INSTRUCTION

Diabetes results from either defective insulin secretion or its impaired biological function [1]. Based on differences in pathogenesis, diabetes can be divided into type 1 diabetes and type 2 diabetes. Due to economic development and improvement of lifestyles, the population of type-2 diabetic patients is increasing year by year, with most cases occurring after the age of 35.
The long-term treatment of diabetes seriously affects quality of life. It has been found that type-2 diabetes is mainly due to insensitivity to insulin [2]. Insulin resistance (IR) is due to reduced uptake of insulin, resulting in hyperinsulinemia due to secretion of too much insulin to maintain the stability of blood glucose [3]. The renin-angiotensin system (RAS) is a vital humoral regulatory system which can be decomposed into angiot-(1-7) under the action of prolyl peptide chain endonuclease and proline carboxypeptidase [4]. Angiotensin (1-7) [angiot-(1-7)] has a stronger effect on promoting aldosterone secretion. Studies have shown that RAS has a significant effect on IR development. Angiotensin converting enzyme 2 (ACE2) which exists in RAS as a negative regulatory pathway, mediates the ACE2-angiot-(1-7)-Mas pathway [5]. The GLUT1-5 is a bidirectional transporter [6]. In this study, the effect of angiot-(1-7) intervention on type 2 diabetes, ACE2-angiot-(1-7)-Mas pathway, hepatic glucose metabolism and insulin resistance was determined.

EXPERIMENTAL

Animals

Thirty-six (36) clean healthy male SD rats weighing 200 ± 40 g were provided by Shanghai Ruitaimos Biotechnology Co., Ltd, Shanghai. This research was approved by the Animal Ethical Committee of Department of Nuclear Medicine, the People’s Hospital of Binzhou, Binzhou (approval no. 201713577), and was carried out in line with "Principles of Laboratory Animal Care [7].

Instruments and reagents

The instruments and reagents used were blood glucose test strip and blood glucose meter (Omron Automation Co., Ltd., model: HEA-214); low temperature high speed centrifuge (Sigma, Germany, model 3-18K); centrifuge (Changsha Xiangrui Centrifuge Co., Ltd., model DT5-1B); streptozotocin (Sigma S0130); 0.9 % sodium chloride injection (Chengdu Qingshan Likang Pharmaceutical Co., Ltd., specification: 100 ml: 0.9 g, production batch number: 2011120917); ang-(1-7) (Jill Biochemical Shanghai Co., Ltd.; ELISA kit, and PCR kit (Shanghai Thermo Fisher Scientific Co., Ltd.). Others were rabbit monoclonal antibody ACE2 (Epitomics, batch number: YH090805C); rabbit polyclonal antibody Mas (Gene Tex, Batch number: 821302279) and immunohistochemical staining kit (Beijing Spectrum Technology Co., Ltd.). Citrate buffer (pH 4.2 - 4.5) was prepared fresh using citric acid and sodium citrate in a 1:1 ratio. Streptozotocin (STZ) was prepared in citrate buffer.

Animal groups

All rats were bred at laboratory temperature of 21±3 °C, humidity of 48±12 %, and alternating 12-h light/12-h dark cycle, and fed adaptively for 2 weeks on standard rat feed. The rats had normal blood glucose before the experiment. Three rat groups were used viz: normal, diabetic control and observation groups (12 rats/group). The rats in the normal group were fed on basal diet. Rats in the normal control and study groups received high-energy, high-fat, high-sugar diet (15 % protein, 37 % carbohydrate and 48 % fat; total calories = 20.55KJ/g) for 5 weeks. Thereafter, following an overnight fast, rats in the control and observation groups were injected intraperitoneally with STZ at the dose of 20 mg/kg to prepare a type-2 diabetic rat model. Blood glucose was measured after 3 days via the tail vein. When the venous blood glucose was greater than 16.7 mmol/L, and symptoms such as polydipsia, polyphagia, polyuria and weight loss were present, the diabetes model was successfully established. The observation rats group received neck injection of angiot-(1-7) subcutaneously. The normal and negative control were injected subcutaneously with an equivalent amount of 0.9 % sodium chloride. After 8 weeks, the rat liver tissues were isolated, cleared of unwanted tissues and weighed. A plurality of liver tissues were preserved: some were stored frozen at -80 °C, while some were stored in formaldehyde, embedded in paraffin, stained and subjected to immunohistochemistry.

Study parameters

The rats were weighed after the treatment period, and their fasting blood glucose (FBG) was determined using blood glucose meter, while HbA1c was measured with glycylated hemoglobin meter. The level of angiot-(1-7), insulin resistance index (IRI) (i.e., IRI = (FBG × FINS)/22.5), insulin sensitivity index (ISI), free fatty acids (FFAs), liver glycogen (LG) and muscle glycogen (MG) were assayed using appropriate ELISA kits. Hexokinase (HK) was assayed colorimetrically, while ACE2 and Mas receptor mRNA in hepatic tissue were measured with PCR. The expressions of ACE2 and Mas protein were determined through immunohistochemistry.

Statistical analysis

Data analysis was performed with SPSS 20.0 software package. Independent sample t-test
was employed for comparison of measurement data. Numeric data were compared with χ² test. Hierarchical data comparison was verified with Ridit. Values of p < 0.05 were considered statistically significant.

**RESULTS**

**Weight, FBG and HbA1c**

Rat body weight in the diabetic control and observation groups were slightly decreased, relative to normal rats, but the levels of FBG and HbA1c were markedly increased (p < 0.01). The study group rats were a bit heavier than control rats, but their FBG and HbA1c levels were significantly reduced, relative to normal control (p < 0.01). These results are shown in Table 1.

**Table 1:** Weight, FBG and HbA1c of the rats (mean ± SD, n = 12)

<table>
<thead>
<tr>
<th>Group</th>
<th>Weight (g)</th>
<th>FBG (mmol/L)</th>
<th>HbA1c (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal control</td>
<td>393.26 ± 2.55</td>
<td>4.91 ± 0.53</td>
<td>5.71 ± 1.91</td>
</tr>
<tr>
<td>Diabetic control</td>
<td>257.45 ± 7.59</td>
<td>18.31 ± 1.26</td>
<td>10.69 ± 1.98</td>
</tr>
<tr>
<td>Study</td>
<td>269.34 ± 6.44</td>
<td>12.71 ± 1.46</td>
<td>8.49 ± 1.62</td>
</tr>
<tr>
<td>F</td>
<td>13.119</td>
<td>22.465</td>
<td>5.11 ± 1.61</td>
</tr>
</tbody>
</table>

**Insulin resistance**

There were marked decreases in FINS and ISI in study and diabetic control rats, while IRI and FAA were markedly higher than corresponding normal control values (p < 0.05; Table 2). However, ISI and FAA were markedly higher in the study group (p < 0.05).

**Table 2:** Insulin resistance of the rats (mean ± SD, n = 12)

<table>
<thead>
<tr>
<th>Group</th>
<th>FINS (mIU/L)</th>
<th>ISI</th>
<th>IRI</th>
<th>FAA (mmol/L)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal control</td>
<td>17.64 ± 1.63</td>
<td>4.26 ± 0.92</td>
<td>3.84 ± 0.59</td>
<td>0.57 ± 0.15</td>
</tr>
<tr>
<td>Diabetic control</td>
<td>8.14 ± 1.95</td>
<td>5.44 ± 1.22</td>
<td>6.62 ± 0.88</td>
<td>0.88 ± 0.72</td>
</tr>
<tr>
<td>Study</td>
<td>9.92 ± 0.92</td>
<td>4.78 ± 0.88</td>
<td>5.62 ± 0.64</td>
<td>0.88 ± 0.21</td>
</tr>
<tr>
<td>F</td>
<td>17.665</td>
<td>3.912</td>
<td>11.738</td>
<td>28.211</td>
</tr>
<tr>
<td>p</td>
<td>&lt;0.001</td>
<td>&lt;0.001</td>
<td>&lt;0.001</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

**Hepatic glucose metabolism**

As shown in Table 3, there was a marked increase in MG, and marked decrease in LG levels in rats in the study group, relative to rats in the diabetic and normal control groups, while HK activity significantly increased in the study group, when compared with diabetic control and normal control groups (p < 0.001).

**Table 3:** Hepatic glucose metabolites of the rats (mean ± SD, n = 12)

<table>
<thead>
<tr>
<th>Group</th>
<th>MG (mg/g)</th>
<th>LG (mg/g)</th>
<th>HK (U/g protein)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal control</td>
<td>0.11 ± 0.08</td>
<td>11.27 ± 1.39</td>
<td>4.55 ± 1.04</td>
</tr>
<tr>
<td>Diabetic control</td>
<td>-0.39 ± 0.14</td>
<td>7.14 ± 1.48</td>
<td>2.51 ± 1.08</td>
</tr>
<tr>
<td>Study</td>
<td>0.28 ± 0.13</td>
<td>9.41 ± 1.75</td>
<td>5.11 ± 1.61</td>
</tr>
<tr>
<td>F</td>
<td>64.391</td>
<td>21.441</td>
<td>13.933</td>
</tr>
<tr>
<td>p</td>
<td>&lt;0.001</td>
<td>&lt;0.001</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

**ACE2, angiot-(1-7) and Mas**

The results on Table 4 show that there were significant reductions in ACE2 and Mas receptors in the observation and diabetic control rats, relative to normal rats, while angiot-(1-7) level was markedly elevated (p < 0.05). Moreover, study group expressions of ACE2 and Mas were significantly upregulated, when compared with those in diabetic control, but angiot-(1-7) was markedly lower in the diabetic control (p < 0.05). Expressions of ACE2 and Mas receptors in study and diabetic rats were lower, relative to normal rats (p < 0.05). These results are displayed in Figure 1, Figure 2, and Figure 3.

**Table 4:** Levels of ACE2, angiot-(1-7) and Mas in rats (mean ± SD)

<table>
<thead>
<tr>
<th>Group</th>
<th>Angiot-(1-7)(ng/g)</th>
<th>ACE2</th>
<th>Mas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal control</td>
<td>50.24 ± 11.42</td>
<td>175.58 ± 6.14</td>
<td>175.93 ± 7.39</td>
</tr>
<tr>
<td>Diabetic control</td>
<td>92.87 ± 10.41</td>
<td>149.95 ± 7.21</td>
<td>146.21 ± 6.17</td>
</tr>
<tr>
<td>Study</td>
<td>67.78 ± 9.36</td>
<td>158.11 ± 6.87</td>
<td>155.06 ± 6.25</td>
</tr>
<tr>
<td>F</td>
<td>50.631</td>
<td>45.093</td>
<td>63.633</td>
</tr>
<tr>
<td>p</td>
<td>&lt;0.001</td>
<td>&lt;0.001</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

**Figure 1:** Liver photomicrography. A: normal control (NC); B: diabetic control (DC); C: study
DISCUSSION

Diabetes results in reduction in insulin intake and utilization of glucose, as well as a series of metabolic abnormalities characterized by elevated blood glucose [8]. Type-2 diabetes accounts for over 90% of diabetic cases. Insulin-producing capacity in patients with type-2 diabetes is not completely lost, but there is a state of relative lack of insulin [9]. Studies have shown that RAS blockers have inhibitory effects on adult-onset diabetes. The renin-angiotensin system (RAS) is present in normal liver, and its abnormal activation is closely related to IR [10].

RAS decomposes to produce angiot-(1-7) which binds to Mas receptor to antagonize angiot-II. A large number of studies have shown that the ACE2 – angiot-(1-7) - Mas pathway exerts blood vessel dilation and antithrombotic effects [11]. This research was carried out to study the influence of angiot-(1-7) on ACE2/angiot-(1-7) - Mas route and liver metabolism of glucose in type-2 diabetic rats, in order to provide more theoretical basis for management of the disease.

One of the main manifestations of type-2 diabetes is IR. According to reports [12], the expression of angiot-II protein is significantly increased and the IR significantly improved in rats with ACE2 gene deficiency when fed on a high-calorie, high-fat, high-sugar diet. Angiotensin II improves liver metabolism-related gene expression. Studies have shown that angiot-(1-7) has an inhibitory effect on the expression of NAPDH oxidase gene in adipose tissue, which is mediated by insulin-induced glucose uptake to ameliorate IR [13].

Hexokinase is a key enzyme in glucose metabolism. The enzyme is coupled to GLUT4 on the cell membrane to increase its activity and promote LG synthesis. There were marked decreases in FINS and ISI in study and diabetic control group rats, while IRI and FAA were elevated, relative to normal rats. However, ISI and FAA were markedly higher in the study group. Thus, mitigation of IR by angiot-(1-7) was confirmed to regulate hepatic glucose metabolism.

Angiotensin (1-7) can be produced in a variety of ways, with a negative regulation of the RAS system. The Mas receptor is linked to G protein. It is encoded by the Mas proto-oncogene, and is an endogenous conjugate of angiot-(1-7). It interacts with the Mas receptor and inhibits angiot-II-activated MAPK pathway [15]. The main features of type 2 diabetes are IR and islet beta cell function defects.

Studies have found that long-term high glucose status enhances the activity of RAS, thereby further impairing the structure and function of human islets. After blocking the effect of angiot-(1-7), the secretion of FINS from rat islet \( \beta \) cells was significantly reduced, further confirming that angiot-(1-7) treatment improves IR [16]. The ACE2 - angiot-(1-7) - Mas pathway affects the survival and function of islet beta cells. In the results of this study, there were significant reductions in ACE2 and Mas receptors in the observation and diabetic control rats, relative to normal rats, while angiot-(1-7) level was markedly elevated. Moreover, study group expressions of ACE2 and Mas were significantly upregulated, when compared with those in diabetic control, but angiot-(1-7) was markedly lower than those in the control group, and expressions of ACE2 and Mas receptors in study and diabetic rats were lower than those in the normal rats. Thus, angiot-(1-7) intervention in type 2 diabetic rats increases the activity of ACE2/angiot-(1-7)-Mas route and improves insulin resistance.

CONCLUSION

The results obtained in this study show that angiot-(1-7) inhibits the activity of RAS and antagonizes the action of angiot-II. It also
increases the levels of MG and LG, improves liver glucose metabolism and reduces IR by regulating the expression of proteins related to the insulin signaling pathway. In addition, it increases the activity of ACE2-angiot-(1-7)-Mas pathway. However, there is a need to investigate the relationship between local RAS and circulating RAS in the liver.

DECLARATIONS

Conflict of interest

No conflict of interest is associated with this work.

Contribution of authors

We declare that this work was done by the author(s) named in this article and all liabilities pertaining to claims relating to the content of this article will be borne by the authors, all authors read and approved the manuscript for publication. Fang Wang conceived and designed the study, Yufang Liu, Fang Wang, Xue Xu, Hui Cong, Guiyan Chen collected and analyzed the data. Yufang Liu wrote the manuscript.

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