

# Boekbesprekings : Book Reviews

## HYPERTHYROIDISM

**Thyroid Disease and Muscle Dysfunction.** By I. Ramsay, M.D. (Edin.), M.R.C.P. (Lond.), M.R.C.P. (Edin.). Pp. 179. Illustrated. £4,00. London and Johannesburg: William Heinemann Medical Books. 1974.

This attractively produced monograph covers the major muscle abnormalities found in hyperthyroidism i.e. acute and chronic myopathy, myasthenia gravis and periodic paralysis.

In addition there is a useful chapter on muscle disease associated with hypothyroidism. The book reviews clinical, biochemical and histopathological aspects of these abnormalities, a good balance being struck between personal experience and that culled from the literature. It contains an excellent bibliography. Though this small monograph seems somewhat overpriced, it is an excellent reference text for those interested in thyroid disease and muscle abnormalities and as such should find its way into every medical library.

B.L.P.

## HUWELIKSREG VIR SWAKSINNIGES

**Geestelijk Gehandicapten Seksualiteit en Erotiek.** Gered. deur P. Sporken. Pp. 152. R4,87. Nijkerk: G. F. Callenbach. 1973. Verkrygbaar van Die Verenigde Protestantse Uitgewers.

Welke erotiese ervaringe by swaksinniges is bevorderlik en toelaatbaar? Die werk bevat ideologiese eensydighede soos bv. swaksinniges is 'weselik gelyk afgesien van bykomstige verskille'. Die 'reg tot huwelik' word dus geëis vir swaksinniges (vergelyk daarenteen die berig van die groot aantal jaarlikse sterilisasies). Mooi voorbeelde word aangehaal wat die verskillende betekenis van liggaamlike kontak verduidelik, wat inderdaad belangrik vir swaksinniges is. Die uitspraak oor eerbied vir die perke van die publieke opinie en van elke verpleegkundige opvoeder is bemoedigend.

'n Waardevolle boekie vir opvoeders in hierdie veld.

J.H.K.H.