a template for homology modeling purposes. It is in this light that 4N6H was selected to be used as a template in predicting the model structure of melanin concentrating hormone receptor 1 through comparative modeling. The phylogenetic analysis enabled to check the subject which is more related to the query in terms of homology because an accurate prediction must be based on the sequence similarity or the evolution (Cavalli-Sforza and Edwards 1967). Similar philosophy was applied in a research conducted on mitochondrial genome sequence (Zhao et al. 2016), and their findings are in agreement with data discussed in this article.

### 3.2.Three Dimension Structure Model Prediction

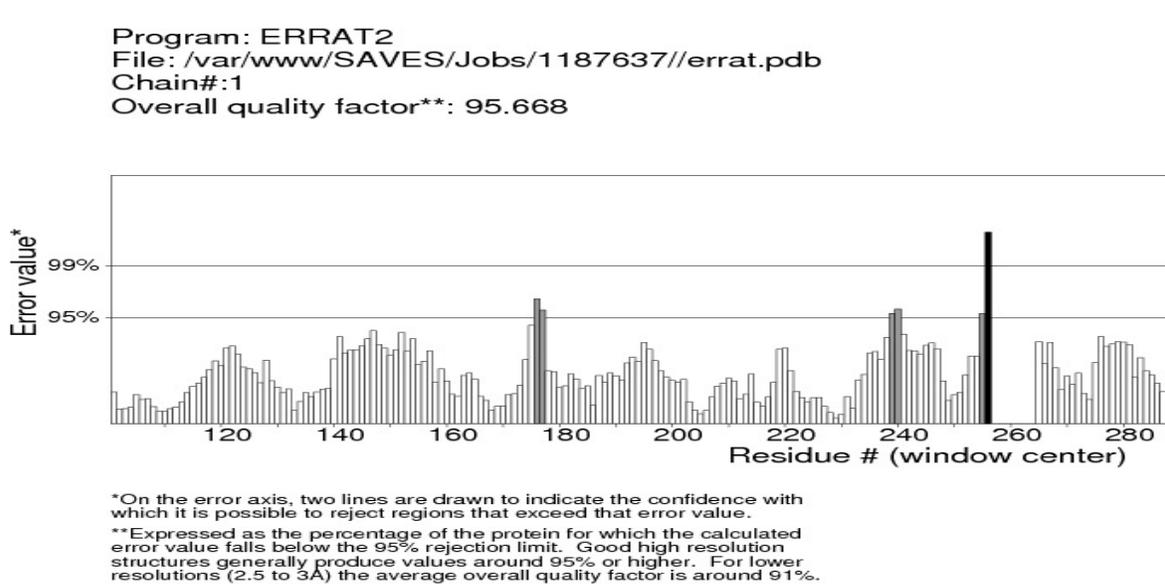
The template protein structure (4N6H) chosen for 3D structure prediction of melanin concentrating hormone receptor 1, was selected based on the results of sequence alignment and phylogenetic

analysis. This protein satisfies three criteria: high sequence identity among other homologous proteins, high resolution as determined using X-ray crystallography technique and belong to clades that are closer to the query sequence.



**Figure 4** (a) 3D structure of the predicted model of melanin concentrating hormone receptor compared (b) X-ray structure of opioid receptor (4N6H) protein used as template during homology modeling process. Images were generated by SPDB Viewer package.

Coordinates of the initial model predicted has been assessed using ERRAT web server. Overall Quality factor of the predicted model, displayed by ERRAT server was 95.668 (Figure-5).



**Figure 5** Quality factor of the predicted model, displayed by ERRAT server, where the overall quality factor is 95.668

The high-quality factor of the predicted model suggested that the model is of acceptable range and can be used for further analysis (Kiefer et al. 2009).

The assessment stereochemistry aspects of the model by PROCHECK server revealed how distribution of residues in regions of Ramachandran plot.

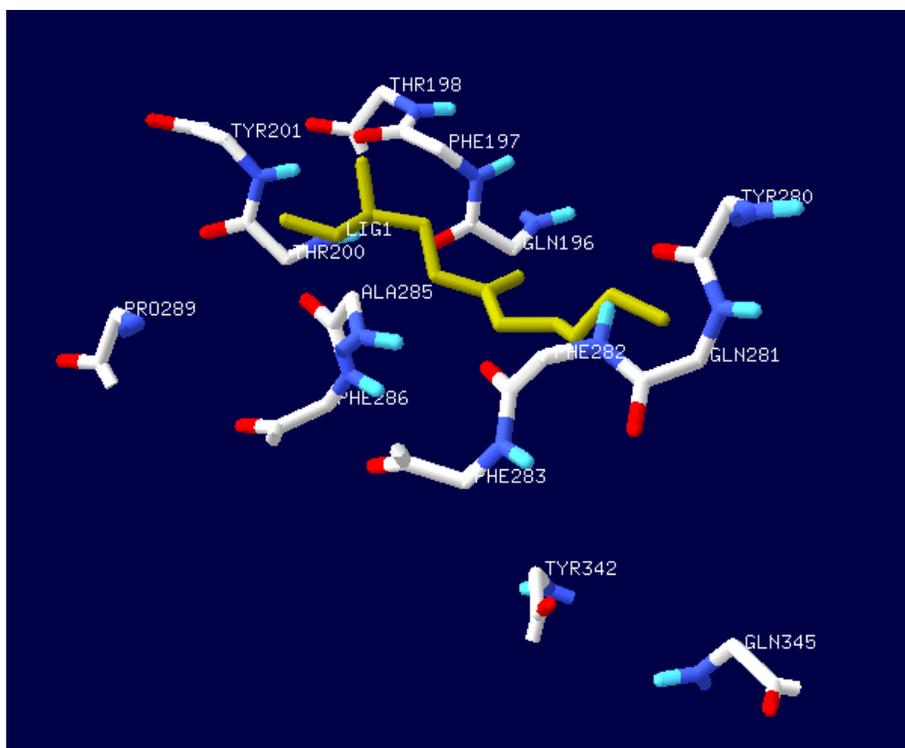
```
+-----<<< P R O C H E C K   S U M M A R Y >>>-----+
| /var/www/PROCHECK/Jobs/8681618/8681618.pdb   1.5           294 residues |
+| Ramachandran plot:  95.8% core    3.8% allow    0.4% gener    0.0% disall |
+| All Ramachandrans:  6 labelled residues (out of 291) |
| Chi1-chi2 plots:    0 labelled residues (out of 163) |
| Side-chain params:  5 better      0 inside      0 worse      |
*| Residue properties: Max.deviation:    5.1           Bad contacts:    0 |
*|                   Bond len/angle:    7.0      Morris et al class:  1  1  2 |
| G-factors          Dihedrals:    0.03  Covalent:    -0.06   Overall:    0.02 |
+| Planar groups:     90.4% within limits  9.6% highlighted      5 off graph |
+-----+-----+-----+-----+-----+-----+-----+
| + May be worth investigating further.  * Worth investigating further. |
```

**Figure 6** PROCHECK results showing stereochemistry features of the predicted model where 94.3% of the residues in the core region, the remaining 5.4% in the allowed region and 0.00% in disallowed region.

These results suggest that the predicted model was of high quality (Figure-6) as similar data were published by researchers who used ERRAT and PROCHECK to investigate the quality of predicted models (Altschul et al. 1997), (Aravind and Koonin 1999) (Hu and Kurgan 2019).

### 3.3.Molecular Docking Studies

Molecular Docking studies of the *1-Oleoyl-R-glycerol* ligand onto the receptor which is the predicted 3D model of melanin concentrating hormone receptor 1, was successfully completed using HEX software. HEX helped to generate ten docked conformations. Docking energy was recorded to be (-210.01 kcal mol<sup>-1</sup>). A low (negative) energy indicates a thermostable system and thus a likely binding interaction (Cao et al. 2011).



**Figure 7** Interacting residues between ligand 1-Oleoyl-R-glycerol displayed in yellow color and the predicted model of melanin concentrating hormone receptor 1 used as receptor, the image was generated by SPDB Viewer package.

Fourteen residues interacted with the ligand, *1-Oleoyl-R-glycerol*, as displayed using SWISS PDB Viewer software. Most of the interacting residues are polar: Gln<sup>196, 281, 345</sup>, Thr<sup>198, 200, 201, 342</sup>, and Tyr<sup>342</sup>. However, the non-polar residues are Phe<sup>197, 282, 283</sup>, Ala<sup>285</sup> and Pro<sup>289</sup>. No basic or acidic residue was involved in the interaction with the *1-Oleoyl-R-glycerol* ligand. These interacted residues have a different role in the organism: alanine is involved in the sugar metabolism and its deficiency is seen in cases like hypoglycemia, elevated insulin and glucagon levels (Shi et al. 2002) Glutamine is involved in maintaining normal and steady blood sugar levels (Burke et al. 1989). Docking approach has been proven to give insights with regards to explain protein-protein interaction or protein-ligand interaction, at molecular level; published data (Du et al. 2016), (Burke et al. 1989), (Hu and Kurgan 2019) are in accordance with findings of this research.

#### 4. CONCLUSION

Studies carried out in this research have proven that melanin concentrating hormone receptor 1 demonstrates characteristics of transmembrane proteins as its template is also a transmembrane protein. Docking studies assured the affinity of *1-Oleoyl-R-glycerol* ligand towards the predicted

model. Fourteen residues of the predicted 3D model were seen to be interacting with *1-Oleoyl-R-glycerol* ligand; in other words, this study showed that melanin concentrating hormone receptor 1 has the binding site of *1-Oleoyl-R-glycerol* ligand.

This study, melanin concentrating hormone receptor 1 has demonstrated the characteristics of a factor that may cause obesity since some of interacting residues between receptor-ligand, are involved in glucose metabolism. This research shades lights into molecular interaction between docked molecules, and can be referred to while designing drug for treating obesity. However, further investigation would consider the molecular dynamics simulation aspect, before starting in vitro experiments, for a complete drug design against obesity.

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