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# Influence of phytate and phytase on performance, bone, and blood parameters of broilers at 42 days old

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#### **Abstract**

The objective was to evaluate the effect of diets containing various levels of phytate and phytase on broilers from 1 to 42 days old. The treatments consisted of a combination of diets containing high (HP), medium (MP) and low (LP) phytate with positive control diet (PC) and a negative control diet (NC) that was similar to the PC in energy and protein but with less calcium and phosphorus. Three additional diets, based on the NC were supplemented with 500, 1000, or 1500 FTU kg<sup>-1</sup> of phytase. Broilers that received the NC diet exhibited the lowest weight gain (WG), whereas those supplemented with 1000 FTU kg<sup>-1</sup> obtained 2.84% higher WG compared with PC. Broilers that received NC had the lowest breaking strength and dry matter. Birds fed HP diets that received NC and NC + 500 FTU kg<sup>-1</sup> had a higher concentration of serum Ca and P than birds fed LP diets. Broilers fed the NC and NC + 500 and 1000 FTU kg<sup>-1</sup> had lower tibia Ca levels compared with birds fed the PC. Broilers fed HP diets had higher tibia Ca content than MP. Phytase supplementation had a positive response in diets with reduced Ca and P. Based on regression analysis the optimum inclusion of phytase to improve broiler performance parameters was calculated as 952 FTU kg<sup>-1</sup>.

**Keywords:** broiler nutrition, feedstuffs, poultry production, phosphorus, tibiae

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## Introduction

Phytic acid is the principal storage form of phosphorus (P) in cereal grains and legumes. Phosphorus can be found in plant material as a mixed salt, known as phytate, which represents 50 - 85% of the total P content in plant seeds (Pallauf & Rimbach, 1997; Cowieson *et al.*, 2016).

Phytate has low solubility in the small intestine, it is poorly absorbed by broilers, and its negative charge makes it a potent mineral chelator that forms insoluble salts with minerals. Also, phytate can reduce the digestibility of protein and energy (Wilkinson *et al.*, 2014). Poultry diets are composed mainly of corn and soybean meal, in which almost 70% of P is in phytate form. Broiler diets contain about 2.5 to 4.0 g kg<sup>-1</sup> of phytate (Ravindran, 1995).

Phytase enzymes are capable of initiating phytate dephosphorylation by generating a series of lower myo-inositol phosphate esters through a succession of dephosphorylation reactions to produce inositol and six inorganic P radicals (Selle & Ravindran, 2007). However, the effectiveness of the enzyme is influenced by the characteristics of the birds (species, age, physiological conditions), dietary factors such as phytate concentration and source, concentration of minerals, and the origin and level of phytase added to the diet (Dersjant-Li *et al.*, 2015).

Phytate utilization may vary between diets, and is dependent on the ingredients, mineral concentrations, protein content, and solubility of the phytate. Gastrointestinal pH influences phytate susceptibility because the addition of hydrogen ions to the phosphate groups of phytate makes it susceptible to the phytase effects (Maenz *et al.*, 1999). The efficiency of phytate P use can also be influenced by genetics. Modern broilers show rapid growth, consume more feed, and have a higher rate of passage than older broiler breeds, which may interfere with the use of phytate P and may contribute to the inability of commercial chickens to dephosphorylate phytate P efficiently (Zhang *et al.*, 2003).

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ISSN 0375-1589 (print), ISSN 2221-4062 (online) Publisher: South African Society for Animal Science The benefits of supplementing a high dose of phytase have been reported in several studies. Gautier et al. (2018) reported increased degradation of myo-inositol hexakisphosphate and increased ileal inositol concentration in response to phytase supplementation. Leyva-Jimenez et al. (2019) reported an improvement in broiler performance, bone mineralization and ileal digestibility of energy from 1 to 24 days old. Walters et al. (2019) demonstrated that rising levels of phytase increased feed consumption and BW, and yielded higher nutrient digestibility and bone mineralization. The benefits have also been observed in laying hen diets with improvement in protein and energy digestibility, increase in egg production, and improvement in eggshell quality (Saleh, 2017). Thus, this study was designed to evaluate the effects of high, medium, and low levels of phytase supplementation performance, bone characteristics, blood parameters, and processing yield of broilers from 1 to 42 days old.

## **Materials and Methods**

The Western Paraná State University Ethical Review Committee approved all experimental procedures and birds were handled with care to avoid unnecessary discomfort.

Male Cobb 500 broilers chicks (n = 2625) were obtained from a commercial hatchery on the day of hatch. Chicks were stratified by weight and randomly distributed in a 3 x 5 factorial design that consisted of 15 dietary treatments, with each treatment containing seven replicates of 25 birds per experimental unit. Details of the dietary ingredients for days 1 to 21 (the starter phase) and days 22 to 42 (the grower phase) are presented in Tables 1 and 2.

**Table 1** Composition of experimental rations that vary in level of phytate and in the amount of calcium and phosphorus for feeding broilers during the starter phase

Ingredients (g kg <sup>-1</sup> )	Н	Р	MI	P	LP		
ingredients (g kg )	PC	NC	PC	NC	PC	NC	
Corn	539.0	553.5	577.3	590.9	610.0	624.5	
Soybean meal (45%)	335.9	333.4	282.2	280.2	287.1	284.6	
Gluten feed meal	20.0	20.0	20.0	20.0	20.0	20.0	
Wheat bran	30.0	30.0	30.0	30.0	-	-	
Soybean oil	31.1	26.2	17.7	13.1	10.1	05.2	
Meat & bone meal	-	-	20.0	20.0	20.0	20.0	
Poultry by-product meal	-	-	18.5	18.5	18.5	18.5	
Monocalcium phosphate	15.44	7.77	7.71	0.04	8.1	0.39	
Limestone	11.70	11.85	8.01	8.17	7.9	8.03	
Lysine (51.7%)	4.50	4.57	5.63	5.66	5.53	5.60	
Salt	3.31	3.30	2.82	2.81	2.81	2.81	
DL-Methionine (98%)	2.96	2.94	3.10	3.08	3.07	3.06	
Vitamin premix <sup>1</sup>	1.50	1.50	1.50	1.50	1.50	1.50	
Sodium bicarbonate	1.50	1.50	1.50	1.50	1.50	1.50	
L-Threonine (99%)	0.82	0.82	1.16	1.15	1.10	1.11	
Choline chloride	0.60	0.60	0.60	0.60	0.60	0.60	
Salinomycin 12%	0.55	0.55	0.55	0.55	0.55	0.55	
L-Valine (99%)	0.38	0.38	0.67	0.65	0.63	0.64	
Mineral premix <sup>2</sup>	0.50	0.50	0.50	0.50	0.50	0.50	
L-Isoleucine (99%)	-	-	0.36	0.38	0.29	0.31	
Avilamycin 10%	0.05	0.05	0.05	0.05	0.05	0.05	
Inert (sand)	-	0.40	-	0.40	-	0.40	

PC: positive control; NC: negative control; HP: high phytate; MP: medium phytate; LP: low phytate

 $<sup>^{1}</sup>$ Vitamin A: 2.7 g, vitamin D<sub>3</sub>: 0.75 g, vitamin E: 0.06 g, vitamin K<sub>3</sub>: 2.5 g, vitamin B<sub>1</sub>: 1.5 mg, vitamin B<sub>2</sub>: 6 g, vitamin B<sub>6</sub>: 3 g, vitamin B<sub>12</sub>: 0.0012 μg, pantothenic acid: 12 g, niacin: 25 g, folic acid: 800 mg, biotin: 60 mg, selenium: 0.25 g per kg  $^{2}$ Copper: 20 g, iron: 100 g, manganese: 160 g, cobalt: 2 g, iodine: 2 g, zinc 100 g per kg

**Table 2** Composition of experimental rations that vary in level of phytate and in the amount of calcium and phosphorus for feeding broilers during the grower phase

Ingradianta (a ka-1)	Н	Р	М	Р	L	LP	
Ingredients (g kg <sup>-1</sup> )	PC	NC	PC	NC	PC	NC	
Corn	599.0	613.4	629.3	644.0	662.0	676.5	
Soybean meal (45%)	261.1	258.6	211.9	209.2	229.6	227.0	
Gluten feed meal	35.0	35.0	28.0	28.0	18.0	18.0	
Wheat bran	35.0	35.0	35.0	35.0	-	-	
Soybean oil	31.9	26.9	23.5	18.5	17.2	12.2	
Feather meal	-	-	10.0	10.0	10.0	10.0	
Poultry by-product meal	-	-	28.0	28.0	30.0	30.0	
Monocalcium phosphate	11.99	4.32	7.67	-	7.67	-	
Limestone	10.67	10.82	9.55	9.71	9.29	9.45	
Lysine (51.7%)	4.83	4.90	5.81	5.90	5.22	5.29	
Salt	3.52	3.51	3.21	3.21	3.19	3.18	
DL-Methionine (98%)	2.28	2.27	2.42	2.40	2.48	2.47	
Vitamin premix <sup>1</sup>	1.20	1.20	1.20	1.20	1.20	1.20	
Na bicarbonate	1.00	1.00	1.00	1.00	1.00	1.00	
L-Threonine (99%)	0.54	0.54	0.78	0.78	0.70	0.70	
Choline chloride	0.55	0.55	0.55	0.55	0.55	0.55	
Salinomycin 12%	0.55	0.55	0.55	0.55	0.55	0.55	
L-Valine (99%)	0.18	0.18	0.40	0.41	0.36	0.36	
Mineral premix <sup>2</sup>	0.50	0.50	0.50	0.50	0.50	0.50	
L-Isoleucine (99%)	-	-	0.30	0.32	0.23	0.24	
Avilamycin 10%	0.05	0.05	0.05	0.05	0.05	0.05	
L-Tryptophan	-	-	0.13	0.14	0.10	0.11	
Inert (sand)	-	0.40	-	0.40	-	0.40	

PC: positive control; NC: negative control; HP: high phytate; MP: medium phytate; LP: low phytate.

Three levels of phytate, namely HP, MP and LP, were cross-classified with a PC diet, NC and three diets in which the NC diet was supplemented with 500, 1000 or 1500 FTU kg<sup>-1</sup> of phytase. One FTU is defined as the quantity of enzyme necessary to release one µmole of inorganic phosphate per minute from 5.0 mM sodium phytate at pH 5.5 and 37 °C. The phytase enzyme (Qingdao KDN Biotech Co. Ltd., Qingdao, China) was added at the rates of 100, 200, and 300 mg kg<sup>-1</sup> in formulating the diets. The HP diet contained no animal by-product meal. The MP diet contained a reduced amount of soybean meal and soybean oil, and was supplemented with either meat and bone meal during the starter phase or feather meal during the grower phase and poultry by-product meal. The LP diet had a similar amount of soybean meal to the MP diet, with the soybean oil content being further reduced, wheat bran removed, and the animal by-product meals remaining at the same levels. The PC diet was formulated to meet the nutritional requirements of the broilers. The NC diet had to have the same energy and protein content as the PC diet, but with 0.15% less Ca and 0.15% less P. The diets were formulated according to feed composition and nutritional requirements for broilers (Rostagno *et al.*, 2017). All diets were fed in mash form, and birds had ad libitum access to feed and water.

The starter diets (Table 3) all provided 12.56 MJ of metabolizable energy and 213.9 g of crude protein per kg. Likewise, the grower diets (Table 4) provided 12.98 MJ of metabolizable energy and 194.0 g of crude protein per kg.

 $<sup>^{1}</sup>$ Vitamin A: 2.7 g, vitamin D<sub>3</sub>: 0.75 g, vitamin E: 0.06 g, vitamin K<sub>3</sub>: 2.5 g, vitamin B<sub>1</sub>: 1.5 mg, vitamin B<sub>2</sub>: 6 g, vitamin B<sub>6</sub>: 3 g, vitamin B<sub>12</sub>: 0.0012 μg, pantothenic acid: 12 g, niacin: 25 g, folic acid: 800 mg, biotin: 60 mg, selenium: 0.25 g per kg  $^{2}$ Copper: 20 g, iron: 100 g, manganese: 160 g, cobalt: 2 g, iodine: 2 g, zinc 100 g per kg

**Table 3** Nutritional content of the experimental rations that vary in level of phytate and in the amount of calcium and phosphorus for feeding broilers during the starter phase

Nutriont	HP		MP		LP	
Nutrient	PC	NC	PC	NC	PC	NC
Metabolizable energy, MJ kg <sup>-1</sup>	12.56	12.56	12.56	12.56	12.56	12.56
Crude protein, g kg <sup>-1</sup>	213.9	213.9	213.9	213.9	213.9	213.9
Calcium, g kg <sup>-1</sup>	8.56	7.06	8.56	7.06	8.56	7.06
Total phosphorus, g kg <sup>-1</sup>	6.49	5.08	6.53	5.13	6.45	5.01
Available phosphorus, g kg <sup>-1</sup>	4.20	2.70	4.17	2.67	4.17	2.67
Phytate phosphorus, g kg <sup>-1</sup>	2.44	2.46	2.33	2.35	2.22	2.24
Sodium, g kg <sup>-1</sup>	1.90	1.90	1.90	1.90	1.90	1.90
Digestible lysine, g kg <sup>-1</sup>	12.26	12.26	12.26	12.26	12.26	12.26
Digestible methionine + cysteine, g kg <sup>-1</sup>	8.84	8.84	8.84	8.84	8.84	8.84
Digestible threonine, g kg <sup>-1</sup>	7.97	7.97	7.97	7.97	7.97	7.97
Digestible valine, g kg <sup>-1</sup>	9.44	9.44	9.44	9.44	9.44	9.44
Digestible isoleucine, g kg <sup>-1</sup>	8.33	8.32	8.22	8.22	8.22	8.22

PC: positive control; NC: negative control; HP: high phytate; MP: medium phytate; LP: low phytate

**Table 4** Nutritional content of experimental rations that vary in level of phytate and in the amount of calcium and phosphorus for feeding broilers during grower phase

Nutriont	HP		MP		LP	
Nutrient	PC	NC	PC	NC	PC	NC
Metabolizable energy, MJ kg <sup>-1</sup>	12.98	12.98	12.98	12.98	12.98	12.98
Crude protein, g kg <sup>-1</sup>	194.0	194.0	194.0	194.0	194.0	194.0
Calcium, g kg <sup>-1</sup>	7.32	5.82	7.32	5.82	7.32	5.82
Total phosphorus, g kg <sup>-1</sup>	5.69	4.29	5.60	4.19	5.46	4.05
Available phosphorus, g kg <sup>-1</sup>	3.42	1.92	3.42	1.92	3.42	1.92
Phytate phosphorus, g kg <sup>-1</sup>	2.39	2.41	2.25	2.27	2.11	2.13
Sodium, g kg <sup>-1</sup>	1.85	1.85	1.85	1.85	1.85	1.85
Digestible lysine, g kg <sup>-1</sup>	10.78	10.78	10.78	10.78	10.78	10.78
Digestible methionine + cysteine, g kg <sup>-1</sup>	7.87	7.87	7.87	7.87	7.87	7.87
Digestible threonine, g kg <sup>-1</sup>	7.01	7.01	7.01	7.01	7.01	7.01
Digestible valine, g kg <sup>-1</sup>	8.41	8.41	8.41	8.41	8.41	8.41
Digestible isoleucine, g kg <sup>-1</sup>	7.42	7.40	7.33	7.33	7.33	7.33

PC: positive control; NC: negative control; HP: high phytate; MP: medium phytate; LP: low phytate

Weight gain (WG), feed intake (FI), and feed conversion ratio (FCR) were recorded from day 1 to day 42. Mean individual bird weight and FI were calculated, taking mortalities into consideration (Sakomura & Rostagno, 2016).

At 42 days old, two birds per pen were randomly selected, fasted for six hours, and blood samples were collected via brachial puncture. Blood was coagulated and centrifuged at 1008 g rpm for 10 min to obtain serum, which was stored at -20 °C. To perform the analyses, serum was thawed at room temperature, centrifuged at 1008 g for 5 min, and then Ca, P, and alkaline phosphatase (ALP) analyses were performed with a high-performance automatic spectrophotometer (Flexor EL 200, Elitech, Paris, France) with specific kits, calibrated with standards (Elical, Elitech, Paris, France).

Evaluation of bone development was conducted at 42 days old. Two birds with mean group weights ( $\pm$  5%) were weighed and euthanized by electronarcosis followed by exsanguination (Normative Resolution No. 37 of 15 February 2018, CONCEA). The legs were separated and deboned to obtain the tibia. After deboning, the left tibias were weighed to the nearest  $\pm$  0.0001 g and the length was determined with a digital calliper (accuracy of 0.01 mm). The bone density was calculated by dividing the bone weight (mg) by its length (mm), thus obtaining the Seedor Index (Seedor *et al.*, 1991). After bone density had been determined, the tibia was stored individually at -20 °C for further analysis.

Bone-breaking strength (BS) was determined after the bone had been thawed at room temperature. The tibia were supported individually on the epiphysis regions. A force load of 200 kgf at the speed of 5 mm s<sup>-1</sup> was applied in the central area of each bone with the probe TA-TPB and a CT3 texture analyser (AMETEK Brookfield, Middleboro, Massachusetts, USA).

After BS was measured, the tibia was weighed on an analytical balance (± 0.0001 g) and its dry matter content was determined (AOAC, 1995). Samples were weighed, ashed overnight at 600 °C and weighed again (Hall *et al.*, 2003, adapted). The percentage of tibia ash was calculated as the proportion of the dry pre-ashed tibia multiplied by 100.

To determine the amount of Ca and P in the bones, the ashes were placed in a sand bath (250 °C) in a solution of HCl (6 M) to solubilize the minerals. Calcium was measured with an atomic absorption apparatus (GBC-932AA) and phosphorus with a spectrophotometer (UV/VIS GBC-916).

To evaluate the incidence of tibial dyschondroplasia, the left tibia of (n = 105) 42-day old birds were decalcified with 50% formic acid and 20% sodium citrate (Fernandes *et al.*, 2007). After decalcification, the bone was embedded in paraffin (Beçak & Paulete, 1976). The sections were made with microtomes at five µm thickness and stained with haematoxylin-eosin to observe the epiphyseal disk area. For analysis of tibial epiphyseal cartilage slides, two distinct regions were considered, characterized by morphological appearance, namely growth plate (A1) and hypertrophic cartilage zone (A2). The images were measured with a computerized image analyser PROPLUS IMAGE 4.1.

The left tibias (n = 105) were used to determine radiographic bone densitometry (bone mineral density), which was performed at the Dentistry Clinic of the University Hospital of Cascavel. The tibiotarsus was utilized to determine the optical densitometry in radiographic images compared with an aluminium scale with 10 degrees for 1 mm (penetrometer). The bones were radiographed with a dental X-ray machine (Orthopantomograph OP 300, Instrumentarium Dental, Tuusula, Finland) at 85 kVp, 6.3 mA, and 10 seconds exposure time. The digital images were analysed with Adobe Photoshop CS6. Five areas of each penetrometer degree (1 - 5 mm) were analysed, and the equation was calculated from these values. Six regions of each bone were performed, and the value obtained was applied in the equation to determine the value of bone mineral density expressed as millimetres of aluminium (mm Al). Higher values indicated greater radiopacity and greater bone density.

At the end of the experiment, four birds per pen were selected to evaluate carcass yield and cuts, which included wings, legs, breast, breast fillet, and abdominal fat (removed from around the cloaca and gizzard).

All data were analysed with SAS version 9.1 (SAS Institute Inc., Cary, North Carolina, USA). An analysis of variance and subsequent polynomial regression between levels of inclusion of the enzyme was performed, excluding the PC treatment. Also, Dunnett's test was performed at the 5% probability level to compare the PC treatment with the other treatments. Tukey's test was performed to compare the means of each phytate content.

#### **Results and Discussion**

There were no interactions (P > 0.05) between phytase supplementation and phytate content on broiler performance (Table 5). Hence, the means for all 15 dietary treatments are not presented. No effects (P > 0.05) were observed for enzyme supplementation and phytate content on FI and FCR. However, WG showed a quadratic response (P < 0.05) as the level of phytase inclusion increased from 0 to 1500 FTU kg<sup>-1</sup>, with the maximum response being calculated at 952 FTU kg<sup>-1</sup>. Broilers that received NC exhibited the lowest WG, which was 3.19% lower than PC and significantly different from the WG of broilers that received NC + 1000 FTU kg<sup>-1</sup> diets, which was 2.84% higher than PC. The regression equation describing the response in WG to supplemental phytase (X) was:

$$WG = 2702.317564 + 0.422784X - 0.000222X^2$$

This equation explained 37% of the variation in WG and had an estimated maximum response of 2904 g with 952 FTU kg<sup>-1</sup> of phytase supplementation.

Table 5 Effect of dietary phytate and phytase on broiler performance at 42 days old

Treatments	Feed intake, g	Weight gain, g	Feed conversion ratio
High phytate	4400	2850	1.545
Medium phytate	4320	2800	1.547
Low phytate	4270	2820	1.518
Positive control (PC)	4300	2820	1.527
Negative control (NC)	4260	2730	1.563
NC + 500 FTU kg <sup>-1</sup>	4390	2860	1.553
NC + 1000 FTU kg <sup>-1</sup>	4340	2900	1.498
NC + 1500 FTU kg <sup>-1</sup>	4340	2840	1.530
CV (%)	4.76	3.98	4.65
SE	0.020	0.011	0.007
P-values			
Phytate level	0.066	0.430	0.399
Phytase enzyme level	0.226	<0.001	0.087
Interaction	0.234	0.553	0.138
Regression on enzyme level	0.259	<0.001	0.534

There were no interactions (P > 0.05) between phytase supplementation and levels of dietary phytate based on bone characteristics (Table 6).

Table 6 Effect of dietary phytate and phytase on characteristics of tibia from broilers at 42 days old

Treatments	SI	BS, kgf mm <sup>-1</sup>	DM, gkg <sup>-1</sup>	BA, g kg <sup>-1</sup>	A1, mm <sup>2</sup>	A2, mm <sup>2</sup>	MBD
High phytate	143.54	30.09	479.2	418.2	24.25	57.77 <sup>ab</sup>	3.79
Medium phytate	144.65	30.98	479.1	404.9	23.74	54.10 <sup>b</sup>	3.82
Low phytate	145.46	31.35	487.2	412.4	23.72	60.42 <sup>a</sup>	3.88
Positive control	144.60	32.06	489.5	415.6	23.90	56.23	3.85
Negative control (NC)	145.53	28.26	465.4	407.5	23.23	57.28	3.87
NC + 500 FTU kg <sup>-1</sup>	145.02	30.64	479.9	410.5	22.89	61.69	3.90
NC + 1000 FTU kg <sup>-1</sup>	146.36	33.06	492.8	410.7	23.94	56.19	3.76
NC + 1500 FTU kg <sup>-1</sup>	141.21	31.27	487.2	418.1	25.72	55.53	3.76
CV (%)	7.27	15.77	5.04	6.04	14.85	19.17	8.19
SE	1.04	1.04	0.24	0.25	0.36	1.08	0.03
P-values							
Phytate level	0.786	0.556	0.597	0.136	0.704	0.048	0.522
Phytase enzyme level	0.417	0.009	0.003	0.560	0.080	0.346	0.567
Interaction	0.905	0.849	0.112	0.362	0.051	0.164	0.730
Regression on enzyme level	0.304	0.031	0.462	0.395	0.138	0.280	0.443

SI: Seedor index, BS: breaking strength, DM: dry matter, BA: bone ash, A1: area of the growth plate, A2: area of the hypertrophic cartilage zone, MBD: mineral bone density

Seedor index (SI), bone ash (BA), growth plate (A1) and MBD were not influenced (P > 0.05) by enzyme supplementation and phytate content. Bone breaking strength had a quadratic response to phytase supplementation (P < 0.05). The equation describing that response was:

$$BS = 28.04408333 + 0.00855555X - 0.00000418X^2$$

where: X = the level of phytase supplementation.

This equation explained 13% of the variation in BS and had an estimated maximum response of 32.42 kg force mm $^{-1}$  with 1023.4 FTU kg $^{-1}$  of phytase supplementation. Broilers that received the NC treatment had the lowest BS, which was 11.85% lower than PC, and lowest bone DM content, which was 4.92% lower than PC. The area of the hypertrophic cartilage zone (A2) was higher in broilers receiving LP diets compared with broilers fed the MP diets (P <0.05).

No significant (P > 0.05) interaction or isolate effect was found in ALP (Table 7). There was an interaction (P < 0.05) between phytase supplementation and phytate content on blood Ca and P. Birds fed diets with HP content and receiving the NC and NC + 500 FTU kg<sup>-1</sup> had a higher concentration of serum Ca and P (P < 0.05) compared with birds fed LP diets. Birds fed diets with NC + 1500 FTU kg<sup>-1</sup> and HP had a lower concentration (P < 0.05) of serum Ca compared with birds fed other diets. Serum P had a quadratic response to phytase supplementation (P < 0.05). The equation describing that response was:

$$P = 4.723000000 + 0.002319095X - 0.000001174X^2$$

where: X = the level of phytase supplementation.

This equation explained 20% of the variation in serum P and had an estimated maximum response of 5.9 mg dl $^{-1}$  with 987.7 FTU kg $^{-1}$  of phytase supplementation. A significant effect (P < 0.05) was observed in which the Ca content of the tibia showed a progressive increase with the level of phytase supplementation. Broilers that received HP diets also had a higher tibia Ca content than MP (P < 0.05). For P, only birds in the NC treatment differed (P < 0.05) from those in PC.

Table 7 Effect of dietary phytate and phytase on serum and bone mineral contents of broilers at 42 days old

T		Serum		Во	ne
Treatments	Ca, mg dl <sup>-1</sup>	P, mg dl <sup>-1</sup>	ALP, U I <sup>-1</sup>	Ca, g kg <sup>-1</sup>	P, g kg <sup>-1</sup>
High phytate	9.32 <sup>a</sup>	5.96 <sup>a</sup>	186.88	192.5 <sup>a</sup>	98.7
Medium phytate	9.18 <sup>ab</sup>	5.34 <sup>b</sup>	190.11	176.1 <sup>b</sup>	102.3
Low phytate	8.92 <sup>b</sup>	5.36 <sup>b</sup>	205.38	184.8 <sup>ab</sup>	97.2
Positive control	9.54	5.95	206.17	194.0	101.9
Negative control (NC)	9.16	4.99*	207.33	172.4	93.3*
NC + 500 FTU kg <sup>-1</sup>	9.39	5.80	203.93	180.9	96.8
NC + 1000 FTU kg <sup>-1</sup>	8.98	5.66	180.93	180.1	97.9
NC + 1500 FTU kg <sup>-1</sup>	9.03	5.63	187.07	194.4	107.9
CV (%)	9.09	13.05	30.35	101.4	106.1
SE	0.08	0.07	5.91	0.19	0.11
<i>P</i> -values					
Phytate level	0.047	<0.001	0.393	< 0.001	0.050
Phytase enzyme level	0.128	<0.001	0.468	<0.001	<0.001
Interaction	<0.001	<0.001	0.160	0.376	0.031
Regression on enzyme level	0.534	0.003(Q)	0.322	0.438	0.153

Ca: calcium, P: phosphorus, ALP: alkaline phosphatase

The interaction effect between levels of phytate and phytase on serum calcium, serum phosphorus and the phosphorus content of the tibia are detailed in Table 8. Two quadratic regression equations were calculated that described the response in serum P to supplementation with the phytase enzyme (X) at each level of dietary phytate, as indicated by the subscripted dependent variables. These equations were:

$$\begin{array}{l} P_{MP}=\ 4.194321429+0.003021500X-0.000001386X^2, \ {\rm and} \\ P_{LP}=\ 3.443285714+0.004506571X-0.000002029X^2. \end{array}$$

These equations described 50% and 90% of the variation in serum phosphorus that is attributable to the phytase level at the various levels of dietary phytate. The predicted maxima for these equations were 5.84 and 9.95 mg dl<sup>-1</sup>, which occurred at phytase supplementation levels of 1090.0 and 1110.5 FTU, respectively. A third quadratic equation described the response on P content of the tibia in birds fed LP. That equation was:

$$P_{LP} = 9.302970297 - 0.001876040X + 0.000001997X^2.$$

It explained 54% of the variation in the phosphorus content of the tibia, with an estimated minimum of 8.86 g kg<sup>-1</sup> occurring at a supplementation of level of 469.7 FTU.

**Table 8** Interaction effects between phytate level and phytase supplementation level on serum calcium and phosphorus and on the phosphorus content of bone from 42-day-old broilers

Company and air was a result of					
Serum calcium, mg dl <sup>-1</sup>	NC	NC+ 500	NC+1000	NC+1500	P-value <sup>1</sup>
High phytate	10.14 <sup>a</sup>	10.27 <sup>a</sup>	8.48	8.39 <sup>b</sup>	0.128
Medium phytate	8.67 <sup>b</sup>	9.25 <sup>ab</sup>	9.34	9.45 <sup>a</sup>	0.098
Low phytate	8.67 <sup>b</sup>	8.64 <sup>b</sup>	9.12	9.25 <sup>a</sup>	0.140
Serum phosphorus, mg dl <sup>-1</sup>					
High phytate	6.26 <sup>a</sup>	6.61 <sup>a</sup>	5.46	5.57	0.611
Medium phytate	4.37 <sup>a</sup>	5.47 <sup>b</sup>	5.72	5.65	0.001
Low phytate	3.70 <sup>b</sup>	5.32 <sup>b</sup>	5.46	5.68	< 0.001
Bone phosphorus, g kg-1					
High phytate	9.02	9.96 <sup>b</sup>	9.17	10.73	0.070
Medium phytate	9.56	10.35 <sup>a</sup>	10.46	10.77	0.060
Low phytate	9.42	8.58 <sup>c</sup>	9.72	10.89	0.008

Probability levels for the regression on level of phytase enzyme

Phytase level and phytate content did not influence (P > 0.05) carcass yield and cuts of broiler chickens at 42 days old (Table 9). Only the abdominal fat of birds that received the NC treatment was lower (P < 0.05) compared with PC treatment.

 $<sup>^{</sup>a,b,c}$  At each level of phytase supplementation, the values with a common superscript were not different with a probability P = 0.05, by Tukey's test

Regression on enzyme level

Treatments	Carcass	Wing	Whole leg	Breast	Breast fillet	Abdominal fat
High phytate	70.65	10.34	29.27	40.59	35.43	1.93
Medium phytate	70.80	10.36	28.86	41.18	35.84	1.87
Low phytate	70.58	10.53	28.84	40.32	35.02	1.94
Positive control	70.84	10.24	29.01	39.83	34.45	2.11
Negative control (NC)	70.58	10.64	28.56	41.03	35.72	1.73
NC + 500 FTU kg <sup>-1</sup>	70.46	10.35	29.11	40.83	35.33	1.97
NC + 1000 FTU kg <sup>-1</sup>	70.75	10.45	29.38	39.94	35.16	1.96
NC + 1500 FTU kg <sup>-1</sup>	70.94	10.19	29.27	40.97	35.50	2.05
CV (%)	1.48	5.81	4.36	3.97	5.69	18.63
SE	0.104	0.06	0.13	0.16	0.20	0.04
P-values						
Phytate level	0.783	0.409	0.248	0.094	0.313	0.562
Phytase enzyme level	0.559	0.100	0.197	0.062	0.817	0.012
Interaction	0.960	0.702	0.556	0.428	0.776	0.051

Table 9 Effect of dietary phytate and phytase on the yields (%) of carcass and cuts from broilers at 42 days old

Phytase supplementation increased phytate hydrolysis regardless of the phytate level, as indicated by the lack of phytate and phytase interaction. Higher doses of phytase than standard levels exerted an additive effect, which was also manifested in higher WG in broilers fed diets with 1000 FTU kg<sup>-1</sup> phytase compared with the PC treatment.

0.087

0.078

0.142

0.632

0.055

0.361

The phytate content in the diets did not influence broiler performance variables, probably because the phytate concentration among diets was not large enough to show statistical differences. In a study by Morgan *et al.* (2016), there was an improvement in WG and FCR of broilers fed diets with highly degradable phytate compared with those fed diets with a lower level of degradable phytate, suggesting the occurrence of higher phytate hydrolysis in broilers fed the highly susceptible diet. The degradable phytate fraction was indicated to interfere in the digestion process and the higher level of hydrolysis of this fraction may be correlated with better performance. In phytate-rich diets, higher phytate hydrolysis occurs along the gastrointestinal tract, regardless of the presence or absence of phytase. Other factors, such as the ingredients of the diet, mineral and protein concentrations, phytate solubility, and gastrointestinal pH, can influence phytate degradation (Morgan *et al.*, 2016).

Improvement of bone parameters may be related to an increase in bone mineralization of diets supplemented with phytase, which could have led to higher availability of P, Ca and other minerals liberated from the phytate mineral complex (Singh *et al.*, 2003; Gautier *et al.*, 2018). Effects of phytase could be observed under increasing hydrolysis of phytate anti-nutritional effects on divalent cations, making the bone characteristics of phytase supplemented broilers similar to those receiving PC treatment. This positive action of phytase on bone characteristics was similar to the response observed on broiler WG. Better performance could be associated with adequate bone mineralization, which is essential to sustain the muscular development of the birds.

Bone growth and mineralization were less pronounced during the finisher phase, and this explains the lack of statistical difference among certain variables. The data demonstrated adequate bone development and integrity without disorders and the muscular, ligamentous and tendinous development was stabilized, parameters that depend on the bone state, which stabilizes as the birds grow (Amoroso *et al.*, 2013).

Based on the interaction observed in blood samples, broilers fed diets with HP without phytase supplementation (NC) appeared to be trying to digest and absorb Ca and P. This behaviour was evident from the increase of Ca and P in the blood.

As birds mature, there is a reduction in bone development, an increase in muscle development, and an accumulation of fat. Hence the bird's physiology responds to compensate for the lack of Ca and P, thus increasing the circulating Ca and P. This effect could be observed when phytase was added at 500 FTU kg<sup>-1</sup>

and from 1000 and 1500 FTU kg<sup>-1</sup> with a stabilization in high, medium and low phytate in the diet. In this case, phytase at higher doses was more effective in diets with HP.

Birds fed the NC and NC + 500 and 1000 FTU kg<sup>-1</sup> had a lower Ca deposition in the tibia compared with the PC, but with birds fed diets with 1500 FTU kg<sup>-1</sup> of phytase had similar Ca deposition in tibia compared with the PC. However, the lower Ca content did not influence tibia BS and BA.

The improvement in bone mineralization observed in diets supplemented with phytase probably increased P or Ca utilization by liberating inorganic P and Ca from the phytate molecule in the digestive tract (Perney *et al.*, 1993). The higher deposition of Ca and P in the bone was probably the main factor in the increase in other bone characteristics (SI, BS, DM, BA and MBD for example) as observed in the present study.

The activity of the enzyme ALP is used to evaluate bone dynamic and remodelling. In the growth phase of the animal, higher concentrations of this enzyme indicated an increase in the formation of the bone tissue. In the present study, the plasma concentration of ALP did not differ in the experimental treatments. The low levels of ALP observed when the broilers were at 42 days old were probably because the bones had already ossified.

The results of the carcass and cuts in the present study indicated that phytate levels were not sufficient to affect the growth of the broilers negatively. In the same way, when they examined the influence of phytic acid on birds fed control treatments containing 0.06 and 0.12% of phytic acid, Shibata *et al.* (2012) did not report differences in BW and part weights, such as wing, leg and breast. Also, phytase did not result in differences under these variables. These results agree with those of Singh *et al.* (2003) and Broch *et al.* (2018) in which carcass yield and cuts were not influenced by phytase supplementation.

Abdominal fat weight decreased significantly in broilers receiving NC treatment. This difference may be associated with the lower availability of nutrients and the reduced levels of soybean oil in NC diets, since dietary energy level can be modified to reduce body fat deposition (Fouad & Senousey, 2014).

Phytate reduces the availability of minerals (such as P, Ca, zinc and copper), protein, amino acids, and energy in poultry diets (Saleh, 2017), which can lead to a reduction in poultry performance and bone characteristics. Exogenous phytase enzymes allow for greater flexibility during feed formulation by allowing the usage of a wider range of feed ingredients (Broch *et al.*, 2018). There are limited studies in the literature that have investigated the influence of phytase in broiler diets with feed ingredients of animal origin, as most studies were based on vegetable diets.

Onyango & Adeola (2009) evaluated the role of dietary phytate in the regulation of intestinal phytase and observed that the presence of phytate in the purified diet reduced the activity of duodenal brush border phytase and led to a reduction in performance variables. In their study, phytase supplementation partially reduced the antinutritional effects of phytate and they concluded that dietary phytates inhibited intestinal mucosa phytase non-competitively.

Although feed ingredients of animal origin do not contain phytate, most ingredients in poultry feed contain phytate. Therefore, it is essential to consider P availability and solubility in feed ingredients and phosphate sources, and interactions of minerals on P precipitation in the digesta (Hamdi *et al.*, 2017).

Thus, it is necessary to investigate the impact of phytase on the performance of broilers offered diets containing various phytate concentrations. Also, phytases differ in their ability to hydrolyse phytate and this difference is dependent on the concentration and source of phytate in the diet and phytase characteristics (which may be related to the kinetics of individual phytases, pH, and purity), energy, amino acid density, animal genetic and age (Onyango & Adeola, 2009; Dos Santos *et al.*, 2014; Cowieson *et al.*, 2016).

### **Conclusions**

Phytase supplementation produced a positive response in diets with reduced amounts of Ca and P. For traits that responded favourably to phytase supplementation the optimal level in diets with reduced Ca and P was approximately at 1000 FTU kg<sup>-1</sup>. The overall effect of phytase could have been more pronounced if phytate concentration between diets had been greater. It should also be considered that mineral requirements for tibia development are reduced with age.

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## **Authors' Contributions**

JB, VDLS, LW, EHC and GLST collected the data. JB, WJP, CE, GMP and RVN conducted the statistical analyses, collaborated in interpreting the results, wrote the initial draft of this manuscript, and finalized the manuscript. RVN, CE and VDLS developed the original hypothesis, designed the experiments, and collaborated in interpreting the results. The authors have read and approved the manuscript.

#### **Conflict of Interest Declaration**

The authors declare there is no conflict of interest.

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