

## PHARMACOLOGICAL EFFECT OF FRUITS OF *ANNONA MURICATA* ON PEPTIC ULCER INDUCED IN SWISS ALBINO MICE

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Received: 31-01-2025

Accepted: 11-02-2025

<https://dx.doi.org/10.4314/sa.v24i1.14>

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Journal Homepage: <http://www.scientia-african.uniportjournal.info>

Publisher: [Faculty of Science, University of Port Harcourt.](#)

### ABSTRACT

*Ulcer, a skin disease affecting both the external and internal lining of the human body, comes in various forms, with peptic ulcers being among the most serious in the gastrointestinal tract. Traditional medications and plant-based alternatives are used for treatment due to their perceived lower side effects and cost. This project investigates the anti-ulcer properties of Soursop (Annona muricata extract) on the stomach of mice, focusing on peptic ulcers through microscopic analysis. Materials and Methods: A. muricata fruits were collected, dried, ground into powder, and extracted using methanol via cold maceration; the extract was concentrated, dried, and stored for use in animal experiments. Swiss albino mice were treated with varying doses of the extract following induced peptic ulcers, either via ethanol/HCl or indomethacin, with omeprazole as a reference drug. Ulcer severity was assessed by measuring the percentage of ulcerated stomach area in sacrificed animals after treatments, following standard protocols and ethical guidelines. The study showed that A. muricata extract significantly reduced ulcer indices in both ethanol and indomethacin-induced peptic ulcer models, with the highest reduction at 1500 mg/kg, followed by 900 mg/kg and 300 mg/kg. Histological analysis confirmed significant mucosal restoration at all doses of the extract, with the 1500 mg/kg dose showing the most effective healing. Overall, the methanol extract of A. muricata demonstrated anti-ulcer activity comparable to the standard drug, omeprazole, in both experimental models.*

**Keywords:** Pharmacological, *Annona muricata*, Peptic ulcer, Swiss Albino Mice

### INTRODUCTION

Currently, more and more diseases are being treated using natural ingredients. Natural substances that are frequently utilized as medications can be found in plants. Studies can be conducted to discover the active compounds in plants and ascertain their pharmacological effects against diseases

(Moghadamtousi *et al.*, 2015). The compounds found in plants are what give them their anti-disease properties. There has been several research studies on plants, their components, and the pharmacological effects of those components (Mishra *et al.*, 2013; Leboeuf *et al.*, 1981).

*Annona muricata* is a plant belonging to the Annonaceae family. There are about 130 genera and 2300 species. *A. muricata* L. has a variety of pharmacologically active substances. In tropical and subtropical regions like Southeast Asia, South America, and the African rainforests, this plant is frequently grown. The plant is used extensively as a traditional medicine for skin conditions, respiratory conditions, fever, bacterial infections, diabetes, hypertension, and cancer (Moghadamtousi *et al.*, 2015; Ribeiro *et al.*, 2009). It also produces tasty fruit throughout the year. The activity of *A. muricata*'s various sections vary. The fruit is used to treat arthritis, neurological problems, and diarrhea; the seeds fight parasite infections; the leaves are used to treat cystitis, headaches, sleeplessness, and cancer (Wélé *et al.*, 2004).

Common names for *Annona muricata* include soursop, graviola, guanabana, paw-paw, and sirsak (Leboeuf *et al.*, 1981; Mishra *et al.*, 2013). *Annona muricata* is an evergreen, terrestrial, erect tree with low branches that grows to a height of 5-8 meters and a diameter of 15–83 centimeters. It has a roundish canopy with large, glossy, dark green leaves. The tree produces huge, heart-shaped, green, edible fruits that range in diameter from 15 to 20 cm (Gavamukulya *et al.*, 2017). Each fruit has between 55 and 170 black seeds that are fresh (Gavamukulya *et al.*, 2017; Ribeiro *et al.*, 2009), and when they are dried, they turn light brown. It can be categorized as sweet (sub-acid) or acidic (acid) in taste and spherical, elongated, or triangular in shape (Maheswari and Sinduja, 2020).

*Annona muricata*, sometimes known as soursop, is a fruit with a spherical, elongated, or triangular shape (Maheswari and Sinduja, 2020). Native to the warmest tropical regions of South and North America, *Annona muricata* has recently spread significantly throughout these regions of the world, including India, Malaysia, and Nigeria (Adewole and Caxton-Martins 2006). A member of the Annonaceae family known as *Annona* species, also referred to as "custard apple," has been cultivated for

its delectable fruits in various tropical areas of the world (George *et al.*, 2015). It appears that soursop is a native of the American tropics.

Despite having more clearly defined seasons based on altitude, it often blooms and produces fruit throughout the majority of the year (De Pinto *et al.*, 2005). It is found in tropical areas of Central and South America, Western Africa, and Southeast Asia (Pinto *et al.*, 2005), at elevations lower than 1200 m above sea level, with temperatures between 25 °C and 28 °C relative humidity between 60 and 80%, and annual rainfall above 1500 mm.

Most patients with peptic ulcer disease have *Helicobacter pylori* as an etiologic factor, and it may increase a person's risk of developing stomach cancer. Spiral-shaped, gram-negative and microaerophilic *Helicobacter pylori* (*H. pylori*) is a persistent human stomach mucosa colonizer.

With *H. pylori* infection, the estimated lifetime risk of peptic ulcer disease is 20%, and the lifetime risk of gastric cancer is 1-2%. Although the exact mode of *H. pylori* transmission is unknown, a fecal oral pathway appears to be the most likely candidate.

## MATERIALS AND METHODS

### Collection of Plant Sample

*A. muricata* fruits were purchased in May, 2023 from Uselu market, in Benin City, Edo state, Nigeria. The whole fruit part was first cut into small pieces and, after collection, air-dried at room temperature for 2 weeks and then oven-dried at 40°C for 1 hour. The dried fruit pieces were then ground into a fine powder using an electric grinder and stored in an airtight container for future use.

### Preparation of Extract

One kilogram of powder was extracted with methanol using the cold maceration method. The resulting extract was concentrated to dryness in a water bath and then dried in an oven at 40°C. Yield percentages were calculated based on the dry powder used. The

specific gravity of the extract was dissolved in distilled water to obtain a stock solution from which dilutions were made to calculate the dose administered to animals during various experimental procedures.

#### Formula for Yield Percentage:

Yield Percentage =  $\left( \frac{\text{Weight of Extract (g)}}{\text{Initial Weight of Powder (g)}} \right) \times 100$   
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 Yield Percentage =  $\left( \frac{\text{Weight of Extract (g)}}{\text{Initial Weight of Powder (g)}} \right) \times 100$

#### Preparation of Stock Solution:

The specific gravity of the extract is used to calculate its concentration when dissolved in distilled water to make a **stock solution**.

#### Formula for Stock Solution Concentration:

Cstock =  $\frac{\text{Weight of Extract (g)}}{\text{Volume of Solution (L)}}$   
 Cstock =  $\frac{\text{Weight of Extract (g)}}{\text{Volume of Solution (L)}}$   
 Cstock =  $\frac{\text{Weight of Extract (g)}}{\text{Volume of Solution (L)}}$

#### Dose Calculation for Animal Administration:

Dilutions of the stock solution are made to obtain the required dose to be administered to animals during the experiment.

#### Formula for Dose Administration:

Ddose =  $C_{\text{stock}} \times V_{\text{dilution}}$   
 Ddose =  $C_{\text{stock}} \times V_{\text{dilution}}$   
 Ddose =  $C_{\text{stock}} \times V_{\text{dilution}}$

where:

Ddose is the dose administered (mg/kg body weight).

Cstock is the concentration of the stock solution.

Vdilution is the volume of the diluted stock solution administered to the animals (Smith and Johnson, 2020).

#### Laboratory Animals

Matured male and female Swiss albino mice were purchased from the pharmacology animal house Pharmacology/Toxicology Department, University of Benin. Animals were housed in five (5) groups of 6 animals each in polypropylene cages, bedded with wood shavings, which was changed routinely with access to clean water and palletized quality feed *ad libitum*. Animals were exposed to a 12 hour light/dark cycle and acclimated for 14 days. Animals were fasted for 12 hours prior to experimentation. Animals were treated according to standard protocols and in accordance with applicable laws and the NIH Guide for the Care and Use of Laboratory Animals.

#### Solvent/ Chemicals

Absolute Ethanol, chloroform, 10% neutral buffered formalin, distilled water

#### Drugs

Indomethacin, Omeprazole

#### Experimental Design

Experimental research design was adopted

#### Ethanol/Hydrochloric acid-Induced Peptic Ulcer

Acute peptic ulcers were induced by orogastric application of absolute ethanol (0.8 ml/animal) and HCl 20% (0.2 ml/animal) 60 minutes after, the extracts (300 mg/kg, 900 mg/kg and 1500 mg/kg) were administered to the animals. Omeprazole (20 mg/kg) was used as a reference drug (standard) and distilled water 1 ml/kg (negative control). After 30 minutes, the animals were fixed with chloroform and sacrificed. The stomach was removed and opened along the greater curvature for inspection. Total gastric area affected was measured and expressed as a percentage of ulcerated area.

#### Indomethacin-Induced Peptic ulcer

Peptic ulcer was induced in mice by inhibition of prostaglandin synthesis using the nonsteroidal anti-inflammatory drug (NSAID)

indomethacin, as described by [Author et al., Year]. A dose of 50 mg/kg indomethacin was administered orally to induce ulceration (Sadeghian et al., 2020). After 60 minutes, varying doses of *A. muricata* extract (300 mg/kg, 900 mg/kg, and 1500 mg/kg) were administered orally via an orogastric tube to the experimental animals (Zhang et al., 2018). Omeprazole was used as a positive control at a dose of 20 mg/kg (Fujii et al., 2017).

After an additional 30 minutes, the animals were anesthetized with chloroform, and their stomachs were removed for analysis. The total injured areas were measured by examining the ulcerated zones, which were then expressed as a percentage of the total surface area of the stomach. The percentage of ulcerated areas was calculated using the formula:

Percentage of ulcerated area =  $\left( \frac{\text{Ulcerated Area}}{\text{Total Stomach Area}} \right) \times 100$

**Table 1:** The effects of *A. muricata* on the ethanol-acid induced ulcer study on experimental mice

Group (mg/kg)	Dose (mg/kg)	Ulcer Index	% Inhibition
<b>Control</b>	<b>DW</b>	<b>10.3 ± 1.76</b>	<b>0</b>
<b>Omeprazole</b>	<b>20</b>	<b>1.0 ± 1.00<sup>a</sup></b>	<b>90</b>
<b><i>A. muricata</i></b>	<b>300</b>	<b>3.3 ± 0.45<sup>a</sup></b>	<b>68</b>
<b><i>A. muricata</i></b>	<b>900</b>	<b>2.7 ± 0.20<sup>a</sup></b>	<b>74</b>
<b><i>A. muricata</i></b>	<b>1500</b>	<b>1.3 ± 0.60<sup>a</sup></b>	<b>87</b>

Values are mean ± SEM n=5 a = significance ( $p \leq 0.05$ )

#### The effects of *A. muricata* on the histology of the stomach of the experimental mice on the ethanol-acid induced ulcer study

The histological investigation showed that at 300, 900 and 1500 mg/kg, there was a scanty residual area of ulceration as well as significant mucosal surface epithelial restoration. The standard drug showed extensive mucosal epithelial sloughing and degradation while the negative control showed 100 % the area ulcerated (Plate 1).

ulcerated area} =  $\left( \frac{\text{Ulcerated Area}}{\text{Total Stomach Area}} \right) \times 100$

Percentage of ulcerated area =  $\left( \frac{\text{Total Stomach Area} - \text{Ulcerated Area}}{\text{Total Stomach Area}} \right) \times 100$

## RESULTS

### Anti Ulcer Activity

#### The Effects of *A. Muricata* on the Ethanol-induced Ulcer Study

The effect of *A. muricata* on the ethanol induced ulcer on experimental mice.

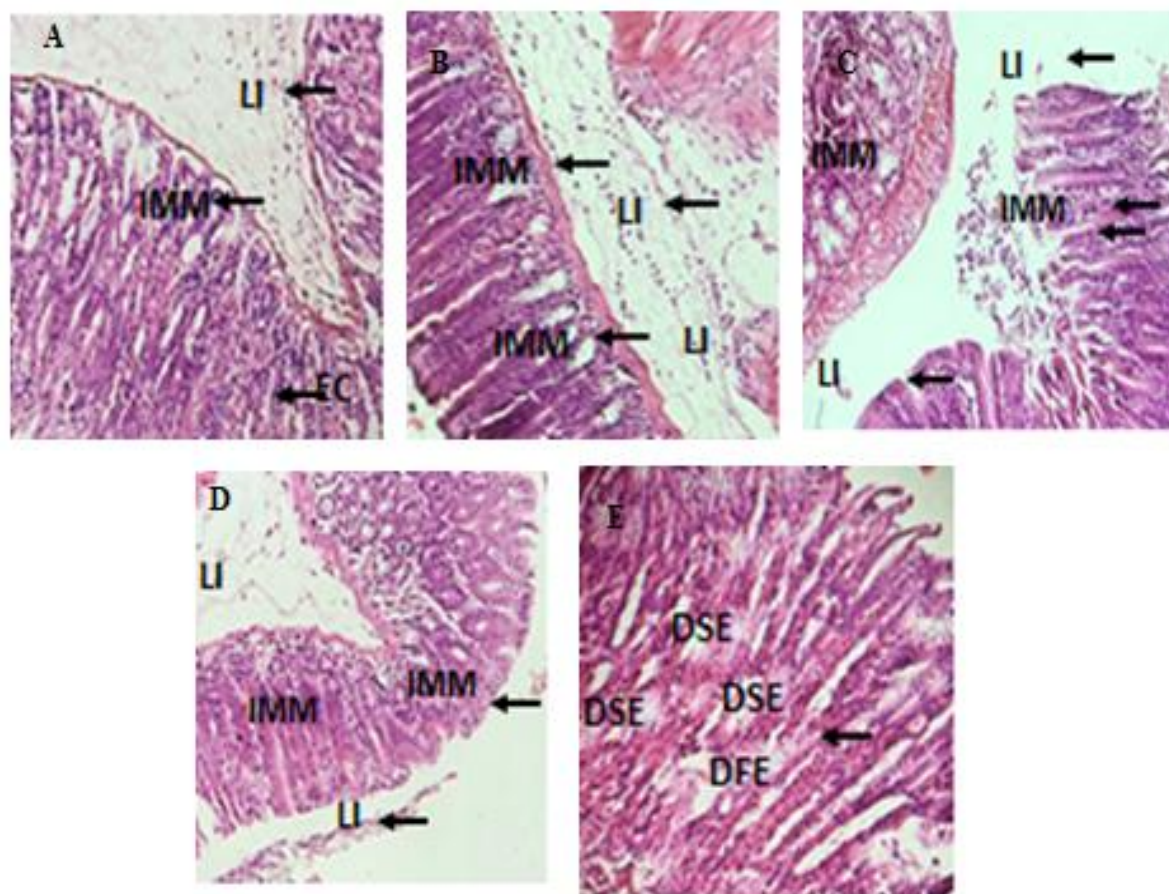
The result showed that 300 mg/kg and 900 mg/kg had significant reduction in the ulcer index. The standard drug has the highest percentage inhibition (90%) followed by 300 mg/kg (67.97%) then 900 mg/kg (73.79%) and finally 1500 mg/kg (87.38%).

#### The effects of *A. muricata* on the histology of the stomach of the experimental mice on the drug-induced ulcer study

The experiment showed that the standard drug had a very high reduction effect followed by 1500 mg/kg then 900 mg/kg and finally 300 mg/kg (Table 2).

Histological investigation proved that all the doses of the extract (300 mg/kg, 900 mg/kg and 1500 mg/kg) showed significant mucosal surface epithelial restoration without residual denudation. The standard drug showed mild mucosal epithelial denudation or ulceration

while the negative control showed 100 % of its area ulcerated (Plate 2).



**Plate 1:** The effects of *A. muricata* on the histology of the stomach of the experimental mice on the ethanol-acid induced ulcer study. (A = omeprazole 20 mg, B = 300 mg/kg, C = 900 mg/kg, D= 1500 mg/kg, E=Negative control (2 ml/kg Distilled H<sub>2</sub>O), Mag. X100

**Key:** LI=leukocyte Infiltration in the sub-mucosa; IMM=Infiltration in the Muscular Mucosa; DSE=Disruption of surface epithelium and visible ulcerations

**Plate A:** (Omeprazole 20 mg/kg): Reveals edema with scanty leukocyte infiltration in sub mucosa (long arrow) however there is disruption of surface epithelium mucosa and prominent ulcerative mucosal damage (short arrow).

**Plate B:** (Extract 300 mg/kg): Reveals disruption of surface epithelium mucosa and prominent mucosal damage with visible infiltrates (short arrow)

**Plate C:** (Extract 900 mg/kg): reveals edema with scanty leukocyte infiltration in sub mucosa (long arrow). There is also presence of infiltrates in the overlying muscularis mucosa and prominent ulcerative mucosal damage (short arrow).

**Plate D:** (Extract 1500 mg/kg): reveals mild edema with leukocyte infiltration in sub mucosa (long arrow). There is also presence of infiltrates in the overlying muscularis mucosa and ulcerative mucosal damage (short arrow).

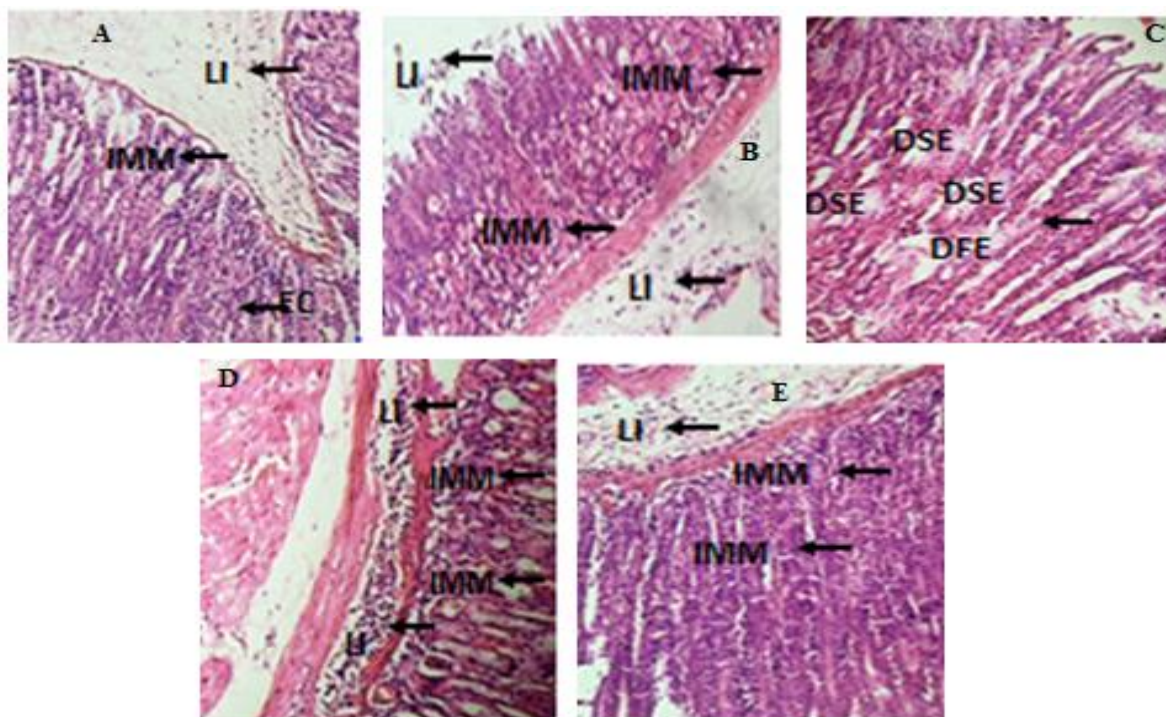
**Plate E:** (2 ml/kg Distilled H<sub>2</sub>O): Reveals disruption of surface epithelium mucosa and visible ulcerative mucosal damage (short arrow)



**The effect of *A. muricata* on the drug-induced ulcer study****Table 2:** The effects of *A. muricata* on the drug (Indomethacin) induced ulcer on experimental mice

GROUP	Dose (mg/kg)	Ulcer Index	% Inhibition
Control	DW	10.0±1.15	0
Omeprazole	20	1.0±0.00 <sup>a</sup>	90
<i>A. muricata</i>	300	5.3±0.33 <sup>a</sup>	47
<i>A. muricata</i>	900	4.3±0.66 <sup>a</sup>	57
<i>A. muricata</i>	1500	3.0±1.00 <sup>a</sup>	70

Values are mean±SEM n=5 a = significance ( $p \leq 0.05$ )



**Plate 2:** The effects of *A. muricata* on the histology of the stomach of the experimental mice on the drug (indomethacin) induced ulcer. (A = omeprazole 20 mg, B = 300 mg/kg, C = Negative control (2 ml/kg Distilled H<sub>2</sub>O), D= 900 mg/kg, E=1500 mg/kg, Mag. X100).

**Key:** LI=leukocyte Infiltration in the sub-mucosa; IMM=Infiltration in the Muscular Mucosa; DSE=Disruption of surface epithelium and visible ulcerations

**Plate A:** (Omeprazole 20 mg/kg): Reveals edema with scanty leukocyte infiltration in sub mucosa (long arrow) however there is disruption of surface epithelium mucosa and prominent ulcerative mucosal damage (short arrow).

**Plate B:** (Extract 300 mg/kg): Reveals disruption of surface epithelium mucosa and prominent mucosal damage with visible infiltrates (short arrow)

**Plate C:** (2 ml/kg Distilled H<sub>2</sub>O): Reveals disruption of surface epithelium mucosa and visible ulcerative mucosal damage (short arrow)

**Plate D:** (Extract 900 mg/kg): reveals edema with scanty leukocyte infiltration in sub mucosa (long arrow). There is also presence of infiltrates in the overlying muscularis mucosa and prominent ulcerative mucosal damage (short arrow).

**Plate E:** (Extract 1500 mg/kg): reveals mild edema with leukocyte infiltration in sub mucosa (long arrow). There is also presence of infiltrates in the overlying muscularis mucosa and ulcerative mucosal damage (short arrow).

## DISCUSSION

Peptic Ulcer is one of the most common ailments in the world, affecting four million individuals each year (Abbasi-Kangevari, *et al.*, 2022). The phrase "peptic ulcer" refers to an acid peptic lesion to the digestive tract that causes mucosal breakdown to the submucosa. (Shell, 2021). Other offensive and defensive components that are out of balance in the condition include prostaglandins, mucin, nitric oxide, growth factors, and bicarbonates in addition to pepsin, acid, and *Helicobacter pylori* (Appavoo *et al.*, 2019). The peptic ulcer disease also has a constant relapsing history, and there is a shaky correlation between symptoms and ulcer occurrence (Najm, 2011). Infection with *Helicobacter pylori* is a major cause of primary peptic ulcers. It has been associated with 95% of duodenal ulcers and 70% of stomach ulcers (Napolitano, 2009). Additional risk factors for developing peptic ulcer disease include alcohol, cocaine, cigarettes, nicotine, amphetamine use, chronic nonsteroidal anti-inflammatory medication (NSAID) use, fasting, Zollinger-Ellison syndrome, and cancer therapy with angiogenesis inhibitors (Kempenich, 2018; Watari *et al.*, 2014).

Peptic ulcers are treated with a variety of chemically generated medicines or treatments aimed at reducing stomach acid production, protecting the mucosal lining of the stomach and small intestine, or eradicating the *H. pylori* infection (Urs *et al.*, 2014). Current pharmaceuticals have a number of undesirable side effects, whereas indigenous herbal therapies have none and may be a better option for treating peptic ulcers (Awaad *et al.*, 2013). Active phytoconstituents discovered in medicinal plants are engaged in a range of biological activities (Altemimi *et al.*, 2017; Singh *et al.*, 2020). Regardless of the fact that natural compounds are less hazardous than synthetic ones, the safety profile of herbal medications must be evaluated by toxicity evaluation (Karimi *et al.*, 2015).

In the ethanol-induced model, 900 mg/kg and 1500 mg/kg significantly reduced the ulcer

index. The standard drug (omeprazole) has the highest percentage inhibition (90) followed by 300 mg/kg (67.97) then 900 mg/kg (73.79) and finally 1500 mg/kg (87.38).

In the indomethacin-induced model, the experiment showed that the standard drug (omeprazole) had a very high reduction effect (90%) followed by 1500 mg/kg (87%) then 900 mg/kg (74%) and finally 300 mg/kg (68%).

## CONCLUSION

The methanol extract of *Annona muricata* (Sour-sop) possess anti-ulcer activity in ethanol/hydrochloric and indomethacin induce peptic ulcers in mice compared to the untreated group induced with ulcer.

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