

Original Research Article

Antibiotic Resistance Pattern and Molecular Epidemiology of Methicillin-Resistant *Staphylococcus aureus* Colonization in Burns Unit of a Tertiary Care Hospital in Peshawar, Pakistan

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Abstract

Purpose: To develop strategies for the control of hospital-acquired methicillin-resistant *Staphylococcus aureus* (HA-MRSA) which is a serious threat to burns patients with the aid of molecular studies.

Methods: *Staphylococcus aureus* strains were collected from the Burns Unit of Khyber Teaching Hospital (KTH) Peshawar, Pakistan from July - December 2011. Antibiotic resistance was determined according to the recommendations of Clinical Laboratory Standard Institute (CLSI). Molecular epidemiology of the *S. aureus* strains were determined by pulse field gel electrophoresis (PFGE).

Results: PFGE identified 14 clusters which included 29 different pulso-types prevailing in the Burns Unit. Of the 29 types, 11 contained two or more strains of the same pulso-type. These MRSA isolates were highly resistant to various kinds of penicillin and cephalosporin (85 – 100 %). Among the important anti-staphylococcal agents tested, 17 % of the isolates were resistant to fusidic acid and linezolid. All the 54 strains were susceptible to vancomycin.

Conclusion: Several of the same pulso-types prevail in the Burns Unit of KTH. Furthermore, 29 pulso-types among the 54 strains suggest the diversity of the MRSA strains collected from burns patients.

Keywords: Epidemiology, Pulso-type, Fusidic acid, Linezolid, Vancomycin, Methicillin-resistant *Staphylococcus aureus*, Burns

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INTRODUCTION

Patients with burns injuries are more prone to microbial colonization due to disruption of the skin thereby providing a favorable environment to microorganisms from the normal flora of patients, healthcare personnel and the hospital environment [1]. Burns patients with an impaired immune system can acquire methicillin-resistant *Staphylococcus aureus* (MRSA) which is one of

the most focused pathogens worldwide. It has been observed in many cases that the same types of hospital acquired (HA)-MRSA are responsible for the outbreaks [2]. As a result infections caused by these multidrug resistant MRSA strains are difficult and costly to treat [3]. The routes of transmission and causes of MRSA infections in burn units include patients susceptibility, surgical procedures, health care worker who are carrier for MRSA, the ability of *S.*

aureus to survive on surfaces and airborne dissemination [4,5]. The previous stay of MRSA-positive patients in a room and objects used for such patients are also causes of transmission if the room is not disinfected properly [6].

The frequency of healthcare-associated infections caused by MRSA in Khyber Pukunkhwa Province of Pakistan has not been well evaluated and the data available are limited. However, studies conducted recently in the whole country suggested that 42 – 51 % of healthcare-associated *S. aureus* infections may be caused by MRSA [7]. Multidrug resistant MRSA has also been reported in other hospitals in the same province [8] with high level of resistance to beta lactam antibiotics. Likewise, studies reported from India exhibited 51.6 - 54.9 % incidence of MRSA infections [9].

The severe threat to the patients in hospital settings due to MRSA highlights the importance of conducting an epidemiological investigation of the outbreaks in order to overcome their propagation [10]. Pulse field gel electrophoresis (PFGE) is considered the gold standard technique for the study of the epidemiology of bacterial strains in hospital settings [11]. Therefore, this technique was used to investigate the molecular epidemiology of MRSA isolated from burns patients in Khyber Teaching Hospital, Peshawar, Pakistan which is a tertiary care hospital). The purpose of this study was to determine the clonal similarities of MRSA strains found in the burns unit, and are transmitted from patient to patient by various means. The results of this study might be useful for the development of strategies and adaptation of guidelines [12] that may help to overcome HA-MRSA infections in burn patients.

EXPERIMENTAL

The MRSA strains were collected from burn patients in Khyber Teaching Hospital Peshawar, Pakistan (July - December 2011). These patients were admitted to the Burns Ward (BW) comprised of 10 beds for patients older than 12 years of age and Pediatrics Surgical Ward (PSW) consisting 8 beds for children. The beds which were allocated for male and children were not surrounded by curtains to isolate them; however, the beds of female patients were surrounded by curtains. Hygienic conditions were not satisfactory and air filtration system was inadequate to clean up the air circulating in the burn units.

Isolation and identification of MRSA strains

A total of 400 consecutive pus samples from the burn wounds were collected with sterile swab. These samples were screened and 90 *S. aureus* non-duplicate strains were isolated. The specimens were inoculated on blood agar and mannitol salt agar (MSA, Oxoid, UK), and the isolates were identified by colony morphology, gram staining, catalase, coagulase and DNase tests. These isolates were preserved in tryptone soya broth (TSB) with 15 % glycerol at minus 40 °C for further studies.

Fifty-four positive MRSA isolates were collected from 21 female and 33 male patients after hospitalization \geq 48 h. Among these patients, children \leq 12 years numbered 25 out of 54.

Confirmation of methicillin-resistant *Staphylococcus aureus* (MRSA)

Cefoxitin disc

These strains were initially characterized as MRSA based on 30 μ g cefoxitin disc (Oxoid) susceptibility method recommended by Clinical Laboratory Standard Institute (CLSI) [13]. *S. aureus* ATCC 43300 and ATCC 25923 strains were used as positive and negative control respectively as recommended by CLSI.

Brilliance MRSA-2 agar

All 54 strains were refreshed in TSB, then inoculated on brilliance MRSA-2 agar (Oxoid), incubated over night at 37 °C to confirm MRSA.

Genetic confirmation of MRSA

For DNA extraction, three to four colonies from overnight growth on Tryptone Soya Agar (TSA) were suspended in 25 μ l of lysostaphin solution (100 μ g/ml) [14] and incubated at 37 °C for 10 min. Then, 25 μ l of proteinase K (100 μ g/ml) and 75 μ l of 0.1 M Tris HCl (pH 8.0) were added, and the mixture was incubated at 37 °C for a further 10 min. The suspension was then heated at 97 °C for 5 min.

The MRSA strains were genotypically confirmed by polymerase chain reaction (PCR) targeting the *mecA* gene responsible for methicillin resistance and a specific region of the 16s rDNA region of the *S. aureus* (*nuc* gene). A total of 20 μ l of reaction mixture was prepared for each PCR reaction. The reaction mixture was composed of 0.2 μ l Taq DNA polymerase (5 U/ μ L, Intron Biotechnology Inc., Korea), 2 μ l 10X PCR reaction buffer (containing 100 mM Tris-

HCL pH 8.3, 500 mM KCl, 20 mM MgCl), 2 µl mixture of dNTPs (containing 2.5 mM each dNTP) and 11.8 µl Nuclease-free water, 1µl each of forward and reverse primers (15 pmoles) (Table 1), and 2 µl of template DNA. PCR products were run in 1.5 % agarose gel in 1X TAE buffer. The bands stained with ethidium bromide were examined under an ultraviolet transilluminator and photographed by a gel documentation system (Bio Rad Milan, Italy). ATCC 43300 and ATCC 25923 *S. aureus* strains were used as positive and negative control for the detection of *mecA* gene.

Susceptibility test for antimicrobial agents

Culture sensitivity data for 16 antibiotics were recorded (Table 2) according to the recommendation of the CLSI [13]. Minimum inhibitory concentrations (MICs) of Cefoxitin (FOX), Cephadrine (CE), Ciprofloxacin (CIP), Vancomycin (VA), and Linezolid (LZD) were determined by the broth-micro dilution method as recommended.

The MIC of fusidic Acid was determined according to new criterion [15]. ATCC 43300 were used as a positive control for disc diffusion. ATCC 25923 and ATCC 29213 *S. aureus* strains were used as negative controls in disc diffusion and in the MIC tests respectively.

PFGE method

Isolates were refreshed on blood agar and a single colony was inoculated in 5ml TSB incubated overnight at 37 °C. Plugs were prepared and subjected for cell lysis.

Plugs were digested with *Sma*I restriction enzyme (Takara, Japan) and loaded into the wells of a 1 % Sea Kem Gold agarose gel and run in 0.5 TBE using a CHEF- Mapper (Bio-Rad) according to the following parameters: 200 V (6 V/cm), temperature 14 °C, initial switch time 5 s, final switch time 40 s, with a total run time of 21

hours [16]. After the electrophoresis, the gel was stained in a 1.5 µg/ml Ethidium Bromide solution for 20 min in a covered container and destained in fresh distilled water for 45 min. Lambda PFGE marker, 50-1000kb (cl857 ind 1 Sam7, NEW ENGLAND BioLabs) was used as a DNA ladder.

Data processing and Analysis

Gels images were taken by GEL DOC XR (Bio Rad Milan, Italy) and analyzed with BioNumerics software Gel Compar II (Applied Maths, Kortrijk, Belgium). Similarities in percentages were identified on a dendrogram derived from the unweighted pair group method using arithmetic averages based on Dice coefficients. Band position tolerance and optimization were set at 1.25 and 0.5 %, respectively. A similarity coefficient of 80 % was selected to define the pulso-types clusters.

RESULTS

Confirmation of MRSA

The PCR products of the isolates were confirmed to be MRSA by expression of *mecA* and *nuc* gene. The blue colonies observed in Brilliance MRSA 2 agar also confirmed MRSA (Fig 1).

Resistance pattern of antimicrobials

None of the isolate was found susceptible or resistant to all of the antibiotics used against the 54 collected strains.

Among the beta-lactams tested, the MRSA strains were found 100 % resistant to Cefoxitin, Ampicillin (Table 2), and Cephadrine (MIC₅₀ = 128 µg/ml; Table 3). Followed by Cefaclor, Ceftazidime and Cefexime 94 % and Cefepime, Cefpirome and Amoxicillin + Clavulanic acid (Co-amoxiclav) with a resistance rate of 85 %.

Table 1: PCR primer sequences, amplicon size and PCR conditions

Gene	Primer sequence (5'-3')	Product size	PCR conditions	
			Annealing temp. (°C)	Cycle
<i>mecA</i>	F-CTCAGGTA CTGCTATCCACC R-CACTTGGTATATCTTCACC	449	55	30
<i>Nuc</i>	F-GCGATTGATGGTGATACGGTT R-AGCCAAGCCTTGACGA ACTAAAGC	280	55	30

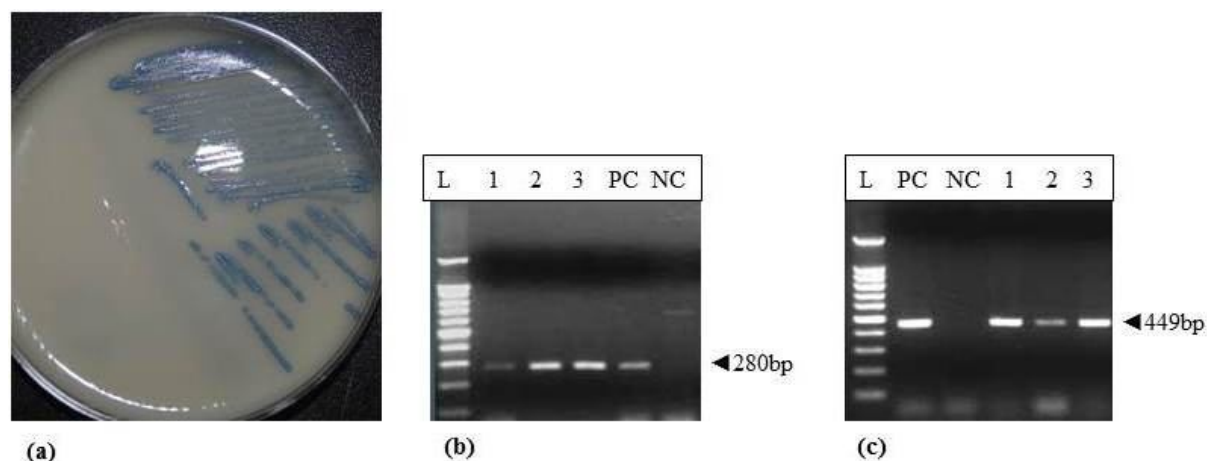


Fig 1: Confirmation of MRSA (a) Brilliance MRSA 2 agar: Blue color of the colonies on Brilliance MRSA 2 agar indicates growth of MRSA (b) Confirmation of *S. aureus* by detection of *nuc* gene (c) Confirmation of *mec A* gene by PCR. Lane L: Molecular size marker (100bp), Lane PC: Positive control, Lane NC: Negative Control, 1-3: test samples

Resistance to meropenem was 50 % which was much less than the other beta-lactams tested. Amikacin was very effective aminoglycoside with 37 % isolates being sensitive to it followed by gentamicin with 30 % activity. Excellent activity was observed with rifampicin with 94 % of isolates being susceptible to it, followed by doxycycline (74 %), and chloramphenicol (56 %).

The macrolide, clarithromycin, had 41 % activity, Trimethoprim+Sulphamethoxazole had 19 % and the fluoroquinolone, ciprofloxacin had 17 %

activity ($MIC_{50} \% = 32 \mu\text{g/ml}$ for ciprofloxacin tested using broth-micro dilution method).

Among the antistaphylococcal agents tested against MRSA, using the broth-micro dilution method, 17 % of the strains showed resistance to fusidic acid and linezolid. Intermediate resistance to Vancomycin was recorded in 28 % of the isolates with MIC ranging from 4 to 8 $\mu\text{g/ml}$ (Table 3).

Table 2: Antibiotic resistance pattern of MRSA isolates (illustrated in number and percent)

Antibiotic/concentration	Symbol	Resistant N (%)	Intermediate N (%)	Susceptible (%)
Cefoxitin /30 μg	FOX	54 (100)	0 (0)	0 (0)
Amoxicillin + Clavulanic acid /20+10 μg	AMC	46 (85)	1(2)	7(13)
Ampicillin/10 μg	AMP	54 (100)	0 (0)	0(0)
Cefaclor/30 μg	CEC	51 (94)	2 (4)	1 (2)
Ceftazidime/30 μg	CAZ	51 (94)	1 (2)	2 (4)
Cefixime/5 μg	CFM	51 (94)	0 (0)	3 (6)
Cefepime/30 μg	FEP	46 (85)	4 (7)	4 (7)
Cefpirome/30 μg	CPO	46 (85)	5 (9)	3 (6)
Clarithromycin/15 μg	CLR	24 (44)	8 (15)	22 (41)
Meropenem/10 μg	MEM	27 (50)	5 (9)	22 (41)
Gentamicin/10 μg	CN	37 (69)	1 (2)	16 (30)
Amikacin/30 μg	AK	25 (46)	9 (17)	20 (37)
Doxycycline/30 μg	DO	6 (11)	8 (15)	40 (74)
Trimethoprim+ Sulphamethoxazole/25 μg	SXT	41 (76)	3 (6)	10 (19)
Rifampicin/5 μg	RD	3 (6)	0 (0)	51 (94)
Chloramphenicol/30 μg	C	21 (39)	3 (6)	30 (56)

Table 3: Minimum inhibitory concentration of different antibiotics against MRSA isolates

Symbol	Minimum Inhibitory Concentrations ($\mu\text{g/ml}$)													MIC 50%	MIC 90%	Total samples
	0.125	0.25	0.5	1	2	4	8	16	32	64	128	256	>256			
FOX	0	0	0	0	0	0	0	1	5	10	16	14	8	128	>256	54
Ce	0	0	0	0	0	0	0	1	0	11	17	16	9	128	>256	54
FD	6	8	9	11	11	4	2	1	2	0	0	0	0	1	4	54
VA	0	1	2	6	30	12	3	0	0	0	0	0	0	2	4	54
LZD	0	0	0	7	19	19	6	2	1	0	0	0	0	4	8	54
CIP	0	0	5	0	3	0	1	7	13	16	9	0	0	32	128	54

Abbreviations: FOX, Cefoxitin; CE, Cephadrine; FD, Fusidic acid; VA, Vancomycin; LZD, Linezolid; CIP, Ciprofloxacin

Pulse field gel electrophoresis (PFGE)

PFGE typing of MRSA strains characterized a polyclonal picture. The strains were classified into 14 pulsed-field type clusters from A to N which contains 29 different PFGE pulso-types, identified in the study period. Out of 29 pulso-types or clones, 11 grouped two or more strains. The major clone found in the study is designated as C1aaba that grouped 9 isolates, followed by C1a4b grouped 7, C1b and C2a grouped 3 isolates each while clone C1a5, D, E1aaa, E1aab, G1, H and I1 grouped 2 isolates each (Fig 2).

The name of the groups designated with more similar letters indicates that there exist a close relationship among the groups but calculated as different clones by software "Gel Compar II". The alphabetic grouping of clones shows the relatedness of strains.

Strains that were grouped in pulso-types C1aaba, C1a4b, C1a5, C1a3b and C1aabb are 20 in number. These groups are 94.8 % similar as shown in the dendrogram (Fig 2).

Antibiotic susceptibility pattern of the same pulso-type strains is shown in Table 4. The results show that some similarities exist in the antibiotic susceptibility pattern of the same pulso-type strains, even though it is not uniform for all strains grouped in the same pulso-type. The minimum inhibitory concentration values were different for some strains that were grouped in the same pulso-type strains.

DISCUSSION

MRSA Infections are of growing concern in the burn units because of the immunosuppressed state of the patients. *S. aureus* can reside on the skin surface and nasal cavities of individuals, on inanimate objects (clothes and polyester objects)

and transmitted through contaminated air leading to dissemination in patients [4].

We have observed poor hygienic environments in both the burn units for adults and children, which is in contrast to the guidelines adopted in the burn units worldwide [12]. Therefore, the occupancy and cross-transmission of MRSA clones occurs easily. In our study, we isolated the same clones from different patients who were admitted in both burn wards at different times. The 54 strains were classified in 14 clusters, designated from A to N according to published criteria [16]. Cluster C and cluster E have grouped 28 and 7 strains respectively. In these clusters, the groups and subgroups are in close relationship to each other due to the similarities in the band pattern of isolates. Pulso-type C1aaba, C1a4b have grouped 9, 7 isolates while C1b and C2a, have grouped 3 isolates each. Isolates grouped in every of the above mentioned pulso-type have the same band pattern which were the most abundant clones. A similar study conducted in Brazil showed that the same MRSA clones detected by PFGE were found in patients admitted at the same time to the same unit while the same clones were acquired by patients admitted later to the unit [17]. Another study observed that the same clone of MRSA was transmitted to a neonate from a mother identified by PFGE and subsequently cross-transmitted to other neonates admitted thereafter [10]. In addition to the detection of similar pulso-type MRSA clones in our study, we isolated other clones with distinguishable band patterns. A total of 29 pulso-types of 54 isolates were detected, which suggested that new strains are harbored from other sources, which is not surprising because of unhygienic environment in these units [5].

All MRSA isolates were multidrug drug resistant (MDR) as they showed resistance to more than three antibiotics used in our study. High level resistance to different penicillins such as 100 % to ampicillin and 85 % amoxicillin + clavulanic

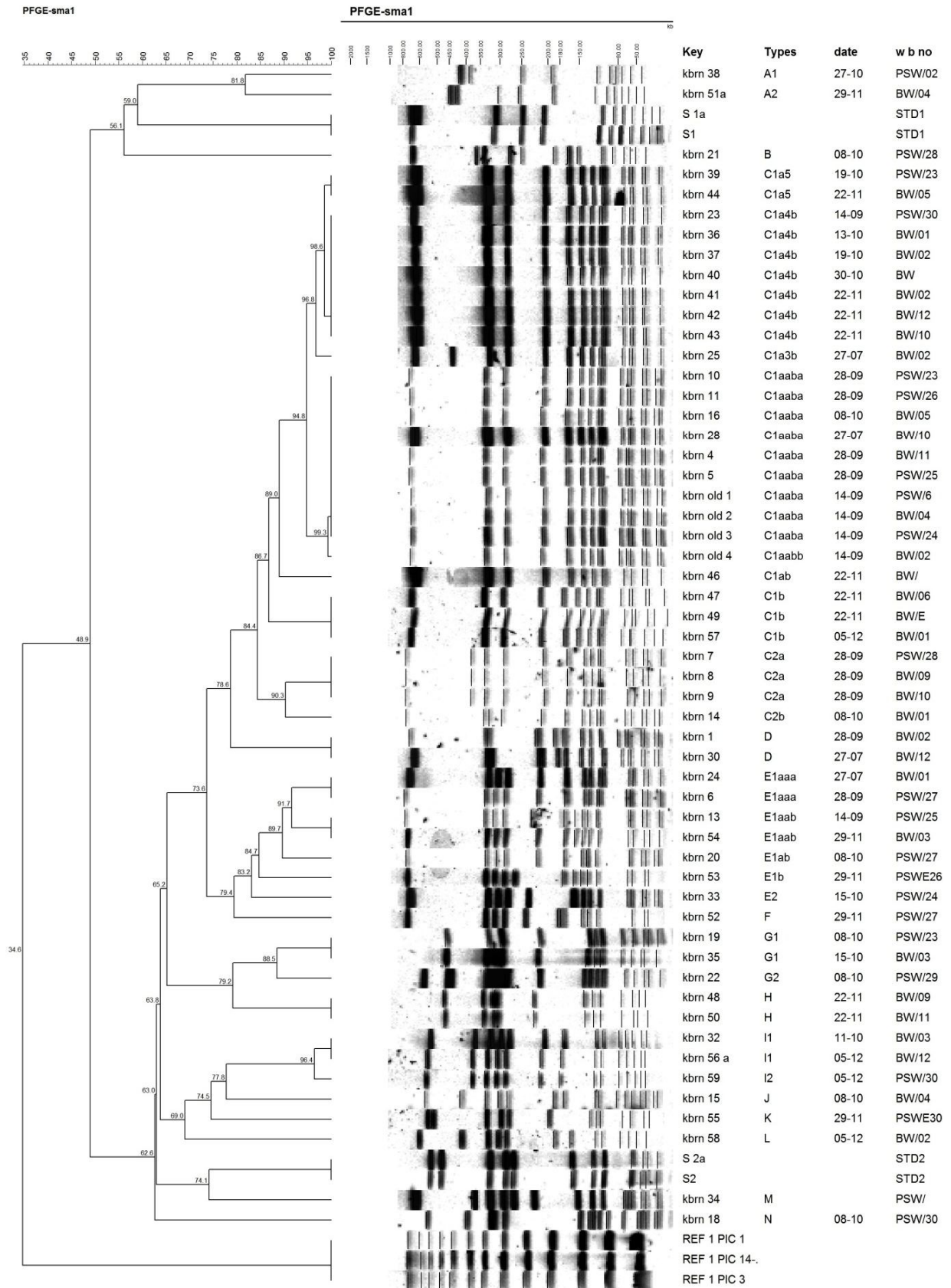


Fig 2: Dendrogram of MRSA Isolated from burn patients. Key: Strain number, date (day-month- 2011) W b no: ward and bed number (BW: Burn Ward, PSW: Pediatric Surgical Ward). S1 and S1a: ATCC 43300, S2 and S2a: ATCC 29213. REF: Lambda Ladder 50-1000kb in different gels was used

Table 4: Antimicrobial resistance of related PFGE types strains

Strain's key	PFGE type	FOX	CE	MIC in µg/ml					Disc Diffusion														
				CIP	E	VA	LZD	FD	AMC	AMP	CEC	CAZ	CFM	FEP	CPO	CLR	MEM	CN	AK	DO	SXT	RD	C
Kbrn old1	C1aaba	128	64	64	64	2	2	0.125	R	R	R	R	R	R	R	I	R	R	R	S	R	S	R
Kbrn old2	C1aaba	128	128	128	32	1	1	0.125	I	R	R	R	R	R	R	S	R	R	R	S	R	S	R
Kbrn old3	C1aaba	128	64	64	32	1	1	0.125	R	R	R	R	R	R	R	S	R	R	R	S	R	S	R
Kbrn004	C1aaba	128	64	128	32	2	2	0.25	R	R	R	R	R	R	R	S	R	R	R	S	R	S	R
Kbrn005	C1aaba	128	128	64	16	2	2	0.25	R	R	R	R	R	R	R	S	S	S	S	S	S	R	I
Kbrn010	C1aaba	128	256	128	32	4	4	0.5	R	R	R	R	R	R	R	S	R	R	R	S	R	S	R
Kbrn011	C1aaba	128	128	16	32	0.5	4	0.5	S	R	R	R	R	R	R	R	R	R	S	S	R	S	R
Kbrn016	C1aaba	64	64	64	32	4	16	0.25	R	R	R	R	R	R	R	S	R	R	I	S	R	S	R
SKbrn028	C1aaba	256	256	64	2	4	4	2	R	R	R	R	R	R	R	R	R	S	S	S	R	R	S
Kbrn023	C1a4b	64	64	32	2	2	4	1	R	R	S	I	R	S	S	R	S	S	S	I	S	S	S
Kbrn036	C1a4b	>256	>256	32	2	2	4	2	R	R	R	R	R	R	R	S	S	R	I	S	R	S	I
Kbrn037	C1a4b	256	256	16	2	2	4	1	R	R	R	R	R	R	R	I	S	R	R	S	R	S	R
Kbrn040	C1a4b	256	256	16	2	2	8	1	S	R	I	S	R	I	I	S	S	S	S	I	S	S	S
Kbrn041	C1a4b	>256	>256	64	1	2	2	0.25	R	R	R	R	R	R	R	S	S	R	R	S	R	S	R
Kbrn042	C1a4b	256	256	64	1	2	4	0.5	R	R	R	R	R	R	R	S	S	R	R	S	R	S	R
Kbrn043	C1a4b	256	256	32	4	2	8	1	R	R	R	R	R	R	R	S	S	R	R	S	R	S	R
Kbrn007	C2a	128	256	16	16	2	1	2	R	R	R	R	R	R	R	I	R	R	R	R	I	S	R
Kbrn008	C2a	>256	>256	32	16	4	2	1	R	R	R	R	R	R	R	R	R	R	R	R	R	S	R
Kbrn009	C2a	>256	>256	32	128	2	2	2	R	R	R	R	R	R	R	R	R	R	R	R	R	S	R
Kbrn047	C1b	128	128	0.5	16	4	4	4	S	R	R	R	R	I	I	R	R	S	S	S	R	S	S
Kbrn049	C1b	>256	>256	2	8	2	4	1	R	R	R	R	R	R	R	R	R	I	S	I	I	S	R
Kbrn057	C1b	256	256	2	8	2	2	0.5	R	R	R	R	I	R	R	R	R	R	S	S	R	S	R

Note: Symbols for antibiotics used in this table are the same as shown in Tables 2 & 3. R: resistant; I = Intermediate; S = susceptible

acid (co-amoxiclav) was observed. Among different cephalosporins, we observed 100 % resistance to cephradine, (94 %) to cefaclor, ceftazidime, cefexime and 85 % resistance to cefepime and ceftiprome. However, the resistance to meropenem, a potent beta lactam was 50 %. Similarly high level of resistance among MRSA strains were reported in an early multi-center study from Pakistan which showed 100 % resistance to oxacillin, penicillin, ampicillin and 92.4 % resistance to cephalothin while resistance to meropenem was 40 % [8].

In the present study, amikacin showed 37 % activity followed by gentamicin with 30 % activity. However different studies conducted in Pakistan reported varying data, e.g., a study reported 50 % and 0 % susceptibility for amikacin and gentamycin respectively in one city [18] whereas it was reported to be 21 % and 16 % for amikacin and gentamycin respectively in the other [19]. These differences may be due to the differences in prescription pattern that have resulted different resistance patterns in MRSA prevailing in different parts of Pakistan.

In the present study, among the antistaphylococcal agents tested against MRSA by the broth micro-dilution method, 17 % of the strains were resistant to fusidic acid which correlates with the study reported from Agha Khan University Hospital in Karachi showing 18 % resistance for fusidic acid [7]. The observed 17% resistance to Linezolid is much higher than previously reported [20]. There was no vancomycin resistant strain isolated in this study or by other researchers in this region [7,8,18].

CONCLUSION

The prevalence of the same pulso-type strains (i.e., the same clones) were commonly found in two burn units of KTH, Peshawar Pakistan. Several outbreaks identified in this study suggest that MRSA strains easily transmit to the newly admitted patients in the same ward. Therefore care should be taken to reduce the route of MRSA transmission, which would reduce the rate of morbidity and mortality among burn patients. The applications of adequate cleaning procedures and adoption of standard operating procedures, (12), are recommended to overcome infection outbreaks. This should also bring about the reduction of cost of medication and length of hospitalization required.

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Trop J Pharm Res, December 2014; 13(12): 2098

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