

Original Research Article

Assessment of absorption of four lignan constituents of JingNing particles in rat gut using in situ single-pass intestinal perfusion

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Abstract

Purpose: To study small intestinal absorption of schisandrol A, schisandrol B, schizandrin A and schizandrin B in JingNing particles using in situ single-pass intestinal perfusion (SPIP).

Methods: Absorption rate constant (K_a) and apparent permeability (P_{app}) of the drugs at different concentrations in various parts of rat small intestine (duodenum, jejunum and ileum) were determined using SPIP. JingNing particles were also perfused in situ at different pH in the entire rat intestine. Ethanol extract of *Schisandra chinensis* (standard) at low concentration was perfused in the duodenum for comparison with extract of JingNing particles.

Results: The order of apparent permeability of the four lignans was schisandrol A < schisandrol B < schizandrin A < schizandrin B. K_a and P_{app} values of the four lignans in JingNing particles were concentration-dependent. Absorption increased in the rank order: ileum > duodenum > jejunum. Optimum absorption pH was 6.50. *Polygala tenuifolia* extract and volatile oil of *Rhizoma acori tatarinowii* significantly ($p < 0.05$) enhanced the absorption of the four lignans.

Conclusion: The four lignans were well absorbed in the intestinal tract, particularly the ileum, probably through carrier-mediated transport. The alcohol extract of *Polygala tenuifolia* and volatile oil of *Rhizoma acori graminei* enhanced the absorption of the four lignans.

Keywords: JingNing, Intestinal absorption, *Polygala tenuifolia*, *Rhizoma acori graminei*, Lignans, Schisandrol, Schisandrin, Single-pass intestinal perfusion

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INTRODUCTION

JingNing particles, containing *Radix Pseudostellariae*, *Radix Rehmanniae praeparata*, *Schisandra chinensis* (Turcz.)Baill, *Polygala tenuifolia*, *Rhizoma acori tatarinowii*, *Poria cocos* (Schw.), Wolf and *Barbary wolfberry* fruit, is a traditional Chinese medical formula with a long history of its use in clinical practice for treating attention deficit hyperactivity (ADHD). The alcohol extract of *Schisandra chinensis* fruit is

one of the components of traditional Chinese herbal medicines in the JingNing particles used as hepato-protective agents [1,2]. *Schisandra chinensis* fruit has been used for thousands of years in the management of insomnia, coronary heart disease, skin disorders, depression and menopausal symptoms [3,4].

The lignans of *Schisandra chinensis* fruit can enhance concentration and mental performance. They are used as adjuvant substances in the

treatment of ADHD, Alzheimer's disease, Parkinsonism, and Meniere's diseases [5]. Traditional theories believe that *endogenous liver wind* is associated with ADHA.

Food and Drug Administration (FDA) has recognized that the poor drug permeation across the intestinal mucosa is one of the common causes for drugs absorption failure and low drug bioavailability [6,7]. The factors of influencing drug absorption contain the physical and chemical properties of compounds, such as structure, pKa, dosage forms characteristics, etc [8]. The majority of drugs are administered through the oral route, especially for traditional Chinese medicine [9]. The small intestine is the main absorption site of drugs. There are some methods used to evaluate intestinal absorption kinetics. These include *in vivo*, *in vitro* and *in situ* methods [10-12]. *In situ* methods have many advantages in that they provide viable intestinal mucosa, nerve system and blood flow, as well as the expression of specific enzymes and transporters [13]. Single-pass intestinal perfusion is widely used for studying intestinal absorption of drugs due to its high degree of accuracy [14-17]. This study was aimed at investigating the intestinal absorption of four lignans, the main and effective ingredients in the *Schisandra chinensis* (a major constituents of JingNing particles) using SPIP.

EXPERIMENTAL

Materials

Schisandrol A, schisandrol B, schizandrin A and schizandrin B (purity $\geq 98\%$) were bought from the National Institutes for Food and Drug Control, Beijing, China. JingNing particles were made in the laboratory as follows: *Schisandra chinensis* and *polygala tenuifolia* were extracted with 60% ethanol; essential oils were extracted from *Rhizomaacori graminei*; while the other drugs were extracted with water. The culture and perfusion solution was Krebs-Ringer (K-R) culture solution. Acetonitrile, methanol were purchased from Sigma. Double-distilled water was used during the entire HPLC procedure. All other chemical materials were of analytical grade and bought from commercial suppliers.

Animals

Male Sprague Dawley (SD) rats (mean weight, 250 ± 20 g) were obtained from the Weitonglihua Lab Animal Services Center (Changping, Beijing, China). The rats were fasted overnight but allowed free access to clean drinking water before starting the experiment. The experimental

procedures were in compliance with the National Institutes of Health Guide for Care and Use of Laboratory Animals [18] and were approved by the Committee on Animal Care and Usage of the Beijing University of Chinese Medicine (approval no. BUCM-2-2017010101-1001).

Preparation of drug solutions

Sodium dodecyl sulfate (SDS, 0.2%) was added to K-R solution to help dissolve JingNing particles. The pH of K-R solution was adjusted to 6.5 with HCl and NaOH.

Determination of Schisadrol A, Schisandrol B, Schizandrin A and Schizandrin B by HPLC

The HPLC system involved a LC-20AT (Japan), fitted with an aglient-C18 (250 \times 4.6 mm, 5 μ m) column. The mobile phase were acetonitrile-water. The detection wavelength for Schisadrol A, Schisandrol B, Schizandrin A and Schizandrin B was 215 nm. The specificity was described by comparing the chromatographs of several different types of solutions, including a drug-free K-R solution, the intestinal perfusion solution of JingNing particles and the reference solution of schisandrol A, schisandrol B, schizandrin A and schizandrin B [19]. The linearity was established by standards sample. The sample was diluted into different concentrations [20]. The linearity range of this method was 0.40 - 50.20 μ g/ml. Recovery was expressed as in percentage terms. Precision was expressed as relative standard deviation (RSD). Intra-day precision was measured during one day by analyzing six replicates of intestinal perfusion samples, while inter-day precision was detected on five consecutive days for the intestinal perfusion samples. Stability was tested within 24 h.

Studies on drug stability and adsorption

A drug-free intestinal circulation fluid was made from a K-R culture solution and perfused in rat intestine for 3 h. JingNing particles were dissolved in the blank intestinal circulation fluid and incubated at 37 $^{\circ}$ C. Aliquots of 1 mL samples were taken out from the intestinal tract at different time intervals (0, 1, 2 and 3 h) for analysis.

Perfusion experiment

The perfusion experiment was conducted as previously described [14,19]. Briefly, Male SD rats were used in situ SPIP studies. Open abdomen of the rat along the midline. The jejunum was cut from approximately 15 cm below the pylorus, and the ileum was cut from 20

cm above the caecum. For each section, 10 cm³ segments were cut. Medicated K-R of a known weight was infused into the intestine at a high flow rate until the intestine was filled up. Then reduced the flow rate for a while. At steady state, collect intestinal perfusate samples at different time.

Samples from perfusion studies were diluted with ethanol (1:1, v: v) and centrifuged for 20 min at 13000 r/min. The resultant supernatants were injected into the HPLC column for analyses.

Data treatment

Eqs 1 and 2 were used to process the data [20,21]:

$$K_a = \left(1 - \frac{\rho_{out}}{\rho_{in}} \cdot \frac{V_{out}}{V_{in}}\right) \cdot \frac{v}{\pi r^2} \dots\dots\dots (1)$$

$$P_{app} = \frac{-v \cdot \ln\left(\frac{\rho_{out} V_{out}}{\rho_{in} V_{in}}\right)}{\pi r l} \dots\dots\dots (2)$$

where V_{in} and V_{out} are the respective inlet and collected outlet volumes at steady state (The gravimetric correction method proposed by Sutton *et al* was used; v is the flow rate (0.20 ml/min). ρ_{in} and ρ_{out} are the respective inlet and collected outlet concentration at steady state (µg/ml), and l and r are the length (cm) and radius (cm) of the mouse intestine, respectively.

Statistics

All values are expressed as mean ± standard deviation (SD). SPSS version of 17. 0 software was used for statistical analysis, and p < 0.05 was considered statistically significant [22].

RESULTS

Validation of the HPLC method

The mobile phase was shown in Table 1. Schisandrol A, schisandrol B, schizandrin A and schizandrin B exhibited major well-resolved peaks at approximately 14.5, 17.5, 33.5, 38.5 min respectively, in HPLC as shown in Figure 1. The calibration curve was linear in the range of 0.40–50.15µg/ml of schisandrol A, 0.40–50.10µg/ml of schisandrol B, 0.42–52.95µg/ml of schizandrin A and 0.40–50.20µg/ml of schizandrin B.

The stability and precision of the analytical method were within statistical limits (RSD<3 %, n=6). These results showed that the HPLC method established was suitable [22] (Table 2).

Table 1: Mobile phase of gradient elution

Time (min)	Acetonitrile (%)	Water (%)
0	40	60
20	65	35
45	75	25
47	40	60
57	40	60

Studies on the drug stability and adsorption

The results (Table 2) indicated that the stability of the four chemical compounds in blank intestinal circulation fluid had RSD < 2 % (n = 6). They were deemed to be stable in K-R intestinal circulation fluid when intestine was perfused at 37 °C for 3 h.

Concentration-dependence of absorption profiles of the four lignans in JingNing particles

The absorption profiles of the four lignans in JingNing particles at different concentrations (6.4, 12.8 and 25.6 mg/ml) in the duodenum, jejunum and ileum were shown in Figure 2 and Figure 3. There was a non-linear increase corresponding to increases in the concentrations of JingNing particles in the intestinal circulation fluid. However, the absorptions of the four lignans of JingNing particles decreased as their concentrations increased. The results showed that the transport and absorption of schisandrol A, schisandrol B, schizandrin A and Schisandrin B would be saturated at high concentrations

Absorptive profiles of the four lignans

Ka and Papp values in the presence of JingNing particles in the different intestinal segments were shown in Figure 4 and Figure 5. Ileum produced the best results (p < 0.05), followed by the jejunum, and the duodenum, in that order. However, there were no significant differences between the jejunum and the duodenum (p < 0.05). The four lignans were well absorbed in the whole intestine.

Influence of other components of JingNing on absorption profiles of the four components

The alcohol extract of *Schisandra chinensis* at a concentration of 2 mg/ml was chosen as the standard. The segment of intestine used was the jejunum. The results showed that *Polygala tenuifolia* significantly enhanced the absorption of schizandrol A (200 %), schisandrol B (250 %), Schisandrin A (380 %) and schisandrin B (280

%) in the jejunum. The volatile oil of *Rhizoma acori tatarinowii* enhanced the absorption of schizandrol A (300 %), schizandrol B (190 %), schisandrin A (340 %) and schisandrin B (240

%), relative to the standard. However, the other components of JingNing had no obvious effects on the absorption of the four lignans (Figure 7).

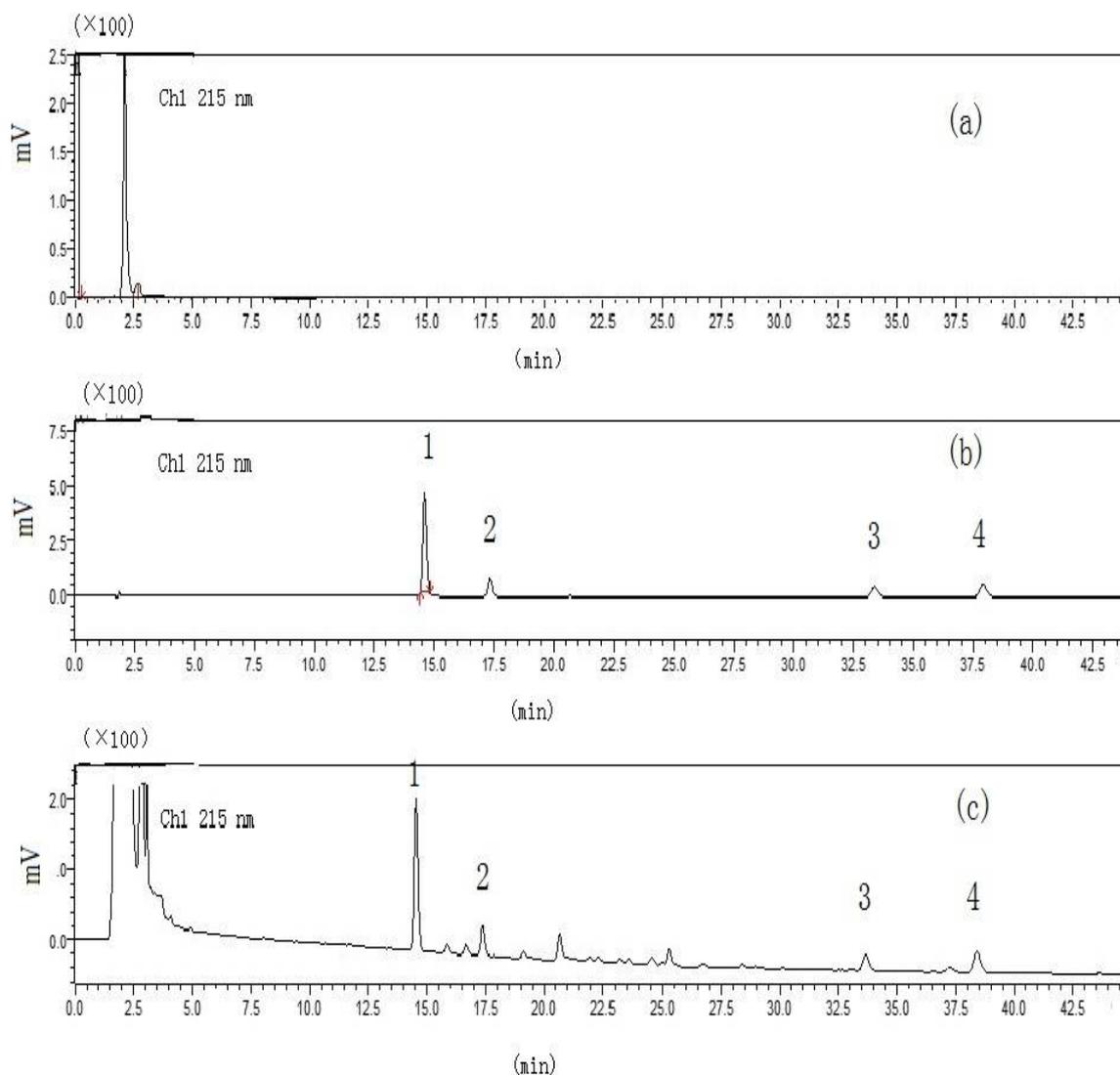


Figure 1: Specificity results. K-R solution (a), standard solution (b), sample solution of JingNing particles (c). schisandrol A (1), schisandrol B (2), schisandrin A (3), schisandrin B (4)

Table 2: Accuracy, stability and precision of analysis of the four lignans in serosal fluid

Concentration level	Sample	Accuracy	Stability (0-24h)	Precision (RSD)
High concentration	Schisandrol A	1.02	0.40%	0.61%
	Schisandrol B	0.99	0.40%	1.04%
	Schisandrin A	0.95	0.65%	0.43 %
	Schisandrin B	0.95	0.40%	0.25 %
Middle concentration	Schisandrol A	1.03	0.38%	0.44%
	Schisandrol B	1.01	0.38%	1.26%
	Schisandrin A	0.99	0.38%	0.57%
	Schisandrin B	0.97	0.39%	0.35%
Low concentration	Schisandrol A	1.01	0.29%	0.83%
	Schisandrol B	1.01	0.29%	0.95%
	Schisandrin A	0.96	0.33%	1.27%
	Schisandrin B	0.98	0.19%	1.25%

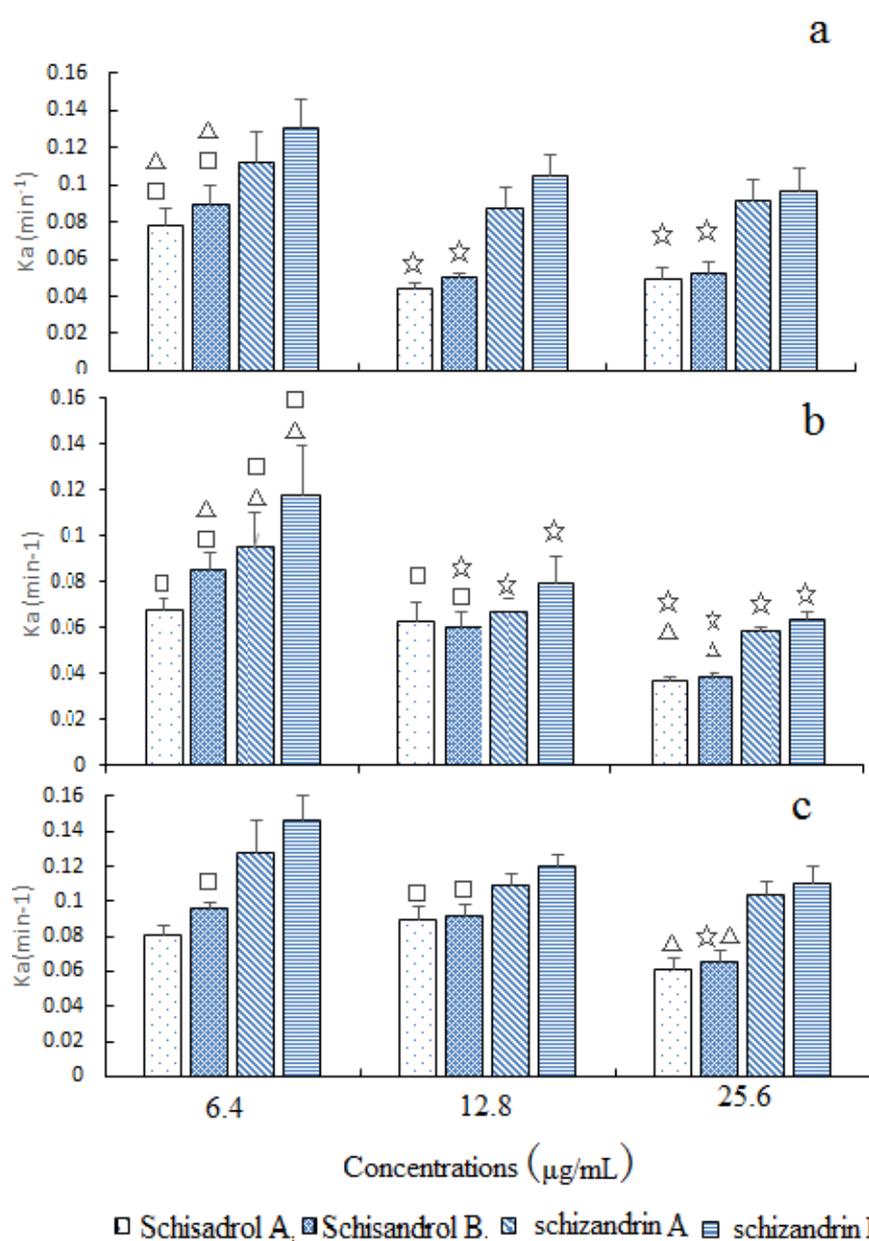


Figure 2: The absorption rate constant (Ka) of the four lignans in duodenum (a), jejunum (b), ileum (c); ☆ $p < 0.05$, VS Ka of low concentration; △ $p < 0.05$, VS. Ka of middle concentration; □ $p < 0.05$, VS. Ka of high concentration

DISCUSSION

The purpose of the research was to determine the absorption site of the four lignans in extract of JingNing particles as well as the pH for their optimum absorption, and the influence of herb-herb interaction on their intestinal absorption and bioavailability.

The results of concentration dependence showed a non-linear increase in the transport and absorption with different concentrations. With increase in concentration, absorption attained saturation, indicating that the absorption of the four lignans in JingNing particles may be carrier-

mediated. The pH range of the intestinal tract is 5 - 7. The pH value of intestinal sites decreases in the order of ileum>jejunum>duodenum. Thus the pH of the ileum is close to 7, which corresponds to the optimum pH for the absorption of the four lignans in JingNing particles. The lignanoids in *Schisandra chinensis* are the substrates for P-glycoprotein (P-gp), whose expression in the duodenum, jejunum, and ileum was increased. The increase may account for the duodenum being the best absorption site for *Fructus schisandrae*. However, the ileum was the best absorption site for the total lignanoids in JingNing particles. The possible reason for this might be that some components in *Polygala tenuifolia* and

Rhizoma acori tatarinowii might compete with *Fructus schisandrae* for binding to P-gp.

Studies have shown that absorption is slow when $P_{app} < 1.8 \times 10^{-4}$ cm/min, but enhanced when

$P_{app} > 1.2 \times 10^{-3}$ cm/min [23]. The results obtained in this study showed that P_{app} values of the four lignans were higher than 1.2×10^{-3} cm/min, suggesting that they were well absorbed in the intestine.

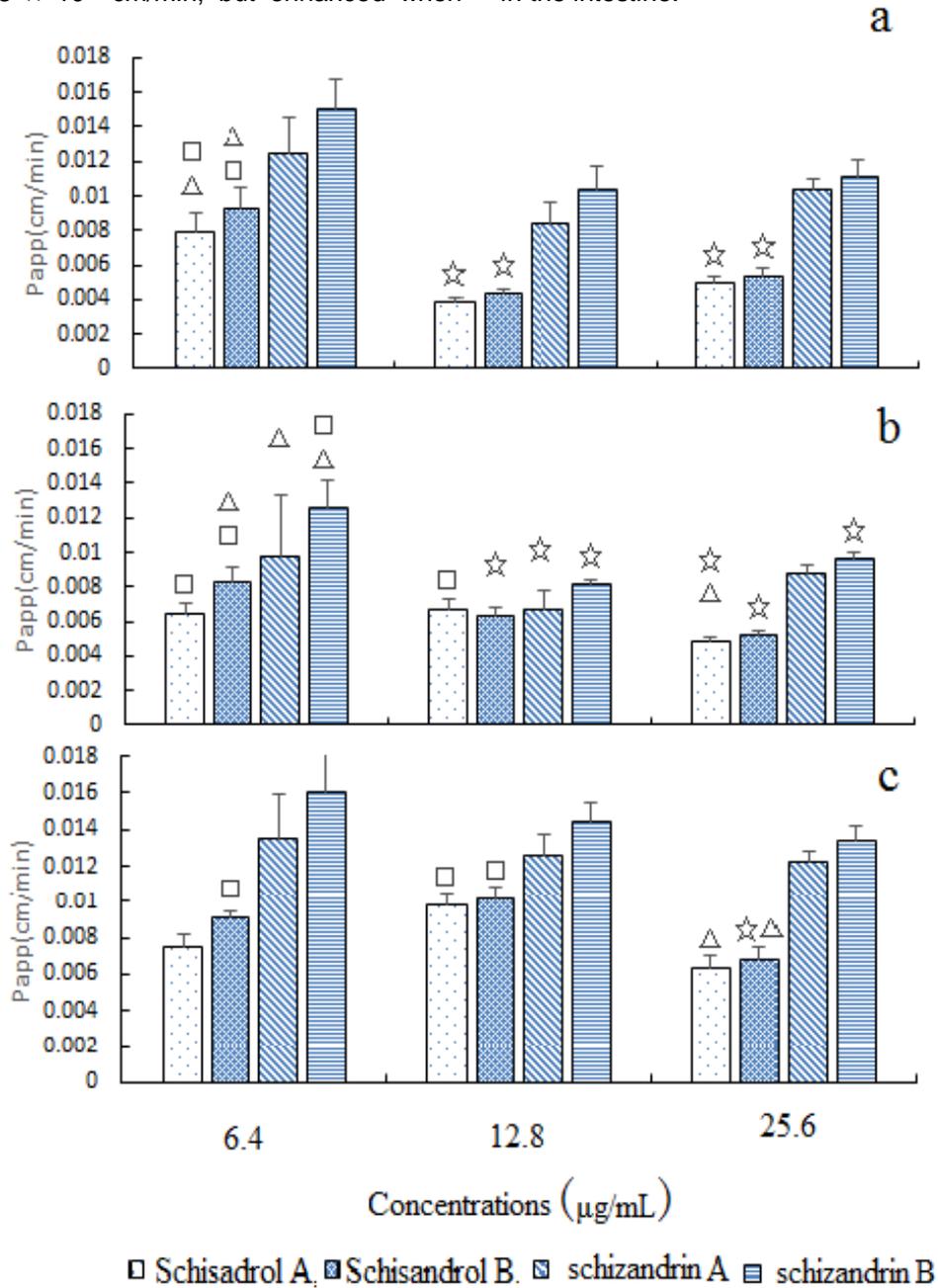


Figure 3: Apparent permeability (P_{app}) of the four lignans in duodenum (a), jejunum (b), ileum (c); ☆ $p < 0.05$, VS. P_{app} of the low concentration; △ $p < 0.05$, VS. P_{app} of middle concentration; □ $p < 0.05$, VS. P_{app} of high concentration)

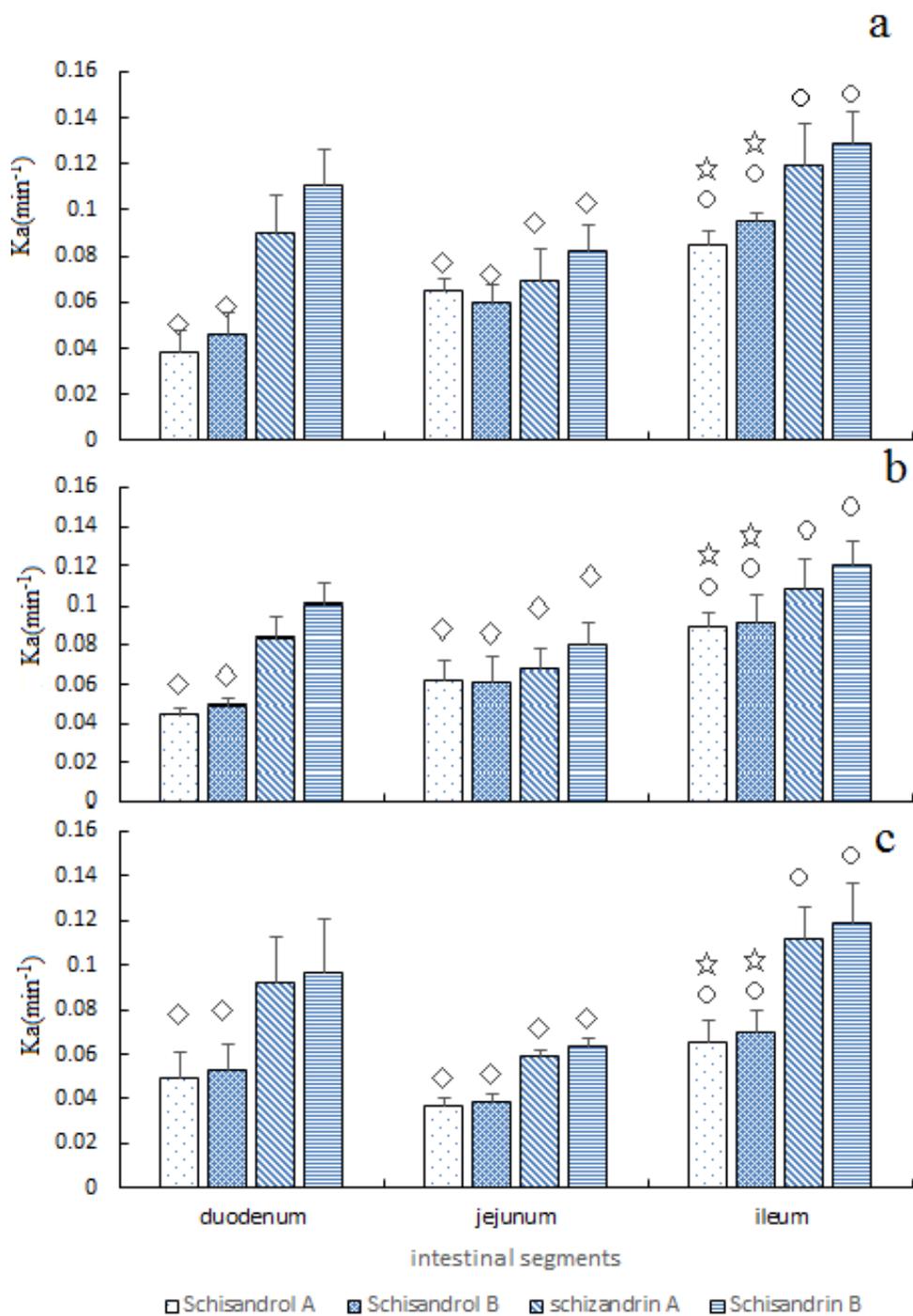


Figure 4: Absorption rate constant (Ka) of the four lignans at low (a), middle (b), high concentrations (c); ☆ $p < 0.05$, VS. Ka of the duodenum; ○ $p < 0.05$, VS. Ka of jejunum; ◇ $p < 0.05$, VS. Ka of ileum

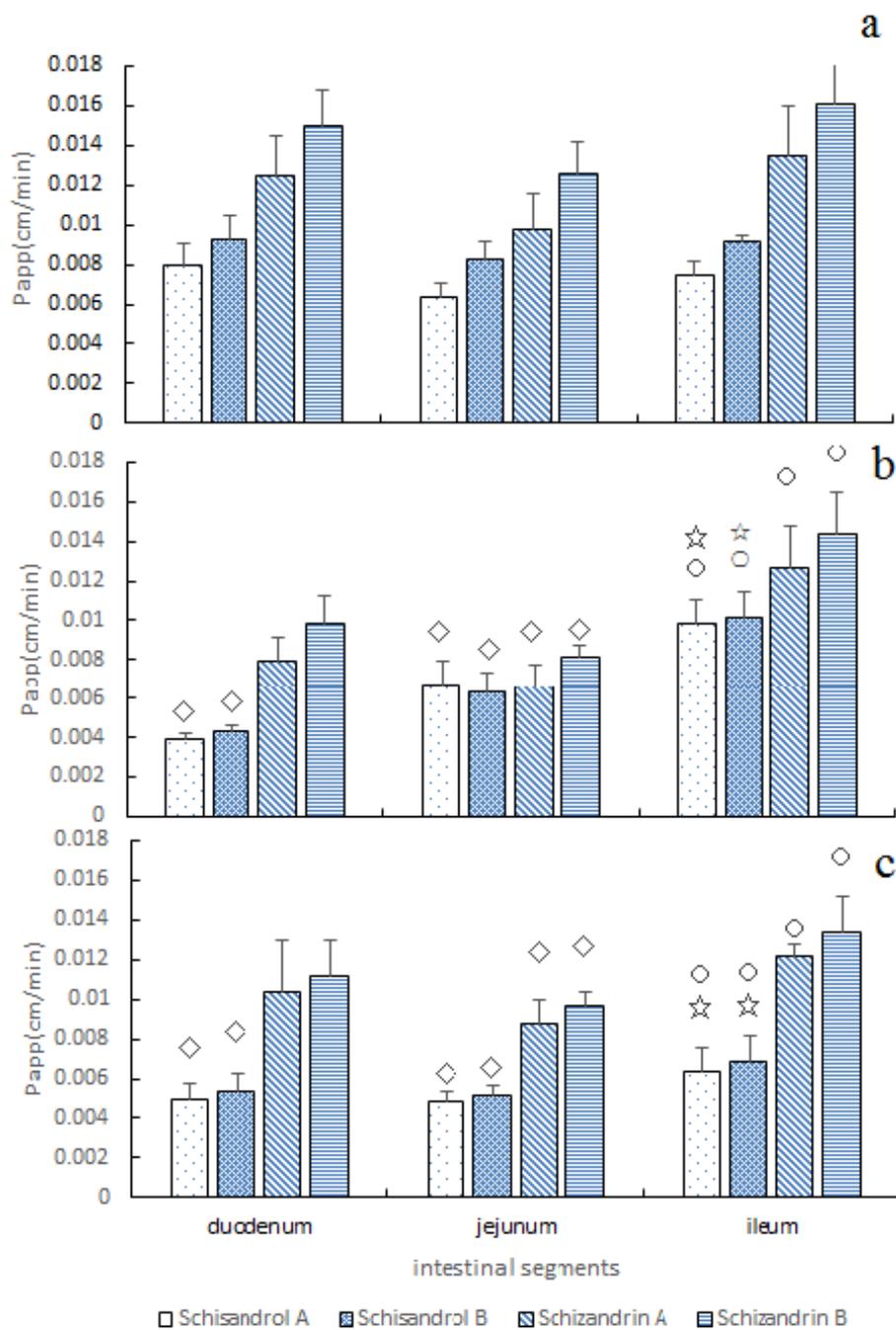


Figure 5: Apparent permeabilities (Papp) of the four lignans at the low (a), middle (b), high concentrations (c); ☆ $p < 0.05$, VS. Papp of the duodenum; ○ $p < 0.05$, VS. Papp of jejunum; ◇ $p < 0.05$, VS. Papp of ileum

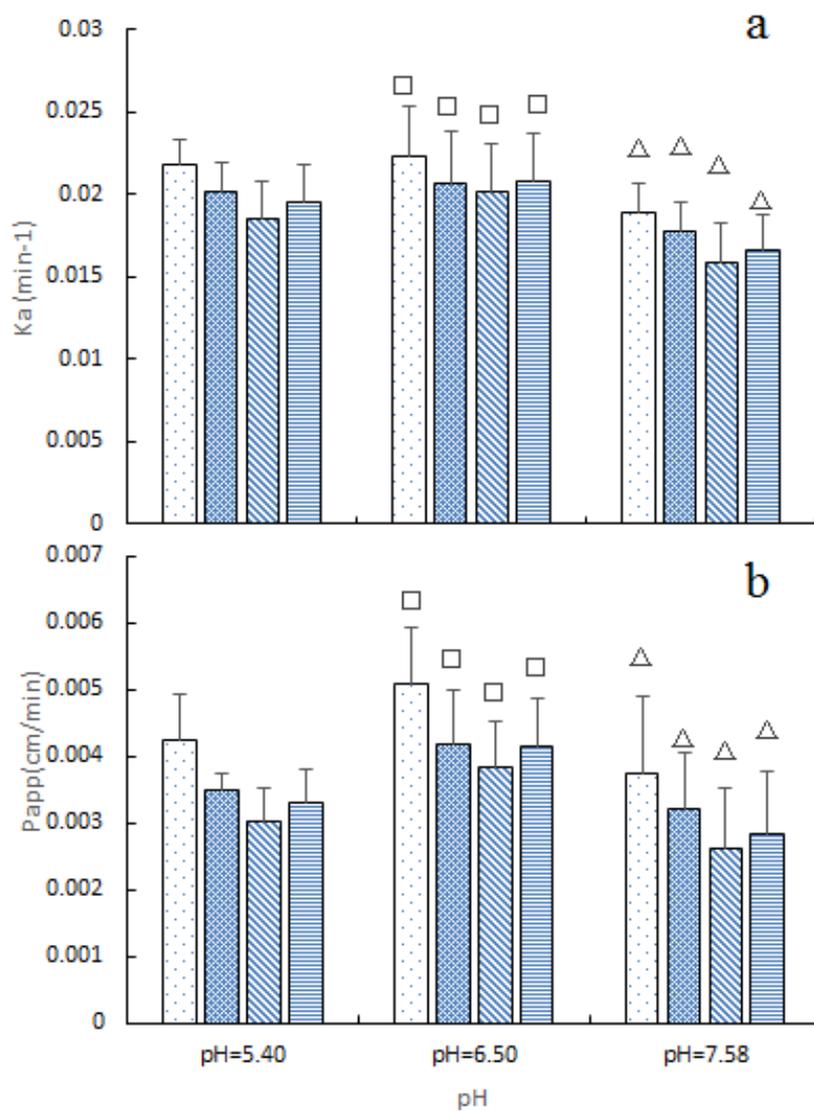


Figure 6. Ka (a) and Papp (b) of the four lignans at different pH; ☆ $p < 0.05$, VS. the duodenum; ○ $p < 0.05$, VS. the jejunum; ◇ $p < 0.05$, VS. the ileum)

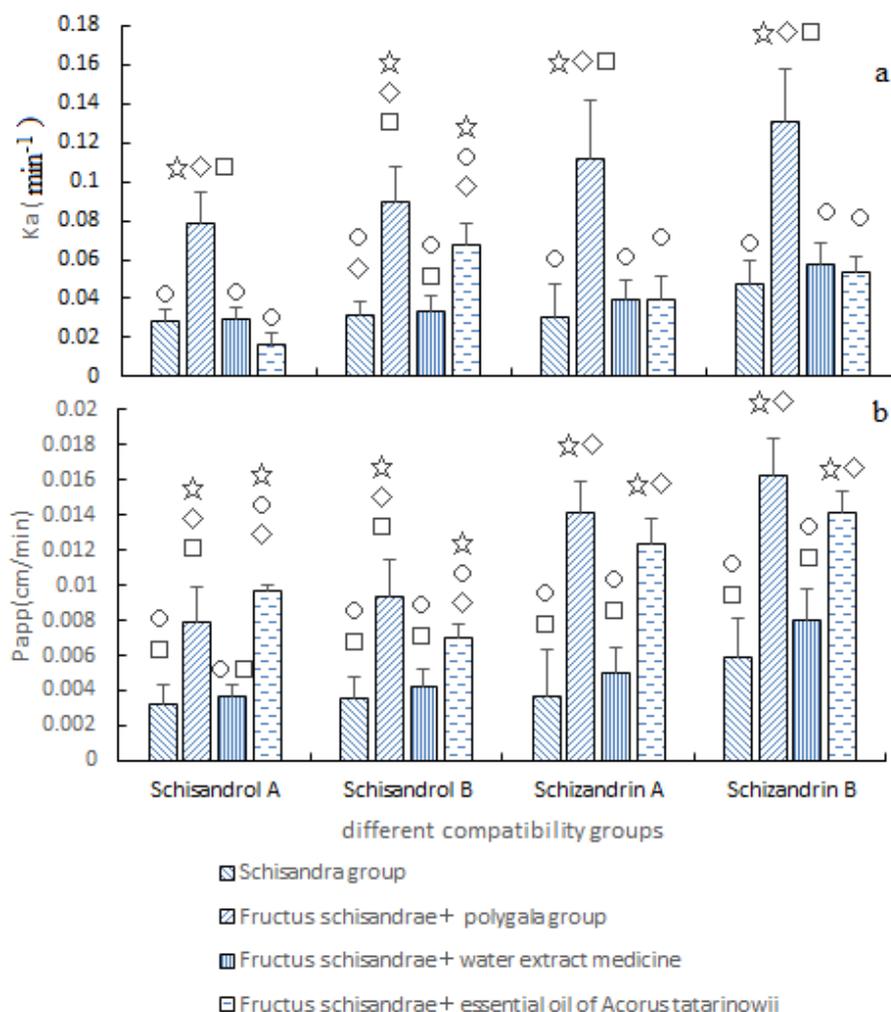


Figure 7: Ka (a) and Papp (b) of the four lignans in different compatibility groups; ☆ $p < 0.05$, VS. the Schisandra group; ○ $p < 0.05$, VS. the Schisandra and polygala group; ◇ $p < 0.05$, VS. the Schisandra and other water extraction group; □ $p < 0.05$, VS. Schisandra and Acorustatarinowii Schott Naphtha group

CONCLUSION

The results in this study demonstrate that *Polygala tenuifolia* enhances the intestinal absorption of the four lignans via inhibition of the activity of intestinal P-gp, thereby improving their oral bioavailability. Comparison of the intestinal absorptions of the four lignans in *Schisandra chinensis* when perfused with a single herb and formula can help in understanding their compatibility mechanisms.

DECLARATIONS

Acknowledgement

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Conflict of Interest

No conflict of interest associated with this work.

Contribution of Authors

The authors declare that this work was done by the authors named in this article and all liabilities pertaining to claims relating to the content of this article will be borne by them.

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