

## BOEKBESPREKINGS : BOOK REVIEWS

### PSYCHOTHERAPY TECHNIQUE

*Technique of Psychotherapy*. 2nd ed. Vols. I and II. By L. R. Wolberg, M.D. Pp. xiv + x + 1411. £11.4.0. London: William Heinemann Medical Books. 1967.

Numerous changes and additions have been made to the one-volume 1957 edition of *Technique of Psychotherapy*, revealing the strides made in psychotherapeutic practice. There are new chapters on behavioural, existential and Kleinian therapies; indications and effectiveness of various types of psychotherapy; causes of failure in psychotherapy; therapy in children and adolescents; and religion and psychotherapy.

In this revised edition the 'working-through' process and the doctor-patient relationship are considered more important than 'intellectual' insight in reconstructive (analytic-type) psychotherapy. Somatic therapies and their indications are also included, as well as an extensive bibliography.

The author displays a refreshingly eclectic, though analytically oriented, approach to psychotherapy. D.S.V.

### VASCULAR DISTURBANCES

*Vascular Diseases*. By M. J. Tsapogas, M.D., M.Ch., V. V. Kakkar, F.R.C.S., F.R.C.S. (Edin.) and E. N. Gleave, F.R.C.S., F.R.C.S. (Edin.). Pp. 178. Illustrated. £2.10.0: London: H. K. Lewis. 1968.

This is a comparatively short but surprisingly complete account of most of the common vascular disturbances encountered in practice. The presentation of the material is to be highly commended and it is a work that is eminently readable.

The descriptions of the various pathological states and their clinical features are of necessity short and limited, but clear and very much to the point. As stated in the preface, this book is based largely on personal clinical experience, and this particular feature is evident throughout the subject material.

This book is to be particularly recommended for students and general practitioners, and would serve as the basis of knowledge for specialists desirous of acquiring a more detailed knowledge of vascular diseases. F.Z.