

## **Editorial**

### Continuing Medical Education (CME)

Continuing Medical Education (CME) refers to specific form of continuing education that helps those in the medical profession maintain competence and learn about new developments in the field of medicine. CME has evolved in the last ten years necessitated by the realization that the practice of medicine is constantly changing. New diseases are emerging; diagnostic techniques are being updated and new drugs and therapeutic methods being introduced into the market. Added to this is the need for evidence based medicine (EBM) as the basis for rational choice of drugs and treatment.

All countries in the developed world but also many in the developing world require CME for medical professionals to maintain or renew their practicing licenses. This require that a medical professional has to engage in activities geared to keeping abreast with development in his/her specialty through out the year and produce evidence of such activity for them to maintain their license. Activities may include attending seminars and conferences, contributing publications to referred medical journals or imparting knowledge to members of the medical profession for a clinician whose primary activity is not teaching.

One of the aims of South Sudan Medical Bulletin (SSMB) is to provide continuing medical education to members of medical professions in general and South Sudan medical and nurse practitioners in particular. It is the medium through which experts in various clinical areas can review a subject, publish original research or highlight important or unusual clinical problem to stimulate discussion in the medical community.

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In this issue Dr Eluzai Hakim Abe, consultant physician at St Mary's Hospital Isle of Wright UK discusses issues related to CME. Hakim has in the past been teaching and holding workshops on CME in the UK and has been travelling to East Africa frequently to develop this subject. I hope his article will help us realize the importance of CME in our day to day practice of medicine and our responsibility to pass our knowledge to colleagues in this profession profession.

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