Original Research Article

Dexmedetomidine mitigates lipopolysaccharide-induced acute lung injury in septic rats via inhibition of NF-κB associated anti-inflammatory pathway

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Abstract

Purpose: To investigate the effect of dexmedetomidine in a rat model of acute lung injury (ALI), and the underlying mechanism.

Methods: Acute lung injury (ALI) was induced in adult male Sprague Dawley rats (n = 27) using lipopolysaccharide (LPS). Three rat groups were used (9 rats/group): untreated control, LPS and treatment groups. Pathological lesions in rat pulmonary tissues were assessed and inflammatory scores determined. The levels TNF-α and IL-6 in BALF were determined using their respective enzyme-linked immunosorbent assay (ELISA) kits, while protein levels of p-IκB and NF-κB p65 were assessed by Western blotting.

Results: Lung tissue damage was markedly mitigated in treatment mice, relative to LPS mice (p < 0.05). Inflammatory scores and population of neutrophils and macrophages increased significantly in LPS mice, relative to control, but decreased by dexmedetomidine exposure (p < 0.05). Similarly, TNF-α and IL-6 levels in pulmonary tissue homogenates of LPS rats were increased, relative to control rats, but were downregulated by dexmedetomidine exposure (p < 0.05). Moreover, dexmedetomidine downregulated the expressions of p-IκB and NF-κB p65 in pulmonary tissues (p < 0.05).

Conclusion: Dexmedetomidine mitigates LPS-induced ALI in rats by blocking the activation of NF-κB and IκB, coupled with inhibition of the secretion of TNF-α and IL-6.

Keywords: Acute lung injury, Dexmedetomidine, Inflammatory cytokines, NF-κB pathway, Sepsis

INTRODUCTION

Sepsis manifests when chemicals released into the systemic circulation to combat infection induce widespread inflammation in tissues. This causes a sequence of lesions affecting multiple organs, leading to death in some cases. The symptoms of sepsis manifest in high body temperature, breathlessness, hypotension, abnormal heart beat and mental confusion. Sepsis occurs commonly in severe burns, multiple injuries and other diseases. It leads to acute lung injury (ALI) and other complications, often characterized by aggregation of inflammatory cells and hydrops in the lungs, and pulmonary dysfunction. Sepsis treatment involves the use of antibiotics, intravenous fluids and mechanical ventilation [1,2].

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The pathogenesis of sepsis is not completely understood, and remains an area of concern for many investigators.

Acute lung injury (ALI) accounts for 40% morbidity and mortality (40%) in critically-ill populations. It refers to acute onset of bilateral lung infiltrations with hypoxemia, in the absence of hydrostatic pulmonary edema [3]. Strategies presently employed for the treatment of sepsis cannot effectively mitigate ALI [4].

Nuclear factor kappa-light chain enhancer of activated B cells (NF-κB) regulates transcription of DNA, cytokine secretion and cell viability. On binding to target genes in the nucleus, it promotes the transcription, translation and secretion of TNF-α and IL-6, which in turn mediate ALI [5,6]. Dexmedetomidine, a new generation of highly selective α2-adrenergic receptor (α2-AR) agonist, produces sedative, delirium-lowering, cardio-protective and lung-protective properties [7]. Studies have shown that when given in the right dose, dexmedetomidine significantly reduces brain damage while promoting neurological function recovery in rats after local cerebral ischemia reperfusion [8]. However, little or nothing is known about the relationship amongst dexmedetomidine, NF-κB signaling pathway and ALI. The present investigation was carried out to study the influence of dexmedetomidine on rat model of ALI, and the mechanism involved.

**EXPERIMENTAL**

**Materials**

Lipopolysaccharide (LPS) was purchased from Beijing Cargill Biotechnology Co. Ltd; dexmedetomidine was obtained from Nanjing Saihongrui Biotechnology Co. Ltd, and bicinchoninic acid (BCA) protein kit was a product of Shanghai Rongbai Biotechnology Co. Ltd. Mouse IL-6 and TNF-α ELISA kits were bought from Shanghai Yagi Biotechnology Co. Ltd, and H & E staining reagent was obtained from Jinchlone (Beijing) Biotechnology Co. Ltd. Rabbit anti-mouse iκB, p-iκB, NF-κB p65 and β-actin monoclonal antibodies were products of Wuhan Purity Biotechnology Co. Ltd, while goat anti-rabbit IgG secondary antibody was obtained from Wuhan Feng Biotechnology Co. Ltd. Cryogenic (-80 °C) refrigerator was purchased from Qingdao Haier Biomedical Co. Ltd. Inverted microscope and cryogenic high-speed centrifuge were products of Beijing Gamming Gene Technology Co. Ltd.

This research received approval from the Animal Ethical Committee of Department of Anesthesiology, The First People’s Hospital of Fuyang District, Hangzhou 311400, PR China (approval no. 201946338), and carried out according to Principles of Laboratory Animal Care [9].

**Rats**

Adult male Sprague Dawley rats (n = 27) weighing 200 – 260 g (mean weight = 230 ± 30 g) were obtained from Red Liver Disease Research Co. Ltd. (Shanghai) ((SCXK (Shanghai) 2019-0009)). The rats were housed in metal cages under standard conditions and allowed free access to standard feed and water. Prior to commencement of study, the rats were acclimatized to the laboratory environment for 3 days. Thereafter, they were kept in an environment with equal darkness and light periods at 24 ± 2 °C and 40 - 70 % humidity. The study received approval from the Institutional Animal Care and Use Committee, and the study procedures were carried out in line with the guidelines of Association for the Assessment and Accreditation of Laboratory Animal Care International.

**Experimental design**

Three rat groups were used (9 rats/group): untreated control, LPS, and treatment groups. With the exception of normal control group, the rats were injected intraperitoneally with LPS (10 mg/kg to induce ALI. Rats in the treatment group also received 40 g dexmedetomidine/kg bwt 15 min after LPS administration. Rats in the normal control group received equivalent volume of normal saline intraperitoneally in place of LPS group. After 2 h of treatment, the rats were anesthetized via intraperitoneal injection of chlorohydrin. Lung tissue and BALF were then collected for analysis.

**Histopathological analysis**

Hematoxylin and eosin (H & E) staining was used to assess pulmonary lesions, while cells in BALF were differentiated using Ruijems staining. The macrophages and neutrophils were counted using an inverted microscope.

**Determination of levels of inflammatory factors**

The levels of TNF-α and IL-6 in homogenates of rat lung tissues were determined using their respective ELISA kits.
Histological scores for lung damage

Total histological score was taken as total score for each parameter (degree of pulmonary injury, alveolar collapse, bronchial epithelial hyperplasia/metaplasia; bronchial mucus, and total inflammatory cells). The scores ranged from 0 to 4, and the higher the histologic score, the more impaired the lung.

Western blotting

Cell suspension resulting from trypsinization of lung tissues was rinsed twice with PBS and lysed with RIPA buffer mixed with protease and phosphatase inhibitors (v:v = 1:5), followed by centrifugation for 10 min at 12000 rpm at 4 °C. Following protein quantification using BCA method, standard procedures for Western blotting were carried out. These entailed SDS-PAGE, electro-blotting onto PVDF membranes, blocking of non-specific binding of the blot, incubation of the membranes overnight at 4 °C with appropriate primary antibodies, incubation with horse radish peroxidase-linked secondary antibody, and blot development with X-ray film. Then, ECL was employed for analyzing the bands. β-Actin gene was used as standard.

Statistical analysis

The results are presented as mean ± SEM, and were statistically analyzed using SPSS (version 23.0) software. Two-group comparisons were done with t-test. Values of \( p < 0.05 \) were taken as indicative of significant differences.

RESULTS

Pulmonary lesions in rats

Normal control rats exhibited normal lung morphology without exudation of neutrophils, red blood cells (RBCs) and edema fluid. Alveolar wall thickness of rats in LPS group was significantly increased, and a large number of neutrophils and RBCs exuded from the blood vessels, accompanied by edema fluid. However, lung tissue damage was significantly mitigated (the exudation of neutrophils, RBCs and edema fluid was significantly reduced) in treatment group, relative to LPS rats (\( p < 0.05 \); Figure 1).

<table>
<thead>
<tr>
<th>Group</th>
<th>Inflammatory score (mean ± SD)</th>
<th>Neutrophils (× 10^7/mL)</th>
<th>Macrophages (× 10^7/mL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal control</td>
<td>2.43 ± 0.15</td>
<td>1.64 ± 0.25</td>
<td>0.12 ± 0.04</td>
</tr>
<tr>
<td>LPS</td>
<td>14.56 ± 2.18a</td>
<td>4.89 ± 0.31a</td>
<td>0.37 ± 0.08a</td>
</tr>
<tr>
<td>Treatment</td>
<td>5.03 ± 0.25b</td>
<td>2.89 ± 0.29b</td>
<td>0.19 ± 0.05b</td>
</tr>
</tbody>
</table>

\( a, b \) vs control; \( a, b \) vs LPS rats

DISCUSSION

Sepsis, a leading cause of death in trauma and surgical patients, principally affects the lungs. It damages lung epithelial cells, thereby decreasing the barrier function of alveolar capillaries, resulting in pulmonary edema [10]. A major setback in the treatment of sepsis is the inability of health care providers to select appropriate and effective measures that can sufficiently block the inflammatory response in the lungs.

Dexmedetomidine promotes the activation of cholinergic anti-inflammatory pathways and induction of macrophage surface α-7 nAChR, a key regulator of NF-κB activity. It blocks the
### Table 2: Levels of inflammatory cytokines in lung tissue homogenates (mean ± SD, n = 9)

<table>
<thead>
<tr>
<th>Group</th>
<th>TNF-α (nmol/L)</th>
<th>IL-6 (μmol/L)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal control</td>
<td>341.51 ± 13.53</td>
<td>55.95 ± 3.01</td>
</tr>
<tr>
<td>LPS</td>
<td>506.41 ± 10.36a</td>
<td>79.63 ± 1.78a</td>
</tr>
<tr>
<td>Treatment</td>
<td>364.51 ± 7.36b</td>
<td>58.40 ± 2.08b</td>
</tr>
</tbody>
</table>

*P* < 0.05, a vs control; b vs LPS rats

### Table 3: p-IκB and NF-κB p65 protein expressions in pulmonary tissues of rats (mean ± SD, n = 9)

<table>
<thead>
<tr>
<th>Group</th>
<th>p-IκB/IκB</th>
<th>NF-κB p65/LaminB</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal control</td>
<td>0.42 ± 0.05</td>
<td>0.69 ± 0.05</td>
</tr>
<tr>
<td>LPS</td>
<td>2.73 ± 0.25a</td>
<td>1.39 ± 0.16a</td>
</tr>
<tr>
<td>Treatment</td>
<td>0.80 ± 0.19b</td>
<td>0.78 ± 0.10b</td>
</tr>
</tbody>
</table>

*P* < 0.05, a vs control; b vs LPS rats

**Figure 2:** Comparison of degree of protein expressions of cytokines in lungs in each group

Inflammatory cytokines aggravate sepsis-induced inflammatory response. Macrophages and neutrophils are at the center of sepsis-induced inflammation. The binding of LPS to scavenger toll-like receptors on cell membrane promotes macrophage activation and the secretion of TNF-α, IL-6 and other inflammatory mediators, leading to vascular endothelial and alveolar epithelial cell damage, and ultimately pulmonary edema [13]. It is known that TNF-α is usually the first to be released, and a significant increase in its level results in damage to pulmonary capillary endothelial cells [14]. Together, TNF-α and IL-6 stimulate neutrophil infiltration in pulmonary tissue, and subsequent over-activation of neutrophils could lead to tissue damage.

The results obtained in this study showed that histological score was significantly reduced, suggesting that lung tissue injury may have been significantly alleviated by dexmedetomidine. The numbers of neutrophils and macrophages were markedly elevated in LPS group, relative to normal control rats, but were significantly decreased by dexmedetomidine. It is likely that dexmedetomidine relieved ALI in septic rats by blocking the inflammatory pathway.

The NF-κB pathway has been shown to play a central role in the release of inflammatory cytokines. It participates in the onset and progression of sepsis and is closely related to the expression of related pro-inflammatory factors. In this way, it serves as an important pathway for macrophage aggregation and activation [15-17]. In this study, dexmedetomidine treatment significantly downregulated the expressions of p-IκB and NF-κB p65 in pulmonary tissues, an indication that dexmedetomidine may alleviate the severity associated with ALI by blocking the activation of IκB and NF-κB p65 in pulmonary tissues of septic rats.

**CONCLUSION**

The results obtained in this study suggest that dexmedetomidine mitigates LPS-induced ALI in rats by blocking the activation of IκB and NF-κB, and by inhibition of secretion of TNF-α and IL-6. This mechanism may be useful in the development of newer drugs for ALI.

**DECLARATIONS**

**Conflict of interest**

No conflict of interest is associated with this work.

**Contribution of authors**

We declare that this work was done by the author(s) named in this article and all liabilities pertaining to claims relating to the content of this article will be borne by the authors. All authors read and approved the manuscript for publication. Hongcheng Zang conceived and designed the study, Hongcheng Zang, Gang...
Shao collected and analyzed the data, while Hongcheng Zang wrote the manuscript.

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