Waste Management Practices of Construction Companies at the Airport Hills and Sakumono Areas in Accra, Ghana

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Abstract

Waste generated in the construction industry is a major environmental problem but its research is rather limited. Thus, this research was conducted to assess the waste disposal practices of construction companies at the Airport Hills and Sakumono areas in Accra, Ghana. These areas were chosen because of the increasing and fast development of housing projects there. A convenience sampling technique was used in choosing the companies to achieve the research goal. Questionnaires and field observations were used to gather information about the construction companies and their waste management practices. Forty construction companies were identified in both study areas. Majority of the companies recorded a total of 60-80 cubic meters of material waste per month. Eleven companies stated amounts of between USD 250 - 350 as cost of material waste management per month. Several reusable materials were identified at construction sites. Twenty-six companies practised sorting and recovery of waste before final disposal. It was revealed that there was no statistically significant relationship between the educational levels of waste management teams of the construction companies and their practice of proper waste management methods. A significant relationship however existed between the educational level of waste management teams and their use of waste management plans. It is recommended that waste management training programmes are developed by the Environmental Protection Agency of Ghana for construction companies to curb the problem of poor construction waste management.

Keywords: Construction companies, construction waste, waste management practices, waste management plan

1.0 Introduction

The construction industry forms a major part of the world's economy rolling out and promoting projects unabatedly. The living conditions, social well-being and health of the public is gradually being affected by the development of the construction sector (Hasmori *et al.*, 2020). Construction projects are necessities for new facilities, they are means to reduce unemployment and are required for the development of the world. Nevertheless, each project produces some level of waste which can increase project cost and add to environmental pollution (Shant *et al.*, 2014). Deteriorating environmental quality is a global discussion to which the construction industry features in the major headlines.

Ametepey and Ansah (2009) reported that the quest for urban development which includes the construction of buildings has resulted in resource depletion and ecosystem destruction. This has to some extent put the construction industry under the spotlight since its activities' significant impact on the environment cannot be over-emphasised (Oke *et al.*, 2019).

Research has shown that approximately 40% of the waste generated worldwide originates from the construction industry (Holm, 1998) and this forms a major portion of the solid waste discarded in landfills around the world. For instance, in the USA construction waste takes up approximately 29% of landfill space (Bossink and Brouwers, 1996) whiles in Australia it consumes about 44% of landfills space by mass (McDonald and Smithers, 1998).

It is important that construction companies use integrated strategies to manage waste. That is the use of a multitude of interconnected processes, such as gathering and collection, site-sorting, transportation, treatment, recycling, and appropriate disposal (Al Sabbagh *et al.*, 2012). Construction waste is generally defined as the unexploited or unwanted materials or products emanating from construction activities during the pre-construction, construction and post-construction phase. These may also include waste produced from renovation and demolition works. Construction waste streams consist mainly of unused concrete, wood, metal, broken tiles,

bricks and pieces of electrical wires (Hasmori *et al.*, 2020). These wastes are bulky and consume a lot of space either in bins, in the open or landfills.

Presently, awareness of efficient waste management in the construction industry of Ghana is low. This is proven by the poor waste disposal practices of some companies in the country. In Ghana, it is not uncommon to see huge piles of construction waste on the shoulders of roads. Such stacks of wastes choke drains and often cause flooding of roads and low-lying areas (Job and Wilson, 2013). There is therefore a need to sensitize the government and other stakeholders on this worrying situation and to do this, scientific data must be provided to support arguments. Thus, this current research was conducted to provide information on the waste management practices of some construction companies in the Airport Hills and Sakumono residential areas in the Greater Accra region of Ghana.

2.0 Materials and methods

2.1 Study area

The study areas, Airport hills and Sakumono, are respectively located in the Accra Metropolitan Assembly (AMA) and the Tema Metropolitan Assembly (TMA) of the Greater Accra Region of Ghana. The Airport hills is a new and fast-developing area undoubtedly the highest sort-after place in real estate in Ghana. It is a gated community with 24/7 security and allows only reputable tenants in the neighbourhood. Availability of electricity and a constant supply of water with overhead/underground storage tanks are assured. There are construction activities ongoing in this area which includes major real estate construction companies. Sakumuno is a small town in the Nugcity at Tema Metropolis with an elevation of 71 m. It also attracts relatively large developmental projects yearly. The two study areas (Airport hills and Sakumono) were chosen because of the increasing and fast development of housing projects there.

2.2 Data collection

Forty (40) active construction sites and for that matter, companies were sampled in this study. Due to the nature of the subject matter of this research, convenience sampling techniques were used in choosing the study areas and companies in order to achieve the research goal. The main data

collection technique and instrument used for the study were personal observations and questionnaire administration, respectively. Personal observations were employed in gathering vital ground data including structure type, nature of the construction environment, on-site waste disposal and waste separation. Questionnaires with closed-ended questions were administered to solicit information from a qualified professional (engineer, supervisor, architect, environmental officer) who represented the company in each project site. The questions were structured into three categories: (a) Type and quantity of waste generated (b) construction site waste disposal practice and (c) resource recovery and reuse.

3.0 Results

3.1 Quantity of material waste generated at project sites

The major waste materials that were identified at the construction sites included pieces of wood, metals, plastics, electric cables, roofing sheets, unused concrete, and broken blocks. Figure 1 provides information about the amount of material waste generated in a month by the construction companies. Out of the 40 companies, only one generated a volume of waste ranging between 30-40 cubic meters per month. An appreciable number of the companies (17 out of 40, 42.5%) recorded a total of 60-80 cubic meters of material waste per month.

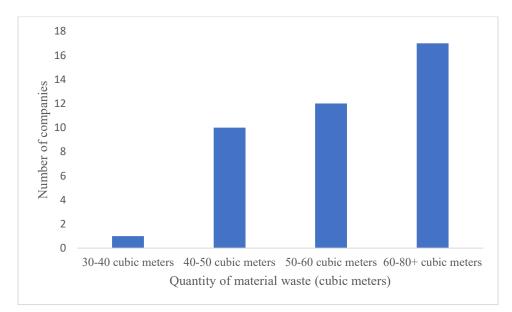


Figure 1: Quantity of material waste generated by construction companies

3.2 Material waste management practices

A number of waste management practices were evaluated to assess how construction companies took care of their material waste. Out of a total of 40 companies, 26 practised sorting and recovery before final disposal, 13 disposed of their waste at waste dump sites, and the remaining (1) left their waste at the site (Figure 2).

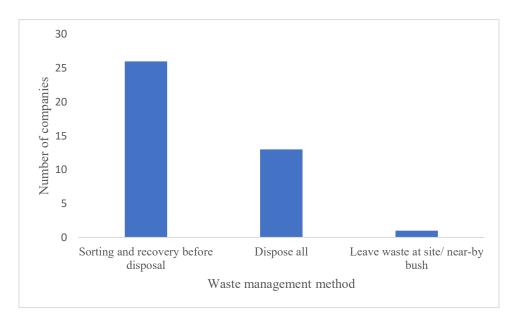


Figure 2: Waste management methods practised by construction companies

3.3 Estimated amount of money spent on material waste management

Figure 3 illustrates the estimated amount of money used in a month by the construction companies in managing their material waste. Out of the 40 companies that were recorded, 27 were able to provide an estimate of the amount of money used for material waste management. Several (41%) of the companies reported they spent between USD 250 and 350 as the cost for waste management in a month. Only two companies reported that they spent money in the range of USD 170-250 and USD 85-171 in a month for waste management. Five (5) companies reported that they spent USD 430 on waste management.

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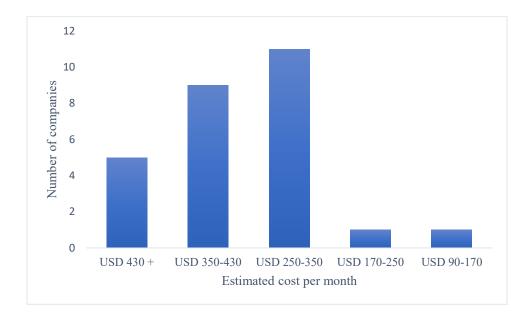


Figure 3: Estimated cost of material waste management per month by construction companies

3.4 Relationship between the level of education of waste management team and waste disposal practices

It was identified that 14 of the construction companies had professionally trained waste management teams and three (3) had no trained-waste management teams at all. Out of the 14 companies which had professionally trained waste management teams, nine (9) of them practice sorting and recovery of waste before final disposal, whereas five (5) did not practice waste sorting nor recovery. There was no statistically significant relationship (p > 0.05) between the level of education of waste management teams and the waste management methods they used (Table 1).

Table 1: Relationship between the level of education of waste management team and their waste management methods

Level of training for	Waste management method			Total	P-value
waste management	Sorting an	d Dispose of	Leave waste	-	
teams	recovery befor	e all	at		
	disposal		site/nearby		
			bush		
Professionally trained	9	5	0	14	0.767

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Very trained	7	2	0	9	
Averagely trained	4	3	1	8	
Less trained	4	2	0	6	
Not trained	2	1	0	3	
Total	26	13	1	40	

3.5 The relationship between the educational levels of waste management teams and their use of a waste management plan

An assessment was conducted to know if there existed a relationship between the educational level of the waste management teams and their use of waste management plans. Interestingly 18 out of the 40 construction companies made use of waste management plans while 15 of the remaining did not use plans though they had received some level of training in waste management. The remaining seven (7) construction companies were ignorant about waste management plans, and thus did not make use of one. There was a statistically significant (p<0.05) relationship between the level of education of the waste management teams and their use of waste management plans.

Table 2: Relationship between the level of education of waste management teams and their use of waste management plans

Use of a waste management plan	Educational/training levels of waste management teams			Total	P- value		
	Professionally	Very	Averagely	Less	Not	_	
	trained	trained	trained	trained	trained		
Yes	11	3	4	0	0	18	0.038
No	4	4	3	3	1	15	
No knowledge	0	2	1	2	2	7	
Total	15	9	8	5	3	40	

3.6 Reusable materials in construction waste

The construction industry has waste materials that can be recovered for reuse and recycling. Table 3 presents information on reusable materials identified at the construction sites.

Waste materials	Materials identified
Wood waste	Bamboo, papers
Plastics waste	PVC pipes
Sand waste	Cement, sand
Metal waste	Iron rods, roofing sheets, electric cables

Table 3: Reusable materials from construction waste

4.0 Discussion

4.1 Quantity of material waste generated in volumes at project sites

Construction waste represents a major portion of the worldwide solid waste reaching landfill sites (de Souza *et al.*, 2020). With 42.5% of the construction companies producing the largest quantity of material waste (60-80 cubic meters) per month, there is a great need for concern. First of all, these materials waste which includes wood, plastics, metals, unused concrete and mortar are estimated to be of high environmental and economic costs considering their production and supply chains. Moreover, considering the increasing and fast development of housing projects in the study area, vis-à-vis the quantity of waste generated in a month, the yearly quantity of waste generated will be grave. What happens to these high quantities of waste generated? Not surprisingly, the volumes of construction waste generated continues to increase across the world. For instance, Asgari *et al.* (2017) estimated that the quantity of construction waste generated in Tehran was about 16,529,210 cubic meters per year of which mortar (mixed sand and cement) and concrete was the highest contributor to the large volume of waste generated.

4.2 Evaluation of material waste management practices at construction sites

With the majority (65%) of the construction companies practising sorting and recovery of their material waste before final disposal, there was an indication of some level of proper waste

management practice existing among the companies. It has been established that construction companies who practise waste sorting and recovery enjoy benefits such as reduced demand for new resources, reduction in transport and production energy cost and the use of material waste which would otherwise be lost to landfill sites (Tam and Lu, 2016). However, with 32.5% of the remaining construction companies disposing of all the generated material waste into landfills is worrying. Looking at the nature of construction waste, their final destination in landfill sites with low potential of waste recovery would lead to these landfill sites becoming filled more quickly. A similar situation in a country like Malaysia has led to about 113 out of 289 landfills and dumpsites becoming un-operational (Hasmori *et al.*, 2020). It was saddening to find out that one of the construction companies did not collect waste generated on-site. Ikau *et al.* (2016) reported a similar observation in Malaysia where contractors did not dispose of waste generated on-site. This situation poses an environmental problem, especially where construction sites are at high lands and water sources/drains are at lowlands. The repercussions could be the occurrence of flooding events due to choked drainage systems or the pollution of water sources.

4.3 Amount of money spent on managing material waste

In the context of the study area and the high class of construction companies that were involved in this study, the cost of managing material waste could be said to be affordable. Especially that the majority of the construction companies paid an amount of USD 250-350 in a month for waste management. As suggested by Tam and Lu (2016), the low fees paid for waste management could be due to the practice of waste sorting and recovery of valuable materials for reuse.

4.4 Level of education and waste management practices

In order to understand how a majority of the construction companies were able to properly manage their material wastes, their educational/training levels were assessed. It is reported that the method of waste disposal practised by a construction company may depend on the level of education or training gained by its waste management team (Hittini and Shibeika, 2019; Hasmori *et al.*, 2020). Noted as contrasting outcomes, five of the construction companies with professionally trained waste management teams did practise disposal, while 6 of the construction companies with less or not trained waste management teams did practise sorting and recovery of their material waste before final disposal. This outcome was reiterated by the statistically not significant relationship (p>0.05) between the education of the waste management team and their choice of waste management methods. According to Memon *et al.* (2015), the main factors that could lead to large waste generation at construction sites include lack of waste management strategy, poor layout of construction sites, and poor qualification of managers of construction projects. This indicates that one's level of education alone is not enough to determine the kind of waste management practice(s) the individual or a team may use (Hittini and Shibeika, 2019). However, the impact of education on the use of waste management plans was profound and this should be encouraged.

4.5 Reusable materials in construction waste

Material waste generation at construction sites is unavoidable and construction companies have the potential to recover and reuse most of them. The fact that most of the construction companies in this study saw the need to recover some materials for reuse in other projects was a positive sign of waste reduction and consequently, the sparing of landfill space. It is important to note that while some construction companies made use of these reusable materials (as proven by their sorting and recovery of construction waste), others did not find any potential in them. Companies that disregard these reusable materials may do so either due to their ignorance (i.e., low educational level on waste management) of the benefits of reusable materials, or limited time needed to collect these reusable materials, or negligence since they can afford new materials or they have a higher deposit of these materials (Hobbs and Adams, 2017). The reuse of these materials will however go a long way to save energy, time, and financial cost for the construction companies.

Conclusion

The quantities of waste generated at the construction sites were large enough to raise concerns. However, some of these wastes were reusable. Also, even though education was related to the use of waste management plans, it, however, did not guarantee the practice of recommended waste management methods by the construction companies. With a majority of the companies paying an amount of USD 250-350 in a month for waste management, there lies a great potential of reduced cost if construction companies practise waste recovery and reuse. It is recommended that training programmes and policies are developed by the Environmental Protection Agency of Ghana to help

promote the practice of recommended waste management methods by construction companies. A further study is expected to be done to understand the attitude of construction companies in Ghana towards sustainable design and construction or green building as a way of reducing construction waste generation.

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