# Human immunodeficiency virus (HIV) infection in men with penile carcinoma is associated with increased prevalence of human papilloma virus infection and younger age at presentation

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Background: We investigated the prevalence of HIV and human papilloma virus (HPV) infection in men with penile carcinoma.

**Method:** This retrospective study investigated all men with penile carcinoma at the Universitas Academic Hospital in Bloemfontein, South Africa (January 2000–December 2008). Patients' age, HIV status, histological type of carcinoma and evidence of HPV infection were recorded. Statistical analyses included Student's t-test and Fisher's exact test where appropriate (2-tailed p-value < 0.05 indicated statistical significant).

**Results:** Among 65 patients (mean age 50.9 years, range 37–69), the most common histological type was squamous cell carcinoma (80.0%). HIV status was known for 48 patients; 27 (56.2%) were HIV-positive. The mean age at presentation was 43.7 years (range 26–69) years in the HIV-positive and 57.2 years (range 26–89) years in the HIV-negative group. Approximately 55% of HIV-positive and 24% of HIV-negative patients showed histological evidence of HPV infection (p = 0.04). No significant difference was found with regard to histological type of carcinoma.

**Conclusion:** Patients with penile carcinoma had a high prevalence of HIV infection. The HIV-positive group were significantly younger at presentation, with a higher prevalence of HPV infection, suggesting that HIV may contribute to HPV-associated penile cancer at a younger age.

Key words: penis; carcinoma; human immunodeficiency virus (HIV); human papilloma virus (HPV)

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## Introduction

Malignant neoplasms of the penis account for less than 0.5% of all neoplasms in males and 3% of all genitourinary cancers in western countries.<sup>1</sup> However, there is 3 to 4 fold increase in low or middle income countries such as Uganda, Brazil, Jamaica, Mexico and Haiti where penile carcinoma represents 10–12% of all urogenital malignancies.<sup>1</sup>

Squamous cell carcinoma (SCC) is by far the most common type of penile cancer.<sup>1</sup> The mean age of men with SCC of the penis varies from 55 to 63 years in studies from Europe and the United States of America, and the condition is rare in men under 40 years of age.<sup>1,2</sup> Factors associated with an increased risk include lack of neonatal circumcision, poor hygiene, phimosis, smoking and viral infection.<sup>1,3</sup> Human papilloma virus (HPV) is present in 15–80% of patients with primary penile cancer, and is thought to be the cause of 50% of all penile carcinomas.<sup>3</sup> SCC of the skin, oral cavity, epiglottis, oesophagus, lung, anorectum and cervix has been reported in patients infected with the human immunodeficiency virus (HIV).<sup>4</sup> However, very few cases of HIV-associated invasive SCC of the penis have been reported in the literature.<sup>5</sup>

In view of the high prevalence of HIV infection in South Africa, the aim of this study was to determine the prevalence of HIV-positivity in men with SCC of the penis treated at our institution, and to determine its relationship to age at presentation and HPV infection.

## Method

All cases of penile carcinoma histologically confirmed by the Department of Anatomical Pathology, University of the Free State, and National Health Laboratory Service between January 2000 and December 2008 were retrospectively reviewed. Haematoxylin and eosin (H&E) stained slides and histopathology reports were retrieved from the departmental archives. The type of carcinoma and the presence or absence of HPV infection were confirmed by one pathologist (JG) who reviewed the histology slides. Evidence of HPV infection was defined as the presence of koilocytes and/or histological features of condylomata acuminata in the histopathology specimen (Figure 1). No molecular testing or genotyping was performed for confirmation of HPV infection. The pathologist was blinded to the HIV status of the study subjects. Ethnicity of the patients was self-declared.

HIV testing was performed by enzyme-linked immunosorbent assay (ELISA) of serum specimens. Data analysis was performed with Student's t-test and Fisher's exact test where appropriate, using GraphPad InStat software. Statistical significance was regarded as a 2-tailed p-value < 0.05.

The study was approved by the Ethics Committee of the Faculty of Health Sciences, University of the Free State.

## Results

In the period January 2000 through December 2008, 65 men were diagnosed with carcinoma of the penis: 52 (80.0%) were SCC, 10 (15.4%) vertucous carcinoma, 1 (1.5%) undifferentiated and 2 (3.1%) mixed carcinoma.

The mean patient age at diagnosis was 50.9 years (range 26–89 years). Of the 55 patients whose race was known, 52 (94.5%) were black, two (3.6%) white, and one (1.8%) coloured. This reflects the demography of patients seen at our institution. Of the 48 patients whose HIV status was known, 27 (56.2%) were HIV-positive. Histological evidence of HPV infection was present in 27 of the 65 cases (41.5%) (Figures 1 and 2). The HIV-negative group when compared with the HIV-positive group had a significantly lower mean age at presentation and a significantly higher prevalence of HPV infection (Table 1). Figure 3 shows a haematoxylin and eosin (H&E) stained section of infiltrating SCC of the penis.

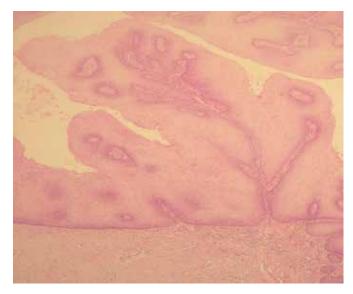


Figure 1. Haematoxylin and eosin (H&E) stained section showing features of HPV infection (condyloma acuminatum) (10x magnification).

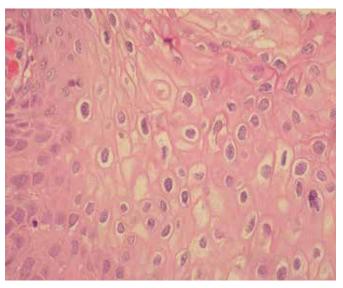


Figure 2. Koilocytes, the hallmark of HPV infection, with raisin-like nuclear membranes and a perinuclear halo (40x magnification).

	HIV-negative		HIV-positive		p-value
Patient age (years)		-			
Mean	57.2		43.7		0.05
Range	26-89		26–69		
HPV on histology	n	%	n	%	
HPV-negative	16	76.2	12	44.4	
HPV-positive	5	23.8	15	55.6	0.04
Histology					
Squamous cell carcinoma	17	89.5	21	77.8	
Verrucous carcinoma	2	10.5	6	22.2	0.44

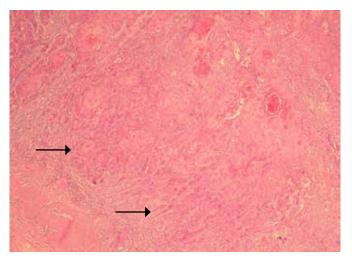


Figure 3. Haematoxylin and eosin (H&E) stained section of infiltrating SCC of the penis. Note arrowed the small irregular nests of tumour cells infiltrating the stroma. (10x magnification).

## Discussion

It is well established that certain "high-risk" strains of HPV play an important etiological role in premalignant and malignant squamous cell lesions of the uterine cervix.<sup>6</sup> Previous studies have shown that wives or sexual partners of men with penile carcinoma have a three-fold higher risk of cervical cancer. Male partners of women with cervical intraepithelial neoplasia have a significantly higher incidence of penile intraepithelial neoplasia as well as HPV infection.<sup>7</sup>

However, only about 30–50% of cases of infiltrating penile SCC are associated with HPV.<sup>5</sup> Therefore, it is possible that penile carcinoma may develop along two different pathogenetic pathways: one that is associated with HPV and another that is unrelated to these viruses.<sup>6</sup>

Polymerase chain reaction (PCR) analysis can be performed to detect HPV DNA7 but due to financial constraints, it was not possible to perform PCR analysis on this cohort. Histologically, the presence of koilocytes and/or features of condylomata acuminata in biopsy material indicates the presence of HPV infection. However, lesions diagnosed as condylomata on histology can be negative for HPV DNA while HPV DNA can be detected in specimens which do not have the classical features of HPV infection. Hippeläinen et al.8 found 81.1% of condylomata acuminata were positive for HPV DNA using in situ hybridization and koilocytosis was the most powerful predictor of HPV-positivity with a risk ratio of 3.7.8 In our series 41.5% of patients had histological evidence of HPV infection, which is similar to the rates reported in other studies.7 The prevalence of HPV infection was significantly higher in the HIV-positive compared with the HIV-negative group (55.6% vs 23.8%). This suggests that HIV infection may facilitate the development of HPVassociated penile cancer. In anal squamous carcinoma it is thought that HIV infection increases the severity and length of HPV infection as immune compromised patients cannot

clear the HPV infection as effectively as immune competent individuals. Additional factors promoting the genesis of anal squamous cancer include potentiation of expression of HPV E6 and E7 onco-proteins by HIV, the lack of Langerhans cells in the anal mucosa of HIV and HPV co-infected individuals and alteration of dendritic cells by HIV. How these mechanisms are involved in the genesis of penile squamous cancer have not been elucidated.<sup>9</sup>

Regarding the prevalence of HIV infection in South Africa, the 2008 National Antenatal Sentinel HIV and Syphilis Prevalence Survey noted an overall HIV prevalence of 29.3% among pregnant women 15–49 years of age, and a prevalence of 32.9% among pregnant women in the Free State Province.<sup>10</sup> In our study cohort of men with penile carcinoma 56.2% were HIV positive, which indicates a substantially higher prevalence of HIV infection when compared with pregnant women.

Although the small size of this study is a limiting factor, the mean age of the HIV-positive group was significantly lower compared to the HIV-negative group (43.7 vs 57.2 years). This indicates that HIV infection may predispose to the development of penile SCC at an earlier age as can be seen in squamous carcinomas of the conjunctiva, cervix and lung.<sup>4,11,12</sup> It is therefore important to perform a biopsy on men with suspicious penile lesions to exclude carcinoma, regardless of their age at presentation. All men diagnosed with penile carcinoma should be tested for HIV after they have received proper counseling. Additional larger studies which include molecular testing for HPV should be considered in future.

## Conclusions

In this cohort of men with penile cancer the prevalence of HIV infection (56.2%) was substantially higher than the reported prevalence among pregnant women (32.9%) in the same geographical area. The HIV-positive compared with the HIV-negative group had a significantly lower mean age at presentation (43.7 vs 57.2 years) and higher prevalence of HPV infection (55.6% vs 23.8%). This suggests that HIV infection may predispose to the development of HPV-associated penile cancer at a younger age.

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