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Original Research Article

New Highly-Sensitive Ultra-Performance Liquid Chromatography - Mass Spectrometry Method for Quantification of Telmisartan in Human Plasma

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Abstract

Purpose: To develop and validate a simple, rapid, sensitive and specific ultraperformance liquid chromatography mass spectrometry method for the quantification of the angiotensin II receptor antagonist, telmisartan (TEL), in human plasma.

Methods: After simple protein precipitation using acetonitrile and methanol, TEL and internal standard (IS) abiraterone were separated on Acquity UPLC BEHTM C18 column (50 x 2.1 mm, i.d. 1.7 μ m, Waters, USA) using a mobile phase consisting of acetonitrile: 8 mM ammonium acetate containing 0.15 % formic acid (v/v) (70:30) pumped at a flow rate of 0.3 mL/min and detected by tandem mass spectrometry with positive ion mode. The ion transitions recorded in multiple reaction monitoring mode were m/z 515.27 \rightarrow 276.13 for telmisartan and m/z 350.1 > 156.0 for internal standard, abiraterone.

Results: The assay exhibited a linear dynamic range of 1 – 200 ng/mL for telmisartan in human plasma with good correlation coefficient (0.995) and limit of quantitation of 1 ng/mL. The relative standard deviation for the intra- and inter-assay precision was between 0.75-11.50

Conclusion: The developed UPLC-MS/MS method is simple, rapid and highly sensitive, and should thus be suitable for pharmacokinetic and toxicokinetic studies in both animals and humans.

Keywords: Telmisartan, Ultra-Performance liquid chromatography, Tandem mass spectrometry, Pharmacokinetics, Toxicokinetics, High throughput analysis

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INTRODUCTION

Telmisartan TEL (4-((2-n-propyl-4-methyl-6-(1-methylbenzimidazol-2-yl)-benzimidazol-1-yl)methyl)-biphenyl-2-carboxylic acid) is an angiotensin II receptor antagonist widely used in the treatment of hypertension and heart failure (Figure 1). It undergoes minimal biotransformation in the liver to form the inactive telmisartan 1-o-acylglucuronide as its principal metabolite. The long half-life and selectivity of telmisartan for angiotensin II receptors allows

once daily dosing with minimal side effects [1,2]. There are different mechanisms: increasing the activity of the sympathetic nervous system, causing a boosted sodium revertive resorption in the kidneys and promotion of the secretion of aldosterone in the adrenal glands [3]. The most recent clinical trials demonstrated that telmisartan also has preventive roles against ischemic heart diseases in diabetic patients with a similar potency to angiotensin converting enzyme inhibitor [4]. Several studies recently suggest that the effects of telmisartan are

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mediated via not only blockade of AT1R but also activation of peroxisome proliferators-activated receptor (PPAR)-γ [5].

Figure 1: Chemical structure of telmisartan [A] and abiraterone (IS) [B]

The literature reveals that there are a plethora of analytical methods reported for the quantitative determination of TEL in bulk, pharmaceutical formulations and biomatrices mainly based on high performance-liquid chromatography (HPLC) [6-10] and liquid chromatography-tandem mass (LC/MS/MS) [11-13]. Other spectrometry methods developed for the determination of telmisartan include immunoassay [14]. In general, immunoassays lack specificity and cannot distinguish multiple analytes or active metabolites or degradation products from the parent compound. Although HPLC-MS/MS excellent sensitivity, method can provide however, UPLC-MS/MS provide even more significant reduction in analysis time and solvent The reported HPLC methods consumption. used column switching or tedious and expensive solid phase extraction methods or longer run time.

UPLC is a new category of separation science which builds upon well-established principles of liquid chromatography, using sub-2 μm porous particles. These particles operate at elevated mobile phase linear velocities to produce significant reductions in separation time and solvent consumption. Literature indicates that a UPLC system allows approximately nine fold decreases in analysis time as compared to the conventional high-performance (HP) LC system using 5 μm particle size analytical columns, and approximately threefold decrease in analysis time in comparison with 3 μm particle size analytical columns without compromise on overall separation [15-21].

The objective of the present study was to develop and validate an UPLC method coupled with tandem mass spectrometry (UPLC-MS/MS) for the determination of TEL in human plasma.

EXPERIMENTAL

TEL was obtained from AK Scientific Inc. (CA, USA). Abiraterone was obtained from Selleck Chem in Houston, TX, USA. Human plasma was obtained from normal healthy volunteers at King Khalid University Hospital (Riyadh, Saudi Arabia), and the ethical approval of the study was obtained from the institutional review board of the King Khalid University Hospital. The samples were kept frozen at -20 °C until analysis. HPLC-grade acetonitrile, methanol and ammonium acetate were obtained from Winlab Laboratory, UK. Formic acid was obtained from BDH Laboratory, UK. All other reagents were of analytical grade unless stated otherwise. All aqueous solutions was prepared using water that was purified using Milli-QR Gradient A10R (Millipore, Moscheim Cedex, France) having pore size 0.22 µm.

Apparatus and operating condition

Liquid chromatography

The UPLC system included quaternary solvent manager, a binary pump, degasser, autosampler with an injection loop of 10 μL and a column heater-cooler. The separation was performed on Acquity UPLC BEH TM C18 column (50 \square 2.1 mm, i.d., 1.7 μm , Waters, USA) maintained at 25 °C. The mobile phase was composed of acetonitrile: 8 mM ammonium acetate containing 0.15 % formic acid (v/v) (70:30) pumped at a flow rate of 0.3 mL/min. The injection volume was 5 μL in partial loop mode and the temperature of the autosampler was kept at 8 °C.

Mass spectrometric conditions

Waters Acquity liquid chromatography system coupled with a Waters TQD triple quadrupole mass spectrometer was used (Waters, Milford, USA). Mass spectrometric detection was carried out using an electrospray interface (ESI) operated in the positive ionization mode with multiple reaction monitoring (MRM) for both TEL and IS. Nitrogen was used as a desolvating gas at a flow rate of 500 L/h. The desolvating temperature was set at 450 °C and the source temperature was set at 150 °C. The collision gas (argon) flow was set at 0.1 mL/min. The capillary voltage was set at 3.50 kV. The MS analyzer parameters were as follows: LM1 and HM1 resolution 12.0 and 12.0; ion energy 1, 1.0 V; LM2 and HM2 resolution 14.0 and 14.0 respectively, ion energy 2, 0.1 V, dwell time, 0.146s. The cone voltage and collision energy were optimized in case of each analyte so as to maximize the signal corresponding to the major transition observed in the MS/MS spectra, following the fragmentation of the [M+H]⁺ ions corresponding to the selected compounds. Mass resolution is automatically adjusted by intellistart software embedded in the Mass Lynx software to desired resolution. Mass Lynx software (Version 4.1, SCN 805) was used to control the UPLC-MS/MS system as well as for data acquisition and processing.

Calibration standards and quality control samples

Standard stock solutions of TEL and abiraterone (IS), respectively, were prepared by dissolving the compounds in methanol, to give a final concentration of 1 mg/mL. The 1 mg/mL stock solution of TEL was serially diluted to prepare working solutions in the required concentration range with diluent methanol-water (50:50, v/v). The calibration standards and quality control (QC) samples were prepared by spiking (5 % of the total plasma volume) with working solutions yielding concentration range from 1 to 200 ng/mL for TEL. The final concentrations for each analyte were prepared to be 1, 2, 4, 8, 16, 30, 50, 90, 100, 200 ng/mL. QC stock solutions for TEL were prepared separately in methanol-water (50:50, v/v). QC samples at four different concentrations levels: 1 ng/mL lower limit of quantitation (LLOQ), 2 ng/mL low quality control (LQC) (LQC, within three times of the LLOQ), 80 ng/mL middle quality control (MQC) and 160 ng/mL high quality control (HQC) were prepared in a similar manner as the calibration standards. Spiked plasma calibration standards and quality control samples were kept at -80 °C until assayed or used for validating the assay procedures. The IS working solution (1 µg/mL) for routine use was prepared by diluting the abiraterone stock solution in methanol and kept in refrigerator for storage. Plasma blank: 200 µL of plasma was spiked with 20 µL of methanol-water (50:50, v/v). Plasma blank with internal standard: 200 µL of plasma was spiked with 10 µL of methanol-water (50:50, v/v) and 10 μ L of 1 μ g/mL IS.

Sample preparation

A simple protein precipitation method was used to extract telmisartan and the internal standard. Plasma samples stored at around -80 $^{\circ}\text{C}$ were thawed, left for 1 hour and vortexed for 30 sec on room temperature before extraction to ensure homogeneity. To 200 µL of plasma sample, 10 µL (1 µg/mL) of IS was added. The samples were vortex mixed for about 30 s and then 150 µL of methanol was added to it and vortex mixed again for another 30 seconds. After vortex mixing further 500 µL of acetonitrile was added to the

sample. The samples were again vortex mixed gently for 1.5 min and the supernatant was separated after centrifugation at 15000 g for 10 min and evaporated to dryness under a gentle stream of nitrogen at 40 °C. The residue was reconstituted with 200 μ L of mobile phase methanol—water (50:50, v/v) and transferred to UPLC vials. 5 μ L volumes (in partial loop with needle over fill mode) of the sample were subjected to the analysis by UPLC–MS/MS.

Bioanalytical method validation

A full method validation was performed according to guidelines set by the United States Food and Drug Administration (US-FDA) and European Medicines Agency (EMEA) guidelines [22,23].

Selectivity and specificity

selectivity of the method towards The endogenous plasma matrix components. metabolites and component medications was assessed in human blank plasma. Among the analyzed plasma batches, plasma batch showing no or minimal interference at the retention time of analytes and internal standards was selected. They were processed and analyzed using the proposed extraction protocol spiked standard TEL at lower limit of quantification (LLOQ) level (1 ng/mL) and IS 50 ng /mL.

Linearity and standard curve

The linearity of the method was determined by analysis of standard plots associated with ten point standard calibration curve (1 - 200 ng/mL). Calibration curves from accepted three precision and accuracy batches were used to establish linearity. Curves were best fitted using a least square linear regression model y = mx + b, weighted by $1/x^2$, in which y is the peak area ratio, m is slope of the calibration curve, b is the y-axis intercept of the calibration curve and x is analyte (TEL) concentration. calculations were made from these curves to determine the concentration of TEL in each calibration standards and the resulting calculated parameters were used to determine concentrations of analyte in quality control samples. The determination coefficient $r^2 > 0.996$ was desirable for all the calibration curves. The lowest standard on the calibration curve was to be accepted as the lower limit of quantification LLOQ.

Precision and accuracy

Intra- and inter-day accuracies expressed as a percentage of deviation from the respective

nominal value. The precision of the assay was measured by the percent coefficient of variation (% CV) at four concentrations in human plasma. Intra-day precision and accuracy were assessed by analyzing six replicates of the quality control samples at four levels (quality control) during a single analytical run. The inter-day precision and accuracy were assessed by analyzing 18 replicates of the quality control samples at each level through three precision and accuracy batches runs on 3 consecutive validation days.

Extraction recovery and matrix effect

To investigate extraction recovery, a set of samples (n = 6 at each low, medium, and high concentration levels in unique lots of plasma) was prepared by spiking telmisartan into plasma at 2, 80, and 160 ng/mL, respectively. Each of the samples were processed as per the procedure described previously. A second set of plasma samples was processed and spiked postextraction with the same concentrations of telmisartan and IS that actually existed in the spiked pre-extraction samples. Extraction recovery for each analyte was determined by calculating the ratios of the raw peak areas of the pre-extraction spiked samples to those of the samples spiked after extraction. The matrix effect was evaluated by analyzing MQC sample.

Stability and dilution integrity evaluation

Stability of TEL in plasma was assessed by analyzing six replicates of QC samples at low and high concentrations under a variety of storage and processing conditions. Six aliquots of each low and high concentration quality control samples were taken to evaluate the bench top stability (short term stability), freeze thaw stability, auto sampler storage stability and long term stability. Bench-top stability was assessed after exposure of the plasma samples to room temperature for \sim 6 h, which exceeds the residence time of the sample processing procedures. The freeze-thaw stability was evaluated after undergoing three freeze (at around -80 °C) thaw (room temperature) cycles. The autosampler storage stability determined by storing the reconstituted QC samples for ~ 48 h under autosampler condition (maintained at 8 °C) before being analyzed. Long-term stability was assessed after storage of the test samples at around -80 °C for 60 days. The working solutions and stock solutions of TEL and the IS were also evaluated for stability at room temperature for 24 h and at refrigerator

temperature (below 10 °C) for 25 days. All stability exercises were performed against freshly spiked calibration standards. The dilution integrity experiment was intended to validate the dilution test to be carried out on higher analyte concentrations (above ULOQ), which may be encountered during real subject samples analysis.

RESULTS

The best chromatographic conditions were achieved with mobile phase comprising acetonitrile: 8 mM ammonium acetate containing 0.15 % formic acid (v/v) (70:30) pumped at a flow rate of 0.30 mL/min, on a C18 column (50 □ 2.1 mm i.d., 1.7 µm). The selected conditions were found to be suitable for the determination of electrospray response for TEL and IS (Figure 2). The method was found to be linear from 1 to 200 ng/mL for TEL in human plasma. determination coefficients (r²) were consistently greater than 0.995 during the course of validation. The lower limit of quantification for this assay was 1 ng/mL in plasma. Table 1 summarizes the inter- and intra-day precision and accuracy values for QC samples. The coefficient of variation values of both intra- and inter- day results of plasma were 3.80 – 11.50 % and 0.75 - 2.74 %, respectively. TEL showed an average (n=6) matrix factor of 99.12 % at MQC level with a CV of 4.11 %.

The stability results, summarized in Table 2, showed that TEL spiked into human plasma was stable for at least 6 h at room temperature, for at least 48 h in final extract at 8 °C under autosampler storage condition, for 25 days at around -80 °C, and during three freeze-thaw cycles when stored at around -80 °C and thawed to room temperature. The stock solutions and working standard of TEL and IS were stable for 25 days at refrigerator temperature (below 10 °C) and at least for 24 h at room temperature. In dilution integrity study, accuracy of the 2- and 4fold diluted samples was 97.27 and 97.82 % of the nominal concentration for TEL. At three QC concentration levels (2, 80 and 160 ng/mL), the percent extraction recoveries (mean ± SD) of TEL obtained are given in Table 3. The mean extraction recovery for TEL was 82.12 ± 2.38 %, and for the IS abiraterone at the concentration employed, it was 88.69 ± 4.33 %.

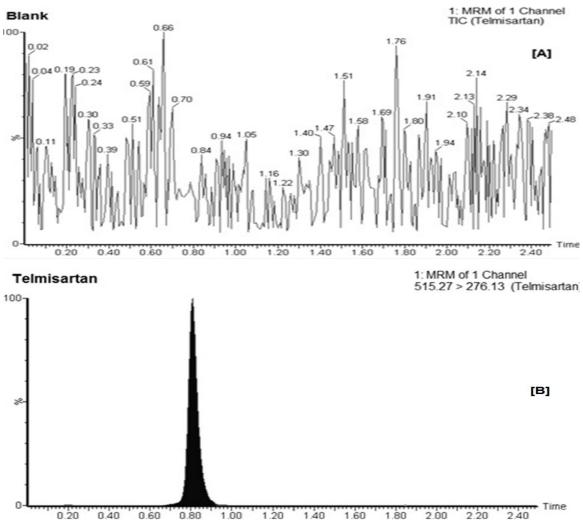


Figure 2: (A) Representative chromatograms of blank, [B] Representative chromatograms of HQC of TEL in human plasma

Table 1: Intra- and inter-day precision and accuracy of TEL in human plasma

Nominal conc. (ng/mL)	Run	Human plasma	
,		Measured conc. (ng/mL ± SD)	Precision (RSD)
	Intrad	ay variation (n=6 at each concentration)	
1	1	1.00 ± 0.06	6.77
	2 3	0.95 ± 0.10	11.50
	3	0.99 ± 0.09	9.50
2	1	2.04 ± 0.15	7.36
	2	1.97 ± 0.14	7.48
	3	2.08 ± 0.14	6.76
80	1	82.51 ± 4.54	5.50
	2	80.15 ± 6.16	7.76
	2 3	81.00 ± 3.90	4.82
160	1	165.91 ± 6.30	3.80
	2	164.12 ± 6.50	3.96
	3	163.50 ± 7.09	4.33
	Interda	y variation (n = 18, at each concentration	n)
1		0.98 ± 0.02	2.56
2		2.03 ± 0.05	2.74
80		81.22 ± 1.19	1.46
160		164.51 ± 1.24	0.75

Table 2: Stability and dilution integrity data of TEL in human plasma

Stability (n = 6)	Nominal conc. (ng/mL)	Measured conc. (ng/mL ± SD)	Precision (RSD)
Bench top (6 h)	2	2.02 ± 0.15	7.48
,	160	158.29 ± 7.32	4.62
Freeze thaw (3 cycle)	2	2.00 ± 0.12	6.45
, ,	160	161.67 ± 7.14	4.41
Auto sampler (48 h)	2	1.97 ± 0.11	7.15
. ,	160	166.32 ± 6.48	4.02
25 days at -80°C	2	1.96 ± 0.16	5.89
•	160	159.02 ± 5.68	3.97
Dilution integrity	80	77.82 ± 6.36	6.59
.	160	156.52 ± 8.09	4.99

Table 3: Extraction recovery data of TEL (three QC samples) and abiraterone in human plasma

Compound	Nominal conc. (ng/mL)	Recovery (% ± SD)
TEL (analyte)	2	79.58 ± 7.13
	80	82.47 ± 6.13
	160	84.31 ± 8.13
	Mean ± SD	82.12 ± 2.38
Abiraterone (IS)	50	88.69 ± 4.33

DISCUSSION

Initial feasibility experiments of various mixture(s) of organic solvents such as acetonitrile and methanol along with millipore water; both having 0.1 % formic acid, also these organic solvents along with different concentration of ammonium acetate (2 - 15 mM) with altered flow-rates (in the range of 0.20 - 0.50 mL/min) was performed to optimize an effective chromatographic conditions of TEL and IS. UPLC-MS/MS operation parameters were carefully optimized for the determination of TEL. Analytes were detected by tandem mass spectrometry using MRM of precursor-product ion transitions with 0.146 s dwell time, at m/z 515.27 > 276.13 for TEL and m/z 350.1 > 156.0 for IS. A standard solution (100 ng/mL) of TEL and the IS were directly infused along with the mobile phase into the mass spectrometer with ESI as the ionization source. The mass spectrometer was tuned initially in both positive and negative ionization modes for TEL. It was observed that the signal intensity of positive ion was much higher than that of negative ion.

Parameters, such as capillary and cone voltage, desolvation temperature, ESI source temperature and flow rate of desolvation gas and cone gas, were optimized to obtain the optimum intensity of protonated molecules of TEL and IS for quantification. Among the parameters, capillary and cone voltage, especially cone voltage, were important parameters. The precursor ion intensities increased significantly when cone voltage was raised gradually. Lastly, analytes produced the strongest ion signals when cone

voltage was set up at 72 V. The cone voltage was optimized using cone ramp (0 - 100) V. The collision energy was investigated from 2 to 80 eV to optimize the response of product ion, and the best values were found to be 50 eV for the chosen product ions m/z 276.13. For IS, spectra at m/z 156.0 was produced at optimum collision energy of 48 eV.

Selectivity of the method was assessed by comparing the chromatogram of blank plasma with the corresponding spiked LLOQ sample. Six different batches of blank human plasma were tested to identify the peaks due to the possible biogenic plasma components. Thus the method looks to be selective enough for determination of TEL and IS in plasma. The linearity of the method was determined by a weighted least square regression analysis of standard plot associated with a nine-point standard curve. The calibration curves were generated by plotting area ratio (TEL/IS) as a function of TEL concentration. Representative LLOQ sensitive enough to investigate the pharmacokinetic behavior of TEL in human plasma. These results indicate that the method has good precision and accuracy and are within the acceptance limit of < 15 % and \pm < 15 % for precision and accuracy respectively. In this study, the matrix effect was evaluated by analyzing MQC sample.

The stabilities of TEL were investigated at two concentrations of QC samples (low and high concentrations) to cover expected conditions during analysis, storage and processing of all samples, which include the stability data from

various stability exercises like in-injector, benchtop, freeze/thaw and long-term stability tests. These results conclude that TEL was stable under the set experimental conditions and the dilution of the concentrated plasma sample up to four times maintains legibility and integrity of TEL concentration. This result indicates that the extraction efficiency for TEL using protein precipitation method was satisfactory, consistent and concentration independent.

CONCLUSION

This study represents the first report describing the determination of TEL in human plasma by UPLC-MS/MS method. The developed method is simple, economical high-throughput and highly sensitive. Run time was only 2.5 min which is suitable for high-throughput analysis and reduction in the use of organic solvents. The proposed method is practical and should suitable for pharmacokinetic and toxicokinetic studies of TEL in humans.

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