BETTY FREUND: A NURSE IN FRANCE PART V

Compiled and edited by Betty Hugo*

BETTY'S LETTERS HOME

3 July 1916

... You have no idea how awfully cold it was last week, the poor soldiers, what they must suffer, and the war won't be over this year – Yesterday the South African Ambulance gave a concert in one of the big hotels here. We made 3 000 francs. It is for a poor-hospital we sort of support as well ...

I see the Germans are going as far as Madeira now. I suppose we won't hear from Africa as much.

4 February 1918

... I am longing for the summer, as I have quite got to hate the cold. We have had such awful bread lately, quite uneatable. I wonder how much longer we are going to have such bread. Of course we in the hospital are still very well off, but most days we have stew, hardly any beef...

When you go out to tea you get black tea or coffee, no sugar, and only toast or sandwiches, no cakes. In England it is far worse, so we must not grumble...

Vera Brittain says: "Whenever I think of the War to-day, it is not as summer but always as winter; always as cold and darkness and discomfort (*Testament of Youth*, p. 372).

14 February 1918

... I wonder where we'll all be next Xmas. The war won't be over ... I don't know how the Ambulance will still last. It is marvellous to think we have lasted over 3 years and that all by public subscription. People are getting poorer, so I don't suppose the subscriptions will come in so freely any more...

Last week we got heaps of wounded in again from Salonika, some very bad indeed – 4 with frozen feet, you have no idea how bad frozen feet can be and how they smell. It is the most awfull smell on earth and it is most fearfully painful, poor men...



The effects of frost-bite



Frost-bite

24 February 1918

... Last week we had a fearful accident here. A young soldier of 24 came down on leave to see his parents who live in a little village near here. He took a goods train to arrive sooner to see his mother. At the station here at Cannes he jumped out before the train had quite stopped, his bag fell between the rails and in trying to get his bag his arms were crushed to pulp – the train moved back ... [his] arms were hanging on by some tendons when they brought him in ... had to amputate both arms above the elbows. He is such a nice boy and never says one word...

14 March 1918

... I am still taking life very easy but am tired of doing nothing, only they won't let me start work just yet – hardly cough at all ... this year the ... coast towns have had a sort of influenza which settled on your chest and gave you a cough – you should hear Col. Casalis cough, it is much worse than mine...

I thought I would write soon again so that you should not be anxious.

16 March 1918

The French doctor said it was a touch of pleurisy I had and that there was nothing wrong with me. It was catching one cold on top of another that made my cold so bad, and that was only because I am so careless and did not dress warmly enough. Still, I think I might come home by the end of the year...

It will be your birthday by the time this reaches you, so I wish you all happiness dear Mother for the coming year. Next year we will all be with you again I am sure...

20 March 1918

... I am much better, but of course am not working ... am having a lazy time, in the sun all day, and everybody is so nice to me. I thought I would write and answer your letter at once, although I have written once this week already...

25 March 1918

To-day the wind is blowing a perfect gale, so I am staying in bed, It is cold too -

Last week Col. Casalis took some fluid off my chest, do you remember like Dr Buller did, and that made me better at once. I have been 4 times well examined under the Ray on X and by a specialist too and he says there was only this cold I caught on the chest, could not get rid of it and it formed some fluid. Then they had the fluid very thoroughly examined in the Laboratory and the result is there is absolutely nothing wrong with my lungs – so you need not worry and the rest is doing me good.

9 March 1918

... Here I am again in bed, this time with a very bad cold. I caught a slight cold 4 months ago, and every month it seemed to get ... a little worse, so at last, last week, I had to give in and come to bed.

I really have bronchitis now, I cough a bit and that is so tiring. Col. Casalis thinks the climate here is not good for me, so I am coming home, if you'll have me back. Over 3 years of nursing has tired me out too, you can't keep on for ever, and the climate here is very tiring. As soon as I am better I am going to the mountains for a little and then I am going home in the Summer. I don't want to leave here before August or September, if I can help it –

Please don't think I am very ill. I had my chest thoroughly examined by 3 doctors and they all say there is absolutely nothing wrong with my lungs, only the bronchial tubes have got inflamed. Last night I even had X-ray examinations of my chest and there is absolutely nothing wrong with me - but I thought I should write and tell you all. I want to come home so as not to spend another winter here. I don't think I could stand that, I can't tell you how fearfully sorry I'll be giving up nursing the soldiers; it seems the only thing that matters these days, just to get the poor soldiers well. And when I think I'll have to give up nursing I almost can't bear the thought of it all. In Luckhoff there is nothing for me to do. I'll be glad of the rest at first, but afterwards -

One is only really happy when you work and you do something for others in life...

29 March 1918

... I am feeling very well, specially now that I have had everything examined and I know there is nothing wrong with me, it was a neglected cold which gave me pleurisy. I hardly cough, but

they won't let me go out at all until the weather is quite warm. Next time I have a cold I'll come to bed at once, because I hate being ill. Of course everybody is upset about the war news, and that worries one too, how many thousands of young lives are lost again and it won't be over soon...

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7 April 1918

... They had the fluid again examined and the doctors say there is absolutely no sign of tuberculoses so you need not worry.

21 April 1918

Dear Mother,

Thank you for you letter received this morning – I am sorry to hear Willy is still ill– he used to be so healthy, and now we are always ill and we none of us have turned out any great success in Life, have we? I hope Willy will soon be well, don't be hard on him, because it is terrible to be ill. This last week the weather has been so bad that I could not get up at all, and have had one or two rather bad days. But now I am much better again, and the Doctors think I'll soon be quite well. They say Pleurisy is always long, and I have Bronchitis with it. I am having a thorough rest, and am so well looked after, so don't worry about me.

If Mina wants to come over to France to do some war work, let her come, it will do her good and will make her more satisfied with South Africa afterwards. I see Miss Fogerty (Mina's teacher) is teaching in London, she is teaching children to speak again, who have lost the power of speech through air raids. There are ... children of all ages who have lost their speech through shock, isn't it sad?

Thank you very much for the money received last week ... you always need something when you are ill.

Some people from Grahamstown are going to send the Ambulance some jam. I wonder when it will arrive, as letters take from 6 to 7 weeks nowadays to come over...

Love to you all at home. Betty

27 April 1918

Dear Mother

I was fearfully upset when we got your cablegram yesterday afternoon. I am so sorry you should have been upset by Col. Casalis letter - I am not at all so ill. I caught a cold and it made me cough and afterwards gave me pleurisy. All Doctors say Pleurisy is not dangerous but it always lasts so long. I hardly cough now and am much better. I have everything done for me here with lots of clever doctors always coming to see me and Col. Casalis and Madame Casalis can't do enough for me. And if I did not get well on the journey out, who could attend to me in Luckhoff ... If I felt at all very ill I would cable to you, but I am looking very well and feeling much better, cough about twice a day and not at all in the night. Please don't think of coming to fetch me, you don't know how fearfully difficult it is to travel. Col. Casalis says he had to write to you as he feels responsible for me, but he must have said more than he meant to in his letter, to have upset you so.

I can assure you I am much better. I won't say I am quite well yet, because I am not, as I still cough a little. I have massage, X ray treatment and everything you can think of. One week when the cough was very bad they got oxygen for me. I am spoiled in every way. I could not have been better looked after anywhere else. I am coming home this year, but a few months later. I would arrive in the winter with you, and travelling is so bad now, I want so see whether it won't be better later on –

Please don't worry about me – Cablegrammes always take a week to come and a week to go.

Both the Casalis' and I cabled to you to-day.

Please don't worry about me. Love to all. Betty

This was the last letter. Casalis's cablegram must have been the one that said; "Come at once".

The final Allied counter-offensive began in July 1918 with three drives against the German salients in Aisne-Marne, Arniens, and St. Mihiel. Then the Allies mounted three converging attacks along the entire front from Verdun to Ypres.

The Armistice was signed on 11 November at 11 o'clock in the morning, six months after Betty had died.

Why did Betty not go home?

She was in capable hands – hands that would be there to help her at the end. To have returned in the condition she was in – if she had survived the journey – would not have softened the blow to her mother.

Nowhere in her letters is there so much as a hint of self-pity, or an appeal for help. She chose rather to reassure others, to minimise her own suffering. In the three years and five months in France she had found fulfilment in her service to wounded soldiers and she chose, at the end, to remain where she had served.

Appendix

- The Deed of Agreement with the Johannesburg Hospital Board, March 1913, with Regulations attached.
- An Identity Card issued by the French Government, undated, but presumably issued on Betty's arrival in Cannes.
- A travelling permit issued by the XVe Corps d' Armee. Cannes, December 1915, signed by G.A. Casalis de Pury.
- Certificate and Identity book issued by the French Red Cross, February 1916.
- A certificate issued by the St John Ambulance Association of England to certify that Betty was qualified to "render First Aid to the Injured", April 1916.
- Testimonials from Dr. Ackermann; Dr. Griffin, FRCS, Surgeon to S.A.A. Surgeon to Scarborough Hospital.
- Two letters from Sister Archer-Isaac to Willy Freund, written after Betty had died.

Miss Elizabeth Mearie Freund

DEED OF AGREEMENT

BETWEEN

Johannesburg Kospital Board

AND

Nursing Probationers.

March 31 St 1963

2971-22/6/08-500.

Memorandum of Elgreement made and entered into by and between

Inclins Inpp Esq.

as representing the Johannesburg Hospital Board, and duly authorised to act on its behalf, hereafter referred to as the Board, of the one part, and

Elizabeth Maria Freued

hereafter referred to as the Probationer, of the other part.

1. The Board hereby engages the services of the Probationer, who hereby agrees to render the same as a Probationer in the study and practice of the duties of a skilled Hospital Nurse, for a period of three years, reckoned from the 4^{44} day of Occurrence 1912.

2. Such services shall be rendered without payment during the first six months, reckoned from the 44 day of 10 day of 10 during the next ensuing eighteen months the Probationer shall be paid at the rate of £25 per annum, payable monthly; and during the last twelve months at the rate of £42 per annum, payable monthly.

3. The Board also undertake to supply the Probationer during her term of service with indoor and filling or uniform, in accordance with the pattern approved by the Board, from time to time, to a reasonable extent, and with board, lodging, washing, and medical attendance.

4. The Probationer shall be subject to the following conditions and stipulations :-

- (a) All applicants for appointment as Probationers must be between the age of ninetcen and thirty, and must furnish to the Nursing Superintendent, in writing, satisfactory testimonials as regards age, education, and moral character, and, if approved, must undergo an examination by the Resident Medical Officer as to health and physical fitness for the duties of the situation. They must enter upon their duties on trial for three months, and if the result of such trial prove satisfactory to the Resident Medical Officer and the Nursing Superintendent, an agreement to serve three years shall be entered into with the Hospital Board on the following terms, viz. : That the person so bound shall serve in the Hospital in the capacity of a Probationer for the term of three years (inclusive of the three months' trial), and shall during that period comply with and obey all the bye-laws of the Hospital ; that she shall receive such remuneration as the Board may determine upon, together with uniform. board, lodging, washing, and medical attendance, and be treated in every respect as a junior nurse of the Hospital, the Board on their side undertaking to see that a regular system of training and instruction in nursing be given. On completion of her agreement, such Probationer shall, on receipt of certificate of service from the Nursing Superintendent, be entitled to present herself to the Medical Committee for examination as to proliciency, and on receipt of a satisfactory certificate of proficiency from the Medical Committee, the candidate shall be entitled to receive a formal certilicate or diploma from the Board, in proof of her length of service, training, and proficiency, and she shall, on obtaining a certificate, be eligible for promotion.
- (b) The lectures in connection with the training and instruction of Probationers given by members of the honorary and resident medical staff shall be divided into a preliminary and an advanced course.

- Probationers shall be required to pass two separate examinations before obtaining their certificate of proficiency, and shall not be allowed to go up for the advanced course until they have passed the preliminary : but in the event of any Probationer having attended the necessary course of instruction she may go up for the two examinations simultaneously.
- (d) The preliminary course shall consist of lectures on anatomy and physiology, together with practical work in bandaging fractures, etc. The advanced course shall consist of lectures on nursing proper, with special regard to ventilation and general hygiene, and the nursing of special cases after operations.
- (e) The examination shall consist of at least six written questions, and a viva voce examination to be conducted by the honorary and resident medical staff.
- (f) During the term of training such probationer shall perform night duty for at least six months, not necessarily consecutively, and shall obey all the bye-laws of the Board for the time being in force, and shall also obey, conform to, comply with and carry out any proper and lawful order of the Board or any of its staff of officials properly authorised to give such order, and shall also be bound to attend the Board's course of lectures, and to study the subjects prescribed by the Board from time to time for examination.

5. In the event of the Probationer committing any breach of any provision of this agreement, or contravening any provision of the said rules or of the said bye-laws, or failing, to the satisfaction of the Board, to diligently perform the services required of her or to attend the lectures or pursue the studies provided by it, the Board shall be at liberty to cancel this agreement at any time without notice.

Executed at Johannesburg in duplicate original this $3/\frac{2}{2}$ of March 19/3

day of

AS WITNESSES :

2 Jauch 1

Chairman.

Probationer.

REGULATIONS

FOR THE

PROBATIONERS

OF THE

JOHANNESBURG HOSPITAL.

1. Women desirous of receiving training as Nurses should apply to the Nursing Superintendent, and if they are suitable, and there are vacancies, they will be received into the Hospital as Probationers. The age considered desirable for Probationers (single or widows) is from 21 to 30. A certificate of age and health, and testimonials of character, according to the forms supplied by the Nursing Superintendent, will be required.

2. Probationers will be under the authority of the Nursing Superintendent, and will be subject to such Rules of the Hospital as may be in force from time to time. In cases of misconduct or inefficiency, they may be suspended at any time and discharged with the approval of the Committee.

3. Candidates are taken on trial without salary, and if approved they will be engaged for a period of three years. The course for training lasts for three years, and Probationers will be required to sign an Agreement to that effect. The Agreement thus made in consideration of the training she receives can only be terminated by consent of the Committee, on proper application being made, and on grounds which appear to them sufficient.

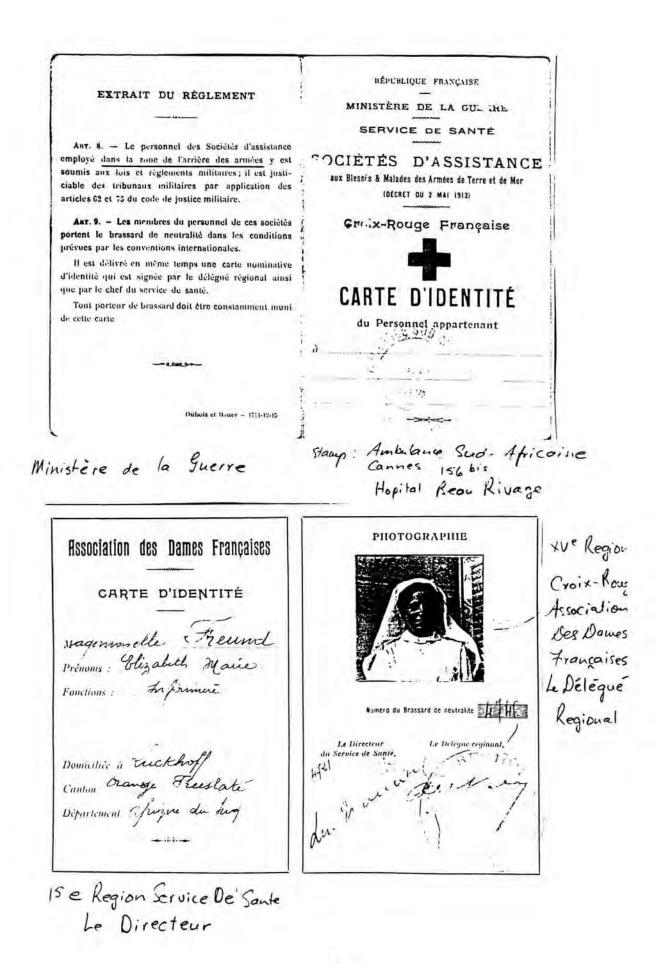
4. Probationers will be supplied with board, lodging, washing, uniforms, and medical attendance, and will receive the following remuneration :—First six months, nil; for the following eighteen months, at the rate of $\pounds 25$ per annum; third year, $\pounds 42$. Should any Probationer leave without the sanction of the Committee, she shall forfeit her Certificate and the value of the uniform supplied. 5. The Nursing Superintendent may retain the services of any Nurse willing to stay after the expiration of the three years' training, and to such Nurse a salary of $\pounds 60$ per annum will be given.

6. Probationers are to keep the apartment alloted to their use, neat, clean, and in proper order. They will be allowed a yearly holiday of one month, subject to the convenience of the Institution, and to the Regulations which may at any time be in force.

7. A Register will be kept in which will be entered the names of all women joining the Hospital, and a record of their conduct and qualifications. This record will be submitted to the Hospital Committee — On the completion of the engagement, and upon passing the necessary examinations, a Certificate of Proficiency will be granted by the Hospital Committee.

8. In case of sickness or indisposition, a Probationer must report herself to the Nursing Superintendent, who will, if necessary, procure medical advice and attendance. If at any time during the period of her engagement a Probationer shall be absent from duty through sickness or ill-health, or if it shall appear to the Medical Staff that she is physically unfit to perform her duties, it shall be in the discretion of the Committee to terminate her Agreement.

9. Probationers will be required to pay a premium of 210 on entering the Mospital, such premium being refunded in full to Probationers failing to pass an Examination in General Knowledge(Fifth Standard) to be held within a fortnight after admission. Probationers who, in the opinion of the Hursing Superintendent after three months work in the Waris are found to be unsuitable, will be discharged helf their premium being returned to them on leaving the Hospital.



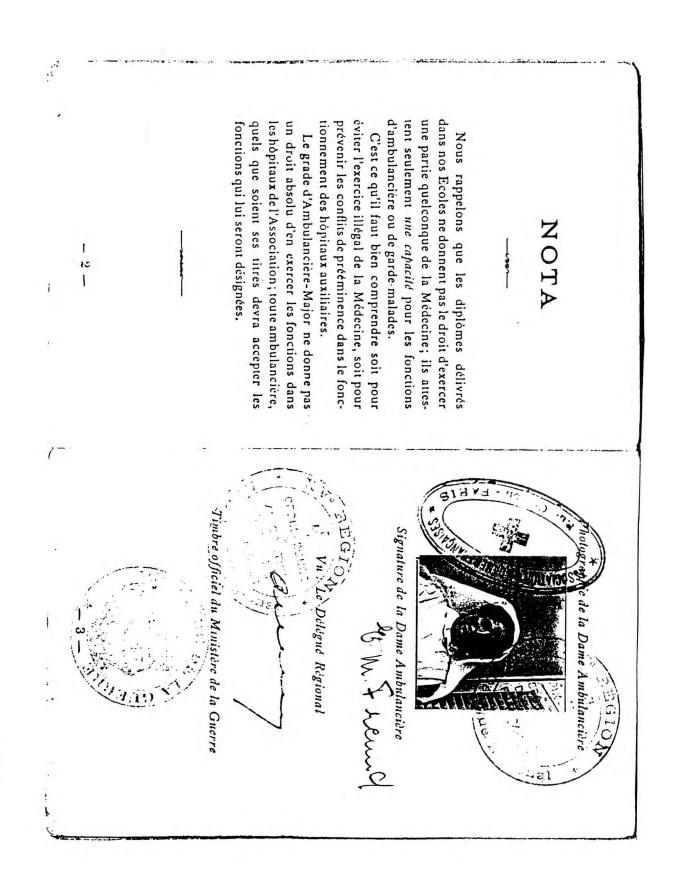
XV. CORPS D'ARMÉE Ambulance Sud - Africaine Place de Cannes **HOPITAL BEAU-RIVAGE Nº 156bis** 1 - Permission, congé ou pro-longation; en indiquer la nature et inscrire en toutes lettres le nombre de jours. OFFICIER (1) Conge de Un mois valable du Deux Décembre 1915 au Deux Janvier 1916 inclus accorde an Mele l'Infirmière Freund pour aller à 20 notres A CANNES, 10 2 De'sembre 1915 Le Chirurgien-Chei, G.alarahsoc SPECIAL DC 4 DEC. 1915 MBAR

The above document was signed by GA Casalis de Pary and the stamp on bottom, right corner much by the Commission at Special de Dieppe

CROI) DES DAMES FRANÇAISES ASSOCIATION 1 appartenant as UGE FRAN SE de 12, Rue Gaillon, PARIS (Avenue de l'Opéra) ASSOCIATION DES DAMES FRANÇAISES Secours aux Civils dans les Calamités Publiques **CROIX-ROUGE FRANÇAISE** Le présent livret contient 24 pages RECONNUE D'UTILITÉ PUBLIQUE Secours aux Militaires Blessés ou Malades SIÈGE DE L'ASSOCIATION Fondée en 1879 COMITÉ amored en cas de Guerre -.... ----reen Centro 1

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545 S 1919 The Order of St. John of Jerusalem in England. ・ しんかかえた かいね とうします ト AMHULANCE DEPARTMENT. The St. John Ambulance Association. DATCON : HIS MOST GRACIOUS MAJESTY THE KING. ISementian Hand and Patron of the OrderJ あたるとなるとなるとなる Dresident ; FIELD-MARSHAL H.R.H. THE DUKE OF CONNAUGHT, K.G. is use a same time , made a more that is Elector of the Embulance Department and Chairman of RIGHT HONDURABLE The EARL OF RANFURLY Freund his is to Certify that ... Clizabeth bas attended a course of Instruction Restarting and Cannel Branch of the Association, at the and is qualified to render "first Rid to the Injured." E. Wightinun Ginner Surgeon Instructor. G. alasalis, De Pury Surgeon Exampler. Chief Secretary Ľ G.G.F. REGISTERED AT ST. JOHN'S CATE, CLERKENWELL, LONDON, E.C. ¢

Carlificeto

This is to certify that have b. Freund was in Change of my wood of 42 bels at the military thospital beautisage, Cannes and Trance during the period of hen houses I served with the sache she proved herself by her und excellent work and shick dead 1400 h tion to duty to be a aurse of the he ability. Ser trustanthises kindades to the patients reflected themades in the high apinion of het medical officer and in the universal dechacheck pedicel wand was always an alget becon in chauliness a bealness and its preparedness in checkings etc. ele. was enamplary. Ster behaviour was beyond trach

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Hourso were concerted And toke you are beller now O wear you have been ill - 09 for more, 39 will send theme. though ale might whe - of ale work, to your a reduce a winder 09 the word of and mereding and so for and much sometally lever the test one could and the second for the second of the second on the second of the se O face of much while to you shill remember me. here from you - a wonder is you all is prove ainer CD tool Leave Million. 8/ 02 00 20 1.201-02 10 to anno A 11 Ofter Eran , Einase,

Hopital Beau Rec Cannes. A. M. France. Dec. 16th/18. May dear Willie. Just a short note .-The Ambulance closes on claser 15th_ I hope to be able to leave for Douth aprica about May - so I ought to be back by the beginning of gune - and I shall be glad to be home more But I feel so sad at have to return without dear Betty-We had so often discussed the great day of our return togeties, I had looked forward to it so. If she had lived we would have been back by now as I had made her promise to return with me in October, because of her health she would not come sooner. I hope your health is better + ctey beat winder to groundle - Gours aince

Author's Note

I wish to thank the following for their interest, advice, and assistance:

My cousin May Roux (she is the eldest niece; I am the youngest); my aunt Rose Freund; all my Freund and Roux cousins; my brother-in-law Kay de Villiers; Dotman Pretorius; Albert Werth of the Pretoria Art Museum; Miss Moller of the U.P. Medical Library; Miss Northey of the S.A. National Museum of Military History; Commandant C.J. Nöthling of the Military Information Bureau in Pretoria; my colleague Andries Wessels.

A special word of thanks to Janice Farquharson for her *Historical Perspective* and for her enthusiasm in providing comments on historical background throughout.

Finally, I wish to thank my husband, Leon, for his support and understanding.

*A biographical sketch re the author of this article, who is a senior lecturer Dept of English, University of Pretoria, appears at the end of part 1 of the article, in Militaria 15/1 of 1985.